

**2023 North Zone Championships**  
**Hillside Stadium, Kamloops,BC**  
**Results**

**Event 1 Women 100 Meter Dash Gr 8**

Name	Year	School	Seed	Finals	Wind	H#
Finals						
1 Nerling, Lyriq		Vernon Secon		13.33	2.4	2
2 Fitzpatrick, Caelyn		Vernon Secon	14.07	13.43	1.4	3
3 Routley, Charlotte		Vernon Secon	13.89	13.71	1.4	3
4 Rands, Jessica		A L Fortune		13.93	2.4	2
5 Bredick, Vienne		Shuswap Middle		14.32	1.5	1
6 O'Brien, Charlie		Shuswap Middle		14.66	2.4	2
7 Liman, Sophia		Vernon Christian		14.75	1.5	1
8 Schmidt, Taylor		Revelstoke S		15.07	1.5	1
9 Wallace, Paisley		Vernon Christian		15.07	1.4	3
10 Crossman, Lauren		Shuswap Middle		15.39	2.4	2
11 Armbrust, Livia		Vernon Christian		15.68	1.5	1
12 Puffalt, Madison		Clarence Ful		15.93	2.4	2
13 Cantafio, Zoe		Clarence Ful		16.29	2.4	2
14 Ruten, Ava		Carlin Middle		16.87	1.4	3
15 Thomlinson, Brianne		Carlin Middle		18.76	1.4	3
-- Birmingham, Emilee		Eagle River		SCR	1.5	1
-- Telford, Charlie		A L Fortune		SCR	1.5	1

**Event 2 Men 100 Meter Dash Gr 8**

Name	Year	School	Seed	Finals	Wind	H#
1 Spooner, Carver		North Shuswa	13.05	12.86	2.0	4
2 Sayer, Daman		Vernon Christian		13.05	2.3	3
3 Gerow, River		Shuswap Middle		13.35	2.3	3
4 Lafortune, Colten		Shuswap Middle		13.66	2.3	3
5 Mandel, Connor		Revelstoke S		13.84	2.3	3
6 Ignacio, Ram		Carlin Middle		13.97	2.3	2
7 Capada, Simon		Eagle River		13.97	+0.0	1
8 Dicker, Kynan		Ranchero Ele		13.98	2.0	4
9 Warren, Austin		Eagle River		14.22	+0.0	1
10 Dykman, Jaxon		A L Fortune		14.32	2.0	4
11 Nicholls, Evan		A L Fortune		14.35	2.3	3
12 Baum, Jaide		Ranchero Ele		14.47	2.3	2
13 Gardiner, Hudson		Revelstoke S		14.95	+0.0	1
-- Froess, Dante		King's Chris		DQ	2.3	2 Rule #17.3.1
-- Twiss, Gauge		Carlin Middle		SCR	2.0	4

**Event 3 Women 100 Meter Dash Junior**

Name	Year	School	Seed	Finals	Wind	H#
1 Braun, Emma		King's Chris	13.25	13.17	1.7	3
2 Widmer, Ilaria		Revelstoke S		13.51	1.5	1
3 Melvin, Anna		Pleasant Valley		13.61	1.6	2
4 Fazan, Addie		Salmon Arm S		13.86	1.5	1
5 Koebel, Gabi		Vernon Christian		14.18	1.6	2
6 Campbell, Kahlea		Salmon Arm S		14.18	1.5	1
7 Meerza, Jayda		Salmon Arm S		14.21	1.6	2
8 Wagner, Ava		Pleasant Valley		14.39	1.5	1
9 Grabinsky, Rachel		Revelstoke S		14.43	1.6	2
10 Cochrane, Avery		Revelstoke S		14.51	1.5	1

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**....Event 3 Women 100 Meter Dash Junior**

11 Koch, Isabelle	A L Fortune	16.00	1.6	2
12 Sharpe, Paeton	Charles Bloo	18.55	1.6	2
-- Miller, Elyse	Pleasant Valley	SCR	1.5	1

**Event 4 Men 100 Meter Dash Junior**

Name	Year School	Seed	Finals	Wind	H#
1 Bicknell, Anderson	Vernon Secon	12.02	11.87	2.0	3
2 Lee, Jonah	Vernon Secon	12.30	11.97	2.0	3
3 McDonald, Ayden	Vernon Secon	12.02	12.03	2.0	3
4 Simpo, Jacob	A L Fortune		12.13	1.4	2
5 Zacharias, Kaelan	A L Fortune		12.23	1.4	2
6 Yu, Ansley	Revelstoke S		12.49	1.4	2
7 Jurgens, Marcus	Salmon Arm S		12.80	0.8	1
8 McQuarrie, Tucker	Revelstoke S		12.95	1.4	2
9 Portras, Phoenix	Revelstoke S		12.97	0.8	1
10 Leyenhorst, Jacob	Vernon Christian		13.01	0.8	1
11 Loewen, Kayden	A L Fortune		13.02	0.8	1
12 Bonthuys, Ben	Salmon Arm S		13.13	0.8	1
13 Le May, Connor	Charles Bloo		13.46	1.4	2
14 Bourgh, Kris	Pleasant Valley		13.69	0.8	1
15 Paton, Brody	Salmon Arm S		14.38	0.8	1
16 Stalkeringras, Lewis	Pleasant Valley		15.52	1.4	2
-- Chapman, Jack	King's Chris	14.34	SCR	2.0	3
-- Hodson, Daniel	King's Chris	14.38	SCR	2.0	3

**Event 5 Women 100 Meter Dash Senior**

Name	Year School	Seed	Finals	Wind	H#
1 Stevenson, Emily	King's Chris	13.30	13.27	0.4	2
2 Hamilton-Jackson, Makenn	WL Seaton		13.86	-0.5	1
3 Goldberg, Eva	Salmon Arm S		14.47	-0.5	1
4 Vermeer, Nyla	King's Chris	14.62	14.89	0.4	2
5 Chapman, Olivia	King's Chris		15.31	0.4	2
6 Foster, Olivia	A L Fortune		15.58	0.4	2
-- Kleinau, Felin	11 Revelstoke S		SCR	-0.5	1

**Event 6 Men 100 Meter Dash Senior**

Name	Year School	Seed	Finals	Wind	H#
1 Tishenko, Ben	Vernon Christian	11.73	11.89	2.1	2
2 Redelinghuys, Hendri	Vernon Christian		12.02	1.1	1
3 Murphy, Joe	Vernon Secon		12.14	2.1	2
4 Owens, Jack	Salmon Arm S		12.41	1.1	1
5 Norlin, Jute	Salmon Arm S		12.48	2.1	2
6 North, Matthew	King's Chris		12.64	2.1	2
7 Archer, Evan	Salmon Arm S		12.81	1.1	1
8 Hove, Cisko	Vernon Secon	13.02	13.17	2.1	2
9 Clancy, Aidan	A L Fortune		13.19	1.1	1
10 Johnston, Liam	A L Fortune		14.05	2.1	2
-- Defauw, Leon	Clarence Ful		SCR	2.1	2
-- Kuhnkhun, Braden	Vernon Secon		SCR	1.1	1



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**...Event 14 Men 200 Meter Dash Junior**

6 Acton, A.J.	Revelstoke S	26.64	1.2	2
7 McQuarrie, Tucker	Revelstoke S	26.77	1.2	2
8 Bonthuys, Ben	Salmon Arm S	26.95	1.5	3
9 Ling-Allen, Marquel	WL Seaton	27.17	1.5	3
10 Leyenhorst, Jacob	Vernon Christian	27.21	0.1	1
11 Bourgh, Kris	Pleasant Valley	27.33	0.1	1
12 Bell, Kaelan	Salmon Arm S	28.27	0.1	1
13 Janek, George	Charles Bloo	29.01	1.2	2
14 Golz, Landon	A L Fortune	31.03	1.2	2
15 Saner, Declan	A L Fortune	31.23	0.1	1
16 Stalkergingras, Lewis	Pleasant Valley	32.40	1.5	3

**Event 15 Women 200 Meter Dash Senior**

Name	Year School	Seed	Finals	Wind	H#
1 Stevenson, Emily	King's Chris	27.43	26.73	2.1	2
2 Cameron, Fia	Revelstoke S		28.41	2.1	2
3 Hamilton-Jackson, Makenn	WL Seaton		29.65	1.1	1
4 Geis, Asja	Revelstoke S		31.90	1.1	1
5 Foster, Olivia	A L Fortune		32.88	2.1	2

**Event 16 Men 200 Meter Dash Senior**

Name	Year School	Seed	Finals	Wind
1 Maryniuk, Jack	Salmon Arm S		23.44	1.4
2 Tishenko, Ben	Vernon Christian		24.37	1.4
3 Norlin, Jute	Salmon Arm S		25.49	1.4
4 Archer, Evan	Salmon Arm S		26.33	1.4
5 Defauw, Leon	Clarence Ful		26.84	1.4
-- Tondl, Marcus	Revelstoke S		SCR	1.4
-- Greenan, Liam	Vernon Secon		SCR	1.4
-- Redelinghuys, Hendri	Vernon Christian		SCR	

