

2023 Okanagan Championship
Hillside Stadium
Results

Women 100 Meter Dash Gr 8

Name	Year	School	Seed	Finals	Wind	H#
Finals						
1 Nerling, Lyriq	8	Vernon Secon	13.33	13.49	-0.6	2
2 Lafreniere, Scotia	8	Dr Knox Midd	13.20	13.55	-0.6	2
3 Fitzpatrick, Caelyn	8	Vernon Secon	13.43	13.69	-0.6	2
4 Routley, Charlotte	8	Vernon Secon	13.71	13.86	-0.6	2
5 Comber, Portia	8	Canyon Falls	14.15	13.96	-0.6	2
6 Liburd, Rya	8	South Kamloo	14.22	14.11	-0.6	2
7 Carleton-Palanio, Sophia	8	Kvr Middle School	14.31	14.24	-0.6	2
8 Bates, Alexis	8	Merritt Secondary	13.90	14.47	-0.6	2
9 Eikenaar, Elena	8	Ecole H.S. G	14.33	14.67	-1.4	1
10 Wilson, Arianna	8	Kvr Middle School	14.74	14.85	-1.4	1

Women 200 Meter Dash Gr 8

Name	Year	School	Seed	Finals	Wind	H#
1 Lafreniere, Scotia	8	Dr Knox Midd	27.27	27.58	-2.2	2
2 Nerling, Lyriq	8	Vernon Secon	27.86	27.85	-2.2	2
3 Comber, Portia	8	Canyon Falls	28.63	28.45	-2.2	2
4 Woods, Amy	8	Westsyde Secondary	28.18	28.67	-2.2	2
5 Wright, London	8	Constable Ne	29.81	29.64	-2.2	2
6 McGrath, Kiera	8	Valleyview S	29.06	29.79	-2.2	2
7 Wilson, Arianna	8	Kvr Middle School	29.91	30.01	0.5	1
8 Bates, Alexis	8	Merritt Secondary	29.45	30.26	-2.2	2
9 Birmingham, Emilee	8	Eagle River	31.35	31.49	0.5	1

Women 400 Meter Dash Gr 8

Name	Year	School	Seed	Finals	H#
1 Bicknell, Chloe	8	Vernon Secon	66.66	66.52	2
2 McGrath, Kiera	8	Valleyview S	69.30	68.29	2
3 Barr, Charlotte	8	Ecole Klo Mi	70.37	69.23	2
4 Renker, Ashley	8	Glenrosa Mid	73.99	70.48	2
5 Russouw, Eve	8	Dr Knox Midd	72.46	70.72	2
6 Maybee, Olivia	8	Shuswap Middle	74.72	73.19	2
7 Arunan, Meg	8	Kvr Middle School	75.26	75.57	2
8 Brodersen, Bailey	8	Valleyview S	1:20.14	76.45	1
9 Macvicar, Zoey	8	Merritt Secondary	1:20.88	76.50	1
10 Kirk, Emma	8	Kvr Middle School	1:22.93	1:20.51	1

Women 800 Meter Run Gr 8

Name	Year	School	Seed	Finals
1 Bicknell, Chloe	8	Vernon Secon	2:35.64	2:32.80
2 Raath, Lienke	8	Kamloops Chr	2:41.10	2:32.85
3 Lou, Amelia-Ahn	8	Canyon Falls	2:32.42	2:34.57
4 Barr, Charlotte	8	Ecole Klo Mi	2:50.28	2:42.93
5 Maybee, Olivia	8	Shuswap Middle	2:52.31	2:48.27
6 Bridge, Allie	8	Glenrosa Mid	2:58.60	2:57.38

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Women 1500 Meter Run Gr 8

Name	Year	School	Seed	Finals
1 Lou, Amelia-Ahn	8	Canyon Falls	5:23.81	5:11.88
2 Bird, Eula	8	WL Seaton	5:26.23	5:15.92
3 Raath, Lienke	8	Kamloops Chr	5:30.59	5:19.05
4 Smith, Kasey	8	Constable Ne	6:22.80	6:10.40
5 Sprules, Bronwyn	8	Ecole Klo Mi	6:23.23	6:10.69

Women 3000 Meter Run Gr 8

Name	Year	School	Seed	Finals
1 Bird, Eula	8	WL Seaton	11:42.15	11:07.58
2 Lou, Amelia-Ahn	8	Canyon Falls	12:00.89	11:09.66
3 Raath, Lienke	8	Kamloops Chr	12:49.33	11:53.96
4 Carter, Kendall	8	Canyon Falls	13:00.00	12:22.51
5 Bridge, Allie	8	Glenrosa Mid	13:44.61	12:50.55

Women 80 Meter Hurdles Gr 8

8 x 30" (0.762m) (12m-8m-12m - Black)					
Name	Year	School	Seed	Finals	Wind
1 Liburd, Rya	8	South Kamloo	15.99	15.88	0.4
2 Marsh, Iman	8	Glenrosa Mid	15.97	16.17	0.4
3 Hughes, Dylan	8	Ecole Klo Mi	16.23	16.29	0.4
4 Jennings, Meija	8	Vernon Secon	17.25	18.17	0.4
5 Kelly, Raiya	8	Vernon Secon	17.21	19.51	0.4

Women 200 Meter Hurdles Gr 8

5 x 30" (0.762m) (20m-35m-40m)					
Name	Year	School	Seed	Finals	Wind
1 Carleton-Palanio, Sophia	8	Kvr Middle School	31.63	31.26	+0.0
2 Comber, Portia	8	Canyon Falls	32.61	31.70	+0.0
3 Jennings, Meija	8	Vernon Secon	37.63	34.53	+0.0
4 Kelly, Raiya	8	Vernon Secon	35.56	34.54	+0.0
5 Marsh, Iman	8	Glenrosa Mid	33.57	35.60	+0.0
6 Kirk, Emma	8	Kvr Middle School	39.73	37.85	+0.0
7 Bellward, Caylee	8	Glenrosa Mid	35.66	58.03	+0.0

Women 4x100 Meter Relay Gr 8

School	Seed	Finals
1 Vernon Secondary School 'A'	54.06	53.24
1) Fitzpatrick, Caelyn 8		
2) Bicknell, Chloe 8		
3) Nerling, Lyriq 8		
4) Routley, Charlotte 8		
2 Kvr Middle School 'A'	58.12	56.26
1) Arunan, Meg 8		
2) Carleton-Palanio, Sophia 8		
3) Lanteigne, Kennedy 8		
4) Wilson, Arianna 8		
3 Constable Neil Bruce 'A'	58.53	57.40
1)		
2) Wright, London 8		
3) Campbell, Rachel 8		
4) Smith, Kasey 8		

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...Women 4x100 Meter Relay Gr 8

4 Shuswap Middle 'A'	59.80	58.80
1) O'Brien, Charlie 8	2) Crossman, Lauren 8	
3) Green, Gemma 8	4) Bredick, Vienne 8	
5 Valleyview Secondary 'A'	60.17	58.85
1) McGrath, Kiera 8	2) Parrilla, Lilah 8	
3) Brodersen, Bailey 8	4) Hawkins, Izzy 8	
5) Goddard, Myla 8	6)	
6 Glenrosa Middle School 'B'	59.35	58.87

Women 4x400 Meter Relay Gr 8

School	Seed	Finals
1 Vernon Secondary School 'A'	4:41.31	4:44.03
1) Fitzpatrick, Caelyn 8	2) Bicknell, Chloe 8	
3) Nerling, Lyriq 8	4) Routley, Charlotte 8	
2 Shuswap Middle 'A'	5:12.06	4:47.78
1) Brown, Etoile 8	2) Maybee, Olivia 8	
3) Bollans, Stella 8	4) Bredick, Vienne 8	
3 Dr Knox Middle School 'A'	5:11.86	5:05.10
4 Spring Valley Middle School 'A'	5:14.74	5:12.83
1) Wiggins, McKenna 8	2)	
3) Prodger, Maya 8	4)	
5) Klassen, Isabella 8	6)	

Women High Jump Gr 8

Name	Year School	Seed	Finals
1 Bredick, Vienne	8 Shuswap Middle	1.54m	1.58m
1.25 1.30 1.35 1.40 1.45 1.50 1.52 1.54 1.56 1.58 1.60			
o XO o o o o o o o XO XXO XXX			
2 Woods, Amy	8 Westsyde Secondary	1.40m	1.45m
1.20 1.25 1.30 1.35 1.40 1.45 1.50			
o o o o o XO XXX			
3 Stevens, Hannia	8 Ecole Klo Mi	1.30m	1.40m
1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45			
o o o o o o o o XXX			
4 Dorey, Logan	8 Clarence Ful	1.35m	J1.40m
1.20 1.25 1.30 1.35 1.40 1.45			
o o o o XXO XXX			
5 Routley, Charlotte	8 Vernon Secon	1.40m	1.35m
1.10 1.15 1.20 1.25 1.30 1.35 1.40			
o o o o o o XXX			
6 Siggers, Jade	8 Dr Knox Midd	1.35m	1.25m
1.10 1.15 1.20 1.25 1.30			
- o o XO XXX			
7 Brandsma, Zakaya	8 Kelowna Christian	1.35m	J1.25m
1.10 1.15 1.20 1.25 1.30			
o o XO XO XXX			

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Women Long Jump Gr 8

Name	Year	School	Seed	Finals	Wind
1 Woods, Amy	8	Westsyde Secondary	4.28m	4.39m	+0.0
			4.13m(+0.0) 4.39m(+0.0) 4.17m(0.1) 4.35m(+0.0) 4.24m(+0.0)		
2 Bredick, Vienne	8	Shuswap Middle	4.31m	4.30m	+0.0
			4.19m(+0.0) 4.30m(+0.0) 4.07m(+0.0) 4.28m(-0.2) 4.22m(-0.1)		
3 Carleton-Palanio, Sophia	8	Kvr Middle School	4.01m	4.29m	+0.0
			4.26m(+0.0) 4.18m(-0.1) 4.14m(-0.1) 3.49m(+0.0) 4.29m(+0.0)		
4 O'Brien, Charlie	8	Shuswap Middle	4.11m	4.26m	+0.0
			3.82m(+0.0) 4.13m(+0.0) 4.07m(+0.0) 4.26m(+0.0) 4.01m(+0.0)		
5 Wilson, Arianna	8	Kvr Middle School	4.05m	4.21m	+0.0
			X X X 4.19m(+0.0) 4.21m(+0.0)		
6 Baruta, Alexis	8	Ecole H.S. G	3.87m	4.20m	+0.0
			3.69m(+0.0) 3.84m(+0.0) 3.91m(+0.0) 3.95m(+0.0) 4.20m(+0.0)		
7 Klassen, Isabella	8	Spring Valle	3.93m	4.07m	+0.0
			3.61m(+0.0) 3.82m(+0.0) 3.66m(+0.0) 4.07m(+0.0) 4.06m(0.1)		
8 Wallace, Paisley	8	Vernon Christian	4.01m	3.85m	+0.0
			X 3.85m(+0.0) 3.45m(+0.0) X 3.73m(+0.0)		
9 Laviolette, Katelyn	8	Westsyde Secondary	3.81m	3.54m	+0.0
			3.54m(+0.0) 3.51m(+0.0) X 3.50m(+0.0) X		

