

2023 North and West Zone Championships

Hillside Stadium, Kamloops, BC

Results

Event 1 Women 100 Meter Dash Gr 8

Name	Yr	School	Finals	
Finals				
1		Nerling, Lyriq	Vernon Secon	13.33 2.4
2		Fitzpatrick, Caelyn	Vernon Secon	13.43 1.4
3		Routley, Charlotte	Vernon Secon	13.71 1.4
4		Bates, Alexis	Merritt Seco	13.90 1.4
5		Rands, Jessica	A L Fortune	13.93 2.4
6	8	Liburd, Rya	South Kamloo	14.22 1.5
7		Bredick, Vienne	Shuswap Midd	14.32 1.5
8		McGrath, Kiera	Valleyview S	14.47 1.4
9		O'Brien, Charlie	Shuswap Midd	14.66 2.4
10		Fennell, Olivia	South Kamloo	14.68 1.4
11		Liman, Sophia	Vernon Chris	14.75 1.5
12		Hawkins, Izzy	Valleyview S	14.88 1.5
13		Schmidt, Taylor	Revelstoke S	15.07 1.5
14		Wallace, Paisley	Vernon Chris	15.07 1.4
15		Crossman, Lauren	Shuswap Midd	15.39 2.4
16		Armbrust, Livia	Vernon Chris	15.68 1.5
17		Puffalt, Madison	Clarence Ful	15.93 2.4
18		Cantafio, Zoe	Clarence Ful	16.29 2.4
19		Ruten, Ava	Carlin Middl	16.87 1.4
20		Thomlinson, Brienne	Carlin Middl	18.76 1.4
---		Birmingham, Emilee	Eagle River	SCR 1.5
---		Parrilla, Lilah	Valleyview S	SCR 2.4
---		Telford, Charlie	A L Fortune	SCR 1.5

Event 2 Men 100 Meter Dash Gr 8

Name	Yr	School	Finals	
Finals				
1		Spooner, Carver	North Shuswa	12.86 2.0
2		Sabiri, Ilyass	Secondaire d	13.39 2.3
3		Ignacio, Ram	Carlin Middl	13.97 2.3
4		Capada, Simon	Eagle River	13.97 NWI
5		Dicker, Kynan	Ranchero Ele	13.98 2.0
6		Warren, Austin	Eagle River	14.22 NWI
7		Dykman, Jaxon	A L Fortune	14.32 2.0
8		Armstrong, Dimitri	South Kamloo	14.46 2.0
9		Kaarvik, Rylan	Westsyde Sec	14.47 2.3
10		Baum, Jaide	Ranchero Ele	14.47 2.3
11		Henderson Dumont, Ashton	Merritt Seco	14.72 2.0
12		Rossouw, Francois	Westsyde Sec	14.74 2.0
13		Gardiner, Hudson	Revelstoke S	14.95 NWI
14		Amor, Zeinedine	Valleyview S	15.58 2.0
15		Sayer, Daman	Vernon Chris	2:50.89 2.3
16		Gerow, River	Shuswap Midd	2:51.19 2.3
17		Lafortune, Colten	Shuswap Midd	2:51.50 2.3
18		Nicholls, Evan	A L Fortune	2:51.68 2.3
19		Mandel, Connor	Revelstoke S	2:52.18 2.3
20		Khelouiati, Tarik	South Kamloo	2:52.71 2.3
21		Lefebvre, Charle-Éric	Secondaire d	2:53.36 2.3
---		Froess, Dante	King's Chris	DQ 2.3
---		Friberg, Rowan	Heritage Chr	SCR 2.3
---		Twiss, Gauge	Carlin Middl	SCR 2.0

Event 3 Women 100 Meter Dash Junior

Name	Yr	School	Finals	
Finals				
1		Braun, Emma	King's Chris	13.17 1.7
2		Widmer, Ilaria	Revelstoke S	13.51 1.5
3		Melvin, Anna	Pleasant Val	13.61 1.6
4		Chala, Raina	Sa-Hali Seco	13.63 1.6
5		Evans, Bethany	Westsyde Sec	13.64 1.7
6		Fazan, Addie	Salmon Arm S	13.86 1.5
7		Koebel, Gabi	Vernon Chris	14.18 1.6
8		Campbell, Kahlea	Salmon Arm S	14.18 1.5
9		Steeves, Berlyn	Valleyview S	14.18 1.7
10		Meerza, Jayda	Salmon Arm S	14.21 1.6
11		Wagner, Ava	Pleasant Val	14.39 1.5
12		Grabinsky, Rachel	Revelstoke S	14.43 1.6
13		Cochrane, Avery	Revelstoke S	14.51 1.5
14		Planden, Paige	Valleyview S	14.72 1.7
15		Evans, Alicia	Westsyde Sec	14.74 1.7
16		Mohamd, Salma	Sa-Hali Seco	14.98 1.7
17		Chemago, Isabel	Merritt Seco	15.24 1.7
18		Bruno, Marissa	Westsyde Sec	15.58 1.7
19		Guichon, Ronnie	Merritt Seco	15.93 1.5
20		Koch, Isabelle	A L Fortune	16.00 1.6
21		Sharpe, Paeton	Charles Bloo	18.55 1.6
---		Miller, Elyse	Pleasant Val	SCR 1.5

Event 4 Men 100 Meter Dash Junior

Name	Yr	School	Finals	
Finals				
1		Bicknell, Anderson	Vernon Secon	11.87 2.0
2		Lee, Jonah	Vernon Secon	11.97 2.0
3		McDonald, Ayden	Vernon Secon	12.03 2.0
4		Simpso, Jacob	A L Fortune	12.13 1.4
5		Zacharias, Kaelan	A L Fortune	12.23 1.4
6		Quinton, Tyler	Valleyview S	12.33 2.0
7		Yu, Ansley	Revelstoke S	12.49 1.4
8		Jurgens, Marcus	Salmon Arm S	12.80 0.8
9		McQuarrie, Tucker	Revelstoke S	12.95 1.4
10		Portras, Phoenix	Revelstoke S	12.97 0.8
11		Kaarvik, Landon	Westsyde Sec	12.97 2.0
12		Leyenhorst, Jacob	Vernon Chris	13.01 0.8
13		Loewen, Kayden	A L Fortune	13.02 0.8
14		Bonthuys, Ben	Salmon Arm S	13.13 0.8
15		Skotnicki, Daniel	Merritt Seco	13.16 2.0
16		Le May, Connor	Charles Bloo	13.46 1.4
17		Bourgh, Kris	Pleasant Val	13.69 0.8
18		Paton, Brody	Salmon Arm S	14.38 0.8
19		Etchart, Miguel	Merritt Seco	15.12 1.4
20		Stalckeringras, Lewis	Pleasant Val	15.52 1.4
---		Hodson, Daniel	King's Chris	SCR 2.0
---		Chapman, Jack	King's Chris	SCR 2.0
---		Friberg, Bryden	Heritage Chr	DNS 0.8
---		Colwell, Paul	Merritt Seco	DNS 1.4

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Event 5 Women 100 Meter Dash Senior

Name	Yr	School	Finals	
Finals				
1		Stevenson, Emily	King's Chris	13.27 0.4
2		Toering, Kt	Westsyde Sec	13.37 0.4
3		Nicholls, Michaela	Merritt Seco	13.57 -0.5
4		Zirnhilt, Ava	Westsyde Sec	13.67 0.4
5		Hamilton-Jackson, Makenna	WL Seaton	13.86 -0.5
6		Goldberg, Eva	Salmon Arm S	14.47 -0.5
7		Vermeer, Nyla	King's Chris	14.89 0.4
8		Chapman, Olivia	King's Chris	15.31 0.4
9		Jensen, Trinity	Westsyde Sec	15.41 0.4
10		Foster, Olivia	A L Fortune	15.58 0.4
---		Kleinau, Felin	11 Revelstoke S	SCR -0.5
---		Taylor Bellamy, Zoey	Merritt Seco	SCR 0.4

Event 6 Men 100 Meter Dash Senior

Name	Yr	School	Finals	
Finals				
1		Tishenko, Ben	Vernon Chris	11.89 2.1
2		Redelinghuys, Hendri	Vernon Chris	12.02 1.1
3		Murphy, Joe	Vernon Secon	12.14 2.1
4		Owens, Jack	Salmon Arm S	12.41 1.1
5		Norlin, Jute	Salmon Arm S	12.48 2.1
6		North, Matthew	King's Chris	12.64 2.1
7		Archer, Evan	Salmon Arm S	12.81 1.1
8		Hove, Cisko	Vernon Secon	13.17 2.1
9		Clancy, Aidan	A L Fortune	13.19 1.1
10		Johnston, Liam	A L Fortune	14.05 2.1
---		Defauw, Leon	Clarence Ful	SCR 2.1
---		Kuhnkhun, Braden	Vernon Secon	SCR 1.1
---		Tondl, Marcus	Revelstoke S	SCR 2.1