**Event 21 Women 400 Meter Dash Gr 8**

Name	Year School	Seed	Finals	H#
1 Bicknell, Chloe	Vernon Secon		66.66	2
2 Seward, Jet	Ranchero Ele		71.86	2
3 Maybee, Olivia	Shuswap Middle		74.72	2
4 Crossman, Lauren	Shuswap Middle		1:26.95	2
5 Pham, Julianna	A L Fortune		1:26.95	1
6 Telford, Charlie	A L Fortune		1:27.17	2
-- Bollans, Stella	Shuswap Middle		SCR	1

**Event 22 Men 400 Meter Dash Gr 8**

Name	Year School	Seed	Finals
1 Orchards, Ian	Shuswap Middle		63.86
2 McLeod, Kieran	Len Wood Mid		64.29
3 Cormier, Shaden	A L Fortune		67.16
4 Aylard, David	A L Fortune		72.91

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**....Event 22 Men 400 Meter Dash Gr 8**

-- Visco, Parker	Shuswap Middle	SCR
-- Gardiner, Hudson	Revelstoke S	SCR
-- Maloney, Levi	Revelstoke S	SCR

**Event 23 Women 400 Meter Dash Junior**

Name	Year School	Seed	Finals	H#
1 King, Lucy	Salmon Arm S		66.06	1
2 Koebel, Gabi	Vernon Christian		69.31	1
3 Beaumont, Andrea	Vernon Christian		70.66	2
4 Isaac, Ila	Pleasant Valley		70.98	1
5 Wagner, Ava	Pleasant Valley		71.24	2
6 Frazer, Annah	King's Chris		73.76	2
7 Koch, Isabelle	A L Fortune		76.51	2
8 Menzies, Isabelle	Salmon Arm S		78.92	2
9 Barna, Faryal	Revelstoke S		1:20.48	2

**Event 24 Men 400 Meter Dash Junior**

Name	Year School	Seed	Finals	H#
1 Loewen, Kayden	A L Fortune		58.63	1
2 Awad, Diego	Revelstoke S		59.61	1
3 Therrien, Coby	Vernon Secon		59.67	1
4 Budgeon, Cole	Vernon Secon		61.20	2
5 Smith, Kian	Salmon Arm S		61.40	2
6 Liman, Ben	Vernon Christian		63.95	1
7 Dodds, Liam	Revelstoke S		65.70	2
8 Curtis, Jeff	Vernon Secon		67.34	2
9 Leyenhorst, Jacob	Vernon Christian		69.92	1
-- Cameron, Rylan	Revelstoke S		SCR	2
-- Golz, Landon	A L Fortune		SCR	2

**Event 25 Women 400 Meter Dash Senior**

Name	Year School	Seed	Finals	H#
1 Cameron, Fia	Revelstoke S		64.82	1
2 Pighin, Isabella	Clarence Ful		66.68	2
3 Zuidhof, Tianna	King's Chris		67.05	1
4 Roodzant, Rebecca	King's Chris		68.25	2
5 Manson, Mya	Revelstoke S		74.93	2
6 Cross, Grace	Salmon Arm S		75.54	1
7 Geis, Asja	Revelstoke S		78.41	2
8 Foster, Olivia	A L Fortune		1:26.28	2
-- Hamilton-Jackson, Makenn	WL Seaton		SCR	2

**Event 26 Men 400 Meter Dash Senior**

Name	Year School	Seed	Finals
1 Redelinghuys, Hendri	Vernon Christian		55.05
2 Maryniuk, Jack	Salmon Arm S		55.11
3 Oliver, Ryder	Salmon Arm S		62.41

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**....Event 26 Men 400 Meter Dash Senior**

4 Johnston, Liam	A L Fortune	67.89
5 Nicol, Triston	Revelstoke S	70.97
-- Greenan, Liam	Vernon Secon	SCR
-- Tondl, Marcus	Revelstoke S	SCR

**Event 31 Women 800 Meter Run Gr 8**

Name	Year School	Seed	Finals
1 Bicknell, Chloe	Vernon Secon	2:36.66	2:35.64
2 Maybee, Olivia	Shuswap Middle		2:52.31
3 Seward, Jet	Ranchero Ele		2:52.67
4 Smith, Ember	Revelstoke S		2:55.54
5 McLean, Rosie	WL Seaton	3:05.00	2:57.42
6 Brown, Etoile	Shuswap Middle		2:58.93
7 Armbrust, Livia	Vernon Christian		3:02.02
8 Bollans, Stella	Shuswap Middle		3:12.83

**Event 32 Men 800 Meter Run Gr 8**

Name	Year School	Seed	Finals
1 Orchards, Ian	Shuswap Middle		2:26.62
2 Terleski, Rylan	WL Seaton	2:43.00	2:40.05
3 Machpherson, Ben	Revelstoke S		2:45.15
4 Aylard, David	A L Fortune		2:49.94
5 Muddiman, Samuel	Ranchero Ele		2:51.00
6 Menzies, Mcguire	Shuswap Middle		2:57.12
-- Keerak, Ivo	Revelstoke S		SCR
-- Visco, Parker	Shuswap Middle		SCR
-- Macpherson, Ben	Revelstoke S		SCR

**Event 33 Women 800 Meter Run Junior**

Name	Year School	Seed	Finals
1 Royle, Maya	Revelstoke S		2:31.18
2 Berkenbosch, Lutza	Revelstoke S		2:41.18
3 King, Lucy	Salmon Arm S		2:41.46
4 Beaumont, Andrea	Vernon Christian		2:53.60
5 Itterman, Victoria	Eagle River		3:06.54
6 Barna, Faryal	Revelstoke S		3:14.74

**Event 34 Men 800 Meter Run Junior**

Name	Year School	Seed	Finals
1 Reid, Liam	Kalamalka Se		2:18.82
2 Mitchell, Luke	WL Seaton	2:19.00	2:20.23
3 Arora, Mavi	WL Seaton	2:24.00	2:22.86
4 Smith, Kian	Salmon Arm S		2:27.42
5 Canabe, Aidan	WL Seaton		2:36.07
6 Amyot, Felix	Revelstoke S		2:45.45
7 Tomm, Rory	Revelstoke S		2:48.47
8 Watts, Spencer	A L Fortune		3:25.08

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**....Event 34 Men 800 Meter Run Junior**

-- Thompson, Braeden	A L Fortune	SCR
-- Cameron, Rylan	Revelstoke S	DNS

**Event 35 Women 800 Meter Run Senior**

Name	Year School	Seed	Finals
1 Pighin, Isabella	Clarence Ful		2:38.78
2 Steele, Camryn	Vernon Secon		2:43.80

**Event 36 Men 800 Meter Run Senior**

Name	Year School	Seed	Finals
1 Bakker, Simon	Salmon Arm S		2:18.70
2 Orchard, Callum	Salmon Arm S		2:20.23
3 Nicol, Triston	Revelstoke S		2:23.36
4 Frost, Blake	WL Seaton		2:24.69
5 Luth, Darin	King's Chris		2:25.54
-- Oliver, Ryder	Salmon Arm S		SCR

**Event 41 Women 1500 Meter Run Gr 8**

Name	Year School	Seed	Finals
1 Bird, Eula	WL Seaton		5:26.23
2 Seward, Jet	Ranchero Ele		5:36.22
3 Cooper, Clara	Carlin Middle		5:52.73
4 Brown, Etoile	Shuswap Middle		5:58.16
5 Smith, Ember	Revelstoke S		5:58.67
6 Bollans, Stella	Shuswap Middle		6:26.07
7 Telford, Charlie	A L Fortune		6:35.38
-- Robinson, Rayne	Carlin Middle		SCR

**Event 42 Men 1500 Meter Run Gr 8**

Name	Year School	Seed	Finals
1 Dicker, Kynan	Ranchero Ele		5:25.31
2 Terleski, Rylan	WL Seaton	5:35.00	5:29.15
3 Machpherson, Ben	Revelstoke S		5:33.49
4 Menzies, Mcguire	Shuswap Middle		5:33.63
5 McLeod, Kieran	Len Wood Mid		5:34.16
6 Cormier, Shaden	A L Fortune		6:05.59
7 Benge, Quinton	Len Wood Mid		6:21.92
-- Keerak, Ivo	Revelstoke S		SCR
-- Macpherson, Ben	Revelstoke S		SCR

**Event 43 Women 1500 Meter Run Junior**

Name	Year School	Seed	Finals
1 Royle, Maya	Revelstoke S		5:09.00
2 Berkenbosch, Lutza	Revelstoke S		5:39.29
-- Pighin, Kiara	Clarence Ful		SCR

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**Event 44 Men 1500 Meter Run Junior**