Women Triple Jump Gr 8

Name	Year	School	Seed	Finals	Wind
1 Ellis, Zion	8	Vernon Christian	8.98m	9.04m	+0.0
			9.04m(+0.0) 9.02m(0.8) 8.74m(+0.0) 8.80m(+0.0) 8.71m(0.9)		
2 Klassen, Isabella	8	Spring Valle	8.15m	8.56m	+0.0
			8.33m(0.1) 8.19m(+0.0) 8.33m(0.5) 8.16m(0.5) 8.56m(+0.0)		
3 Eikenaar, Elena	8	Ecole H.S. G	8.63m	8.50m	+0.0
			8.50m(+0.0) 7.88m(0.5) 8.33m(0.3) 8.36m(0.5) 8.21m(0.2)		
4 Wallace, Paisley	8	Vernon Christian	8.42m	8.48m	+0.0
			X(+0.0) 8.48m(+0.0) X(0.9) 8.35m(1.0) X(+0.0)		
5 Laviolette, Katelyn	8	Westsyde Secondary	7.85m	8.25m	+0.0
			7.85m(0.9) 7.85m(+0.0) 7.88m(+0.0) 7.93m(0.2) 8.25m(+0.0)		
6 Prodger, Maya	8	Spring Valle	7.66m	8.14m	+0.0
			8.04m(+0.0) 8.14m(+0.0) 8.05m(0.9) 6.94m(1.0) 8.03m(+0.0)		
7 Goddard, Myla	8	Valleyview S	6.88m	7.41m	+0.0
			7.34m(+0.0) 6.84m(+0.0) 6.95m(+0.0) 7.05m(0.9) 7.41m(+0.0)		

Women Shot Put 3 Kg Gr 8

Name	Year	School	Seed	Finals
1 Stevens, Hannia	8	Ecole Klo Mi	9.70m	9.48m
			9.48m 8.86m 8.16m 7.66m 8.33m	
2 Wetherow, Ella	8	Ecole Klo Mi	8.37m	8.34m
			8.22m 8.34m 8.12m 8.24m 8.34m	
3 Schmidt, Taylor	8	Revelstoke S	8.08m	8.18m
			8.09m 8.18m 7.69m 7.77m 7.99m	
4 Anderson, Shae	8	Canyon Falls	8.19m	7.48m
			6.87m 6.55m 7.48m 6.48m 6.62m	
5 Reist, Katrina	8	Len Wood Mid	7.51m	7.31m
			6.93m X 6.79m 7.31m 6.55m	

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...Women Shot Put 3 Kg Gr 8

6 Beaumont, Aurealia 8 Shuswap Middle 6.40m 6.44m
6.44m 5.99m 5.83m 6.35m 5.61m

Women Discus Throw 1 Kg Gr 8

Name	Year	School	Seed	Finals
1 Beaumont, Aurealia	8	Shuswap Middle	14.65m	17.92m
			15.95m 15.42m 15.70m 17.92m 15.85m	
2 Carter, Kendall	8	Canyon Falls	18.45m	17.91m
			14.80m 15.55m 16.04m 15.16m 17.91m	
3 Macvicar, Zoey	8	Merritt Secondary	15.13m	17.51m
			16.33m 17.51m 14.85m 11.60m 17.38m	
4 Anderson, Shae	8	Canyon Falls	18.43m	16.99m
			16.40m 13.58m 14.90m 15.42m 16.99m	
5 Bates, Alexis	8	Merritt Secondary	16.34m	16.10m
			X 14.05m 16.10m 13.77m 14.37m	
6 Wetherow, Ella	8	Ecole Klo Mi	17.35m	16.08m
			- 16.08m 14.65m X 12.04m	
7 Byerley, Audrey	8	North Shuswa	12.18m	12.10m
			11.44m 10.36m 10.61m 12.10m 11.35m	

Women Javelin Throw 500g Gr 8

Name	Year	School	Seed	Finals
1 Rands, Jessica	8	A L Fortune	25.25m	23.64m
			19.21m 19.65m X 23.64m 20.13m	
2 Wiggins, McKenna	8	Spring Valle	19.52m	20.46m
			20.46m 16.54m X 18.89m X	
3 Leinweber, Talay	8	Ecole Klo Mi	19.39m	20.15m
			17.19m 14.35m 17.02m 20.15m 18.83m	
4 Beaumont, Aurealia	8	Shuswap Middle	19.75m	19.75m
			19.10m 18.77m 16.09m 19.75m 19.73m	
5 Jesson, Annaleigha	8	Rutland Midd	18.82m	18.98m
			18.98m 13.55m 18.72m 18.28m 16.51m	
6 Brown, Etoile	8	Shuswap Middle	20.28m	17.97m
			17.97m 15.79m 15.79m 14.52m 16.38m	
6 Kirk, Emma	8	Kvr Middle School	11.85m	17.97m
			14.01m 14.07m 15.76m 17.29m 17.97m	
8 Wetherow, Ella	8	Ecole Klo Mi		15.81m
			14.57m 14.21m 13.81m 15.81m -	

Women 100 Meter Dash Junior

Name	Year	School	Seed	Finals	Wind	H#
1 Peever, Caitlin	JR	Okanagan Mission	12.56	12.61	-0.6	2
2 Mostowy, Siena	JR	Aberdeen Hal	12.90	12.80	-0.6	2
3 Leduc, Baylee	JR	Penticton Hi	13.32	13.07	-0.6	2
4 Braun, Emma	JR	King's Chris	13.17	13.11	-0.6	2
5 Blake, Gia	JR	Ecole Klo Mi	13.18	13.69	-0.6	2
6 Widmer, Ilaria	JR	Revelstoke S	13.51	13.70	-0.6	2
7 Chala, Raina	JR	Sa-Hali Secondary	13.63	13.92	-0.6	2
8 Melvin, Anna	JR	Pleasant Valley	13.61	13.94	-0.6	2

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9 Evans, Bethany	JR Westsyde Secondary	13.64	13.98	-0.8	1
10 Wiedner, Leela	JR Princess Mar	14.21	14.13	-0.8	1
11 Steeves, Berlyn	JR Valleyview S	14.18	14.45	-0.8	1
12 Hauber, Isobel	JR Penticton Hi	14.49	14.57	-0.8	1

Women 200 Meter Dash Junior

Name	Year School	Seed	Finals	Wind	H#
1 Mostowy, Siena	JR Aberdeen Hal	26.31	25.74	0.5	2
2 Peever, Caitlin	JR Okanagan Mission	25.82	25.78	0.5	2
3 Blake, Gia	JR Ecole Klo Mi	26.75	27.00	0.5	2
4 Leduc, Baylee	JR Penticton Hi	27.50	27.24	0.5	2
5 Armstrong, Gabrielle	JR South Kamloo	28.62	27.90	0.5	2
6 Widmer, Ilaria	JR Revelstoke S	27.99	27.99	0.5	2
7 Evans, Bethany	JR Westsyde Secondary	28.15	28.33	0.5	2
8 Isaac, Ila	JR Pleasant Valley	29.37	29.44	-1.8	1
9 Fazan, Addie	JR Salmon Arm S	28.95	29.48	0.5	2
10 Steeves, Berlyn	JR Valleyview S	30.25	30.25	-1.8	1
11 Planden, Paige	JR Valleyview S	31.16	31.81	-1.8	1

Women 400 Meter Dash Junior

Name	Year School	Seed	Finals
1 Matonovich, Raiya	JR Sa-Hali Secondary	57.89	58.38
2 King, Lucy	JR Salmon Arm S	66.06	63.92
3 Mallinson, Kezia	JR Kelowna Seco	67.78	67.64
4 Koebel, Gabi	JR Vernon Christian	69.31	67.68
5 Millar, Hailey	JR George Elliot	68.70	69.44
6 Wiens, Zoe	JR George Elliot	68.27	69.72
7 Beaumont, Andrea	JR Vernon Christian	70.66	69.80
8 Evans, Alicia	JR Westsyde Secondary	71.71	70.53

Women 800 Meter Run Junior

Name	Year School	Seed	Finals
1 Matonovich, Raiya	JR Sa-Hali Secondary	2:12.59	2:11.70
2 Royle, Maya	JR Revelstoke S	2:31.18	2:28.33
3 Berkenbosch, Lutza	JR Revelstoke S	2:41.18	2:32.94
4 King, Lucy	JR Salmon Arm S	2:41.46	2:38.60
5 Litt, Meena	JR Westsyde Secondary	2:39.68	2:39.00
6 Reynolds, Reese	JR Okanagan Mission	2:41.46	2:39.18
7 Barry, Amelia	JR Glenrosa Mid	2:47.30	2:41.39
8 Wiens, Zoe	JR George Elliot	2:42.54	2:56.53

Women 1500 Meter Run Junior

Name	Year School	Seed	Finals
1 Wallace, Feron	JR South Kamloo	4:54.35	4:59.79
2 Royle, Maya	JR Revelstoke S	5:09.00	5:03.11
3 Hanry, Jasmine	JR Summerland S	5:09.48	5:11.46
4 Reynolds, Reese	JR Okanagan Mission	5:36.64	5:24.34

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...Women 1500 Meter Run Junior

5 Berkenbosch, Lutza	JR Revelstoke S	5:39.29	5:36.46
6 Steyn, Chanelle	JR Princess Mar	7:31.42	7:14.09

Women 3000 Meter Run Junior

Name	Year School	Seed	Finals
1 Wallace, Feron	JR South Kamloo	10:38.89	10:43.20
2 Hanry, Jasmine	JR Summerland S	11:12.01	11:06.91
3 Steyn, Chanelle	JR Princess Mar	16:00.66	15:29.34
4 Steyn, Scarlett	JR Princess Mar	16:10.29	16:07.19

Women 80 Meter Hurdles Junior

8 x 30" (0.762) (12m-8m-12m - Black)

Name	Year School	Seed	Finals	Wind	H#
1 Stroda, Lily	JR Okanagan Mission	12.04	12.13	-0.8	2
2 Funk, Leah	JR Vernon Christian	13.06	12.96	-0.8	2
3 Armstrong, Gabrielle	JR South Kamloo	13.40	13.22	-0.8	2
4 Woods, Emily	JR Westsyde Secondary	13.48	13.64	-0.8	2
5 Cochrane, Avery	JR Revelstoke S	15.00	14.10	-0.8	2
6 Duncan, Alexis	JR Penticton Hi	15.78	14.93	-0.8	2
7 Grabinsky, Rachel	JR Revelstoke S	15.03	15.20	-0.8	2
8 Hatch, Anna	JR Penticton Hi	15.51	15.61	-0.8	2
9 Jhonston, Jessica	JR Glenrosa Mid	16.43	16.26	+0.0	1
10 Chaffee, Brookelynn	JR Kelowna Seco	17.50	17.02	+0.0	1
11 Hauber, Isobel	JR Penticton Hi	16.71	18.33	+0.0	1

Women 300 Meter Hurdles Junior

7 x 30" (0.762m) (50m-35m-40m)