Event 11 Women 200 Meter Dash Gr 8

Name	Yr	School	Finals	
Finals				
1		Nerling, Lyriq	Vernon Secon	27.86 1.0
2		Woods, Amy	Westsyde Sec	28.18 0.1
3		McGrath, Kiera	Valleyview S	29.06 0.1
4		Rands, Jessica	A L Fortune	29.15 0.6
5		Bates, Alexis	Merritt Seco	29.45 0.1
6		Maurice, Shale	Saint Ann's	29.52 0.1
7		Fennell, Olivia	South Kamloo	30.24 0.6
8		Birmingham, Emilee	Eagle River	31.35 0.6
9	8	Liburd, Rya	South Kamloo	31.52 1.0
10		Brodersen, Bailey	Valleyview S	33.01 1.0
11		Puffalt, Madison	Clarence Ful	33.16 0.1
12		Cantafo, Zoe	Clarence Ful	34.18 1.0
13		Pham, Julianna	A L Fortune	34.19 0.6
14		Green, Gemma	Shuswap Midd	35.07 0.1
---		Routley, Charlotte	Vernon Secon	SCR 0.1
---		Parrilla, Lilah	Valleyview S	SCR 0.6
---		Gerlib, Maia	Len Wood Mid	DNS 0.6

Event 12 Men 200 Meter Dash Gr 8

Name	Yr	School	Finals	
Finals				
1		Spooner, Carver	North Shuswa	26.87 2.7
2		Ignacio, Ram	Carlin Middl	27.60 1.7
3		Lafortune, Colten	Shuswap Midd	27.73 2.7
4		Gerow, River	Shuswap Midd	27.87 1.7
5		Armstrong, Dimitri	South Kamloo	28.03 2.7
6		McGrath, Aidan	Valleyview S	28.05 2.7
7		Nicholls, Evan	A L Fortune	28.64 1.7
8		Mandel, Connor	Revelstoke S	28.69 1.7
9		Widmer, Timo	Revelstoke S	28.77 2.7
10		Giesbrecht, Joel	Shuswap Midd	29.15 2.7
11		Dykman, Jaxon	A L Fortune	29.54 1.7
12		Rossouw, Francois	Westsyde Sec	30.93 1.7
13		Amor, Zeinedine	Valleyview S	31.93 1.7
---		Maloney, Levi	Revelstoke S	SCR 1.7
---		Twiss, Gauge	Carlin Middl	DNS 2.7

Event 13 Women 200 Meter Dash Junior

Name	Yr	School	Finals	
Finals				
1		Widmer, Ilaria	Revelstoke S	27.99 2.7
2		Evans, Bethany	Westsyde Sec	28.15 1.7
3		Armstrong, Gabrielle	South Kamloo	28.62 1.7
4		Fazan, Addie	Salmon Arm S	28.95 2.7
5		Isaac, Ila	Pleasant Val	29.37 2.2
6		Koebel, Gabi	Vernon Chris	29.51 2.7
7		Connolly, Claire	Westsyde Sec	29.68 1.7
8		Wagner, Ava	Pleasant Val	30.00 2.7
9		Steeves, Berlyn	Valleyview S	30.25 1.7
10		Planden, Paige	Valleyview S	31.16 1.7
11		Mohamd, Salma	Sa-Hali Seco	31.49 1.7
12		Bruno, Marissa	Westsyde Sec	32.01 1.7
13		Chemago, Isabel	Merritt Seco	32.26 1.7
14		Koch, Isabelle	A L Fortune	33.11 2.2
15		Schwarz, Kaiyah	Salmon Arm S	34.46 2.7
16		Richoux, Jasmin	Pleasant Val	37.25 2.7
17		Marchand, Aubrie	Clarence Ful	37.37 2.2

Event 14 Men 200 Meter Dash Junior

Name	Yr	School	Finals	
Finals				
1		Bicknell, Anderson	Vernon Secon	24.20 1.5
2		McDonald, Ayden	Vernon Secon	24.45 1.5
3		Quinton, Tyler	Valleyview S	25.44 1.2
4		Biggar, Zane	Valleyview S	25.70 1.5
5		Therrien, Coby	Vernon Secon	26.09 1.5
6		Nava, Aleutian	Revelstoke S	26.23 0.1
7		Liman, Ben	Vernon Chris	26.38 1.2
8		Acton, A.J.	Revelstoke S	26.64 1.2
9		McQuarrie, Tucker	Revelstoke S	26.77 1.2
10		Bonthuys, Ben	Salmon Arm S	26.95 1.5
11		Trembley, Jensen	South Kamloo	27.05 0.1
12		Ling-Allen, Marquel	WL Seaton	27.17 1.5

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Finals ... (Event 14 Men 200 Meter Dash Junior)

Name	Yr	School	Finals
13 Leyenhorst, Jacob		Vernon Chris	27.21 0.1
14 Bourgh, Kris		Pleasant Val	27.33 0.1
15 Skotnicki, Daniel		Merritt Seco	27.67 1.5
16 Bell, Kaelan		Salmon Arm S	28.27 0.1
17 Colwell, Paul		Merritt Seco	28.62 1.2
18 Janek, George		Charles Bloo	29.01 1.2
19 Golz, Landon		A L Fortune	31.03 1.2
20 Saner, Declan		A L Fortune	31.23 0.1
21 Stalckergras, Lewis		Pleasant Val	32.40 1.5

Event 15 Women 200 Meter Dash Senior

Name	Yr	School	Finals
Finals			
1 Stevenson, Emily		King's Chris	26.73 2.1
2 Nicholls, Michaela		Merritt Seco	27.68 2.1
3 Toering, Kt		Westsyde Sec	28.10 2.1
4 Cameron, Fia		Revelstoke S	28.41 2.1
5 Zirnhilt, Ava		Westsyde Sec	28.54 2.1
6 Hamilton-Jackson, Makenna		WL Seaton	29.65 1.1
7 Geis, Asja		Revelstoke S	31.90 1.1
8 Foster, Olivia		A L Fortune	32.88 2.1
9 Russell, Lily		Merritt Seco	33.83 2.1
10 Taylor Bellamy, Zoey		Merritt Seco	41.63 1.1

Event 16 Men 200 Meter Dash Senior

Name	Yr	School	Finals
Finals			
1 Maryniuk, Jack		Salmon Arm S	23.44 1.4
2 Tishenko, Ben		Vernon Chris	24.37 1.4
3 Norlin, Jute		Salmon Arm S	25.49 1.4
4 Archer, Evan		Salmon Arm S	26.33 1.4
5 Defauw, Leon		Clarence Ful	26.84 1.4
--- Tondl, Marcus		Revelstoke S	SCR 1.4
--- Greenan, Liam		Vernon Secon	SCR 1.4
--- Redelinghuys, Hendri		Vernon Chris	SCR

Event 21 Women 400 Meter Dash Gr 8

Name	Yr	School	Finals
Finals			
1 Bicknell, Chloe		Vernon Secon	66.66
2 McGrath, Kiera		Valleyview S	69.30
3 Seward, Jet		Ranchero Ele	71.86
4 Maybee, Olivia		Shuswap Midd	74.72
5 Brodersen, Bailey		Valleyview S	1:20.14
6 Macvicar, Zoey		Merritt Seco	1:20.88
7 Crossman, Lauren		Shuswap Midd	1:26.95
8 Pham, Julianna		A L Fortune	1:26.95
9 Telford, Charlie		A L Fortune	1:27.17
--- Maurice, Shale		Saint Ann's	SCR
--- Bollans, Stella		Shuswap Midd	SCR

Event 22 Men 400 Meter Dash Gr 8

Name	Yr	School	Finals
Finals			
1 Orchards, Ian		Shuswap Midd	63.86
2 McLeod, Kieran		Len Wood Mid	64.29
3 Cormier, Shaden		A L Fortune	67.16
4 McGrath, Aidan		Valleyview S	67.25
5 Aylard, David		A L Fortune	72.91
--- Visco, Parker		Shuswap Midd	SCR
--- Gardiner, Hudson		Revelstoke S	SCR
--- Maloney, Levi		Revelstoke S	SCR

Event 23 Women 400 Meter Dash Junior

Name	Yr	School	Finals
Finals			
1 Matonovich, Raiya		Sa-Hali Seco	57.89
2 King, Lucy		Salmon Arm S	66.06
3 Koebel, Gabi		Vernon Chris	69.31
4 Beaumont, Andrea		Vernon Chris	70.66
5 Isaac, Ila		Pleasant Val	70.98
6 Wagner, Ava		Pleasant Val	71.24
7 Evans, Alicia		Westsyde Sec	71.71
8 Frazer, Annah		King's Chris	73.76
9 Koch, Isabelle		A L Fortune	76.51
10 Menzies, Isabelle		Salmon Arm S	78.92
11 Barna, Faryal		Revelstoke S	1:20.48
--- Luszcz, Hailey		Westsyde Sec	DNF

Event 24 Men 400 Meter Dash Junior

Name	Yr	School	Finals
Finals			
1 Loewen, Kayden		A L Fortune	58.63
2 Awad, Diego		Revelstoke S	59.61
3 Therrien, Coby		Vernon Secon	59.67
4 Budgeon, Cole		Vernon Secon	61.20
5 Smith, Kian		Salmon Arm S	61.40
6 Liman, Ben		Vernon Chris	63.95
7 Rossouw, Werner		Westsyde Sec	64.04
8 Dodds, Liam		Revelstoke S	65.70
9 Curtis, Jeff		Vernon Secon	67.34
10 Leyenhorst, Jacob		Vernon Chris	69.92
--- Cameron, Rylan		Revelstoke S	SCR
--- Golz, Landon		A L Fortune	SCR

Event 25 Women 400 Meter Dash Senior

Name	Yr	School	Finals
Finals			
1 Nicholls, Michaela		Merritt Seco	63.78
2 Cameron, Fia		Revelstoke S	64.82
3 Pighin, Isabella		Clarence Ful	66.68
4 Zuidhof, Tianna		King's Chris	67.05
5 Roodzant, Rebecca		King's Chris	68.25
6 Zirnhilt, Ava		Westsyde Sec	68.46
7 Manson, Mya		Revelstoke S	74.93
8 Cross, Grace		Salmon Arm S	75.54