Name	Year	School	Seed	Finals
1 Heidt, Simon		WL Seaton	4:29.00	4:45.44
2 Reid, Liam		Kalamalka Se		4:46.01
3 Westley, Eric		WL Seaton		4:52.84
4 Amyot, Felix		Revelstoke S		5:34.87
5 Tomm, Rory		Revelstoke S		5:37.49
6 Matthies, Alexander		WL Seaton	5:29.00	5:47.83
7 Thompson, Braeden		A L Fortune		6:28.23
-- Smith, Kian		Salmon Arm S		SCR

**Event 45 Women 1500 Meter Run Senior**

Name	Year	School	Seed	Finals
1 Parilak, Mishka		WL Seaton		5:30.49
2 Muddiman, Emma		Salmon Arm S		6:06.47
3 Flett, Annika		A L Fortune		6:08.10
4 Parker, Taylor		Salmon Arm S		6:12.35

**Event 46 Men 1500 Meter Run Senior**

Name	Year	School	Seed	Finals
1 Orchard, Callum		Salmon Arm S		4:51.64
2 Frost, Blake		WL Seaton	5:15.91	5:05.93

**Event 48 Women 3000 Meter Run Gr 8**

Name	Year	School	Seed	Finals
1 Bird, Eula		WL Seaton		11:42.15

**Event 49 Men 3000 Meter Run Gr 8**

Name	Year	School	Seed	Finals
1 Muddiman, Samuel		Ranchero Ele		12:30.77
2 Cormier, Shaden		A L Fortune		13:17.22
3 Benge, Quinton		Len Wood Mid		14:13.58

**Event 50 Women 3000 Meter Run Junior**

Name	Year	School	Seed	Finals
-- Royle, Maya		Revelstoke S		SCR
-- Pighin, Kiara		Clarence Ful		SCR
-- Beaumont, Andrea		Vernon Christian		SCR

**Event 51 Men 3000 Meter Run Junior**

Name	Year	School	Seed	Finals
1 Heidt, Simon		WL Seaton		9:56.73
2 Watts, Spencer		A L Fortune		17:11.49



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**Event 52 Women 3000 Meter Run Senior**

Name	Year School	Seed	Finals
1 Pighin, Isabella	Clarence Ful		12:03.00
2 Brooks, Hazel	Salmon Arm S		12:45.17
3 Parker, Taylor	Salmon Arm S		13:34.45
4 Flett, Annika	A L Fortune		14:21.40

**Event 53 Men 3000 Meter Run Senior**

Name	Year School	Seed	Finals
1 Calkins, Sam	Salmon Arm S		9:36.02
2 Ayotte, Frankie	Salmon Arm S		10:18.78
3 Zhu, Harry	Vernon Christian		11:08.19
4 Clancy, Aidan	A L Fortune		12:05.44

**Event 58 Men 1500 Meter Race Walk Junior**

Name	Year School	Seed	Finals
1 Saner, Declan	A L Fortune		11:55.84
2 Golz, Landon	A L Fortune		12:43.24
3 Watts, Spencer	A L Fortune		12:45.01

**Event 60 Men 1500 Meter Race Walk Senior**

Name	Year School	Seed	Finals
1 Chancellor, David	King's Chris		11:48.20

**Event 63 Women 80 Meter Hurdles 30" Gr 8**

30" x 8 (12-8-12)

Name	Year School	Seed	Finals	Wind
1 Kelly, Raiya	Vernon Secon		17.21	0.2
2 Jennings, Meija	Vernon Secon		17.25	0.2
-- Liman, Sophia	Vernon Christian		SCR	0.2

**Event 64 Women 80 Meter Hurdles 30" Junior**

30" x 8 (12-8-12)

Name	Year School	Seed	Finals	Wind
1 Funk, Leah	Vernon Christian	12.77	13.06	-1.1
2 Cochrane, Avery	Revelstoke S		15.00	-1.1
3 Grabinsky, Rachel	Revelstoke S		15.03	-1.1
4 Campbell, Kahlea	Salmon Arm S		17.16	-1.1
5 Grootendorst, Bobbi	King's Chris		17.28	-1.1

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**Event 68 Men 100 Meter Hurdles 33" Gr 8**

33" x 10 (13-8.5-10.5)

Name	Year School	Seed	Finals	Wind
1 Zuidhof, Eli	Vernon Christian		23.55	1.4

**Event 69 Men 100 Meter Hurdles 36" Junior**

36" x 10 (13-8.5-10.5)

Name	Year School	Seed	Finals	Wind
1 Curtis, Jeff	Vernon Secon		22.62	0.9

**Event 70 Women 100 Meter Hurdles 33" Senior**

33" x 10 (13-8.5-10.5)

Name	Year School	Seed	Finals	Wind
1 Stevenson, Emily	King's Chris		16.51	0.6
2 Kleinau, Felin	11 Revelstoke S		18.29	0.6
3 Vermeer, Nyla	King's Chris	19.61	18.47	0.6
4 Zuidhof, Tianna	King's Chris		19.42	0.6

**Event 71 Men 110 Meter Hurdles 36" Senior**

36" x 10 (13.72-9.14-14.02)

Name	Year School	Seed	Finals	Wind
1 Unger, Aaron	King's Chris		19.27	1.7
2 Hansma, Nathan	King's Chris	22.19	20.74	1.7
3 Chancellor, David	King's Chris		21.19	1.7

**Event 75 Women 200 Meter Hurdles 30" x 5 Gr 8**

30" x 5 (20-35-40)

Name	Year School	Seed	Finals	Wind
1 Kelly, Raiya	Vernon Secon		35.56	NWI
2 Jennings, Meija	Vernon Secon		37.63	NWI

**Event 76 Men 200 Meter Hurdles 30" x 5 Gr 8**

30" x 5 (20-35-40)

Name	Year School	Seed	Finals	Wind
1 Machpherson, Ben	Revelstoke S		33.05	1.1
-- Maloney, Levi	Revelstoke S		SCR	1.1
-- Macpherson, Ben	Revelstoke S		SCR	

**Event 77 Women 300 Meter Hurdles 30" x 7 Junior**

30" x 7 (50-35-40)

Name	Year School	Seed	Finals
1 Funk, Leah	Vernon Christian		49.49
2 Giesbrecht, Ellie	Salmon Arm S		59.84

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**Event 78 Men 300 Meter Hurdles 33" x 7 Junior**

33" x 7 (50-35-40)

Name	Year School	Seed	Finals
1 Bicknell, Anderson	Vernon Secon	44.45	44.66
2 Awad, Diego	Revelstoke S		46.43
3 Nava, Aleutian	Revelstoke S		51.03
4 Budgeon, Cole	Vernon Secon		51.27
5 Curtis, Jeff	Vernon Secon		59.17
6 Hodson, Daniel	King's Chris		64.04
-- Portras, Phoenix	Revelstoke S		SCR

**Event 82 Women 400 Meter Hurdles 30" x 10 Senior**

30" x 10 (45-35-40)

Name	Year School	Seed	Finals	H#
1 Cameron, Fia	Revelstoke S		72.02	2
2 Zuidhof, Tianna	King's Chris	73.67	73.28	2
3 Roodzant, Rebecca	King's Chris		73.90	1
4 Kleinau, Felin	11 Revelstoke S		74.28	2
5 Steele, Camryn	Vernon Secon		75.61	1
6 Muddiman, Emma	Salmon Arm S		1:22.44	2
7 Chapman, Olivia	King's Chris		1:24.88	2
-- Geis, Asja	Revelstoke S		SCR	1
-- Brooks, Hazel	Salmon Arm S		SCR	2

**Event 83 Men 400 Meter Hurdles 36" x 10 Senior**

36" x 10 (45-35-40)

Name	Year School	Seed	Finals
1 Unger, Aaron	King's Chris	67.42	65.91
2 Chancellor, David	King's Chris		77.44

**Event 93 Women 1500 Meter Steeplechase 30" Junior**

Name	Year School	Seed	Finals
1 Beaumont, Andrea	Vernon Christian		6:49.57
2 Giesbrecht, Ellie	Salmon Arm S		7:16.68

**Event 94 Women 1500 Meter Steeplechase 30" Senior**

Name	Year School	Seed	Finals
1 Roodzant, Rebecca	King's Chris		6:27.56
2 Muddiman, Emma	Salmon Arm S		6:40.21
3 Brooks, Hazel	Salmon Arm S		6:46.57
4 Parker, Taylor	Salmon Arm S		7:08.29
-- Flett, Annika	A L Fortune		SCR

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**Event 98 Boys 1500 Meter Steeplechase 30" Junior**

Name	Year School	Seed	Finals
1 Roodzant, Benjamin	King's Chris		5:58.36
2 Erwin, Daniel	Revelstoke S		6:19.87
3 Amyot, Felix	Revelstoke S		6:23.70
4 Canabe, Aidan	WL Seaton		6:33.19
5 Matthies, Alexander	WL Seaton	6:28.00	6:38.41
6 Tomm, Rory	Revelstoke S		6:48.96