Name	Year School	Seed	Finals
1 Funk, Leah	JR Vernon Christian	49.49	48.46
2 Hatch, Anna	JR Penticton Hi	51.34	51.75
3 Duncan, Alexis	JR Penticton Hi	52.20	52.52
4 Giesbrecht, Ellie	JR Salmon Arm S	59.84	54.33
5 Jhonston, Jessica	JR Glenrosa Mid	53.89	55.46
6 Hinton, Isabelle	JR Glenrosa Mid	60.36	58.99
7 Edge, Sara	8 Penticton Hi	56.90	59.11

Women 1500 Meter Steeplechase 30" Junior

30" (0.762m) with water

Name	Year School	Seed	Finals
1 Wallace, Feron	JR South Kamloo	5:24.62	5:33.38
2 Beaumont, Andrea	JR Vernon Christian	6:49.57	6:45.00
3 Giesbrecht, Ellie	JR Salmon Arm S	7:16.68	6:58.64

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Women 4x100 Meter Relay Junior

School	Seed	Finals
1 Okanagan Mission 'A'	52.23	51.29
1) Comber, Quyanah JR	2) Stroda, Lily JR	
3) Benwell, Maggie JR	4) Peever, Caitlin JR	
5) Reynolds, Reese JR	6)	
2 Revelstoke Secondary School 'A'	54.97	54.13
1) Grabinsky, Rachel JR	2) Cochrane, Avery JR	
3) Berkenbosch, Lutza JR	4) Widmer, Ilaria JR	
3 Kelowna Secondary School 'A'	56.90	55.53
1) Jacquet, Alex JR	2) Hall, Kaiannah JR	
3) Chaffee, Brookelynn JR	4) Mallinson, Kezia JR	
5) Alvarez Rubio, Rocio JR	6)	
4 Pleasant Valley 'A'	56.16	56.32
1) Melvin, Anna JR	2) Wagner, Ava JR	
3) Isaac, Ila JR	4) Richoux, Jasmin JR	
5 Salmon Arm Secondary - Jackson 'A'	56.60	57.11
1) Campbell, Kahlea JR	2) Fazan, Addie JR	
3) King, Lucy JR	4) Menzies, Isabelle JR	
5) Giesbrecht, Ellie JR	6)	
6 Penticton High School 'A'	58.67	57.22
1) Duncan, Alexis JR	2) Edge, Sara 8	
3) Hatch, Anna JR	4) Hauber, Isobel JR	
7 Glenrosa Middle School 'A'	60.57	58.59
8 Westsyde Secondary 'A'	59.55	58.77
1) Luszcz, Hailey JR	2) Litt, Meena JR	
3) Bruno, Marissa JR	4) Connolly, Claire JR	
5) Neufled, Kohana JR	6)	

Women 4x400 Meter Relay Junior

School	Seed	Finals
1 Okanagan Mission 'A'	4:01.00	4:21.72
1) Reynolds, Reese JR	2) Peever, Caitlin JR	
3) Comber, Quyanah JR	4) Stroda, Lily JR	
2 Revelstoke Secondary School 'A'	4:31.74	4:32.74
1) Royle, Maya JR	2) Widmer, Ilaria JR	
3) Cochrane, Avery JR	4) Berkenbosch, Lutza JR	
3 Pleasant Valley 'A'	4:58.32	4:47.17
1) Melvin, Anna JR	2) Wagner, Ava JR	
3) Isaac, Ila JR	4) Richoux, Jasmin JR	
4 Glenrosa Middle School 'A'	4:13.00	4:54.09

Women High Jump Junior

Name	Year School	Seed	Finals
1 Heer, Payton	JR South Kamloo	1.60m	1.67m
1.45 1.50 1.55 1.60 1.65 1.67 1.71			
O O XO O O XO XXX			
2 Stroda, Lily	JR Okanagan Mission	1.65m	1.60m
1.40 1.45 1.60 1.65			
O O XO XXX			

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...Women High Jump Junior

3 Isaac, Ila	JR Pleasant Valley	1.45m	1.45m
1.25 1.30 1.35 1.40 1.45 1.50			
O O O O XXO	XXX		
4 Sawatzky, Rebecca	JR Heritage Chr	1.35m	1.40m
1.25 1.30 1.35 1.40 1.45			
O O O XO XXX			
5 Polluck, Huia	JR Dr Knox Midd	1.30m	1.35m
1.15 1.20 1.25 1.30 1.35 1.40			
O O O O O XXX			
6 Jacquet, Alex	JR Kelowna Seco	1.30m	J1.35m
1.15 1.20 1.25 1.30 1.35 1.40			
O O O O XO XXX			
7 Grootendorst, Bobbi	JR King's Chris	1.20m	J1.35m
1.20 1.25 1.30 1.35 1.40			
O O XO XO XXX			
8 Vigue, Jocelynn	JR Pleasant Valley	1.25m	1.30m
1.20 1.25 1.30 1.35			
O O XXO XXX			

Women Pole Vault Junior

Name	Year School	Seed	Finals
1 Armstrong, Gabrielle	JR South Kamloo	3.30m	3.50m
2.30 2.40 2.50 2.90 3.00 3.10 3.20 3.30 3.40 3.45 3.50 3.55			
O - - O - XO - O XXO O XO XXX			
2 Owen, Anika	JR Valleyview S	2.50m	2.40m
2.00 2.10 2.20 2.30 2.40 2.50			
XO O O XO O XXX			
3 Polluck, Huia	JR Dr Knox Midd	1.65m	2.20m
0.25 1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30			
O - - O O O XO O O O XXX			

Women Long Jump Junior

Name	Year School	Seed	Finals	Wind
1 Stroda, Lily	JR Okanagan Mission	4.91m	5.13m	+0.0
4.52m(+0.0) 4.66m(-0.1) 5.13m(+0.0) 4.92m(+0.0) 4.84m(+0.0)				
2 Chala, Raina	JR Sa-Hali Secondary	4.48m	4.62m	+0.0
4.28m(+0.0) 4.38m(+0.0) 4.62m(+0.0) 4.48m(+0.0)				
3 Braun, Emma	JR King's Chris	4.18m	4.57m	+0.0
4.57m(+0.0) 4.18m(+0.0) X 4.05m(+0.0)				
4 Grabinsky, Rachel	JR Revelstoke S	4.40m	4.41m	+0.0
4.38m(+0.0) 4.34m(+0.0) 4.41m(+0.0) X X				
5 Cochrane, Avery	JR Revelstoke S	4.18m	4.40m	+0.0
4.31m(+0.0) 4.36m(+0.0) 4.33m(+0.0) 4.40m(+0.0) 4.22m(+0.0)				
6 Landry, Julia	JR Immaculata HS	4.08m	4.33m	+0.0
4.11m(+0.0) 4.33m(+0.0) 3.93m(+0.0) 4.11m(+0.0) 4.00m(+0.0)				
7 Bagosi, Bogi	JR Kelowna Seco	3.79m	4.09m	+0.0
4.02m(+0.0) 3.88m(+0.0) 4.09m(+0.0) 3.93m(+0.0) 3.80m(+0.0)				
8 Litt, Meena	JR Westsyde Secondary	4.27m	4.03m	+0.0
4.00m(+0.0) 4.03m(+0.0) 3.74m(+0.0) 3.79m(+0.0) X				
9 Wiedner, Leela	JR Princess Mar	4.05m	3.98m	+0.0
3.83m(+0.0) 3.85m(+0.0) 3.98m(+0.0)				

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....Women Long Jump Junior

10 Melvin, Anna	JR Pleasant Valley	4.47m	3.81m	-0.3
3.66m(-1.0) 3.81m(-0.3)	3.26m(+0.0) 3.50m(+0.0)			
11 Hatch, Anna	JR Penticton Hi	3.46m	3.64m	+0.0
3.20m(-0.3) 2.85m(+0.0)	3.50m(+0.0) 3.64m(+0.0) 3.36m(+0.0)			
12 Guichon, Ronnie	JR Merritt Secondary	3.74m	3.59m	+0.0
3.58m(-0.1) 3.49m(+0.0) 3.59m(+0.0) X	3.58m(+0.0)			

Women Triple Jump Junior

Name	Year School	Seed	Finals	Wind
1 Funk, Leah	JR Vernon Christian	8.94m	9.87m	1.4
9.87m(1.4) X	7.97m(1.0) - -			
2 Connolly, Claire	JR Westsyde Secondary	9.58m	9.62m	0.2
9.44m(1.0) 9.50m(0.5) X(1.0)	9.62m(0.2) 9.24m(+0.0)			
3 Chala, Raina	JR Sa-Hali Secondary	9.06m	9.08m	1.0
8.89m(0.9) 8.89m(+0.0) X(+0.0)	9.08m(1.0) 9.05m(+0.0)			
4 Litt, Meena	JR Westsyde Secondary	8.82m	8.98m	1.4
8.58m(0.6) 8.41m(1.3) 8.42m(+0.0)	8.71m(0.3) 8.98m(1.4)			
5 Chudecki, Kali	JR Rutland Senior	8.81m	8.24m	+0.0
X(1.7) 8.24m(+0.0) 7.97m(+0.0) X	7.84m(0.2)			
6 Obuyi, Deheal	JR Rutland Senior	8.22m	7.88m	+0.0
7.72m(1.5) 7.88m(+0.0) 7.74m(+0.0)	7.60m(+0.0) 7.88m(+0.0)			
7 Priebe, Mikaya	JR Kelowna Christian	7.13m	6.66m	0.4
5.95m(1.0) 5.98m(0.4) 5.94m(0.2)	6.38m(+0.0) 6.66m(0.4)			

Women Shot Put 3 kg Junior

Name	Year School	Seed	Finals
1 Lansdowne, Devan	JR Salmon Arm S	8.21m	8.47m
7.78m 8.17m 8.42m 8.47m 8.06m			
2 Gonzalez, Rachel	JR Ecole Klo Mi	8.29m	8.22m
8.22m 8.01m 8.16m 7.70m 7.56m			
3 Braun, Emma	JR King's Chris	8.22m	8.10m
7.42m 7.45m 7.45m 7.30m 8.10m			
4 Hay, Anikka	JR Rutland Senior	8.24m	7.92m
7.40m 7.69m 6.47m 7.69m 7.92m			
5 Cleaveley, Kelsey	JR Merritt Secondary	6.90m	7.58m
7.48m 7.13m X 7.14m 7.58m			
6 Itterman, Victoria	JR Eagle River	8.30m	7.48m
7.30m 7.48m 6.60m X X			
7 Neufled, Kohana	JR Westsyde Secondary	6.23m	6.09m
X 5.38m 6.09m 5.04m 5.38m			

Women Discus Throw 1 kg Junior

Name	Year School	Seed	Finals
1 Carlyle, Avery	JR Okanagan Mission	25.23m	25.51m
24.15m 25.06m 22.61m 25.51m X			
2 Morrow, Lia	JR Revelstoke S	16.23m	21.13m
21.13m 16.82m 18.72m 17.39m 18.33m			
3 Howe, Kasey	JR Revelstoke S	19.61m	20.55m
18.12m 19.46m 20.43m 18.92m 20.55m			

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...Women Discus Throw 1 kg Junior