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Finals ... (Event 25 Women 400 Meter Dash Senior)

Name	Yr	School	Finals
9 Geis, Asja		Revelstoke S	78.41
10 Foster, Olivia		A L Fortune	1:26.28
--- Hamilton-Jackson, Makenna		WL Seaton	SCR
--- Russell, Lily		Merritt Seco	SCR

Event 26 Men 400 Meter Dash Senior

Name	Yr	School	Finals
Finals			
1 Redelinghuys, Hendri		Vernon Chris	55.05
2 Maryniuk, Jack		Salmon Arm S	55.11
3 Oliver, Ryder		Salmon Arm S	62.41
4 Johnston, Liam		A L Fortune	67.89
5 Nicol, Triston		Revelstoke S	70.97
--- Greenan, Liam		Vernon Secon	SCR
--- Spark, Hayden		Christian Ho	SCR
--- Tondl, Marcus		Revelstoke S	SCR

Event 31 Women 800 Meter Run Gr 8

Name	Yr	School	Finals
Finals			
1 Bicknell, Chloe		Vernon Secon	2:35.64
2 Raath, Lienke		Kamloops Chr	2:41.10
3 Maybee, Olivia		Shuswap Midd	2:52.31
4 Seward, Jet		Ranchero Ele	2:52.67
5 Smith, Ember		Revelstoke S	2:55.54
6 McLean, Rosie		WL Seaton	2:57.42
7 Brown, Etoile		Shuswap Midd	2:58.93
8 Armbrust, Livia		Vernon Chris	3:02.02
9 Bollans, Stella		Shuswap Midd	3:12.83
--- Luszcz, Hailey		Westsyde Sec	SCR

Event 32 Men 800 Meter Run Gr 8

Name	Yr	School	Finals
Finals			
1 Orchards, Ian		Shuswap Midd	2:26.62
2 Cooper, Makai		Kamloops Chr	2:31.09
3 Kaarvik, Rylan		Westsyde Sec	2:32.33
4 Terleski, Rylan		WL Seaton	2:40.05
5 Roberts, Jared		Secondaire d	2:42.65
6 Machpherson, Ben		Revelstoke S	2:45.15
7 Aylard, David		A L Fortune	2:49.94
8 Muddiman, Samuel		Ranchero Ele	2:51.00
9 Menzies, Mcguire		Shuswap Midd	2:57.12
10 Giles, Makai		Secondaire d	3:15.34
--- Keerak, Ivo		Revelstoke S	SCR
--- Visco, Parker		Shuswap Midd	SCR
--- Macpherson, Ben		Revelstoke S	SCR

Event 33 Women 800 Meter Run Junior

Name	Yr	School	Finals
Finals			
1 Matonovich, Raiya		Sa-Hali Seco	2:12.59
2 Royle, Maya		Revelstoke S	2:31.18
3 Litt, Meena		Westsyde Sec	2:39.68

4 Berkenbosch, Lutza		Revelstoke S	2:41.18
5 King, Lucy		Salmon Arm S	2:41.46
6 Beaumont, Andrea		Vernon Chris	2:53.60
7 Itterman, Victoria		Eagle River	3:06.54
8 Barna, Faryal		Revelstoke S	3:14.74
9 Planden, Paige		Valleyview S	3:35.05

Event 34 Men 800 Meter Run Junior

Name	Yr	School	Finals
Finals			
1 Reid, Liam		Kalamalka Se	2:18.82
2 Mitchell, Luke		WL Seaton	2:20.23
3 Arora, Mavi		WL Seaton	2:22.86
4 Kaarvik, Landon		Westsyde Sec	2:23.52
5 Smith, Kian		Salmon Arm S	2:27.42
6 Pozuelo, Lucas		Valleyview S	2:29.42
7 Rossouw, Werner		Westsyde Sec	2:30.63
8 Canabe, Aidan		WL Seaton	2:36.07
9 Amyot, Felix		Revelstoke S	2:45.45
10 Tomm, Rory		Revelstoke S	2:48.47
11 Watts, Spencer		A L Fortune	3:25.08
--- Thompson, Braeden		A L Fortune	SCR
--- Cameron, Rylan		Revelstoke S	DNS

Event 35 Women 800 Meter Run Senior

Name	Yr	School	Finals
Finals			
1 Renwick, Danica		Sa-Hali Seco	2:36.00
2 Pighin, Isabella		Clarence Ful	2:38.78
3 Steele, Camryn		Vernon Secon	2:43.80
4 D'Amore, Sophia		Sa-Hali Seco	2:54.50

Event 36 Men 800 Meter Run Senior

Name	Yr	School	Finals
Finals			
1 Lehmann, Bryce		Sa-Hali Seco	2:11.64
2 Humphrey, Andrew		Sa-Hali Seco	2:15.58
3 Bakker, Simon		Salmon Arm S	2:18.70
4 Orchard, Callum		Salmon Arm S	2:20.23
5 Nicol, Triston		Revelstoke S	2:23.36
6 Frost, Blake		WL Seaton	2:24.69
7 Luth, Darin		King's Chris	2:25.54
8 Chiogna, Jacopo		South Kamloo	2:25.82
--- Oliver, Ryder		Salmon Arm S	SCR

Event 41 Women 1500 Meter Run Gr 8

Name	Yr	School	Finals
Finals			
1 Bird, Eula		WL Seaton	5:26.23
2 Raath, Lienke		Kamloops Chr	5:30.59
3 Seward, Jet		Ranchero Ele	5:36.22
4 Cooper, Clara		Carlin Middl	5:52.73
5 Brown, Etoile		Shuswap Midd	5:58.16
6 Smith, Ember		Revelstoke S	5:58.67
7 Bollans, Stella		Shuswap Midd	6:26.07
8 Macvicar, Zoey		Merritt Seco	6:30.79

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Finals ... (Event 41 Women 1500 Meter Run Gr 8)

Name	Yr	School	Finals
9 Telford, Charlie		A L Fortune	6:35.38
--- Robinson, Rayne		Carlin Middl	SCR

Event 42 Men 1500 Meter Run Gr 8

Name	Yr	School	Finals
Finals			
1 Dicker, Kynan		Ranchero Ele	5:25.31
2 Terleski, Rylan		WL Seaton	5:29.15
3 Machpherson, Ben		Revelstoke S	5:33.49
4 Menzies, Mcguire		Shuswap Midd	5:33.63
5 McLeod, Kieran		Len Wood Mid	5:34.16
6 Cormier, Shaden		A L Fortune	6:05.59
7 Benge, Quinton		Len Wood Mid	6:21.92
--- Keerak, Ivo		Revelstoke S	SCR
--- Macpherson, Ben		Revelstoke S	SCR

Event 43 Women 1500 Meter Run Junior

Name	Yr	School	Finals
Finals			
1 Wallace, Feron		South Kamloo	4:54.35
2 Royle, Maya		Revelstoke S	5:09.00
3 Berkenbosch, Lutza		Revelstoke S	5:39.29
--- Pighin, Kiara		Clarence Ful	SCR

Event 44 Men 1500 Meter Run Junior

Name	Yr	School	Finals
Finals			
1 Heidt, Simon		WL Seaton	4:45.44
2 Reid, Liam		Kalamalka Se	4:46.01
3 Peregrym, Ethan		Sa-Hali Seco	4:46.73
4 Westley, Eric		WL Seaton	4:52.84
5 Amyot, Felix		Revelstoke S	5:34.87
6 Pozuelo, Lucas		Valleyview S	5:37.18
7 Tomm, Rory		Revelstoke S	5:37.49
8 Matthies, Alexander		WL Seaton	5:47.83
9 Thompson, Braeden		A L Fortune	6:28.23
--- Smith, Kian		Salmon Arm S	SCR

Event 45 Women 1500 Meter Run Senior

Name	Yr	School	Finals
Finals			
1 Renwick, Danica		Sa-Hali Seco	5:14.24
2 Parilak, Mishka		WL Seaton	5:30.49
3 Muddiman, Emma		Salmon Arm S	6:06.47
4 Flett, Annika		A L Fortune	6:08.10
5 Parker, Taylor		Salmon Arm S	6:12.35

Event 46 Men 1500 Meter Run Senior

Name	Yr	School	Finals
Finals			
1 Lehmann, Bryce		Sa-Hali Seco	4:32.30
2 Humphrey, Andrew		Sa-Hali Seco	4:37.27
3 Orchard, Callum		Salmon Arm S	4:51.64
4 Wallace, Xavier		South Kamloo	4:54.74
5 Chiogna, Jacopo		South Kamloo	5:02.41

6 Frost, Blake		WL Seaton	5:05.93
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Event 48 Women 3000 Meter Run Gr 8

Name	Yr	School	Finals
Finals			
1 Bird, Eula		WL Seaton	11:42.15
2 Raath, Lienke		Kamloops Chr	12:49.33

Event 49 Men 3000 Meter Run Gr 8

Name	Yr	School	Finals
Finals			
1 Roberts, Jared		Secondaire d	11:35.92
2 Muddiman, Samuel		Ranchero Ele	12:30.77
3 Cormier, Shaden		A L Fortune	13:17.22
4 Benge, Quinton		Len Wood Mid	14:13.58