**Event 99 Men 2000 Meter Steeplechase 33" Senior**

Name	Year School	Seed	Finals
1 Calkins, Sam	Salmon Arm S		7:23.93
2 Ayotte, Frankie	Salmon Arm S		7:32.64
3 Unger, Aaron	King's Chris		7:46.35
4 Bakker, Simon	Salmon Arm S		8:00.95
-- Zhu, Harry	Vernon Christian		SCR

**Event 103 Women 4x100 Meter Relay Gr 8**

School	Seed	Finals
1 Vernon Secondary School 'A'	55.28	54.06
1) Fitzpatrick, Caelyn	2) Bicknell, Chloe	
3) Nerling, Lyriq	4) Routley, Charlotte	
2 Shuswap Middle 'A'		59.80
1) O'Brien, Charlie	2) Crossman, Lauren	
3) Green, Gemma	4) Bredick, Vienne	
3 Carlin Middle 'A'		67.01
1) Kusisto, Kennedy	2) Cooper, Clara	
3) Thomlinson, Brianne	4) Ruten, Ava	
-- Vernon Christian 'A'		DQ Rule TR 24.7
1) Ellis, Zion	2) Wallace, Paisley	
3) Armbrust, Livia	4) Liman, Sophia	

**Event 104 Men 4x100 Meter Relay Gr 8**

School	Seed	Finals
1 Shuswap Middle 'A'		54.71
1) Orchard, Ian	2) Gerow, River	
3) Giesbrecht, Joel	4) Lafortune, Colten	
2 A L Fortune 'A'		56.62
1) Dykman, Jaxon	2) Nicholls, Evan	
3) Cormier, Shaden	4) Weiler, Riley	
3 Revelstoke Secondary School 'A'		56.68
1) Higgins, Gauge	2) Mandel, Connor	
3) Wider, Timo	4) Keerak, Ivo	
-- Revelstoke Secondary School 'B'		SCR
1) Coleman, Tanner	2) Rorstand, Samuel	
3) Gardiner, Hudson	4) Machpherson, Ben	

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**Event 105 Women 4x100 Meter Relay Junior**

School	Seed	Finals
1 Revelstoke Secondary School 'A'		54.97
1) Grabinsky, Rachel	2) Widmer, Ilaria	
3) Cochrane, Avery	4) Berkenbosch, Lutza	
2 Pleasant Valley 'A'		56.16
1) Melvin, Anna	2) Wagner, Ava	
3) Isaac, Ila	4) Richoux, Jasmin	
3 Salmon Arm Secondary - Jackson 'A'		56.60
1) Campbell, Kahlea	2) Fazan, Addie	
3) King, Lucy	4) Menzies, Isabelle	
5) Giesbrecht, Ellie	6)	
4 Revelstoke Secondary School 'B'		60.52
1) Morrow, Lia	2) Royle, Maya	
3) Cochrane, Reece	4) Howe, Kasey	
5 A L Fortune 'A'		61.08
1) Koch, Isabelle	2) Rands, Jessica	
3) Pham, Julianna	4) Telford, Charlie	

**Event 106 Men 4x100 Meter Relay Junior**

School	Seed	Finals
1 Salmon Arm Secondary - Jackson 'A'		47.79
1) Bonthuys, Ben	2) Jurgens, Marcus	
3) Paton, Brody	4) Bell, Kaelan	
2 Vernon Secondary School 'A'		52.96
1) Bicknell, Anderson	2) McDonald, Ayden	
3) Therrien, Coby	4) Lee, Jonah	
3 Revelstoke Secondary School 'A'		54.39
1) Awad, Diego	2) Tomm, Rory	
3) Arnold, Aiden	4) Amyot, Felix	
4 A L Fortune 'A'		56.34
1) Zacharias, Kaelan	2) Loewen, Kayden	
3) Saner, Declan	4) Simpo, Jacob	
5 King's Christian School 'A'		56.85
1) Chapman, Jack	2) Roodzant, Benjamin	
3) Hodson, Daniel	4) Froess, Dante	
5) Krabbendam, Alex	6)	
6 Revelstoke Secondary School 'C'		57.57
1) Acton, Aj	2) Cameron, Ryland	
3) Nava, Aleutian	4) Portras, Phoenix	
7 A L Fortune 'B'		58.89
1) Williams, Kage	2) Golz, Landon	
3) Watts, Spencer	4) Thompson, Braeden	

**Event 107 Women 4x100 Meter Relay Senior**

School	Seed	Finals
1 King's Christian School 'A'		54.43
1) Stevenson, Emily	2) Zuidhof, Tianna	
3) Roodzant, Rebecca	4) Braun, Emma	
5) Vermeer, Nyla	6)	
2 Revelstoke Secondary School 'A'		58.99

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**....Event 107 Women 4x100 Meter Relay Senior**

1) Cameron, Fia	2)	
3) Manson, Mya	4) Slanger, Olive	
3 King's Christian School 'B'		60.49
1) Jansen, Shiloh	2) Vermeer, Nyla	
3) Chapman, Olivia	4) Frazer, Annah	
5) Grootendorst, Bobbi	6)	
-- Salmon Arm Secondary - Sulliva 'A'		SCR
1) Goldberg, Eva	2) Hamilton, Alena	
3) Muddiman, Emma	4) Cross, Grace	
-- A L Fortune 'A'		SCR
1)	2) Robinson, Sadie	
3) Flett, Annika	4) Foster, Olivia	

**Event 108 Men 4x100 Meter Relay Senior**

School	Seed	Finals
1 Vernon Christian 'A'	48.37	47.60
1) Redelinguys, Hendri	2) Thompson, Tristan	
3) Barry, Zack	4) Tishenko, Ben	
5) Leyenhorst, Jacob	6)	
2 Salmon Arm Secondary - Sulliva 'A'		50.62
1) Owens, Jack	2) Norlin, Jute	
3) Oliver, Ryder	4) Archer, Evan	
3 Vernon Secondary School 'A'		50.71
1) Curtis, Jeff	2) Budgeon, Cole	
3) Hove, Cisko	4) Murphy, Joe	
4 A L Fortune 'A'		50.84
1) Zacharias, Kaelan	2) Clancy, Aidan	
3) Johnston, Liam	4) Simpso, Jacob	
5 King's Christian School 'B'		51.56
1) North, Matthew	2) Unger, Aaron	
3) Hansma, Nathan	4) Tudan, Ben	
5) Richmond, Mikah	6)	
6 King's Christian School 'A'		52.46
1) Luth, Darin	2) Chancellor, David	
3) Richmond, Mikah	4) Schroeder, Silas	
5) Tudan, Ben	6)	
7 Revelstoke Secondary School 'A'		56.46
1) Starling, Micah	2) Thibeault, Matthew	
3) Nicoll, Triston	4) Steveson, Alex	

**Event 112 Women 4x400 Meter Relay Gr 8**

School	Seed	Finals
1 Vernon Secondary School 'A'		4:41.31
1) Fitzpatrick, Caelyn	2) Bicknell, Chloe	
3) Nerling, Lyriq	4) Routley, Charlotte	
2 Shuswap Middle 'A'		5:12.06
1) Brown, Etoile	2) Maybee, Olivia	
3) Bollans, Stella	4) Bredick, Vienne	

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**Event 113 Men 4x400 Meter Relay Gr 8**

School	Seed	Finals
1 Revelstoke Secondary School 'A'		4:46.18
1) Higgins, Gauge	2) Mandel, Connor	
3) Wider, Timo	4) Keerak, Ivo	
-- Revelstoke Secondary School 'B'		SCR
1) Coleman, Tanner	2) Rorstand, Samuel	
3) Gardiner, Hudson	4) Machpherson, Ben	
-- A L Fortune 'A'		SCR
1) Dykman, Jaxon	2) Aylard, David	
3) Cormier, Shaden	4) Weiler, Riley	

**Event 114 Women 4x400 Meter Relay Junior**

School	Seed	Finals
1 Revelstoke Secondary School 'A'		4:31.74
1) Grabinsky, Rachel	2) Widmer, Ilaria	
3) Cochrane, Avery	4) Berkenbosch, Lutza	
2 Pleasant Valley 'A'		4:58.32
1) Melvin, Anna	2) Wagner, Ava	
3) Isaac, Ila	4) Richoux, Jasmin	
3 Revelstoke Secondary School 'B'		5:20.38
1) Morrow, Lia	2) Royle, Maya	
3) Cochrane, Reece	4) Howe, Kasey	
-- Salmon Arm Secondary - Jackson 'A'		SCR
1) Giesbrecht, Ellie	2) Menzies, Isabelle	
3) King, Lucy	4) Fazan, Addie	
-- A L Fortune 'A'		SCR
1) Koch, Isabelle	2) Pham, Julianna	
3) Rands, Jessica	4) Telford, Charlie	