4 Lasota, Ava	JR Salmon Arm S	16.74m	19.94m
X 14.84m X 19.94m 18.34m			
5 Chudecki, Kali	JR Rutland Senior	18.92m	19.72m
18.16m 18.36m 19.72m 18.21m 19.64m			
6 Obuyi, Deheal	JR Rutland Senior	17.21m	16.42m
X 13.63m 14.63m X 16.42m			
7 Thomson, Sophia	JR Merritt Secondary	15.28m	15.39m
14.29m 14.08m 15.24m 14.67m 15.39m			

Women Hammer Throw 3 kg Junior

Name	Year School	Seed	Finals
1 Strinholm, Molly	JR Glenrosa Mid	22.48m	24.78m
19.75m 22.62m 22.88m 22.00m 24.78m			
2 Reid, Macey	JR Glenrosa Mid	20.54m	22.00m
X 19.78m 19.37m X 22.00m			

Women Javelin Throw 500 gram Junior

Name	Year School	Seed	Finals
1 Carlyle, Avery	JR Okanagan Mission	22.60m	25.74m
22.95m 22.33m 25.74m X X			
2 Lansdowne, Devan	JR Salmon Arm S	21.85m	24.15m
X 19.61m 20.23m 18.69m 24.15m			
3 Strinholm, Molly	JR Glenrosa Mid	22.93m	23.33m
16.43m 19.67m 21.35m 23.33m 21.41m			
4 Elder, Jordan	JR Mount Boucherie	21.38m	21.73m
21.46m X 20.90m 21.73m 21.44m			
5 Cochrane, Reece	JR Revelstoke S	19.01m	20.62m
20.20m 20.49m 20.62m 19.07m 19.25m			
6 Richoux, Jasmin	JR Pleasant Valley	19.59m	20.57m
19.01m 20.57m X X X			
7 Cleaveley, Kelsey	JR Merritt Secondary	11.32m	14.15m
14.10m 12.26m X 14.15m X			
8 Luszcz, Hailey	JR Westsyde Secondary	11.09m	12.93m
X 12.93m X X X			
9 Thomson, Sophia	JR Merritt Secondary	11.32m	10.39m
8.81m 10.39m 8.62m 7.24m 7.47m			

Women 100 Meter Dash Senior

Name	Year School	Seed	Finals	Wind	H#
1 Dreger, Isabella	SR George Elliot	13.13	12.98	-0.3	2
2 Stevenson, Emily	SR King's Chris	13.27	13.32	-0.3	2
3 Pentecost, Katya	SR Penticton Hi	13.73	13.41	-0.3	2
4 Toering, Kt	SR Westsyde Secondary	13.37	13.45	-0.3	2
5 Bigattini, Isabella	SR Kelowna Seco	13.54	13.59	-1.4	1
6 Nicholls, Michaela	SR Merritt Secondary	13.57	13.75	-0.3	2
7 Zirnhilt, Ava	SR Westsyde Secondary	13.67	13.95	-0.3	2
8 Wagner, Sarah	SR Immaculata HS	14.31	14.01	-1.4	1
9 Duff, Hailey	SR George Elliot	14.25	14.33	-1.4	1

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Women 200 Meter Dash Senior

Name	Year	School	Seed	Finals	Wind	H#
1 Dreger, Isabella	SR	George Elliot	27.19	26.58	0.2	2
2 Stevenson, Emily	SR	King's Chris	26.73	26.59	0.2	2
3 Pentecost, Katya	SR	Penticton Hi	28.06	27.49	0.2	2
4 Nicholls, Michaela	SR	Merritt Secondary	27.68	27.53	0.2	2
5 Toering, Kt	SR	Westsyde Secondary	28.10	28.22	0.2	2
6 Russell, Lily	SR	Merritt Secondary	33.83	34.86	0.2	2

Women 400 Meter Dash Senior

Name	Year	School	Seed	Finals
1 Nicholls, Michaela	SR	Merritt Secondary	63.78	62.68
2 Cameron, Fia	SR	Revelstoke S	64.82	63.07
3 Millar, Stephanie	SR	George Elliot	63.86	64.29
4 Zuidhof, Tianna	SR	King's Chris	67.05	68.69
5 Roodzant, Rebecca	SR	King's Chris		69.60
-- Pighin, Isabella	SR	Clarence Ful	66.68	X66.54

Women 800 Meter Run Senior

Name	Year	School	Seed	Finals
1 Millar, Stephanie	SR	George Elliot	2:30.42	2:27.78
2 Pighin, Isabella	SR	Clarence Ful	2:38.78	2:34.51
3 Renwick, Danica	SR	Sa-Hali Secondary	2:36.00	2:35.32
4 D'Amore, Sophia	SR	Sa-Hali Secondary	2:54.50	2:36.02
5 Guarasci, Maya	SR	Kelowna Seco	2:42.95	2:40.51

Women 1500 Meter Run Senior

Name	Year	School	Seed	Finals
1 Parilak, Mishka	SR	WL Seaton	5:30.49	5:12.94
2 Renwick, Danica	SR	Sa-Hali Secondary	5:14.24	5:18.11
3 Guarasci, Maya	SR	Kelowna Seco	5:32.64	5:32.64
4 Muddiman, Emma	SR	Salmon Arm S	6:06.47	5:45.19
5 Scholfield, Emma	SR	Summerland S	6:10.40	5:55.61

Women 3000 Meter Run Senior

Name	Year	School	Seed	Finals
1 Renwick, Danica	SR	Sa-Hali Secondary	11:13.22	11:22.12
2 Pighin, Isabella	SR	Clarence Ful	12:03.00	12:14.58
3 Brooks, Hazel	SR	Salmon Arm S	12:45.17	12:56.25
4 Scholfield, Emma	SR	Summerland S	13:31.25	13:10.47
5 Parker, Taylor	SR	Salmon Arm S	13:34.45	13:26.57

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Women 100 Meter Hurdles Senior

10 x 33" (0.840m) (13m-8.5m-10.5m - Yellow)

Name	Year School	Seed	Finals	Wind	H#
1 Stevenson, Emily	SR King's Chris	16.51	15.94	+0.0	2
2 Horak, Amy	SR Kelowna Seco	16.92	17.00	+0.0	2
3 D'Amore, Sophia	SR Sa-Hali Secondary	17.33	17.49	+0.0	2
4 Campbell, Grace	SR Penticton Hi	19.95	17.94	0.3	1
5 Nickel, Josie	SR Penticton Hi	19.80	18.79	0.3	1
6 Vermeer, Nyla	SR King's Chris	18.47	19.84	+0.0	2
7 Love, Emmerson	SR George Elliot	21.66	21.52	0.3	1
-- Auger, Soraya	SR Mount Boucherie	18.47	DNF	+0.0	2

Women 400 Meter Hurdles Senior

10 x 30" (0.762m) (45m-35m-40m)

Name	Year School	Seed	Finals
1 Cameron, Fia	SR Revelstoke S	72.02	69.03
2 Campbell, Grace	SR Penticton Hi	72.47	70.63
3 Zuidhof, Tianna	SR King's Chris	73.28	72.35
4 Roodzant, Rebecca	SR King's Chris	73.90	73.48

Women 1500 Meter Steeplechase 30" Senior

Name	Year School	Seed	Finals
1 Roodzant, Rebecca	SR King's Chris	6:27.56	6:10.46
2 Muddiman, Emma	SR Salmon Arm S	6:40.21	6:30.89
3 Brooks, Hazel	SR Salmon Arm S	6:46.57	6:50.65

Women 4x100 Meter Relay Senior

School	Seed	Finals
1 Penticton High School 'A'	53.64	51.92
1) Campbell, Grace SR		
2) Pentecost, Katya SR		
3) Leduc, Bayle JR		
4) Hickie, Jordis JR		
2 Westsyde Secondary 'A'	52.71	52.76
1) Toering, Kt SR		
2) Zirnhilt, Ava SR		
3) Evans, Bethany JR		
4) Toering, Kk SR		
5) Evans, Alicia JR		
6)		
3 George Elliot 'A'	53.97	54.12
1) Dreger, Isabella SR		
2) Duff, Hailey SR		
3) Love, Emmerson SR		
4) Millar, Stephanie SR		
4 King's Christian School 'A'	54.43	54.22
1) Stevenson, Emily SR		
2) Zuidhof, Tianna SR		
3) Roodzant, Rebecca SR		
4) Braun, Emma JR		
5) Vermeer, Nyla SR		
6)		
5 Princess Margaret Secondary Sc 'A'	56.21	57.76
1) Carleton-Palanio, Olivia SR		
2) Gallicano, Graci SR		
3) Hickie, Kaydence SR		
4) Wiedner, Leela JR		
6 King's Christian School 'B'	60.49	59.06
1) Jansen, Shiloh SR		
2) Vermeer, Nyla SR		
3) Chapman, Olivia SR		
4) Frazer, Annah JR		
5) Grootendorst, Bobbi JR		
6)		

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Women 4x400 Meter Relay Senior

School	Seed	Finals
1 King's Christian School 'A'	4:32.50	4:28.56
1) Stevenson, Emily SR	2) Zuidhof, Tianna SR	
3) Roodzant, Rebecca SR	4) Braun, Emma JR	
5) Vermeer, Nyla SR	6)	
2 George Elliot 'A'	4:38.05	4:29.62
1) Millar, Stephanie SR	2) Millar, Hailey JR	
3) Wiens, Zoe JR	4) Love, Emmerson SR	
3 Penticton High School 'A'	4:34.12	4:31.33
1) Campbell, Grace SR	2) Hickie, Jordis JR	
3) Pentecost, Katya SR	4) Duncan, Alexis JR	
4 Salmon Arm Secondary - Sulliva 'A'	5:04.19	5:04.17
1) Parker, Taylor SR	2) Brooks, Hazel SR	
3) Cross, Grace SR	4) Muddiman, Emma SR	

Women High Jump Senior

Name	Year School	Seed	Finals
1 D'Amore, Sophia	SR Sa-Hali Secondary	1.54m	1.45m
1.35 1.40 1.45 1.50			
O O XO XXX			
2 Nickel, Josie	SR Penticton Hi	1.50m	J1.45m
1.30 1.35 1.40 1.45 1.50			
O O O XXO XXX			
3 Hickie, Kaydence	SR Princess Mar	1.35m	1.35m
1.20 1.25 1.30 1.35 1.40			
O O O XXO XXX			
3 Carleton-Palanio, Olivia	SR Princess Mar	1.25m	1.35m
1.20 1.25 1.30 1.35 1.40			
O O O XXO XXX			