Event 50 Women 3000 Meter Run Junior

Name	Yr	School	Finals
Finals			
1 Wallace, Feron		South Kamloo	10:38.89
--- Royle, Maya		Revelstoke S	SCR
--- Pighin, Kiara		Clarence Ful	SCR
--- Beaumont, Andrea		Vernon Chris	SCR

Event 51 Men 3000 Meter Run Junior

Name	Yr	School	Finals
Finals			
1 Heidt, Simon		WL Seaton	9:56.73
2 Peregrym, Ethan		Sa-Hali Seco	9:59.40
3 Pozuelo, Lucas		Valleyview S	11:30.59
4 Watts, Spencer		A L Fortune	17:11.49

Event 52 Women 3000 Meter Run Senior

Name	Yr	School	Finals
Finals			
1 Renwick, Danica		Sa-Hali Seco	11:13.22
2 Pighin, Isabella		Clarence Ful	12:03.00
3 Brooks, Hazel		Salmon Arm S	12:45.17
4 Parker, Taylor		Salmon Arm S	13:34.45
5 Flett, Annika		A L Fortune	14:21.40

Event 53 Men 3000 Meter Run Senior

Name	Yr	School	Finals
Finals			
1 Calkins, Sam		Salmon Arm S	9:36.02
2 Humphrey, Andrew		Sa-Hali Seco	9:41.19
3 Ayotte, Frankie		Salmon Arm S	10:18.78
4 Wallace, Xavier		South Kamloo	10:27.03
5 Chiogna, Jacopo		South Kamloo	10:32.01
6 Zhu, Harry		Vernon Chris	11:08.19
7 Spark, Hayden		Christian Ho	11:19.53
8 Clancy, Aidan		A L Fortune	12:05.44

Event 58 Men 1500 Meter Race Walk Junior

Name	Yr	School	Finals
Finals			
1 Saner, Declan		A L Fortune	11:55.84

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Finals ... (Event 58 Men 1500 Meter Race Walk Junior)

Name	Yr	School	Finals
2 Golz, Landon		A L Fortune	12:43.24
3 Watts, Spencer		A L Fortune	12:45.01

Event 60 Men 1500 Meter Race Walk Senior

Name	Yr	School	Finals
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Finals

1 Chancellor, David		King's Chris	11:48.20
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Event 63 Women 80 Meter Hurdles 30" Gr 8

Name	Yr	School	Finals
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Finals

1 Liburd, Rya	8	South Kamloo	15.99 0.2
2 Kelly, Raiya		Vernon Secon	17.21 0.2
3 Jennings, Meija		Vernon Secon	17.25 0.2
--- Liman, Sophia		Vernon Chris	SCR 0.2

Event 64 Women 80 Meter Hurdles 30" Junior

Name	Yr	School	Finals
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Finals

1 Funk, Leah		Vernon Chris	13.06 -1.1
2 Armstrong, Gabrielle		South Kamloo	13.40 -1.1
3 Woods, Emily		Westsyde Sec	13.48 -1.1
4 Cochrane, Avery		Revelstoke S	15.00 -1.1
5 Grabinsky, Rachel		Revelstoke S	15.03 -1.1
6 Campbell, Kahlea		Salmon Arm S	17.16 -1.1
7 Grootendorst, Bobbi		King's Chris	17.28 -1.1

Event 68 Men 100 Meter Hurdles 33" Gr 8

Name	Yr	School	Finals
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Finals

1 Khelouiati, Tarik		South Kamloo	19.61 1.4
2 Zuidhof, Eli		Vernon Chris	23.55 1.4

Event 69 Men 100 Meter Hurdles 36" Junior

Name	Yr	School	Finals
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Finals

1 Curtis, Jeff		Vernon Secon	22.62 0.9
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Event 70 Women 100 Meter Hurdles 33" Senior

Name	Yr	School	Finals
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Finals

1 Stevenson, Emily		King's Chris	16.51 0.6
2 D'Amore, Sophia		Sa-Hali Seco	17.33 0.6
3 Kleinau, Felin	11	Revelstoke S	18.29 0.6
4 Vermeer, Nyla		King's Chris	18.47 0.6
5 Zuidhof, Tianna		King's Chris	19.42 0.6

Event 71 Men 110 Meter Hurdles 36" Senior
36" x 10 (13.72-9.14-14.02)

Name	Yr	School	Finals
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Finals

1 Unger, Aaron		King's Chris	19.27 1.7
2 Hansma, Nathan		King's Chris	20.74 1.7
3 Chancellor, David		King's Chris	21.19 1.7

Event 75 Women 200 Meter Hurdles 30" x 5 Gr 8
30" x 5 (20-35-40)

Name	Yr	School	Finals
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Finals

1 Kelly, Raiya		Vernon Secon	35.56 NWI
2 Jennings, Meija		Vernon Secon	37.63 NWI

Event 76 Men 200 Meter Hurdles 30" x 5 Gr 8
30" x 5 (20-35-40)

Name	Yr	School	Finals
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Finals

1 McGrath, Aidan		Valleyview S	32.22 1.1
2 Macpherson, Ben		Revelstoke S	33.05 1.1
--- Maloney, Levi		Revelstoke S	SCR 1.1
--- Macpherson, Ben		Revelstoke S	SCR

Event 77 Women 300 Meter Hurdles 30" x 7 Junior
30" x 7 (50-35-40)

Name	Yr	School	Finals
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Finals

1 Funk, Leah		Vernon Chris	49.49
2 Giesbrecht, Ellie		Salmon Arm S	59.84

Event 78 Men 300 Meter Hurdles 33" x 7 Junior

Name	Yr	School	Finals
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Finals

1 Bicknell, Anderson		Vernon Secon	44.66
2 Awad, Diego		Revelstoke S	46.43
3 Biggar, Zane		Valleyview S	48.66
4 Nava, Aleutian		Revelstoke S	51.03
5 Budgeon, Cole		Vernon Secon	51.27
6 Curtis, Jeff		Vernon Secon	59.17
7 Hodson, Daniel		King's Chris	64.04
--- Portras, Phoenix		Revelstoke S	SCR

Event 82 Women 400 Meter Hurdles 30" x 10 Senior
30" x 10 (45-35-40)

Name	Yr	School	Finals
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Finals

1 Cameron, Fia		Revelstoke S	72.02
2 Zuidhof, Tianna		King's Chris	73.28
3 Roodzant, Rebecca		King's Chris	73.90
4 Kleinau, Felin	11	Revelstoke S	74.28
5 Steele, Camryn		Vernon Secon	75.61
6 Muddiman, Emma		Salmon Arm S	1:22.44
7 Chapman, Olivia		King's Chris	1:24.88
--- Geis, Asja		Revelstoke S	SCR

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Finals ... (Event 82 Women 400 Meter Hurdles 30" x 10 Senior)

Name	Yr	School	Finals
---		Brooks, Hazel	Salmon Arm S SCR

**Event 83 Men 400 Meter Hurdles 36" x 10 Senior
36" x 10 (45-35-40)**

Name	Yr	School	Finals
Finals			
1		Unger, Aaron	King's Chris 65.91
2		Chancellor, David	King's Chris 77.44

Event 93 Women 1500 Meter Steeplechase 30" Junior

Name	Yr	School	Finals
Finals			
1		Wallace, Feron	South Kamloo 5:24.62
2		Beaumont, Andrea	Vernon Chris 6:49.57
3		Giesbrecht, Ellie	Salmon Arm S 7:16.68

Event 94 Women 1500 Meter Steeplechase 30" Senior

Name	Yr	School	Finals
Finals			
1		Roodzant, Rebecca	King's Chris 6:27.56
2		Muddiman, Emma	Salmon Arm S 6:40.21
3		Brooks, Hazel	Salmon Arm S 6:46.57
4		Parker, Taylor	Salmon Arm S 7:08.29
---		Flett, Annika	A L Fortune SCR

Event 98 Boys 1500 Meter Steeplechase 30" Junior

Name	Yr	School	Finals
Finals			
1		Roodzant, Benjamin	King's Chris 5:58.36
2		Erwin, Daniel	Revelstoke S 6:19.87
3		Amyot, Felix	Revelstoke S 6:23.70
4		Canabe, Aidan	WL Seaton 6:33.19
5		Mathies, Alexander	WL Seaton 6:38.41
6		Tomm, Rory	Revelstoke S 6:48.96

Event 99 Men 2000 Meter Steeplechase 33" Senior

Name	Yr	School	Finals
Finals			
1		Calkins, Sam	Salmon Arm S 7:23.93
2		Ayotte, Frankie	Salmon Arm S 7:32.64
3		Unger, Aaron	King's Chris 7:46.35
4		Bakker, Simon	Salmon Arm S 8:00.95
---		Zhu, Harry	Vernon Chris SCR

Event 103 Women 4x100 Meter Relay Gr 8

Team	Relay	Finals
Finals		
1	Vernon Secon 1) Fitzpatrick, Caelyn 3) Nerling, Lyriq	A 54.06
2	Shuswap Middle 1) O'Brien, Charlie 3) Green, Gemma	A 59.80
	2) Bicknell, Chloe 4) Routley, Charlotte 2) Crossman, Lauren 4) Bredick, Vienne	

3	Valleyview Secondary 1) McGrath, Kiera 3) Brodersen, Bailey 5) Goddard, Myla	A 60.17
4	Carlin Middle 1) Kusisto, Kennedy 3) Thomlinson, Brianne	A 67.01
---	Vernon Christian 1) Ellis, Zion 3) Armbrust, Livia	A DQ
	2) Parrilla, Lilah 4) Hawkins, Izzy 2) Cooper, Clara 4) Ruten, Ava 2) Wallace, Paisley 4) Liman, Sophia	

