



# 2024 Gary Reed Indoor Track Meet

Hosted by the Kamloops Track and Field Club  
Sanctioned by BC Athletics

**Friday & Saturday, Feb. 2 – 3, 2024**

**Location:**

Tournament Capital Centre (TCC), 910 McGill Rd., Kamloops, BC.

**Facility:**

Track: 6 lanes - 200m oval, 8 lanes - 60m, Mondo surface, fully automatic timing. Complete jumps and shot-put areas. Change rooms available.

**Meet Director:**

Wayne Elke: Ph: (250) 554-4240

Email: wcelke@shaw.ca

**Meet Manager:**

Judy Armstrong: Ph: (250) 319-6321

Email: judy54armstrong@gmail.com

**Eligible Athletes:**

- 2024 BC Athletics members or equivalent from another Prov./Terr., or National Athletics Federation.
- 2024 School Club Members – Elementary, middle, or high school students whose schools hold a BC Athletics School Club Membership are eligible to compete. (This includes all SD#73 public schools – contact [kftcregistrat@gmail.com](mailto:kftcregistrat@gmail.com) for the bypass code) – see <https://www.bcathletics.org/Content/2021-bc-athletics-membership-lists/227/> for a list of schools.
- “Day of Event” School Club Members – **\*Elementary, middle or high school students only\***, whose schools **do not** hold a BC Athletics School Club Membership, must purchase “Day of Event” insurance for \$3.00 when registering.
- 2024 University athletes who are members of their schools’ team that is registered with BC Athletics.

**Entry Fees:**

- U10 to U14 athletes (9-13) fees are \$15.00 for the 1<sup>ST</sup> event and \$10.00 for each additional event submitted online on Trackie.com.
- \$20.00 for 1<sup>st</sup> event (U16 and older) and \$15.00 for each additional event submitted online on Trackie.com.
- Email entries will not be accepted.
- USport teams will be charged a maximum of \$500 per team.
- \$20.00 per relay submitted online or on paper forms at the meet. Relays are accepted up to 1 hour before the event.
- **Late individual entries for all athletes will be charged \$30.00/event (after Jan. 27).**

**Registration & Entries:**

**Masters athlete’s** age is determined as of the first day of the meet – Feb. 2, 2024. For all other athletes, the age is calculated as of Dec. 31, 2024.

**Entries Chairperson:**

Brian Beck: Ph: (250) 579-5346

E-mail – [kftcregistrat@gmail.com](mailto:kftcregistrat@gmail.com)

All entries must be submitted to Brian by the following method:

- **Trackie.com** – Register online and payment may be made using a credit card. University teams and high school teams may register using Trackie and pay at the meet with a cheque. <https://www.trackie.com/event/2024GaryReed>

**\*\*ENTRY DEADLINE FOR REGULAR FEES\*\*:** 11:59 pm, Saturday, Jan. 27, 2024. All entries must be received by this time to avoid late entry fees. Entries received after this date are considered late.

**Any remaining Online entries** close at 7:00 pm on Tuesday, Jan. 29, 2024

**Late Entries will be accepted at the meet but are subject to space in the events so that new heats do not have to be created.**

**Relay entries will be accepted up to 1 hour before the event and will not be considered late.**

## COMPETITION RULES AND OTHER INFORMATION

### COMPETITION PACKAGES:

Payment must be received before the package is released. Payment can be made at the meet for university and/or school teams. Make all cheques payable to "Kamloops Track and Field Club". Clubs/Teams must designate a responsible person who will pick up, completely pay for the club package, and assume responsibility for the package (the Meet Secretary will **not** look after partial club packages).

### COMPETITION CATEGORIES - 2024:

U10 to U14 (2011 - 2015), U16 (09/10), U18 (07/08), U20 (05/06), Senior (90-04), Master (1989 and earlier - 35 years and older).

### AWARDS:

Medals will be awarded for 1<sup>st</sup> – 3<sup>rd</sup> place and ribbons will be awarded to athletes placing 4<sup>th</sup> - 6<sup>th</sup> or 8<sup>th</sup> place for individual events only. Medals will be awarded to all relay team members from 1<sup>st</sup> – 3<sup>rd</sup> place. Awards will be available for pickup starting on Saturday morning. They must be picked up by Saturday afternoon and will be available 30 minutes after the event results have been posted. There will be no mail-outs.

### MARSHALLING:

Check-in for all field events is at the event site. Check-in for all track events is at the start line area for the event. All athletes must check in a minimum of 30 minutes before the scheduled start time.

### COMPETITION NUMBERS:

Competition numbers must be worn on the front for all track events, and front or back for field events (at the discretion of the official). Hip numbers, if issued, must be worn where indicated by the Starter's Assistant. These will be issued at the start line or at marshaling.

### IMPLEMENTS:

All implements will be supplied by the meet organizers. Athletes may use their own implements which must meet World Athletics standards. They must be weighed in and measured at least 45 minutes before the competition. The weigh-in station will be located near the throws area, inside the track at the east end of the Fieldhouse.

### SPIKE LENGTH:

The maximum spike length allowed is 7 mm for all events. No needle spikes will be allowed. All spikes must be either christmas tree or pyramid types.

### ORDER OF EVENTS:

Track events will be run from youngest to oldest, female then male (this may change) (exception hurdles) unless changed by meet organizers for special circumstances and may start up to 30 minutes earlier than the scheduled time. **Please check online at [www.kamtrack.ca](http://www.kamtrack.ca) for schedule changes and pay attention to announcements regarding time changes for events.**

### ATHLETES WITH CONFLICTING EVENTS:

Track events will go as scheduled. Athletes must notify the officials at all events which are in conflict. Athletes in field events will forego their attempt in a round if the round has been completed before they return.

### TRACK EVENTS

All Track events will be run as **timed finals** except some 60m age groups. Sections will be consolidated where possible. Events may be run up to 30 minutes earlier than the scheduled time. **PLEASE NOTE: 60m for U10, U12, U14, and Masters will run as Timed Finals. U16 to Senior athletes will run preliminaries, with finals fit into the schedule later the same day, even if there are fewer than 8 athletes in the preliminary race. Medals will be awarded from the final times.**

### FIELD EVENTS

The Tentative List of Events Offered and the Tentative Schedule, although posted, is not Finalized and we may not be able to run the various events at the tentatively scheduled times. Please check back for updated schedules closer to the date of the event.

### COMPETITIVE ATTIRE:

All athletes are encouraged to wear their club/team uniform.

### PROTESTS

After discussion with the event referee, any further protest must be submitted in writing to the Chief of Officials and the Jury of Appeal within 30 minutes of the posting of the results of the event concerned. A \$50.00 protest fee is to accompany all protests that are advanced to the Jury. If the protest is upheld, then the protest fee will be returned.

**JURY OF APPEAL:**

A jury of appeals consisting of three competent and qualified persons will be available for decisions arising from protests. All Jury of Appeal decisions are final.

**MEDICAL:**

St. John's Ambulance will be on site.

**CONCESSION:**

A concession is available near the main entrance at TCC.

**MEET ACCOMMODATIONS**

There are many hotels near the Tournament Capital Site on Columbia Street West and on Rogers Way. TRU Accommodations are not available at the time of this event. Please check on the Tourism Kamloops website - <https://www.tourismkamloops.com/stay/hotels-motels/>. Use the Aberdeen-Dufferin-Sahali region for hotels nearest the Tournament Capital Centre.