Women Long Jump Senior

Name	Year School	Seed	Finals	Wind
1 Bigattini, Isabella	SR Kelowna Seco	4.61m	4.78m	+0.0
4.78m(+0.0) X X X X				
2 Horak, Amy	SR Kelowna Seco	4.49m	4.54m	+0.0
3.88m(-0.1) 4.52m(-0.5) 4.31m(+0.0) X 4.54m(+0.0)				
3 Toering, Kk	SR Westsyde Secondary	4.75m	4.33m	+0.0
4.33m(+0.0) 4.18m(+0.0) 4.29m(+0.0) 4.18m(-0.4) 3.80m(+0.0)				
4 Carleton-Palanio, Olivia	SR Princess Mar	4.33m	J4.33m	+0.0
4.09m(-0.3) 4.10m(+0.0) 4.05m(-0.3) 4.19m(-0.7) 4.33m(+0.0)				
5 Love, Emmerson	SR George Elliot	3.84m	4.31m	+0.0
4.25m(+0.0) 4.13m(-0.4) 4.21m(-0.1) 4.31m(+0.0) 4.21m(-0.1)				
6 Slager, Olive	SR Revelstoke S	3.83m	4.12m	+0.0
4.12m(+0.0) 4.07m(-1.0)				
7 Gallicano, Graci	SR Princess Mar	4.07m	4.09m	-0.3
X X 3.80m(+0.0) 4.09m(-0.3) 3.84m(-1.1)				
8 Hickie, Kaydence	SR Princess Mar	3.77m	3.95m	+0.0
3.95m(+0.0) 3.71m(+0.0) 3.74m(+0.0) 3.70m(-1.4) 3.60m(+0.0)				
9 Jensen, Trinity	SR Westsyde Secondary	3.79m	3.77m	+0.0
3.69m(-0.5) 3.77m(+0.0) 3.74m(+0.0) 3.66m(+0.0) 3.39m(-0.8)				

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....Women Long Jump Senior

10	Russell, Lily	SR Merritt Secondary	3.49m	3.67m	+0.0
	X X	3.18m(+0.0) 3.67m(+0.0) 3.41m(+0.0)			

Women Triple Jump Senior

Name	Year	School	Seed	Finals	Wind
1 Toering, Kt	SR	Westsyde Secondary	9.73m	10.42m	0.1
		10.20m(1.0) 10.17m(+0.0) 10.28m(+0.0) 10.18m(1.4)	10.42m(0.1)		
2 Horak, Amy	SR	Kelowna Seco	9.81m	9.72m	1.8
		9.72m(1.8) 9.45m(+0.0) 9.18m(0.7) 9.62m(1.4) 9.59m(0.7)			
3 Jensen, Trinity	SR	Westsyde Secondary	7.51m	8.22m	0.7
		7.58m(1.1) X(0.5) 7.97m(0.6) X(0.6) 8.22m(0.7)			

Women Shot Put 4 kg Senior

Name	Year	School	Seed	Finals
1 Van Zyl, Cathlene	SR	Kelowna Seco	12.60m	12.19m
		10.97m X 11.69m 12.19m 12.06m		
2 Drake, Elise	SR	Kelowna Seco	10.49m	10.20m
		10.20m - - - -		
3 Jansen, Shiloh	SR	King's Chris	8.29m	8.92m
		8.70m 8.89m 7.38m 8.92m 8.04m		
4 Chadwick, Shayla	SR	Westsyde Secondary	6.75m	7.94m
		6.60m 7.77m 7.94m X 6.63m		
5 Hada, Yuki	SR	Summerland S	7.46m	7.83m
		6.78m 7.42m 7.45m 7.83m 7.56m		
6 Ashley, Cassidy	SR	Westsyde Secondary	6.49m	6.68m
		5.96m 6.05m 6.15m 6.68m 6.29m		
7 Manson, Mya	SR	Revelstoke S	7.23m	6.05m
		X 6.05m X 5.14m X		

Women Discus Throw 1 kg Senior

Name	Year	School	Seed	Finals
1 Van Zyl, Cathlene	SR	Kelowna Seco	38.51m	40.70m
		37.94m 40.70m 39.12m 37.74m 37.89m		
2 Drake, Elise	SR	Kelowna Seco	29.87m	28.40m
		X X X 27.78m 28.40m		
3 Jansen, Shiloh	SR	King's Chris	23.61m	24.33m
		24.33m 20.64m X 24.20m X		
4 Vermeer, Nyla	SR	King's Chris	20.35m	24.10m
		22.02m 20.19m 21.28m 21.44m 24.10m		
5 Hamilton, Alena	SR	Salmon Arm S	20.36m	20.58m
		20.58m X X 17.93m 19.94m		
6 Ashley, Cassidy	SR	Westsyde Secondary	19.99m	19.17m
		X 16.75m 13.45m 17.58m 19.17m		
7 Rodgers, Presley	SR	George Elliot	18.43m	16.44m
		15.25m 16.44m X X 13.85m		

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Women Hammer Throw 4 kg Senior

Name	Year	School	Seed	Finals
1 Drake, Elise		SR Kelowna Seco	46.21m	49.94m
	48.15m 44.96m X	49.94m 47.00m		
2 Jansen, Shiloh		SR King's Chris	22.36m	22.89m
	21.98m 22.89m X - -			
3 Slager, Olive		SR Revelstoke S	15.44m	20.40m
	16.95m 15.42m X	20.40m -		
4 Rodgers, Presley		SR George Elliot	15.95m	18.47m
	16.22m 13.34m 16.44m	17.77m 18.47m		

Women Javelin Throw 600 gram Senior

Name	Year	School	Seed	Finals
1 Breau, Brianna		SR Kelowna Seco	31.59m	35.26m
	35.26m 29.69m 30.12m	31.30m -		
2 Duff, Hailey		SR George Elliot	25.61m	30.42m
	24.30m 23.47m 29.73m	30.42m X		
3 Petrasek, Alex		SR Princess Mar	18.36m	25.80m
	X 18.14m 21.88m 25.80m	18.55m		
4 Slager, Olive		SR Revelstoke S	23.48m	25.26m
	21.78m 25.04m 20.04m	25.26m 20.15m		
5 Smith, Brynne		SR Salmon Arm S	25.42m	24.71m
	X 24.71m 22.75m 21.69m	X		
6 Toering, Kk		SR Westsyde Secondary	23.47m	22.71m
	X - - - 22.71m			
7 Hada, Yuki		SR Summerland S	22.84m	21.64m
	21.15m 21.64m X X	20.57m		
8 Millar, Stephanie		SR George Elliot	20.29m	20.12m
	17.56m 18.34m 20.12m	X 19.09m		
9 Chadwick, Shayla		SR Westsyde Secondary	20.99m	20.08m
	20.08m 19.22m X	18.01m 16.39m		
10 Manson, Mya		SR Revelstoke S	15.41m	18.31m
	18.31m 13.84m 17.98m	X X		
11 Ashley, Cassidy		SR Westsyde Secondary	16.74m	18.06m
	17.00m 16.50m 17.19m	15.78m 18.06m		
12 Wagner, Sarah		SR Immaculata HS	18.71m	15.93m
	X X X X 15.93m			

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Men 100 Meter Dash Gr 8

Name	Year	School	Seed	Finals	Wind	H#
1 Ignacio, Ram	8	Carlin Middle	13.97	12.78	0.1	1
2 Liu, Harrison	8	Dr Knox Midd	12.89	12.99	-1.3	2
3 Gerow, River	8	Shuswap Middle	13.35	13.13	-1.3	2
4 Sayer, Daman	8	Vernon Christian	13.05	13.20	-1.3	2
5 Spooner, Carver	8	North Shuswa	12.86	13.26	-1.3	2
6 Henry, Peyton	8	Canyon Falls	13.20	13.47	-1.3	2
7 Fratini Borges Lima, Luc	8	Rutland Midd	13.13	13.58	-1.3	2
8 Sabiri, Ilyass	8	Secondaire d	13.39	13.79	-1.3	2
9 Armstrong, Dimitri	8	South Kamloo	14.46	14.61	0.1	1
10 Kaarvik, Rylan	8	Westsyde Secondary	14.47	14.90	0.1	1

Men 200 Meter Dash Gr 8

Name	Year	School	Seed	Finals	Wind	H#
1 Liu, Harrison	8	Dr Knox Midd	25.94	25.90	0.6	2
2 Worman, Tate	8	Ecole Klo Mi	26.68	26.15	0.6	2
3 Spooner, Carver	8	North Shuswa	26.87	26.90	0.6	2
4 Fratini Borges Lima, Luc	8	Rutland Midd	27.06	26.97	0.6	2
5 Lafortune, Colten	8	Shuswap Middle	27.73	28.16	0.6	2
6 McGrath, Aidan	8	Valleyview S	28.05	28.50	-1.1	1
7 Armstrong, Dimitri	8	South Kamloo	28.03	28.57	-1.1	1
8 Rossouw, Francois	8	Westsyde Secondary	30.93	30.27	-1.1	1

Men 400 Meter Dash Gr 8

Name	Year	School	Seed	Finals
1 Orchards, Ian	8	Shuswap Middle	63.86	62.10
2 Cormier, Shaden	8	A L Fortune	67.16	62.73
3 Matlock, Hayden	8	Ecole Klo Mi	65.74	62.96
4 McLeod, Kieran	8	Len Wood Mid	64.29	63.29
5 Motohashi, Kota	8	Rutland Midd	66.58	66.48
6 McGrath, Aidan	8	Valleyview S	67.25	66.49
7 Jagers, Nate	8	Ecole Klo Mi	69.45	68.05

Men 800 Meter Run Gr 8

Name	Year	School	Seed	Finals
1 Orchards, Ian	8	Shuswap Middle	2:26.62	2:22.49
2 Motohashi, Kota	8	Rutland Midd	2:44.83	2:28.54
3 Davis, Xavier	8	Constable Ne	2:47.82	2:30.85
4 Kaarvik, Rylan	8	Westsyde Secondary	2:32.33	2:31.99
5 Terleski, Rylan	8	WL Seaton	2:40.05	2:33.88
6 Machpherson, Ben	8	Revelstoke S	2:45.15	2:36.48

Men 1500 Meter Run Gr 8

Name	Year	School	Seed	Finals
1 Kissmann, Coen	8	Dr Knox Midd	4:59.51	4:54.06
2 Sieben, Coulter	8	Ecole Klo Mi	5:06.46	5:06.88

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...Men 1500 Meter Run Gr 8

3 Redman, Kai	8 Ecole Klo Mi	5:25.06	5:17.06
4 Machpherson, Ben	8 Revelstoke S	5:33.49	5:29.07
5 Terleski, Rylan	8 WL Seaton	5:29.15	5:30.50

Men 3000 Meter Run Gr 8

Name	Year School	Seed	Finals
1 Kissmann, Coen	8 Dr Knox Midd	10:07.43	10:09.42
2 Sieben, Coulter	8 Ecole Klo Mi	10:47.98	10:54.61
3 Davis, Xavier	8 Constable Ne	11:24.38	11:11.34
4 Roberts, Jared	8 Secondaire d	11:35.92	11:50.57

Men 100 Meter Hurdles Gr 8

10 x 33" (0.840m) (13m-8.5m-10.5m - Yellow)

Name	Year School	Seed	Finals	Wind
1 Harris, Jack	8 Rutland Midd	16.75	15.85	-0.6
2 Worman, Tate	8 Ecole Klo Mi	16.61	15.97	-0.6
3 Hvidston, Tyler	8 Kvr Middle School	16.27	16.15	-0.6
4 Liu, Harrison	8 Dr Knox Midd	16.93	18.07	-0.6
5 Khelouiaty, Tarik	8 South Kamloo	19.61	20.10	-0.6

Men 200 Meter Hurdles Gr 8

5 x 30" (0.762m) (20m-35m-40m)