Event 104 Men 4x100 Meter Relay Gr 8

Team	Relay	Finals
Finals		
1	Shuswap Middle 1) Orchard, Ian 3) Giesbrecht, Joel	A 54.71
2	A L Fortune 1) Dykman, Jaxon 3) Cormier, Shaden	A 56.62
3	Revelstoke S 1) Higgins, Gauge 3) Wider, Timo	A 56.68
4	Secondaire d 1) Roberts, Jared 3) Sabiri, Ilyass	A 63.90
---	Revelstoke S 1) Coleman, Tanner 3) Gardiner, Hudson	B SCR
	2) Gerow, River 4) Lafortune, Colten 2) Nicholls, Evan 4) Weiler, Riley 2) Mandel, Connor 4) Keerak, Ivo 2) Giles, Makai 4) Lefebvre, Charle-Éric 2) Rorstand, Samuel 4) Machpherson, Ben	

Event 105 Women 4x100 Meter Relay Junior

Team	Relay	Finals
Finals		
1	Revelstoke S 1) Grabinsky, Rachel 3) Cochrane, Avery	A 54.97
2	Pleasant Valley 1) Melvin, Anna 3) Isaac, Ila	A 56.16
3	Salmon Arm S 1) Campbell, Kahlea 3) King, Lucy 5) Giesbrecht, Ellie	A 56.60
4	Westsyde Secondary 1) Luszcz, Hailey 3) Litt, Meena 5) Connolly, Claire	A 59.55
5	Revelstoke S 1) Morrow, Lia 3) Cochrane, Reece	B 60.52
6	A L Fortune 1) Koch, Isabelle 3) Pham, Julianna	A 61.08
	2) Widmer, Ilaria 4) Berkenbosch, Lutza 2) Wagner, Ava 4) Richoux, Jasmin 2) Fazan, Addie 4) Menzies, Isabelle 2) Neufled, Kohana 4) Bruno, Marissa 2) Royle, Maya 4) Howe, Kasey 2) Rands, Jessica 4) Telford, Charlie	

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Event 106 Men 4x100 Meter Relay Junior

Team	Relay	Finals
Finals		
1 Salmon Arm S	A	47.79
1) Bonthuys, Ben	2) Jurgens, Marcus	
3) Paton, Brody	4) Bell, Kaelan	
2 Vernon Secon	A	52.96
1) Bicknell, Anderson	2) McDonald, Ayden	
3) Therrien, Coby	4) Lee, Jonah	
3 Revelstoke S	A	54.39
1) Awad, Diego	2) Tomm, Rory	
3) Arnold, Aiden	4) Amyot, Felix	
4 A L Fortune	A	56.34
1) Zacharias, Kaelan	2) Loewen, Kayden	
3) Saner, Declan	4) Simpo, Jacob	
5 King's Chris	A	56.85
1) Chapman, Jack	2) Roodzant, Benjamin	
3) Hodson, Daniel	4) Froess, Dante	
5) Krabbendam, Alex		
6 Revelstoke S	C	57.57
1) Acton, Aj	2) Cameron, Ryland	
3) Nava, Aleutian	4) Portras, Phoenix	
7 A L Fortune	B	58.89
1) Williams, Kage	2) Golz, Landon	
3) Watts, Spencer	4) Thompson, Braeden	

Event 107 Women 4x100 Meter Relay Senior

Team	Relay	Finals
Finals		
1 Westsyde Secondary	A	52.71
1) Toering, Kt	2) Zimhilt, Ava	
3) Evans, Bethany	4) Toering, Kk	
5) Evans, Alicia		
2 King's Chris	A	54.43
1) Stevenson, Emily	2) Zuidhof, Tianna	
3) Roodzant, Rebecca	4) Braun, Emma	
5) Vermeer, Nyla		
3 Revelstoke S	A	58.99
1) Cameron, Fia		
3) Manson, Mya	4) Slinger, Olive	
4 King's Chris	B	60.49
1) Jansen, Shiloh	2) Vermeer, Nyla	
3) Chapman, Olivia	4) Frazer, Annah	
5) Grootendorst, Bobbi		
--- A L Fortune	A	SCR
	2) Robinson, Sadie	
3) Flett, Annika	4) Foster, Olivia	
--- Salmon Arm S	A	SCR
1) Goldberg, Eva	2) Hamilton, Alena	
3) Muddiman, Emma	4) Cross, Grace	

Event 108 Men 4x100 Meter Relay Senior

Team	Relay	Finals
Finals		
1 Vernon Christian	A	47.60
1) Redelinghuys, Hendri	2) Thompson, Tristan	
3) Barry, Zack	4) Tishenko, Ben	
5) Leyenhorst, Jacob		
2 Salmon Arm S	A	50.62
1) Owens, Jack	2) Norlin, Jute	
3) Oliver, Ryder	4) Archer, Evan	
3 Vernon Secon	A	50.71
1) Curtis, Jeff	2) Budgeon, Cole	
3) Hove, Cisko	4) Murphy, Joe	
4 A L Fortune	A	50.84
1) Zacharias, Kaelan	2) Clancy, Aidan	
3) Johnston, Liam	4) Simpo, Jacob	
5 King's Chris	B	51.56
1) North, Matthew	2) Unger, Aaron	
3) Hansma, Nathan	4) Tudan, Ben	
5) Richmond, Mikah		
6 King's Chris	A	52.46
1) Luth, Darin	2) Chancellor, David	
3) Richmond, Mikah	4) Schroeder, Silas	
5) Tudan, Ben		
7 Revelstoke S	A	56.46
1) Starling, Micah	2) Thibeault, Matthew	
3) Nicoll, Triston	4) Steveson, Alex	

Event 112 Women 4x400 Meter Relay Gr 8

Team	Relay	Finals
Finals		
1 Vernon Secon	A	4:41.31
1) Fitzpatrick, Caelyn	2) Bicknell, Chloe	
3) Nerling, Lyriq	4) Routley, Charlotte	
2 Shuswap Middle	A	5:12.06
1) Brown, Etoile	2) Maybee, Olivia	
3) Bollans, Stella	4) Bredick, Vienne	

Event 113 Men 4x400 Meter Relay Gr 8

Team	Relay	Finals
Finals		
1 Revelstoke S	A	4:46.18
1) Higgins, Gauge	2) Mandel, Connor	
3) Wider, Timo	4) Keerak, Ivo	
--- Revelstoke S	B	SCR
1) Coleman, Tanner	2) Rorstand, Samuel	
3) Gardiner, Hudson	4) Machpherson, Ben	
--- A L Fortune	A	SCR
1) Dykman, Jaxon	2) Aylard, David	
3) Cormier, Shaden	4) Weiler, Riley	

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Event 114 Women 4x400 Meter Relay Junior

Team	Relay	Finals
Finals		
1 Revelstoke S	A	4:31.74
1) Grabinsky, Rachel	2) Widmer, Ilaria	
3) Cochrane, Avery	4) Berkenbosch, Lutza	
2 Pleasant Valley	A	4:58.32
1) Melvin, Anna	2) Wagner, Ava	
3) Isaac, Ila	4) Richoux, Jasmin	
3 Revelstoke S	B	5:20.38
1) Morrow, Lia	2) Royle, Maya	
3) Cochrane, Reece	4) Howe, Kasey	
--- Salmon Arm S	A	SCR
1) Giesbrecht, Ellie	2) Menzies, Isabelle	
3) King, Lucy	4) Fazan, Addie	
--- A L Fortune	A	SCR
1) Koch, Isabelle	2) Pham, Julianna	
3) Rands, Jessica	4) Telford, Charlie	

Event 115 Men 4x400 Meter Relay Junior

Team	Relay	Finals
Finals		
1 Revelstoke S	A	4:07.38
1) Awad, Diego	2) Tomm, Rory	
3) Arnold, Aiden	4) Amyot, Felix	
2 WL Seaton	A	4:10.53
1) Mitchell, Luke	2) Girard, Jacob	
3) Arora, Mavi	4) Heidt, Simon	
3 Vernon Secon	A	4:10.98
1) Bicknell, Anderson	2) McDonald, Ayden	
3) Therrien, Coby	4) Lee, Jonah	
4 Salmon Arm S	A	4:22.21
1) Bonthuys, Ben	2) Paton, Brody	
3) Smith, Kian	4) Bell, Kaelan	
5 A L Fortune	A	4:32.25
1) Zacharias, Kaelan	2) Loewen, Kayden	
3) Saner, Declan	4) Simpo, Jacob	
--- Revelstoke S	C	SCR
1) Acton, Aj	2) Cameron, Ryland	
3) Nava, Aleutian	4) Portras, Phoenix	
--- A L Fortune	B	SCR
1) Williams, Kage	2) Golz, Landon	
3) Watts, Spencer	4) Thompson, Braeden	

Event 116 Women 4x400 Meter Relay Senior

Team	Relay	Finals
Finals		
1 King's Chris	A	4:32.50
1) Stevenson, Emily	2) Zuidhof, Tianna	
3) Roodzant, Rebecca	4) Braun, Emma	
5) Vermeer, Nyla		
2 Revelstoke S	A	4:59.01
1) Cameron, Fia		
3) Manson, Mya	4) Slinger, Olive	