**Event 115 Men 4x400 Meter Relay Junior**

School	Seed	Finals
1 Revelstoke Secondary School 'A'		4:07.38
1) Awad, Diego	2) Tomm, Rory	
3) Arnold, Aiden	4) Amyot, Felix	
2 WL Seaton 'A'	4:16.00	4:10.53
1) Mitchell, Luke	2) Girard, Jacob	
3) Arora, Mavi	4) Heidt, Simon	
3 Vernon Secondary School 'A'		4:10.98
1) Bicknell, Anderson	2) McDonald, Ayden	
3) Therrien, Coby	4) Lee, Jonah	
4 Salmon Arm Secondary - Jackson 'A'		4:22.21
1) Bonthuys, Ben	2) Paton, Brody	
3) Smith, Kian	4) Bell, Kaelan	
5 A L Fortune 'A'		4:32.25
1) Zacharias, Kaelan	2) Loewen, Kayden	
3) Saner, Declan	4) Simpsso, Jacob	
-- Revelstoke Secondary School 'C'		SCR
1) Acton, Aj	2) Cameron, Ryland	
3) Nava, Aleutian	4) Portras, Phoenix	
-- A L Fortune 'B'		SCR

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**....Event 115 Men 4x400 Meter Relay Junior**

- |                   |                      |
|-------------------|----------------------|
| 1) Williams, Kage | 2) Golz, Landon      |
| 3) Watts, Spencer | 4) Thompson, Braeden |

**Event 116 Women 4x400 Meter Relay Senior**

School	Seed	Finals
1 King's Christian School 'A'		4:32.50
1) Stevenson, Emily	2) Zuidhof, Tianna	
3) Roodzant, Rebecca	4) Braun, Emma	
5) Vermeer, Nyla	6)	
2 Revelstoke Secondary School 'A'		4:59.01
1) Cameron, Fia	2)	
3) Manson, Mya	4) Slinger, Olive	
3 Salmon Arm Secondary - Sulliva 'A'		5:04.19
1) Parker, Taylor	2) Brooks, Hazel	
3) Cross, Grace	4) Muddiman, Emma	
-- A L Fortune 'A'		SCR
1) Koch, Isabelle	2) Robinson, Sadie	
3) Flett, Annika	4) Foster, Olivia	

**Event 117 Men 4x400 Meter Relay Senior**

School	Seed	Finals
1 Salmon Arm Secondary - Sulliva 'A'		4:10.06
1) Calkins, Sam	2) Ayotte, Frankie	
3) Bakker, Simon	4) Owens, Jack	
5) Beck, Kaiden	6)	
2 King's Christian School 'B'		4:14.12
1) North, Matthew	2) Unger, Aaron	
3) Hansma, Nathan	4) Tudan, Ben	
5) Richmond, Mikah	6)	
3 King's Christian School 'A'		4:21.96
1) Luth, Darin	2) Chancellor, David	
3) Richmond, Mikah	4) Schroeder, Silas	
5) Tudan, Ben	6)	
4 Revelstoke Secondary School 'A'		4:28.82
1) Starling, Micah	2) Thibeault, Matthew	
3) Nicoll, Triston	4) Steveson, Alex	
5 A L Fortune 'A'		4:59.44
1) Zacharias, Kaelan	2) Clancy, Aidan	
3) Johnston, Liam	4) Simpso, Jacob	
-- Vernon Christian 'A'		DQ Rule TR 24.6 24.7
1) Redelinghuys, Hendri	2) Thompson, Tristan	
3) Barry, Zack	4) Tishenko, Ben	
5) Leyenhorst, Jacob	6)	

**Event 133 Women High Jump Gr 8**

Name	Year School	Seed	Finals
1 Bredick, Vienne	Shuswap Middle		1.54m
1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.52 1.54			
0 0 0 0 0 0 XO XO XXO			



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**....Event 133 Women High Jump Gr 8**

3	Routley, Charlotte	Vernon Secon	1.35m	J1.40m
	1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45			
	o o o o o o o o o XO XXX			
3	Bicknell, Chloe	Vernon Secon	1.35m	J1.40m
	1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45			
	o o o o o o o o o XO XXX			
4	Dorey, Logan	Clarence Ful		1.35m
	1.20 1.25 1.30 1.35 1.40			
	o o o XO XXX			
5	O'Brien, Charlie	Shuswap Middle		1.30m
	1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35			
	o o o o o o o o XXX			
5	Reist, Katrina	Len Wood Mid		1.30m
	1.20 1.25 1.30 1.35			
	o o o XXX			
7	Ruten, Ava	Carlin Middle		1.25m
	1.00 1.05 1.10 1.15 1.20 1.25 1.30			
	o o o o XO o XXX			
9	Puffalt, Madison	Clarence Ful		J1.25m
	1.10 1.15 1.20 1.25 1.30			
	o o o XO XXX			
9	Kusisto, Kennedy	Carlin Middle		1.20m
	1.00 1.05 1.10 1.15 1.20 1.25			
	o o XO XO XO XXX			

**Event 134 Men High Jump Gr 8**

=====				
Name	Year	School	Seed	Finals
=====				
1	Baum, Jaide	Ranchero Ele		1.45m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50			
	o o o o o o o XXX			
1	Dicker, Kynan	Ranchero Ele		1.45m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50			
	o o o o o o o XXX			
1	Vass, Jd	Vernon Christian		1.45m
	1.25 1.30 1.35 1.40 1.45 1.50			
	o o o o o o XXX			
5	Cudmore, Kirby	Carlin Middle		1.25m
	1.20 1.25 1.30			
	XO XO XXX			
6	Eldon, Alex	Shuswap Middle		J1.30m
	1.20 1.25 1.30 1.35			
	o o XO XXX			
--	McLeod, Kieran	Len Wood Mid		NH
	1.25			
	XXX			
--	Gardiner, Hudson	Revelstoke S		NH
	1.20			
	XXX			
--	Luttmerding, Colter	Len Wood Mid		DNS

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**Event 135 Women High Jump Junior**

Name	Year	School	Seed	Finals
1 Isaac, Ila		Pleasant Valley		1.45m
	1.25 1.30 1.35 1.40 1.45 1.50			
	O O O XXO O XXX			
2 Vigue, Jocelynn		Pleasant Valley		1.25m
	1.20 1.25 1.30			
	XO O XXX			
3 Grootendorst, Bobbi		King's Chris		1.20m
	1.10 1.15 1.20 1.25			
	O O O XXX			
4 Schwarz, Kaiyah		Salmon Arm S		1.15m
	1.10 1.15 1.20			
	O O XXX			
-- Miller, Elyse		Pleasant Valley		DNS

**Event 136 Men High Jump Junior**

Name	Year	School	Seed	Finals
1 Zacharias, Kaelan		A L Fortune		1.60m
	1.40 1.45 1.50 1.55 1.60 1.65			
	O O O XO O XXX			
2 Yu, Ansley		Revelstoke S		1.55m
	1.35 1.40 1.45 1.50 1.55 1.60			
	O XO O O XO XXX			
3 Tudan, Ben		King's Chris		1.50m
	1.35 1.40 1.45 1.50 1.55			
	O O O O XXX			
4 Paton, Brody		Salmon Arm S		J1.50m
	1.30 1.35 1.40 1.45 1.50 1.55			
	O XO XO O XXO XXX			
5 Chapman, Jack		King's Chris	1.30m	1.45m
	1.30 1.35 1.40 1.45 1.50			
	O O O XO XXX			
6 Bell, Kaelan		Salmon Arm S		J1.45m
	1.35 1.40 1.45 1.50			
	XO O XO XXX			
7 Loewen, Kayden		A L Fortune		1.40m
	1.30 1.35 1.40 1.45			
	O XO O XXX			
8 Hammond, Oliver		Revelstoke S		1.35m
	1.35 1.40			
	O XXX			
-- Stevenson, Alex		Revelstoke S		NH
	1.35			
	XXX			
-- Bonthuys, Ben		Salmon Arm S		DNS

**Event 137 Women High Jump Senior**

Name	Year	School	Seed	Finals
-- Rinsma-Jagt, Emilyn		Revelstoke S		DNS

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**Event 138 Men High Jump Senior**

Name	Year	School	Seed	Finals
1 Moore, Eric		Salmon Arm S		1.70m
	1.50 1.55 1.60 1.65 1.70 1.75			
	O O O O O XXX			
2 Tishenko, Ben		Vernon Christian	1.70m	1.65m
	1.50 1.55 1.60 1.65			
	O O O XXO			
3 Thompson, Tristan		Vernon Christian		1.55m
	1.50 1.55			
	O O			
4 Luth, Darin		King's Chris		1.50m
	1.45 1.50 1.55			
	XO O XXX			
5 Johnston, Liam		A L Fortune		1.25m
	1.25 1.30			
	XO XXX			
6 Nicol, Triston		Revelstoke S		1.20m
	1.20			
	O			