Name	Year School	Seed	Finals	Wind
1 Hvidston, Tyler	8 Kvr Middle School	29.50	29.93	1.2
2 McGrath, Aidan	8 Valleyview S	32.22	31.10	1.2
3 Machpherson, Ben	8 Revelstoke S	33.05	33.19	1.2
4 Priebe, Taylen	8 Spring Valle	34.21	34.12	1.2
5 Solano, Mateo	8 Ecole Klo Mi	34.08	35.55	1.2

Men 4x100 Meter Relay Gr 8

School	Seed	Finals
1 Rutland Middle School 'A'	52.75	50.87
2 Dr Knox Middle School 'A'	53.21	52.30
1) Liu, Harrison 8		
3) David, Marcxus 8		
2) He, Yu Yao 8		
4) Kennedy, Asher 7		
3 Shuswap Middle 'A'	54.71	53.38
1) Orchard, Ian 8		
3) Giesbrecht, Joel 8		
2) Gerow, River 8		
4) Lafortune, Colten 8		
4 A L Fortune 'A'	56.62	54.52
1) Dykman, Jaxon 8		
3) Cormier, Shaden 8		
2) Nicholls, Evan 8		
4) Weiler, Riley 8		
5 Glenrosa Middle School 'A'	65.37	55.16

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Men 4x400 Meter Relay Gr 8

School	Seed	Finals
1 Ecole Klo Middle School 'A'	4:24.77	4:23.43
2 Constable Neil Bruce 'A'	4:49.05	4:32.42
3) Meyers, Gage 8		
4) Davis, Xavier 8		

Men High Jump Gr 8

Name	Year School	Seed	Finals
1 Hall, Colton	8 Valleyview S	1.55m	1.62m
1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.62 1.65			
O O O O O XO XO XO XXX			
2 Frank, Jacob	8 Rutland Midd	1.45m	1.50m
1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55			
O O O O O O O XXX			
3 Vass, Jd	8 Vernon Christian	1.45m	1.45m
1.30 1.35 1.40 1.45 1.50			
XO O O O XXX			
3 Hvidston, Tyler	8 Kvr Middle School	1.60m	1.45m
1.30 1.35 1.40 1.45 1.50 1.55 1.60			
O O XO O X-- X-- XXX			

Men Pole Vault Gr 8

Name	Year School	Seed	Finals
1 Armstrong, Dimitri	8 South Kamloo	2.20m	2.50m
1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60			
O O O O O XO O O XXX			
2 Amor, Zeinedine	8 Valleyview S	1.80m	2.00m
1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10			
O - O O O O XO O XXX			

Men Long Jump Gr 8

Name	Year School	Seed	Finals	Wind
1 Worman, Tate	8 Ecole Klo Mi	4.99m	5.21m	+0.0
5.21m(+0.0) 4.62m(+0.0) 4.61m(+0.0)				
2 He, Yu Yao	8 Dr Knox Midd	4.42m	4.76m	+0.0
4.64m(+0.0) 4.64m(+0.0) 4.76m(+0.0)				
3 Motohashi, Kota	8 Rutland Midd	4.46m	4.75m	+0.0
4.19m(+0.0) 4.75m(+0.0) 4.32m(+0.0)				
4 Quiring, Owen	8 Westsyde Secondary	4.46m	4.56m	+0.0
4.50m(+0.0) 4.38m(+0.0) 4.37m(0.1) 4.45m(+0.0) 4.56m(+0.0)				
5 Sayer, Daman	8 Vernon Christian	4.97m	4.54m	+0.0
4.54m(+0.0) X X 4.40m(+0.0) 4.50m(+0.0)				
6 Ignacio, Ram	8 Carlin Middle	4.36m	4.47m	+0.0
X 4.21m(+0.0) 4.47m(+0.0) 3.86m(+0.0) 4.15m(+0.0)				
7 Rossouw, Francois	8 Westsyde Secondary	4.03m	4.04m	+0.0
3.83m(+0.0) 3.94m(+0.0) 4.04m(+0.0) 4.04m(+0.0) 3.95m(+0.0)				

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Men Triple Jump Gr 8

Name	Year	School	Seed	Finals	Wind
1 Harris, Jack	8	Rutland Midd	10.57m	10.72m	+0.0
				10.72m(+0.0) 10.72m(+0.0) X(+0.0) 9.82m(0.1) 10.18m(0.8)	
2 Henry, Peyton	8	Canyon Falls	10.29m	10.56m	+0.0
				X 10.32m(+0.0) 10.56m(+0.0) 10.32m(+0.0) 9.78m(0.5)	
3 Quiring, Owen	8	Westsyde Secondary	10.19m	9.99m	1.1
				9.99m(1.1) 9.87m(+0.0) 9.14m(+0.0) 9.81m(+0.0) X	
4 Zuidhof, Eli	8	Vernon Christian	8.42m	9.26m	0.7
				9.04m(+0.0) 8.92m(+0.0) 8.87m(+0.0) 9.26m(0.7) 8.82m(+0.0)	
5 Khelouiati, Tarik	8	South Kamloo	9.65m	9.07m	+0.0
				X X X 9.02m(+0.0) 9.07m(+0.0)	
6 Meyers, Gage	8	Constable Ne	8.87m	8.62m	+0.0
				8.62m(+0.0) 8.27m(+0.0) 7.58m(+0.0) 8.25m(0.7) 8.39m(+0.0)	
7 Widmer, Timo	8	Revelstoke S	7.47m	8.40m	0.1
				X(+0.0) 7.70m(+0.0) 7.90m(+0.0) 8.40m(0.1) 8.31m(0.1)	

Men Shot Put 4 Kg Gr 8

Name	Year	School	Seed	Finals
1 Zumbo, Max	8	Constable Ne	10.22m	10.81m
				10.47m 10.39m 10.24m 10.65m 10.81m
2 Fratini Borges Lima, Luc	8	Rutland Midd	10.39m	10.62m
				10.25m 9.57m X 10.62m 10.19m
3 Krabbendam, Alex	8	King's Chris	8.07m	9.22m
				8.57m 8.15m 8.68m 7.70m 9.22m
4 Morgan, Noah	8	Glenrosa Mid	10.03m	9.13m
				9.13m 9.10m 7.41m 8.09m 9.10m
5 Sabiri, Ilyass	8	Secondaire d	7.79m	8.44m
				8.00m 7.82m 8.35m 7.18m 8.44m
6 Froess, Dante	8	King's Chris	8.73m	8.28m
				6.72m 7.82m 7.53m 8.22m 8.28m
7 Bischoff, Morgan	8	North Shuswa	8.93m	8.24m
				7.12m 8.19m 8.24m 7.94m 8.15m

Men Discus Throw 1 Kg Gr 8

Name	Year	School	Seed	Finals
1 Giesbrecht, Joel	8	Shuswap Middle	26.08m	35.85m
				26.78m 26.55m 35.85m 27.66m 25.77m
2 Zumbo, Max	8	Constable Ne	31.53m	25.93m
				- X X X 25.93m
3 Henderson Dumont, Ashton	8	Merritt Secondary	23.73m	23.26m
				X 20.56m 22.53m X 23.26m
4 Eldon, Alex	8	Shuswap Middle	24.05m	20.68m
				18.25m 18.05m 19.57m 20.68m 18.37m
5 Coleman, Tanner	8	Revelstoke S	16.90m	17.87m
				16.05m 15.20m 14.59m 17.87m 16.68m

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Men Javelin Throw 600g Gr 8

Name	Year	School	Seed	Finals
1 Spooner, Carver	8	North Shuswa	34.04m	38.85m
				38.85m - - X 29.54m
2 Harris, Jack	8	Rutland Midd	33.52m	38.13m
				24.33m 32.77m X 21.32m 38.13m
3 Schultz, Linden	8	Spring Valle	28.16m	31.13m
				26.83m 27.72m 27.68m 31.13m 29.75m
4 Krabbendam, Alex	8	King's Chris	22.93m	22.86m
				21.68m 21.16m 22.77m 22.46m 22.86m
5 Froess, Dante	8	King's Chris	24.02m	21.03m
				X 16.99m 19.19m 20.87m 21.03m
6 Roberts, Jared	8	Secondaire d	15.30m	13.85m
				13.85m 11.69m 9.53m 12.39m 13.13m

Men 100 Meter Dash Junior

Name	Year	School	Seed	Finals	Wind	H#
1 Patenaude, Maximilian	JR	Summerland S	11.46	11.41	-0.8	2
2 Bicknell, Anderson	JR	Vernon Secon	11.87	11.92	-0.8	2
3 Lee, Jonah	JR	Vernon Secon	11.97	12.01	-0.8	2
4 McDonald, Ayden	JR	Vernon Secon	12.03	12.08	-0.8	2
5 Grenier, Charles	JR	Immaculata HS	12.50	12.14	-0.8	2
6 Lessley, Jack	JR	Summerland S	12.60	12.42	-0.9	1
7 Quinton, Tyler	JR	Valleyview S	12.33	12.62	-0.8	2
8 Bolodo, John	JR	Penticton Hi	12.77	13.09	-0.9	1
9 Kaarvik, Landon	JR	Westsyde Secondary	12.97	13.14	-0.9	1

Men 200 Meter Dash Junior

Name	Year	School	Seed	Finals	Wind	H#
1 Patenaude, Maximilian	JR	Summerland S	23.39	22.84	0.7	2
2 Hanzek, Gabriel	JR	Immaculata HS	23.38	22.87	0.7	2
3 Bicknell, Anderson	JR	Vernon Secon	24.20	24.22	0.7	2
4 Neels, Ryland	JR	Mount Boucherie	24.62	24.49	0.7	2
5 McDonald, Ayden	JR	Vernon Secon	24.45	24.78	0.7	2
6 Quinton, Tyler	JR	Valleyview S	25.44	25.26	0.7	1
7 Therrien, Coby	JR	Vernon Secon	26.09	25.47	0.7	1
8 Biggar, Zane	JR	Valleyview S	25.70	25.48	0.7	1

Men 400 Meter Dash Junior

Name	Year	School	Seed	Finals
1 Hanzek, Gabriel	JR	Immaculata HS	52.36	52.93
2 Neels, Ryland	JR	Mount Boucherie	54.60	56.14
3 Shojanian, Jordan	JR	Mount Boucherie	56.05	56.51
4 Robinson, Ian	JR	Summerland S	56.26	56.94
5 Loewen, Kayden	JR	A L Fortune	58.63	58.86
6 Therrien, Coby	JR	Vernon Secon	59.67	62.93
7 Rossouw, Werner	JR	Westsyde Secondary	64.04	64.11

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Men 800 Meter Run Junior

Name	Year School	Seed	Finals
1 Rahkola, Maverik	JR Penticton Hi	2:03.31	2:01.82
2 Hayden, Miles	JR Penticton Hi	2:11.09	2:06.06
3 Neels, Ryland	JR Mount Boucherie	2:07.59	2:06.60
4 Reid, Liam	JR Kalamalka Se	2:18.82	2:16.88
5 Kaarvik, Landon	JR Westsyde Secondary	2:23.52	2:19.81
6 Mitchell, Luke	JR WL Seaton	2:20.23	2:19.95
7 Sandhu, Yuvnaaz	JR Mount Boucherie	2:26.46	2:25.38
8 Rossouw, Werner	JR Westsyde Secondary	2:30.63	2:25.45
9 Poitras, Wyatt	JR Okanagan Mission	2:27.74	2:28.26
10 Pozuelo, Lucas	JR Valleyview S	2:29.42	2:35.64