3 Salmon Arm S	A	5:04.19
1) Parker, Taylor	2) Brooks, Hazel	
3) Cross, Grace	4) Muddiman, Emma	
--- A L Fortune	A	SCR
1) Koch, Isabelle	2) Robinson, Sadie	
3) Flett, Annika	4) Foster, Olivia	

Event 117 Men 4x400 Meter Relay Senior

Team	Relay	Finals
Finals		
1 Salmon Arm S	A	4:10.06
1) Calkins, Sam	2) Ayotte, Frankie	
3) Bakker, Simon	4) Owens, Jack	
5) Beck, Kaiden		
2 King's Chris	B	4:14.12
1) North, Matthew	2) Unger, Aaron	
3) Hansma, Nathan	4) Tudan, Ben	
5) Richmond, Mikah		
3 King's Chris	A	4:21.96
1) Luth, Darin	2) Chancellor, David	
3) Richmond, Mikah	4) Schroeder, Silas	
5) Tudan, Ben		
4 Revelstoke S	A	4:28.82
1) Starling, Micah	2) Thibeault, Matthew	
3) Nicoll, Triston	4) Steveson, Alex	
5 A L Fortune	A	4:59.44
1) Zacharias, Kaelan	2) Clancy, Aidan	
3) Johnston, Liam	4) Simpo, Jacob	
--- Vernon Christian	A	DQ
1) Redelinghuys, Hendri	2) Thompson, Tristan	
3) Barry, Zack	4) Tishenko, Ben	
5) Leyenhorst, Jacob		

Event 133 Women High Jump Gr 8

Name	Yr	School	Finals
Finals			
1 Breddick, Vienne		Shuswap Midd	1.54m
2 Woods, Amy		Westsyde Sec	1.40m
3 Routley, Charlotte		Vernon Secon	J1.40m
3 Bicknell, Chloe		Vernon Secon	J1.40m
5 Dorey, Logan		Clarence Ful	1.35m
6 O'Brien, Charlie		Shuswap Midd	1.30m
6 Reist, Katrina		Len Wood Mid	1.30m
8 Ruten, Ava		Carlin Middl	1.25m
9 Puffalt, Madison		Clarence Ful	J1.25m
10 Kusisto, Kennedy		Carlin Middl	1.20m
--- Sawatzky, Lanelle		Heritage Chr	DNS
--- D'Amore, Sophia		Sa-Hali Seco	SCR

Event 134 Men High Jump Gr 8

Name	Yr	School	Finals
Finals			
1 Hall, Colton		Valleyview S	1.55m
2 Baum, Jaide		Ranchero Ele	1.45m
2 Dicker, Kynan		Ranchero Ele	1.45m
2 Vass, Jd		Vernon Chris	1.45m

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Finals ... (Event 134 Men High Jump Gr 8)

Name	Yr	School	Finals
5 Cooper, Makai		Kamloops Chr	1.30m
6 Eldon, Alex		Shuswap Midd	J1.30m
7 Cudmore, Kirby		Carlin Middl	1.25m
--- McLeod, Kieran		Len Wood Mid	NH
--- Gardiner, Hudson		Revelstoke S	NH
--- Luttmending, Colter		Len Wood Mid	DNS

Event 135 Women High Jump Junior

Name	Yr	School	Finals
Finals			
1 Heer, Payton		South Kamloo	1.60m
2 Isaac, Ila		Pleasant Val	1.45m
3 Vigue, Jocelynn		Pleasant Val	1.25m
4 Grootendorst, Bobbi		King's Chris	1.20m
5 Schwarz, Kaiyah		Salmon Arm S	1.15m
--- Sawatzky, Rebecca		Heritage Chr	DNS
--- Miller, Elyse		Pleasant Val	DNS

Event 136 Men High Jump Junior

Name	Yr	School	Finals
Finals			
1 Biggar, Zane		Valleyview S	1.60m
2 Zacharias, Kaelan		A L Fortune	J1.60m
3 Yu, Ansley		Revelstoke S	1.55m
4 Tudan, Ben		King's Chris	1.50m
5 Paton, Brody		Salmon Arm S	J1.50m
6 Chapman, Jack		King's Chris	1.45m
7 Bell, Kaelan		Salmon Arm S	J1.45m
8 Loewen, Kayden		A L Fortune	1.40m
9 Hammond, Oliver		Revelstoke S	1.35m
10 Etchart, Miguel		Merritt Seco	1.30m
--- Stevenson, Alex		Revelstoke S	NH
--- Bonthuys, Ben		Salmon Arm S	DNS

Event 137 Women High Jump Senior

Name	Yr	School	Finals
Finals			
1 D'Amore, Sophia		Sa-Hali Seco	1.54m
2 Chadwick, Shayla		Westsyde Sec	1.15m
--- Rinsma-Jagt, Emilyn		Revelstoke S	DNS

Event 138 Men High Jump Senior

Name	Yr	School	Finals
Finals			
1 Moore, Eric		Salmon Arm S	1.70m
2 Tishenko, Ben		Vernon Chris	1.65m
3 Thompson, Tristan		Vernon Chris	1.55m
4 Luth, Darin		King's Chris	1.50m
5 Johnston, Liam		A L Fortune	1.25m
6 Nicol, Triston		Revelstoke S	1.20m

Event 143 Women Triple Jump Gr 8

Name	Yr	School	Finals
Finals			
1 Ellis, Zion		Vernon Chris	8.98m 0.8

2 Wallace, Paisley		Vernon Chris	8.42m 1.0
3 Lavolette, Katelyn		Westsyde Sec	7.85m 1.3
4 Kusisto, Kennedy		Carlin Middl	7.05m +0.0
5 Goddard, Myla		Valleyview S	6.88m 0.7
6 Ruten, Ava		Carlin Middl	6.81m +0.0
7 Thomlinson, Brianne		Carlin Middl	6.28m +0.0
--- Bailey, Briauana		Len Wood Mid	DNS NWI

Event 144 Men Triple Jump Gr 8

Name	Yr	School	Finals
Finals			
1 Quiring, Owen		Westsyde Sec	10.19m 0.5
2 Khelouiati, Tarik		South Kamloo	9.65m +0.0
3 Zuidhof, Eli		Vernon Chris	8.42m +0.0
4 Widmer, Timo		Revelstoke S	7.47m 0.3
5 Giles, Makai		Secondaire d	7.33m 0.8

Event 145 Women Triple Jump Junior

Name	Yr	School	Finals
Finals			
1 Connolly, Claire		Westsyde Sec	9.58m +0.0
2 Chala, Raina		Sa-Hali Seco	9.06m +0.0
3 Funk, Leah		Vernon Chris	8.94m 0.6
4 Litt, Meena		Westsyde Sec	8.82m 0.4
--- Neufled, Kohana		Westsyde Sec	DNS NWI

Event 146 Men Triple Jump Junior

Name	Yr	School	Finals
Finals			
1 Carne, Seth		Westsyde Sec	11.19m 2.0
2 Dodds, Liam		Revelstoke S	9.35m +0.0
3 Jurgens, Marcus		Salmon Arm S	9.24m 0.2
4 Nava, Aleutian		Revelstoke S	8.34m +0.0
5 Sheldon, Ryland		Merritt Seco	7.41m 0.2
--- Cameron, Rylan		Revelstoke S	DNS NWI

Event 147 Women Triple Jump Senior

Name	Yr	School	Finals
Finals			
1 Toering, Kt		Westsyde Sec	9.73m +0.0
2 Bassett, Rae		Merritt Seco	7.59m 1.3
3 Jensen, Trinity		Westsyde Sec	7.51m 1.1

Event 148 Men Triple Jump Senior

Name	Yr	School	Finals
Finals			
1 Chala, Brady		Sa-Hali Seco	12.21m 0.6
2 Moore, Eric		Salmon Arm S	11.42m +0.0
3 Thompson, Tristan		Vernon Chris	11.17m NWI
4 Beck, Kaiden		Salmon Arm S	9.92m 2.1
5 Oliver, Ryder		Salmon Arm S	9.60m +0.0

Event 153 Women Long Jump Gr 8

Name	Yr	School	Finals
Finals			
1 Bredick, Vienne		Shuswap Midd	4.31m NWI
2 Woods, Amy		Westsyde Sec	4.28m NWI

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Results

Finals ... (Event 153 Women Long Jump Gr 8)

Name	Yr	School	Finals
3 Maurice, Shale		Saint Ann's	4.18m NWI
4 O'Brien, Charlie		Shuswap Midd	4.11m NWI
5 Wallace, Paisley		Vernon Chris	4.01m NWI
6 Cooper, Clara		Carlin Middl	3.99m NWI
7 Ellis, Zion		Vernon Chris	3.92m NWI
8 Liman, Sophia		Vernon Chris	3.82m NWI
9 Laviolette, Katelyn		Westsyde Sec	3.81m NWI
10 Reist, Katrina		Len Wood Mid	3.72m NWI
11 Fitzpatrick, Caelyn		Vernon Secon	3.70m NWI
12 Schmidt, Taylor		Revelstoke S	3.64m NWI
13 Crossman, Lauren		Shuswap Midd	3.63m NWI
14 Birmingham, Emilee		Eagle River	3.57m NWI
15 Pham, Julianna		A L Fortune	3.41m NWI
16 Kelly, Raiya		Vernon Secon	3.33m NWI
17 Goddard, Myla		Valleyview S	3.31m NWI
18 Green, Gemma		Shuswap Midd	3.26m NWI
19 Jennings, Meija		Vernon Secon	3.15m NWI
20 Kusisto, Kennedy		Carlin Middl	3.00m NWI
21 Thomlinson, Brianne		Carlin Middl	2.83m NWI
--- Bailey, Brianna		Len Wood Mid	DNS NWI
--- Gerlib, Maia		Len Wood Mid	DNS NWI
--- Hawkins, Izzy		Valleyview S	DNS NWI