**Event 143 Women Triple Jump Gr 8**

Name	Year	School	Seed	Finals	Wind
1 Ellis, Zion		Vernon Christian		8.98m	0.8
	8.42m(0.1) 8.70m(0.5) 8.98m(0.8)				
2 Wallace, Paisley		Vernon Christian		8.42m	1.0
	8.35m(+0.0) 8.42m(1.0) 8.13m(0.1)				
3 Kusisto, Kennedy		Carlin Middle		7.05m	+0.0
	X(+0.0) 6.74m(+0.0) 7.05m(+0.0)				
4 Ruten, Ava		Carlin Middle		6.81m	+0.0
	6.81m(+0.0) 6.70m(+0.0) 6.65m(1.0)				
5 Thomlinson, Brianne		Carlin Middle		6.28m	+0.0
	6.28m(+0.0) X(0.1) 5.47m(+0.0)				
-- Bailey, Briauna		Len Wood Mid		DNS	NWI

**Event 144 Men Triple Jump Gr 8**

Name	Year	School	Seed	Finals	Wind
1 Zuidhof, Eli		Vernon Christian		8.42m	+0.0
	7.38m(0.5) 7.94m(-0.3) 8.42m(+0.0)				
2 Widmer, Timo		Revelstoke S		7.47m	0.3
	X(0.3) 7.47m(0.3) X(0.2)				

**Event 145 Women Triple Jump Junior**

Name	Year	School	Seed	Finals	Wind
1 Funk, Leah		Vernon Christian	9.20m	8.94m	0.6
	8.94m(0.6) 8.20m(+0.0) 8.68m(+0.0)				

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**Event 146 Men Triple Jump Junior**

Name	Year	School	Seed	Finals	Wind
1 Dodds, Liam		Revelstoke S		9.35m	+0.0
				9.16m(+0.0) 9.35m(+0.0) X(0.7)	
2 Jurgens, Marcus		Salmon Arm S		9.24m	0.2
				9.08m(+0.0) 9.16m(0.7) 9.24m(0.2)	
3 Nava, Aleutian		Revelstoke S		8.34m	+0.0
				X(+0.0) 8.34m(+0.0)	
-- Cameron, Rylan		Revelstoke S		DNS	NWI

**Event 148 Men Triple Jump Senior**

Name	Year	School	Seed	Finals	Wind
1 Moore, Eric		Salmon Arm S		11.42m	+0.0
				11.42m(+0.0) 11.07m(1.5) X(0.7)	
2 Thompson, Tristan		Vernon Christian		11.17m	+0.0
				11.17m(+0.0) 10.22m(0.4)	
3 Beck, Kaiden		Salmon Arm S		9.92m	2.1
				9.84m(0.3) 9.92m(2.1) 9.88m(0.7)	
4 Oliver, Ryder		Salmon Arm S		9.60m	+0.0
				8.98m(-0.1) 9.60m(+0.0) X(1.2)	

**Event 153 Women Long Jump Gr 8**

Name	Year	School	Seed	Finals	Wind
1 Bredick, Vienne		Shuswap Middle		4.31m	+0.0
				3.96m(+0.0) 4.31m(+0.0) 4.16m(+0.0)	
2 O'Brien, Charlie		Shuswap Middle		4.11m	+0.0
				3.86m(+0.0) 3.93m(+0.0) 4.11m(+0.0)	
3 Wallace, Paisley		Vernon Christian		4.01m	+0.0
				3.71m(+0.0) 3.36m(+0.0) 4.01m(+0.0)	
4 Cooper, Clara		Carlin Middle		3.99m	+0.0
				X X 3.99m(+0.0)	
5 Ellis, Zion		Vernon Christian		3.92m	+0.0
				3.77m(+0.0) 3.75m(+0.0) 3.92m(+0.0)	
6 Liman, Sophia		Vernon Christian		3.82m	+0.0
				3.82m(+0.0) 3.74m(+0.0) 3.63m(+0.0)	
7 Reist, Katrina		Len Wood Mid		3.72m	+0.0
				3.72m(+0.0) 3.71m(+0.0) 3.70m(+0.0)	
8 Fitzpatrick, Caelyn		Vernon Secon	4.14m	3.70m	+0.0
				3.70m(+0.0) 2.71m(+0.0) X	
9 Schmidt, Taylor		Revelstoke S		3.64m	+0.0
				3.63m(+0.0) 3.53m(+0.0) 3.64m(+0.0)	
10 Crossman, Lauren		Shuswap Middle		3.63m	+0.0
				3.46m(+0.0) 3.63m(+0.0) 3.63m(+0.0)	
11 Birmingham, Emilee		Eagle River		3.57m	+0.0
				3.36m(+0.0) 3.54m(+0.0) 3.57m(+0.0)	
12 Pham, Julianna		A L Fortune		3.41m	+0.0
				3.41m(+0.0) 3.19m(+0.0) 3.25m(+0.0)	
13 Kelly, Raiya		Vernon Secon		3.33m	+0.0
				3.33m(+0.0) 3.20m(+0.0) 3.05m(+0.0)	
14 Green, Gemma		Shuswap Middle		3.26m	+0.0
				3.24m(+0.0) 3.26m(+0.0) 3.14m(+0.0)	

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**...Event 153 Women Long Jump Gr 8**

15	Jennings, Meija	Vernon Secon	3.15m	+0.0
	2.88m(+0.0)	3.15m(+0.0)	3.08m(+0.0)	
16	Kusisto, Kennedy	Carlin Middle	3.00m	+0.0
	1.85m(+0.0)	3.00m(+0.0)	2.83m(+0.0)	
17	Thomlinson, Brianne	Carlin Middle	2.83m	+0.0
	2.02m(+0.0)	2.22m(+0.0)	2.83m(+0.0)	
--	Gerlib, Maia	Len Wood Mid	DNS	NWI
--	Bailey, Briauna	Len Wood Mid	DNS	NWI

**Event 154 Men Long Jump Gr 8**

Name	Year	School	Seed	Finals	Wind
1 Sayer, Daman		Vernon Christian		4.97m	+0.0
X	4.92m(1.5)	4.97m(+0.0)			
2 Ignacio, Ram		Carlin Middle		4.36m	0.6
	4.29m(0.3)	4.36m(0.6)	4.30m(+0.0)		
3 Capada, Simon		Eagle River		4.30m	NWI
	4.30m(NWI)	4.05m(NWI)	4.10m(NWI)		
4 Lafortune, Colten		Shuswap Middle		4.26m	0.6
	3.98m(+0.0)	4.05m(0.4)	4.26m(0.6)		
5 Dykman, Jaxon		A L Fortune		4.22m	+0.0
	4.22m(+0.0)	3.69m(+0.0)	3.72m(+0.0)		
6 Mandel, Connor		Revelstoke S		4.21m	+0.0
	4.21m(+0.0)	4.18m(+0.0)	4.18m(+0.0)		
7 Bischoff, Morgan		North Shuswa		4.17m	0.7
	4.17m(0.7)	4.13m(+0.0)	-		
8 Gerow, River		Shuswap Middle		4.05m	+0.0
	4.05m(+0.0)	X	X		
9 Zuidhof, Eli		Vernon Christian		3.96m	+0.0
	3.96m(+0.0)	3.84m(NWI)	3.94m(0.2)		
10 Orchards, Ian		Shuswap Middle		3.95m	+0.0
	3.95m(+0.0)	3.67m(1.6)	X		
11 Baum, Jaide		Ranchero Ele		3.84m	0.8
	3.81m(0.2)	3.76m(0.7)	3.84m(0.8)		
12 Nicholls, Evan		A L Fortune		3.78m	0.9
	3.78m(0.9)	3.77m(+0.0)	3.57m(+0.0)		
13 Warren, Austin		Eagle River		3.65m	+0.0
	3.58m(+0.0)	X	3.65m(+0.0)		
14 Cudmore, Kirby		Carlin Middle		3.56m	+0.0
	3.56m(+0.0)	3.35m(+0.0)	3.08m(+0.0)		
15 Widmer, Timo		Revelstoke S		3.52m	+0.0
	3.43m(+0.0)	3.52m(+0.0)	3.51m(+0.0)		
16 Aylard, David		A L Fortune		3.42m	0.3
	3.42m(0.3)	3.33m(+0.0)	3.25m(+0.0)		
17 Krabbendam, Alex		King's Chris	3.82m	3.34m	1.8
	3.34m(1.8)	-	X		
18 Muddiman, Samuel		Ranchero Ele		2.87m	0.1
X	2.79m(0.6)	2.87m(0.1)			
--	Lopez, Domenic	Len Wood Mid		DNS	NWI
--	Jordan, Toby	Len Wood Mid		DNS	NWI
--	Twiss, Gauge	Carlin Middle		DNS	NWI
--	Rorstad, Sam	Revelstoke S		DNS	NWI

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**Event 155 Women Long Jump Junior**