Men 1500 Meter Run Junior

Name	Year School	Seed	Finals
1 Rahkola, Maverik	JR Penticton Hi	4:19.00	4:16.93
2 Hayden, Miles	JR Penticton Hi	4:26.12	4:21.62
3 Kunka, Peter	JR Summerland S	4:27.70	4:31.27
4 Heidt, Simon	JR WL Seaton	4:45.44	4:43.05
5 Reid, Liam	JR Kalamalka Se	4:46.01	4:43.53
6 Peregrym, Ethan	JR Sa-Hali Secondary	4:46.73	4:44.98
7 Westley, Eric	JR WL Seaton	4:52.84	4:45.81
8 Aaserud, Mika	JR Kelowna Seco	4:51.28	4:52.07
9 Spencer, Davis	JR Dr Knox Midd	5:01.41	4:54.28
10 Bird, Rowan	JR Ecole Klo Mi	5:57.15	5:50.23

Men 3000 Meter Run Junior

Name	Year School	Seed	Finals
1 Kunka, Peter	JR Summerland S	9:52.66	9:28.48
2 Peregrym, Ethan	JR Sa-Hali Secondary	9:59.40	9:49.31
3 Heidt, Simon	JR WL Seaton	9:56.73	10:03.36
4 Collingwood, Cai	JR Okanagan Mission	10:22.16	10:04.72
5 Aaserud, Mika	JR Kelowna Seco	10:32.51	10:05.76
6 Spencer, Davis	JR Dr Knox Midd	10:51.46	10:30.06
7 Pozuelo, Lucas	JR Valleyview S	11:30.59	11:49.22

Men 100 Meter Hurdles Junior

10 x 36" (0.914m) (13m-8.5m-10.5m - Yellow)					
Name	Year School	Seed	Finals	Wind	
1 Kozak, Devan	JR Penticton Hi	16.97	16.30	0.6	
2 Bruce, Beckham	JR Mount Boucherie	16.76	16.78	0.6	
3 Eberharter, Mason	JR Glenrosa Mid	18.23	17.00	0.6	
4 Curtis, Jeff	JR Vernon Secon	22.62	18.15	0.6	
5 Hurd, Evan	JR Mount Boucherie	18.99	18.19	0.6	

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Men 300 Meter Hurdles Junior

7 x 33" (0.840m) (50m-35m-40m)

Name	Year School	Seed	Finals
1 Bicknell, Anderson	JR Vernon Secon	44.66	42.88
2 Kozak, Devan	JR Penticton Hi	47.01	43.34
3 Eberharter, Mason	JR Glenrosa Mid	47.71	45.46
4 Nava, Aleutian	JR Revelstoke S	51.03	46.63
5 Biggar, Zane	JR Valleyview S	48.66	47.39
6 Bruce, Beckham	JR Mount Boucherie	48.08	47.54
7 Hurd, Evan	JR Mount Boucherie	48.63	47.64

Men 1500 Meter Steeplechase 30" Junior

Name	Year School	Seed	Finals
1 Collingwood, Cai	JR Okanagan Mission	5:39.51	5:20.35
2 Roodzant, Benjamin	JR King's Chris	5:58.36	5:40.93
3 Wiebe, Noah	JR Kelowna Christian	6:16.23	5:49.53
4 Erwin, Daniel	JR Revelstoke S	6:19.87	5:57.41
5 Amyot, Felix	JR Revelstoke S	6:23.70	5:58.12
6 Canabe, Aiden	WL Seaton		6:09.96

Men 4x100 Meter Relay Junior

School	Seed	Finals
1 Vernon Secondary School 'A'	47.79	46.87
1) Bicknell, Anderson JR		
2) McDonald, Ayden JR		
3) Therrien, Coby JR		
4) Lee, Jonah JR		
2 Mount Boucherie 'A'	51.40	49.64
3 Revelstoke Secondary School 'A'	54.39	50.07
1) Awad, Diego JR		
2) Dodds, Liam JR		
3) Yu, Ansley JR		
4) Nava, Aleutian JR		
4 Mount Boucherie 'B'	49.57	50.61
5 Penticton High School 'A'	50.87	50.87
1) Antilano, Lorenzo JR		
2) Zobel Bolodo, John JR		
3) Kozak, Devan JR		
4) McWhirter, Logan JR		
6 Rutland Senior 'A'	49.97	51.31
7 Salmon Arm Secondary - Jackson 'A'	52.96	52.11
1) Bonthuys, Ben JR		
2) Jurgens, Marcus JR		
3) Paton, Brody JR		
4) Bell, Kaelan JR		

Men 4x400 Meter Relay Junior

School	Seed	Finals
1 Penticton High School 'A'	3:57.60	3:49.78
1) Kozak, Devan JR		
2) Rahkola, Maverik JR		
3) Hayden, Miles JR		
4) Antilano, Lorenzo JR		
2 Revelstoke Secondary School 'A'	4:07.38	4:02.77
1) Nava, Aleutian JR		
2) Dodds, Liam JR		
3) Yu, Ansley JR		
4) Awad, Diego JR		
3 Mount Boucherie 'A'	3:59.50	4:05.49
4 Vernon Secondary School 'A'	4:10.98	4:06.45
1) Bicknell, Anderson JR		
2) McDonald, Ayden JR		

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....Men 4x400 Meter Relay Junior

3) Therrien, Coby JR	4) Lee, Jonah JR		
5 Okanagan Mission 'A'		3:55.00	4:09.46
1) Poitras, Wyatt JR	2) Suri, Aaryan JR		
3) Collingwood, Cai JR	4) Porter, Mateo JR		
6 WL Seaton 'A'		4:10.53	4:25.18
1) Mitchell, Luke JR	2) Girard, Jacob JR		
3) Heidt, Simon JR	4) Westley, Eric JR		

Men High Jump Junior

Name	Year	School	Seed	Finals
1 Brown, Walker	JR	Dr Knox Midd	1.75m	1.80m
1.60 1.65 1.70 1.75 1.80 1.85				
O O O XO XO XXX				
2 Sharp, Tristan	JR	Kelowna Christian	1.70m	1.75m
1.55 1.60 1.65 1.70 1.75 1.80				
O O O O O XXX				
3 Robinson, Ian	JR	Summerland S	1.55m	1.70m
1.45 1.50 1.55 1.60 1.65 1.70 1.75				
O O O O O XO XXX				
4 Tudan, Ben	JR	King's Chris	1.50m	1.65m
1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70				
O XO O O O XO O XXX				
5 Biggar, Zane	JR	Valleyview S	1.60m	J1.65m
1.45 1.50 1.55 1.60 1.65 1.70				
O O O O XXO XXX				
6 Zacharias, Kaelan	JR	A L Fortune	1.60m	1.60m
1.40 1.45 1.50 1.55 1.60 1.65				
O O O XO O XXX				
7 Yu, Ansley	JR	Revelstoke S	1.55m	1.55m
1.35 1.40 1.45 1.50 1.55 1.60				
O O XO O XXO XXX				
8 Etchart, Miguel	JR	Merritt Secondary	1.30m	1.30m
1.30 1.35				
O XXX				

Men Pole Vault Junior

Name	Year	School	Seed	Finals
1 Heer, Tomas	JR	South Kamloo	2.70m	2.60m
2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70				
O - - - XO O O XXX				

Men Long Jump Junior

Name	Year	School	Seed	Finals	Wind
1 Robinson, Ian	JR	Summerland S	5.38m	5.69m	+0.0
5.25m(+0.3) 5.49m(+0.0) 5.69m(+0.0) 5.00m(+0.0)					
2 Schuch, Stefan	JR	Vernon Christian	5.31m	5.50m	0.6
5.12m(+0.2) 5.50m(+0.6) 5.25m(+0.0) 5.45m(+0.1) 5.27m(+0.0)					
3 Quinton, Tyler	JR	Valleyview S	4.94m	5.43m	0.3
5.43m(+0.3) 4.94m(+0.2) 5.09m(+0.1) 4.63m(+0.1) 4.64m(+0.4)					

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...Men Long Jump Junior

4 Lee, Jonah	JR Vernon Secon	5.34m	5.42m	+0.0
5.00m(0.1)	5.42m(+0.0)	4.85m(+0.0)	5.35m(+0.0)	X
5 Carne, Seth	JR Westsyde Secondary	5.09m	5.41m	+0.0
X	X	5.38m(+0.0)	5.41m(+0.0)	X
6 Yu, Ansley	JR Revelstoke S	5.06m	5.37m	0.1
4.98m(0.3)	5.16m(+0.0)	4.93m(+0.0)	5.33m(+0.0)	5.37m(0.1)
7 Bolodo, John	JR Penticton Hi	5.00m	5.34m	+0.0
4.92m(0.2)	5.34m(+0.0)	X	5.29m(0.1)	X
8 Moore, Keenan	JR Mount Boucherie	4.95m	5.09m	0.4
4.86m(0.1)	4.67m(0.4)	5.09m(0.4)	5.08m(1.2)	X
9 Atilano, Lorenzo	JR Penticton Hi	4.50m	4.67m	+0.0
4.32m(0.3)	X	4.44m(+0.0)	4.61m(+0.0)	4.67m(+0.0)
10 Rossouw, Werner	JR Westsyde Secondary	4.19m	4.44m	0.1
4.44m(0.1)	4.05m(0.3)	4.16m(+0.0)	4.03m(+0.0)	4.04m(+0.0)

Men Triple Jump Junior

Name	Year School	Seed	Finals	Wind
1 Hanzek, Gabriel	JR Immaculata HS	11.50m	11.50m	+0.0
11.40m(+0.0)	11.37m(+0.0)	11.43m(-0.5)	10.99m(+0.0)	11.50m(+0.0)
2 Carne, Seth	JR Westsyde Secondary	11.24m	11.24m	+0.0
10.70m(-0.7)	11.24m(+0.0)	11.15m(+0.0)	10.18m(0.1)	X(+0.0)
3 Bruce, Beckham	JR Mount Boucherie	10.56m	10.56m	+0.0
X	9.81m(+0.0)	9.54m(+0.0)	10.16m(+0.0)	10.56m(+0.0)
4 Illingworth, Miles	JR Princess Mar	10.12m	10.12m	0.6
10.12m(0.6)	X	10.00m(+0.0)	-(+0.0)	10.07m(+0.0)
5 Jurgens, Marcus	JR Salmon Arm S	9.24m	9.89m	+0.0
9.47m(-1.4)	9.70m(+0.0)	9.29m(1.1)	9.86m(+0.0)	9.89m(+0.0)
6 Dodds, Liam	JR Revelstoke S	9.35m	9.51m	+0.0
9.26m(-2.1)	X	X	9.11m(+0.0)	9.51m(+0.0)

Men Shot Put 5 kg Junior

Name	Year School	Seed	Finals
1 Van Zyl, Zander	JR Kelowna Seco	13.17m	13.61m
13.48m	13.36m	X	13.30m
2 Tudan, Ben	JR King's Chris	10.48m	11.19m
10.20m	10.53m	10.74m	10.76m
3 Simpso, Jacob	JR A L Fortune	9.76m	10.47m
9.12m	9.79m	9.91m	X
4 Poitras, Wyatt	JR Okanagan Mission	10.08m	10.15m
9.64m	8.96m	9.89m	10.15m
5 Arnold, Aiden	JR Revelstoke S	9.84m	10.11m
10.11m	9.31m	X	8.79m