Event 154 Men Long Jump Gr 8

Name	Yr	School	Finals
Finals			
1 Sayer, Daman		Vernon Chris	4.97m +0.0
2 Quiring, Owen		Westsyde Sec	4.46m +0.0
3 Ignacio, Ram		Carlin Middl	4.36m 0.6
4 Capada, Simon		Eagle River	4.30m NWI
5 Lafortune, Colten		Shuswap Midd	4.26m 0.6
6 Dykman, Jaxon		A L Fortune	4.22m +0.0
7 Mandel, Connor		Revelstoke S	4.21m +0.0
8 Bischoff, Morgan		North Shuswa	4.17m 0.7
9 Sabiri, Ilyass		Secondaire d	4.16m 0.9
10 Gerow, River		Shuswap Midd	4.05m +0.0
11 Rossouw, Francois		Westsyde Sec	4.03m +0.0
12 Zuidhof, Eli		Vernon Chris	3.96m +0.0
13 Orchards, Ian		Shuswap Midd	3.95m +0.0
14 Baum, Jaide		Ranchero Ele	3.84m 0.8
15 Nicholls, Evan		A L Fortune	3.78m 0.9
16 Warren, Austin		Eagle River	3.65m +0.0
17 Henderson Dumont, Ashton		Merritt Seco	3.64m +0.0
18 Cudmore, Kirby		Carlin Middl	3.56m +0.0
19 Widmer, Timo		Revelstoke S	3.52m +0.0
20 Aylard, David		A L Fortune	3.42m 0.3
21 Krabbendam, Alex		King's Chris	3.34m 1.8
22 Lefebvre, Charle-Éric		Secondaire d	3.33m +0.0
23 Muddiman, Samuel		Ranchero Ele	2.87m 0.1
--- Jordan, Toby		Len Wood Mid	DNS NWI
--- Rorstad, Sam		Revelstoke S	DNS NWI
--- Twiss, Gauge		Carlin Middl	DNS NWI
--- Lopez, Domenic		Len Wood Mid	DNS NWI

Event 155 Women Long Jump Junior

Name	Yr	School	Finals
Finals			
1 Chala, Raina		Sa-Hali Seco	4.48m 1.3
2 Melvin, Anna		Pleasant Val	4.47m +0.0
3 Grabinsky, Rachel		Revelstoke S	4.40m 0.9
4 Litt, Meena		Westsyde Sec	4.27m +0.0
5 Cochrane, Avery		Revelstoke S	4.18m +0.0
5 Braun, Emma		King's Chris	4.18m +0.0
7 Meerza, Jayda		Salmon Arm S	3.98m -0.5
8 Campbell, Kahlea		Salmon Arm S	3.90m +0.0
8 Giesbrecht, Ellie		Salmon Arm S	3.90m +0.0
10 Guichon, Ronnie		Merritt Seco	3.74m +0.0
11 Vigue, Jocelynn		Pleasant Val	3.71m -0.5
12 Frazer, Annah		King's Chris	3.58m +0.0
13 Grootendorst, Bobbi		King's Chris	3.48m +0.0
14 Chemago, Isabel		Merritt Seco	3.29m +0.0
15 Bruno, Marissa		Westsyde Sec	3.26m +0.0
16 Cleaveley, Kelsey		Merritt Seco	3.16m 1.0
17 Itterman, Victoria		Eagle River	3.12m 1.0
18 Luszcz, Hailey		Westsyde Sec	3.08m +0.0
--- Widmer, Ilaria		Revelstoke S	DNS NWI
--- Marchand, Aubrie		Clarence Ful	DNS NWI

Event 156 Men Long Jump Junior

Name	Yr	School	Finals
Finals			
1 Lee, Jonah		Vernon Secon	5.34m 1.1
2 Schuch, Stefan		Vernon Chris	5.31m 0.3
3 Carne, Seth		Westsyde Sec	5.09m +0.0
4 Yu, Ansley		Revelstoke S	5.06m +0.0
5 Quinton, Tyler		Valleyview S	4.94m 0.3
6 Liman, Ben		Vernon Chris	4.89m 0.2
7 Ling-Allen, Marquel		WL Seaton	4.77m 1.3
8 Acton, A.J.		Revelstoke S	4.66m 0.1
9 Jurgens, Marcus		Salmon Arm S	4.64m 0.3
10 Tudan, Ben		King's Chris	4.50m +0.0
11 Simpso, Jacob		A L Fortune	4.42m 0.1
12 Dodds, Liam		Revelstoke S	4.32m +0.0
13 Le May, Connor		Charles Bloo	4.25m +0.0
14 Bell, Kaelan		Salmon Arm S	4.21m 0.3
15 Rossouw, Werner		Westsyde Sec	4.19m +0.0
16 Skotnicki, Daniel		Merritt Seco	4.15m 1.6
17 Segura, Christian		Vernon Chris	3.99m +0.0
18 Saner, Declan		A L Fortune	3.30m 1.0
19 Paton, Brody		Salmon Arm S	3.24m 1.1
--- Budgeon, Cole		Vernon Secon	DNS NWI
--- Thompson, Braeden		A L Fortune	DNS NWI
--- Sheldon, Ryland		Merritt Seco	DNS NWI

Event 157 Women Long Jump Senior

Name	Yr	School	Finals
Finals			
1 Toering, Kk		Westsyde Sec	4.75m +0.0
2 Slager, Olive		Revelstoke S	3.83m 0.7

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Finals ... (Event 157 Women Long Jump Senior)

Name	Yr	School	Finals
3 Jensen, Trinity		Westsyde Sec	3.79m +0.0
4 Steele, Camryn		Vernon Secon	3.72m +0.0
5 Russell, Lily		Merritt Seco	3.49m +0.0
6 Bassett, Rae		Merritt Seco	3.19m +0.0
7 Taylor Bellamy, Zoey		Merritt Seco	2.92m 0.4
--- Rinsma-Jagt, Emilyn		Revelstoke S	DNS NWI

Event 158 Men Long Jump Senior

Name	Yr	School	Finals
1 Moore, Eric		Salmon Arm S	5.40m 0.4
2 Chala, Brady		Sa-Hali Seco	5.39m +0.0
3 Luth, Darin		King's Chris	5.25m +0.0
4 Hove, Cisko		Vernon Secon	5.02m +0.0
5 Cory, Ethan		Eagle River	4.74m 0.9
6 North, Matthew		King's Chris	4.72m 0.3
7 Owens, Jack		Salmon Arm S	4.63m +0.0
8 Clancy, Aidan		A L Fortune	4.60m 0.1
--- Greenan, Liam		Vernon Secon	DNS NWI
--- Kuhnkhun, Braden		Vernon Secon	DNS NWI
--- Hansma, Nathan		King's Chris	DNS NWI

Event 163 Women Shot Put 3 kg Gr 8

Name	Yr	School	Finals
1 Schmidt, Taylor		Revelstoke S	8.08m
2 Reist, Katrina		Len Wood Mid	7.51m
3 Beaumont, Aurealia		Shuswap Midd	6.40m
4 Byerley, Audrey		North Shuswa	5.93m
5 Smith, Zivah		Vernon Secon	5.88m
--- Bailey, Briana		Len Wood Mid	DNS

Event 164 Men Shot Put 4 kg Gr 8

Name	Yr	School	Finals
1 Bischoff, Morgan		North Shuswa	8.93m
2 Froess, Dante		King's Chris	8.73m
3 Krabbendam, Alex		King's Chris	8.07m
4 Sabiri, Ilyass		Secondaire d	7.79m
5 Warren, Austin		Eagle River	7.66m
6 Cudmore, Kirby		Carlin Middl	7.21m
7 Giles, Makai		Secondaire d	6.33m
8 Higgins, Gauge		Revelstoke S	6.28m
9 Coleman, Tanner		Revelstoke S	6.20m
10 Lefebvre, Charle-Éric		Secondaire d	6.09m

Event 165 Women Shot Put 3 kg Junior

Name	Yr	School	Finals
1 Itterman, Victoria		Eagle River	8.30m
2 Braun, Emma		King's Chris	8.22m
3 Lansdowne, Devan		Salmon Arm S	8.21m
4 Howe, Kasey		Revelstoke S	7.71m
5 Frazer, Annah		King's Chris	7.69m

6 Cochrane, Reece		Revelstoke S	7.57m
7 Morrow, Lia		Revelstoke S	7.18m
8 Cleaveley, Kelsey		Merritt Seco	6.90m
9 Neufled, Kohana		Westsyde Sec	6.23m
10 Komishin, Dakota		Clarence Ful	5.82m
--- Melvin, Anna		Pleasant Val	FOUL

Event 166 Boys Shot Put 5 kg Junior

Name	Yr	School	Finals
1 Tudan, Ben		King's Chris	10.48m
2 Arnold, Aiden		Revelstoke S	9.84m
3 Simpson, Jacob		A L Fortune	9.76m
4 Stockman, Fisher		Revelstoke S	9.61m
5 Wall, Jon		A L Fortune	8.55m
6 Furlong, Thomas		A L Fortune	7.85m
7 Hammond, Oliver		Revelstoke S	7.21m
8 Sheldon, Ryland		Merritt Seco	2.72m