Name	Year	School	Seed	Finals	Wind
1 Melvin, Anna		Pleasant Valley		4.47m	+0.0
				4.11m(+0.0) 4.27m(+0.0) 4.47m(+0.0)	
2 Grabinsky, Rachel		Revelstoke S		4.40m	0.9
				X(+0.0) 4.40m(0.9) X	
3 Cochrane, Avery		Revelstoke S		4.18m	+0.0
				4.18m(+0.0) 4.00m(+0.0) 4.16m(-0.1)	
3 Braun, Emma		King's Chris	4.29m	4.18m	+0.0
				X(+0.0) 4.10m(+0.0) 4.18m(+0.0)	
5 Meerza, Jayda		Salmon Arm S		3.98m	-0.5
				3.62m(+0.0) 3.75m(0.5) 3.98m(-0.5)	
6 Campbell, Kahlea		Salmon Arm S		3.90m	+0.0
				3.75m(+0.0) 3.29m(0.3) 3.90m(+0.0)	
6 Giesbrecht, Ellie		Salmon Arm S		3.90m	+0.0
				3.90m(+0.0) 3.88m(0.5) 3.84m(+0.0)	
8 Vigue, Jocelynn		Pleasant Valley		3.71m	-0.5
				X(+0.0) 3.64m(1.0) 3.71m(-0.5)	
9 Frazer, Annah		King's Chris		3.58m	+0.0
				3.58m(+0.0) 3.29m(1.3) 3.15m(0.9)	
10 Grootendorst, Bobbi		King's Chris		3.48m	+0.0
				2.93m(0.7) 3.48m(+0.0) 3.46m(+0.0)	
11 Itterman, Victoria		Eagle River		3.12m	1.0
				3.08m(1.4) X(+0.0) 3.12m(1.0)	
-- Widmer, Ilaría		Revelstoke S		DNS	NWI
-- Marchand, Aubrie		Clarence Ful		DNS	NWI

**Event 156 Men Long Jump Junior**

Name	Year	School	Seed	Finals	Wind
1 Lee, Jonah		Vernon Secon		5.34m	1.1
				5.15m(+0.0) X 5.34m(1.1)	
2 Schuch, Stefan		Vernon Christian		5.31m	0.3
				5.12m(+0.0) 5.31m(0.3) 5.09m(0.8)	
3 Yu, Ansley		Revelstoke S		5.06m	+0.0
				4.65m(1.1) 5.05m(0.4) 5.06m(+0.0)	
4 Liman, Ben		Vernon Christian		4.89m	0.2
				4.57m(0.2) 4.89m(0.2) 4.77m(+0.0)	
5 Ling-Allen, Marquel		WL Seaton		4.77m	1.3
				4.77m(1.3)	
6 Acton, A.J.		Revelstoke S		4.66m	0.1
				4.29m(0.5) 4.66m(0.1) 4.50m(+0.0)	
7 Jurgens, Marcus		Salmon Arm S		4.64m	0.3
				4.51m(+0.0) 4.55m(+0.0) 4.64m(0.3)	
8 Tudan, Ben		King's Chris		4.50m	+0.0
				4.50m(+0.0) X X	
9 Simpo, Jacob		A L Fortune		4.42m	0.1
				3.86m(+0.0) 4.42m(0.1) X(+0.0)	
10 Dodds, Liam		Revelstoke S		4.32m	+0.0
				4.32m(+0.0) 4.29m(+0.0) 3.31m(1.4)	
11 Le May, Connor		Charles Bloo		4.25m	+0.0
				4.25m(+0.0) 4.23m(+0.0) 4.20m(+0.0)	
12 Bell, Kaelan		Salmon Arm S		4.21m	0.3
				3.16m(+0.0) 4.21m(0.3) 4.11m(1.9)	

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**....Event 156 Men Long Jump Junior**

13 Segura, Christian	Vernon Christian	3.99m	+0.0
X(+0.0) 3.99m(+0.0) 3.77m(1.2)			
14 Saner, Declan	A L Fortune	3.30m	1.0
2.44m(0.5) 3.30m(1.0) 3.02m(1.6)			
15 Paton, Brody	Salmon Arm S	3.24m	1.1
3.24m(1.1)			
-- Thompson, Braeden	A L Fortune	DNS	NWI
-- Budgeon, Cole	Vernon Secon	DNS	NWI

**Event 157 Women Long Jump Senior**

Name	Year School	Seed	Finals	Wind
1 Slager, Olive	Revelstoke S		3.83m	0.7
3.75m(+0.0) 3.76m(+0.0) 3.83m(0.7)				
2 Steele, Camryn	Vernon Secon		3.72m	+0.0
3.59m(+0.0) 3.72m(+0.0) 3.22m(0.6)				
-- Rinsma-Jagt, Emilyn	Revelstoke S		DNS	NWI

**Event 158 Men Long Jump Senior**

Name	Year School	Seed	Finals	Wind
1 Moore, Eric	Salmon Arm S		5.40m	0.4
5.40m(0.4) 5.37m(+0.0) 5.37m(+0.0)				
2 Luth, Darin	King's Chris		5.25m	+0.0
5.14m(+0.0) 5.25m(+0.0) 5.21m(1.5)				
3 Hove, Cisko	Vernon Secon		5.02m	+0.0
4.86m(0.3) 5.02m(+0.0) X(-0.0)				
4 Cory, Ethan	Eagle River		4.74m	0.9
4.59m(+0.0) 4.74m(0.9) 4.62m(+0.0)				
5 North, Matthew	King's Chris		4.72m	0.3
4.72m(0.3)				
6 Owens, Jack	Salmon Arm S		4.63m	+0.0
4.52m(0.5) 4.36m(+0.0) 4.63m(+0.0)				
7 Clancy, Aidan	A L Fortune		4.60m	0.1
4.60m(0.1) 4.33m(0.7) 4.55m(+0.0)				
-- Greenan, Liam	Vernon Secon		DNS	NWI
-- Kuhnkhun, Braden	Vernon Secon		DNS	NWI
-- Hansma, Nathan	King's Chris		DNS	NWI

**Event 163 Women Shot Put 3 kg Gr 8**

Name	Year School	Seed	Finals
1 Schmidt, Taylor	Revelstoke S		8.08m
7.45m X 8.08m			
2 Reist, Katrina	Len Wood Mid		7.51m
7.37m 7.51m 7.21m			
3 Beaumont, Aurealia	Shuswap Middle		6.40m
5.95m 5.70m 6.40m			
4 Byerley, Audrey	North Shuswa		5.93m
X 5.18m 5.93m			
5 Smith, Zivah	Vernon Secon	6.56m	5.88m
X 5.88m 4.81m			





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**....Event 166 Boys Shot Put 5 kg Junior**

4	Stockman, Fisher	Revelstoke S	9.61m
	9.28m 9.56m 9.61m		
5	Wall, Jon	A L Fortune	8.55m
	8.03m 8.55m 8.26m		
6	Furlong, Thomas	A L Fortune	7.85m
	7.85m 7.58m 6.44m		
7	Hammond, Oliver	Revelstoke S	7.21m
	5.65m 7.15m 7.21m		

**Event 167 Women Shot Put 4 kg Senior**

Name	Year	School	Seed	Finals
1 Jansen, Shiloh		King's Chris		8.29m
	8.29m 8.09m 8.22m			
2 Manson, Mya		Revelstoke S		7.23m
	7.09m 7.23m 6.68m			
3 Goldberg, Eva		Salmon Arm S		6.30m
	6.30m X 6.20m			
4 Hamilton, Alena		Salmon Arm S		6.16m
	X 6.16m 5.72m			

**Event 168 Men Shot Put 6 kg Senior**

Name	Year	School	Seed	Finals
1 Starling, Micah		Revelstoke S		10.28m
	10.28m 9.91m X			
2 Newman, Nicholas		Clarence Ful		9.99m
	X X 9.99m			
3 Hove, Cisko		Vernon Secon		9.05m
	8.69m X 9.05m			
4 Cory, Ethan		Eagle River		8.56m
	8.32m 8.12m 8.56m			
5 Archer, Evan		Salmon Arm S		7.55m
	7.55m 7.15m 6.65m			

**Event 173 Women Discus Throw 1 kg Gr 8**

Name	Year	School	Seed	Finals
1 Beaumont, Aurealia		Shuswap Middle		14.65m
	14.10m 13.95m 14.65m			
2 Byerley, Audrey		North Shuswa		12.18m
	12.18m 10.55m 11.25m			

**Event 174 Men Discus Throw 1 kg Gr 8**

Name	Year	School	Seed	Finals
1 Giesbrecht, Joel		Shuswap Middle		26.08m
	26.08m X X			
2 Eldon, Alex		Shuswap Middle		24.05m
	21.89m 20.28m 24.05m			

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**....Event 174 Men Discus Throw 1 kg Gr 8**

3 Coleman, Tanner	Revelstoke S	16.90m
16.90m 15.80m X		
4 Higgins, Gauge	Revelstoke S	14.72m
13.20m X 14.72m		
-- Lopez, Domenic	Len Wood Mid	DNS
-- Rorstad, Sam	Revelstoke S	DNS