Event 167 Women Shot Put 4 kg Senior

Name	Yr	School	Finals
1 Jansen, Shiloh		King's Chris	8.29m
2 Manson, Mya		Revelstoke S	7.23m
3 Chadwick, Shayla		Westsyde Sec	6.75m
4 Ashley, Cassidy		Westsyde Sec	6.49m
5 Goldberg, Eva		Salmon Arm S	6.30m
6 Hamilton, Alena		Salmon Arm S	6.16m

Event 168 Men Shot Put 6 kg Senior

Name	Yr	School	Finals
1 Starling, Micah		Revelstoke S	10.28m
2 Newman, Nicholas		Clarence Ful	9.99m
3 Hove, Cisko		Vernon Secon	9.05m
4 Cory, Ethan		Eagle River	8.56m
5 Archer, Evan		Salmon Arm S	7.55m

Event 173 Women Discus Throw 1 kg Gr 8

Name	Yr	School	Finals
1 Bates, Alexis		Merritt Seco	16.34m
2 Macvicar, Zoey		Merritt Seco	15.13m
3 Beaumont, Aurealia		Shuswap Midd	14.65m
4 Byerley, Audrey		North Shuswa	12.18m

Event 174 Men Discus Throw 1 kg Gr 8

Name	Yr	School	Finals
1 Giesbrecht, Joel		Shuswap Midd	26.08m
2 Clark, Brendan		Westsyde Sec	24.22m
3 Eldon, Alex		Shuswap Midd	24.05m
4 Henderson Dumont, Ashton		Merritt Seco	23.73m
5 Coleman, Tanner		Revelstoke S	16.90m
6 Higgins, Gauge		Revelstoke S	14.72m
--- Lopez, Domenic		Len Wood Mid	DNS
--- Rorstad, Sam		Revelstoke S	DNS

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Event 175 Women Discus Throw 1 kg Junior

Name	Yr	School	Finals
Finals			
1	Howe, Kasey	Revelstoke S	19.61m
2	Lasota, Ava	Salmon Arm S	16.74m
3	Morrow, Lia	Revelstoke S	16.23m
4	Thomson, Sophia	Merritt Seco	15.28m
5	Cochrane, Reece	Revelstoke S	14.20m
6	Marchand, Aubrie	Clarence Ful	13.15m
7	Schwarz, Kaiyah	Salmon Arm S	11.76m
---	Quigley, Essence	Salmon Arm S	DNS

Event 176 Men Discus Throw 1.5 kg Junior

Name	Yr	School	Finals
Finals			
1	Stockman, Fisher	Revelstoke S	28.37m
2	Arnold, Aiden	Revelstoke S	27.65m
3	Awad, Diego	Revelstoke S	27.50m
4	Roodzant, Benjamin	King's Chris	22.91m
5	Furlong, Thomas	A L Fortune	22.42m
6	Wall, Jon	A L Fortune	17.88m
7	Etchart, Miguel	Merritt Seco	14.67m

Event 177 Women Discus Throw 1 kg Senior

Name	Yr	School	Finals
Finals			
1	Jansen, Shiloh	King's Chris	23.61m
2	Hamilton, Alena	Salmon Arm S	20.36m
3	Vermeer, Nyla	King's Chris	20.35m
4	Ashley, Cassidy	Westsyde Sec	19.99m
---	Smith, Brynne	Salmon Arm S	DNS

Event 178 Men Discus Throw 1.75 kg Senior

Name	Yr	School	Finals
Finals			
1	Newman, Nicholas	Clarence Ful	34.81m
2	Starling, Micah	Revelstoke S	27.29m
3	Schroeder, Silas	King's Chris	24.66m
4	Richmond, Mikah	King's Chris	24.43m
5	Ayotte, Frankie	Salmon Arm S	21.22m
6	Thibeault, Matthew	Revelstoke S	19.31m
---	Beck, Kaiden	Salmon Arm S	FOUL

Event 183 Women Javelin Throw 500 gram Gr 8

Name	Yr	School	Finals
Finals			
1	Rands, Jessica	A L Fortune	25.25m
2	Brown, Etoile	Shuswap Midd	20.28m
3	Beaumont, Aurealia	Shuswap Midd	19.75m
4	Smith, Zivah	Vernon Secon	16.41m
5	Green, Gemma	Shuswap Midd	16.38m
6	Byerley, Audrey	North Shuswa	12.21m

Event 184 Men Javelin Throw 600 gram Gr 8

Name	Yr	School	Finals
Finals			
1	Spooner, Carver	North Shuswa	34.04m
2	Clark, Brendan	Westsyde Sec	28.61m
3	Froess, Dante	King's Chris	24.02m
4	Krabbendam, Alex	King's Chris	22.93m
5	Bischoff, Morgan	North Shuswa	21.26m
6	Eldon, Alex	Shuswap Midd	19.31m
7	Rorstad, Sam	Revelstoke S	17.61m
8	Higgins, Gauge	Revelstoke S	17.18m
9	Coleman, Tanner	Revelstoke S	15.56m
10	Roberts, Jared	Secondaire d	15.30m
---	Giesbrecht, Joel	Shuswap Midd	DNS
---	Visco, Parker	Shuswap Midd	DNS

Event 185 Women Javelin Throw 500 gram Junior

Name	Yr	School	Finals
Finals			
1	Lansdowne, Devan	Salmon Arm S	21.85m
2	Richoux, Jasmin	Pleasant Val	19.59m
3	Cochrane, Reece	Revelstoke S	19.01m
4	Howe, Kasey	Revelstoke S	17.25m
5	Morrow, Lia	Revelstoke S	15.06m
6	Komishin, Dakota	Clarence Ful	12.18m
7	Thomson, Sophia	Merritt Seco	11.32m
7	Cleaveley, Kelsey	Merritt Seco	11.32m
9	Luszcz, Hailey	Westsyde Sec	11.09m
10	Lasota, Ava	Salmon Arm S	10.60m
---	Quigley, Essence	Salmon Arm S	DNS

Event 186 Men Javelin Throw 700 gram Junior

Name	Yr	School	Finals
Finals			
1	Beck, Chazz (charles)	Sa-Hali Seco	36.14m
2	Zacharias, Kaelan	A L Fortune	35.25m
3	Kenyon, Noah	Revelstoke S	31.47m
4	Erwin, Daniel	Revelstoke S	28.92m
5	Chapman, Jack	King's Chris	27.68m
6	Roodzant, Benjamin	King's Chris	24.56m
7	Furlong, Thomas	A L Fortune	23.86m
8	Hodson, Daniel	King's Chris	23.57m
9	Huang, Eric	Revelstoke S	22.55m
10	Bourgh, Kris	Pleasant Val	20.95m
11	Colwell, Paul	Merritt Seco	17.38m
12	Segura, Christian	Vernon Chris	14.44m
---	Wall, Jon	A L Fortune	DNS

Event 187 Women Javelin Throw 600 gram Senior

Name	Yr	School	Finals
Finals			
1	Smith, Brynne	Salmon Arm S	25.42m
2	Slager, Olive	Revelstoke S	23.48m
3	Toering, Kk	Westsyde Sec	23.47m
4	Chadwick, Shayla	Westsyde Sec	20.99m

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Finals ... (Event 187 Women Javelin Throw 600 gram Senior)

2 Richmond, Mikah King's Chris 2.30m

	Name	Yr	School	Finals
5	Ashley, Cassidy		Westsyde Sec	16.74m
6	Manson, Mya		Revelstoke S	15.41m
7	Chapman, Olivia		King's Chris	14.16m

Event 188 Men Javelin Throw 800 gram Senior

	Name	Yr	School	Finals
Finals				
1	North, Matthew		King's Chris	43.40m
2	Starling, Micah		Revelstoke S	43.18m
3	Richmond, Mikah		King's Chris	39.19m
4	Beck, Kaiden		Salmon Arm S	29.62m
5	Hansma, Nathan		King's Chris	29.41m
6	Thibeault, Matthew		Revelstoke S	24.57m
---	Barry, Zack		Vernon Chris	DNS

Event 196 Boys Hammer Throw 5 kg Junior

	Name	Yr	School	Finals
Finals				
1	Arnold, Aiden		Revelstoke S	24.07m
2	Stockman, Fisher		Revelstoke S	21.28m
3	Erwin, Daniel		Revelstoke S	12.51m

Event 197 Women Hammer Throw 4 kg Senior

	Name	Yr	School	Finals
Finals				
1	Jansen, Shiloh		King's Chris	22.36m
2	Slager, Olive		Revelstoke S	15.44m

Event 198 Men Hammer Throw 6 kg Senior

	Name	Yr	School	Finals
Finals				
1	Zabihi, Kian	12	Sa-Hali Seco	62.85m
2	Thibeault, Matthew		Revelstoke S	15.37m

Event 201 Men Pole Vault Gr 8

	Name	Yr	School	Finals
Finals				
1	Armstrong, Dimitri		South Kamloo	2.20m
2	Amor, Zeinedine		Valleyview S	1.80m

Event 204 Women Pole Vault Junior

	Name	Yr	School	Finals
Finals				
1	Armstrong, Gabrielle		South Kamloo	3.30m
2	Owen, Anika		Valleyview S	2.50m

Event 205 Men Pole Vault Junior

	Name	Yr	School	Finals
Finals				
1	Heer, Tomas		South Kamloo	2.70m

Event 208 Men Pole Vault Senior

	Name	Yr	School	Finals
Finals				
1	Schroeder, Silas		King's Chris	2.60m