**Event 175 Women Discus Throw 1 kg Junior**

Name	Year School	Seed	Finals
1 Howe, Kasey	Revelstoke S		19.61m
18.92m 16.46m 19.61m			
2 Lasota, Ava	Salmon Arm S		16.74m
12.60m 16.74m X			
3 Morrow, Lia	Revelstoke S		16.23m
14.35m 14.47m 16.23m			
4 Cochrane, Reece	Revelstoke S		14.20m
X X 14.20m			
5 Marchand, Aubrie	Clarence Ful		13.15m
X X 13.15m			
6 Schwarz, Kaiyah	Salmon Arm S		11.76m
8.03m 10.18m 11.76m			
-- Quigley, Essence	Salmon Arm S		DNS

**Event 176 Men Discus Throw 1.5 kg Junior**

Name	Year School	Seed	Finals
1 Stockman, Fisher	Revelstoke S		28.37m
28.37m 27.21m 26.81m			
2 Arnold, Aiden	Revelstoke S		27.65m
X 27.65m 25.93m			
3 Awad, Diego	Revelstoke S		27.50m
20.69m 23.38m 27.50m			
4 Roodzant, Benjamin	King's Chris		22.91m
22.07m 22.91m 19.92m			
5 Furlong, Thomas	A L Fortune		22.42m
22.42m 18.96m X			
6 Wall, Jon	A L Fortune		17.88m
X 17.78m 17.88m			

**Event 177 Women Discus Throw 1 kg Senior**

Name	Year School	Seed	Finals
1 Jansen, Shiloh	King's Chris	25.15m	23.61m
18.80m 20.77m 23.61m			
2 Hamilton, Alena	Salmon Arm S		20.36m
20.36m 14.39m 19.15m			
3 Vermeer, Nyla	King's Chris	22.99m	20.35m
18.51m 19.64m 20.35m			
-- Smith, Brynne	Salmon Arm S		DNS

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**Event 178 Men Discus Throw 1.75 kg Senior**

Name	Year	School	Seed	Finals
1 Newman, Nicholas		Clarence Ful		34.81m
29.31m 34.81m X				
2 Starling, Micah		Revelstoke S		27.29m
27.29m X 23.66m				
3 Schroeder, Silas		King's Chris	24.48m	24.66m
21.98m 24.66m 23.72m				
4 Richmond, Mikah		King's Chris	24.70m	24.43m
24.43m 21.81m 23.29m				
5 Ayotte, Frankie		Salmon Arm S		21.22m
19.96m 21.22m -				
6 Thibeault, Matthew		Revelstoke S		19.31m
19.31m 17.87m 18.64m				
-- Beck, Kaiden		Salmon Arm S		FOUL
- X X				

**Event 183 Women Javelin Throw 500 gram Gr 8**

Name	Year	School	Seed	Finals
1 Rands, Jessica		A L Fortune		25.25m
X 20.32m 25.25m				
2 Brown, Etoile		Shuswap Middle		20.28m
20.28m 17.59m X				
3 Beaumont, Aurealia		Shuswap Middle		19.75m
14.65m 17.27m 19.75m				
4 Smith, Zivah		Vernon Secon	15.78m	16.41m
16.41m X 13.01m				
5 Green, Gemma		Shuswap Middle		16.38m
X 16.38m 14.09m				
6 Byerley, Audrey		North Shuswa		12.21m
12.21m 11.90m X				

**Event 184 Men Javelin Throw 600 gram Gr 8**

Name	Year	School	Seed	Finals
1 Spooner, Carver		North Shuswa	34.54m	34.04m
25.23m 31.97m 34.04m				
2 Froess, Dante		King's Chris		24.02m
18.88m 22.03m 24.02m				
3 Krabbendam, Alex		King's Chris		22.93m
22.93m X 20.42m				
4 Bischoff, Morgan		North Shuswa	26.00m	21.26m
X X 21.26m				
5 Eldon, Alex		Shuswap Middle		19.31m
14.58m 19.31m 19.18m				
6 Rorstad, Sam		Revelstoke S		17.61m
17.02m 17.61m X				
7 Higgins, Gauge		Revelstoke S		17.18m
17.18m 16.77m 16.10m				
8 Coleman, Tanner		Revelstoke S		15.56m
X X 15.56m				
-- Giesbrecht, Joel		Shuswap Middle		DNS

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**....Event 184 Men Javelin Throw 600 gram Gr 8**

-- Visco, Parker Shuswap Middle DNS

**Event 185 Women Javelin Throw 500 gram Junior**

Name	Year	School	Seed	Finals
1 Lansdowne, Devan		Salmon Arm S		21.85m
12.37m 19.05m 21.85m				
2 Richoux, Jasmin		Pleasant Valley		19.59m
19.59m 18.72m X				
3 Cochrane, Reece		Revelstoke S		19.01m
17.45m 19.01m X				
4 Howe, Kasey		Revelstoke S		17.25m
17.25m 17.13m 15.73m				
5 Morrow, Lia		Revelstoke S		15.06m
15.06m 14.37m 13.76m				
6 Komishin, Dakota		Clarence Ful		12.18m
X 12.18m X				
7 Lasota, Ava		Salmon Arm S		10.60m
10.48m 9.04m 10.60m				
-- Quigley, Essence		Salmon Arm S		DNS

**Event 186 Men Javelin Throw 700 gram Junior**

Name	Year	School	Seed	Finals
1 Zacharias, Kaelan		A L Fortune		35.25m
35.16m 35.25m				
2 Kenyon, Noah		Revelstoke S		31.47m
X 31.47m 30.93m				
3 Erwin, Daniel		Revelstoke S		28.92m
X 28.92m 26.47m				
4 Chapman, Jack		King's Chris	24.55m	27.68m
27.26m 27.68m 27.02m				
5 Roodzant, Benjamin		King's Chris		24.56m
24.56m X 21.01m				
6 Furlong, Thomas		A L Fortune		23.86m
22.78m 23.86m X				
7 Hodson, Daniel		King's Chris	25.56m	23.57m
X X 23.57m				
8 Huang, Eric		Revelstoke S		22.55m
X X 22.55m				
9 Bourgh, Kris		Pleasant Valley		20.95m
- 20.95m 20.21m				
10 Segura, Christian		Vernon Christian		14.44m
- 14.44m X				
-- Wall, Jon		A L Fortune		DNS

**Event 187 Women Javelin Throw 600 gram Senior**

Name	Year	School	Seed	Finals
1 Smith, Brynne		Salmon Arm S		25.42m
25.42m - -				

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**....Event 187 Women Javelin Throw 600 gram Senior**

2 Slager, Olive	Revelstoke S	23.48m
20.83m 19.50m 23.48m		
3 Manson, Mya	Revelstoke S	15.41m
X X 15.41m		
4 Chapman, Olivia	King's Chris	14.16m
14.16m - 8.62m		

**Event 188 Men Javelin Throw 800 gram Senior**

Name	Year School	Seed	Finals
1 North, Matthew	King's Chris		43.40m
43.40m 38.41m 37.78m			
2 Starling, Micah	Revelstoke S		43.18m
43.18m 41.37m 38.38m			
3 Richmond, Mikah	King's Chris	40.63m	39.19m
X X 39.19m			
4 Beck, Kaiden	Salmon Arm S		29.62m
29.62m 25.01m 24.45m			
5 Hansma, Nathan	King's Chris		29.41m
29.41m 27.15m X			
6 Thibeault, Matthew	Revelstoke S		24.57m
24.57m X X			
-- Barry, Zack	Vernon Christian		DNS

**Event 196 Boys Hammer Throw 5 kg Junior**

Name	Year School	Seed	Finals
1 Arnold, Aiden	Revelstoke S		24.07m
X 23.28m X X 19.52m 24.07m			
2 Stockman, Fisher	Revelstoke S		21.28m
21.28m X X - - -			
3 Erwin, Daniel	Revelstoke S		12.51m
X 12.51m - - - -			

**Event 197 Women Hammer Throw 4 kg Senior**

Name	Year School	Seed	Finals
1 Jansen, Shiloh	King's Chris	21.79m	22.36m
19.80m X X 19.98m 22.36m -			
2 Slager, Olive	Revelstoke S		15.44m
X X 15.26m 15.44m X -			

**Event 198 Men Hammer Throw 6 kg Senior**

Name	Year School	Seed	Finals
1 Thibeault, Matthew	Revelstoke S		15.37m
15.32m 15.37m 14.70m - - -			

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**Event 208 Men Pole Vault Senior**

Name	Year	School	Seed	Finals
1 Schroeder, Silas		King's Chris	2.50m	2.60m
	2.00 2.10 2.30 2.50 2.60 2.70			
	XO XO XO XO XXO XXX			
2 Richmond, Mikah		King's Chris	2.40m	2.30m
	1.80 1.90 2.10 2.30 2.40			
	XXO O O XO XXX			