Men Discus Throw 1.5 kg Junior

Name	Year School	Seed	Finals
1 Van Zyl, Zander	JR Kelowna Seco	40.65m	38.83m
X	34.67m	X	X
2 Arnold, Aiden	JR Revelstoke S	27.65m	29.20m
27.88m	28.78m	29.20m	X

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...Men Discus Throw 1.5 kg Junior

3 Crockford Alvarez, Justi	JR Aberdeen Hal	23.98m	24.45m
	22.29m 23.12m 24.45m 21.23m X		
4 Etchart, Miguel	JR Merritt Secondary	14.67m	19.63m
	15.52m 18.42m 19.63m 18.32m		

Men Hammer Throw 5 kg Junior

Name	Year School	Seed	Finals
1 Van Zyl, Zander	JR Kelowna Seco	41.09m	44.01m
	28.40m 30.55m 39.09m 44.01m X		
2 Arnold, Aiden	JR Revelstoke S	24.07m	23.15m
	23.15m 18.41m - - -		
3 Suri, Aaryan	JR Okanagan Mission	17.69m	19.51m
	X 19.51m - - -		

Men Javelin Throw 700 gram Junior

Name	Year School	Seed	Finals
1 Beck, Chazz (charles)	JR Sa-Hali Secondary	36.14m	37.51m
	36.12m 35.51m 34.05m 36.23m 37.51m		
2 Zacharias, Kaelan	JR A L Fortune	35.25m	36.76m
	36.76m 36.36m 33.92m 34.31m 35.54m		
3 Erwin, Daniel	JR Revelstoke S	28.92m	35.47m
	31.40m 30.33m 29.82m 30.69m 35.47m		
4 Wardman, Kynan	JR Kelowna Christian		34.90m
	34.90m 27.53m 31.46m 34.71m 30.72m		
5 Illingworth, Miles	JR Princess Mar	31.56m	34.39m
	- 32.04m 29.27m X 34.39m		
6 Sturko, Nate	JR Glenrosa Mid	27.21m	32.63m
	X 24.92m 32.63m 32.15m 31.06m		
7 Kenyon, Noah	JR Revelstoke S	31.47m	31.15m
	X X X 31.15m 28.23m		
8 Garchinski, Magni	JR Mount Boucherie	33.81m	26.50m
	25.52m 25.56m X X 26.50m		
9 McWhirter, Logan	JR Penticton Hi	21.63m	25.08m
	25.08m 23.28m 22.05m 20.70m 19.07m		

Men 100 Meter Dash Senior

Name	Year School	Seed	Finals	Wind
1 Infanti, Lynden	SR Kelowna Seco	11.73	11.65	-1.3
2 Gokiert, Isaac	SR Kelowna Seco	11.75	11.69	-1.3
3 Lutes, Justin	SR Kelowna Seco	11.98	11.72	-1.3
4 Tishenko, Ben	SR Vernon Christian	11.89	12.06	-1.3
5 Redelinghuys, Hendri	SR Vernon Christian	12.02	12.41	-1.3
6 Murphy, Joe	SR Vernon Seco	12.14	12.44	-1.3
7 Rougeau, Kyle	SR Penticton Hi	12.82	12.58	-1.3

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Men 200 Meter Dash Senior

Name	Year School	Seed	Finals	Wind
1 Haughton, Pishon	SR Okanagan Mission	23.57	21.88	+0.0
2 Maryniuk, Jack	SR Salmon Arm S	23.44	22.99	+0.0
3 Gokiert, Isaac	SR Kelowna Seco	23.71	23.25	+0.0
4 Carr, Tyson	SR Kelowna Seco	23.91	23.53	+0.0
5 Tishenko, Ben	SR Vernon Christian	24.37	24.25	+0.0
6 Oland, James	SR Kelowna Seco	24.05	24.32	+0.0
7 Rougeau, Kyle	SR Penticton Hi	26.77	25.58	+0.0
-- Archer, Evan	SR Salmon Arm S	26.33	DNF	+0.0

Men 400 Meter Dash Senior

Name	Year School	Seed	Finals
1 Haughton, Pishon	SR Okanagan Mission	51.92	50.44
2 Carr, Tyson	SR Kelowna Seco	52.21	52.04
3 Maryniuk, Jack	SR Salmon Arm S	55.11	54.69
4 Redelinghuys, Hendri	SR Vernon Christian	55.05	55.57
5 Daniels, Ayrton	SR Kelowna Seco	56.42	58.96
6 Oliver, Ryder	SR Salmon Arm S	62.41	60.83

Men 800 Meter Run Senior

Name	Year School	Seed	Finals
1 Pinsonneault, Matt	SR Penticton Hi	2:09.42	2:07.54
2 Lehmann, Bryce	SR Sa-Hali Secondary	2:11.64	2:08.75
3 Humphrey, Andrew	SR Sa-Hali Secondary	2:15.58	2:14.19
4 Bakker, Simon	SR Salmon Arm S	2:18.70	2:18.72
5 Nimsombun, Aomsin	SR Okanagan Mission	2:26.06	2:24.49

Men 1500 Meter Run Senior

Name	Year School	Seed	Finals
1 Lehmann, Bryce	SR Sa-Hali Secondary	4:32.30	4:27.35
2 Pinsonneault, Matt	SR Penticton Hi	4:23.89	4:27.92
3 Humphrey, Andrew	SR Sa-Hali Secondary	4:37.27	4:36.76
4 Frost, Blake	SR WL Seaton	5:05.93	5:04.93
5 Nimsombun, Aomsin	SR Okanagan Mission	5:14.53	5:08.29

Men 3000 Meter Run Senior

Name	Year School	Seed	Finals
1 Calkins, Sam	SR Salmon Arm S	9:36.02	9:31.38
2 Humphrey, Andrew	SR Sa-Hali Secondary	9:41.19	9:33.46
3 Ayotte, Frankie	SR Salmon Arm S	10:18.78	10:14.92
4 Chiogna, Jacopo	SR South Kamloo	10:32.01	10:44.79
-- Ashton, Drew	SR Princess Mar	11:26.94	DNF

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Men 110 Meter Hurdles Senior

10 x 36" (0.914m) (13.72m-9.14m-14.02m - Blue)

Name	Year School	Seed	Finals	Wind
1 Unger, Aaron	SR King's Chris	19.27	18.54	0.6
2 Chancellor, David	SR King's Chris	21.19	19.92	0.6
3 Hansma, Nathan	SR King's Chris	20.74	19.97	0.6

Men 400 Meter Hurdles Senior

10 x 36" (0.914m) (45m-35m-40m)

Name	Year School	Seed	Finals
1 Carr, Tyson	SR Kelowna Seco	60.18	59.72
2 Unger, Aaron	SR King's Chris	65.91	66.00
3 Chancellor, David	SR King's Chris	77.44	71.65

Men 2000 Meter Steeplechase Senior

33" (0.762m) with water

Name	Year School	Seed	Finals
1 Calkins, Sam	SR Salmon Arm S	7:23.93	6:47.31
2 Ayotte, Frankie	SR Salmon Arm S	7:32.64	7:39.56
3 Achtem, Nathan	SR Kelowna Seco	7:39.32	7:39.84
4 Unger, Aaron	SR King's Chris	7:46.35	7:39.88

Men 4x100 Meter Relay Senior

School	Seed	Finals
1 Kelowna Secondary School 'A'	46.14	44.82
1) Lutes, Justin SR		
2) Carr, Tyson SR		
3) Gokiert, Isaac SR		
4) Gainey, Max SR		
2 Okanagan Mission 'A'	48.84	47.39
1) Ostrom, Tyler SR		
2) Haughton, Pishon SR		
3) Nimsombun, Aomsin SR		
4) Wilson, Braylon SR		
3 Kelowna Secondary School 'B'	47.69	47.48
1) Daniels, Ayrton SR		
2) Wilson, Simon SR		
3) Oland, James SR		
4) Despina, Kyle JR		
4 Vernon Christian 'A'	47.60	47.81
1) Redelinghuys, Hendri SR		
2) Thompson, Tristan SR		
3) Barry, Zack SR		
4) Tishenko, Ben SR		
5) Leyenhorst, Jacob JR		
6)		
-- Salmon Arm Secondary - Sulliva 'A'	50.62	DQ TR 24.7
1) Owens, Jack SR		
2) Norlin, Jute SR		
3) Oliver, Ryder SR		
4) Archer, Evan SR		
-- Vernon Secondary School 'A'	50.71	DQ TR 24.7
1) Curtis, Jeff JR		
2)		
3) Hove, Cisko SR		
4) Murphy, Joe SR		

Men 4x400 Meter Relay Senior

School	Seed	Finals
1 Kelowna Secondary School 'A'	3:55.75	3:42.70

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...Men 4x400 Meter Relay Senior

2 Okanagan Mission 'A'	4:12.73	3:52.48
1) Ostrom, Tyler SR	2) Nimsombun, Aomsin SR	
3) Wilson, Braylon SR	4) Haughton, Pishon SR	
3 Salmon Arm Secondary - Sulliva 'A'	4:10.06	3:58.77
1) Calkins, Sam SR	2) Ayotte, Frankie SR	
3) Bakker, Simon SR	4) Owens, Jack SR	
5) Beck, Kaiden SR	6)	
4 King's Christian School 'B'	4:14.12	4:01.31
1) North, Matthew SR	2) Unger, Aaron SR	
3) Hansma, Nathan SR	4) Tudan, Ben JR	
5) Richmond, Mikah SR	6)	
5 King's Christian School 'A'	4:21.96	4:08.00
1) Luth, Darin SR	2) Chancellor, David SR	
3) Richmond, Mikah SR	4) Schroeder, Silas SR	
5) Tudan, Ben JR	6)	

Men High Jump Senior

Name	Year School	Seed	Finals
1 Platten, Dominic	SR Kelowna Christian	1.85m	1.75m
1.60 1.65 1.70 1.75 1.80			
O O O O XXX			
2 Moore, Eric	SR Salmon Arm S	1.70m	1.70m
1.40 1.55 1.60 1.65 1.70 1.75			
O O O O O XXX			
3 Podmoroff, Tyson	SR Mount Boucherie	1.60m	1.55m
1.40 1.45 1.50 1.55 1.60			
O O XO O XXX			
4 Tishenko, Ben	SR Vernon Christian	1.65m	1.40m
1.40			
O			

Men Pole Vault Senior

Name	Year School	Seed	Finals
1 Schroeder, Silas	SR King's Chris	2.60m	2.40m
2.00 2.20 2.40 2.50 2.60			
O XO O - XXX			
2 Richmond, Mikah	SR King's Chris	2.30m	2.00m
1.50 2.00			
O O			

Men Long Jump Senior

Name	Year School	Seed	Finals	Wind
1 Infanti, Lynden	SR Kelowna Seco	6.10m	6.33m	+0.0
X 6.33m(+0.0)				
2 Daniels, Ayrton	SR Kelowna Seco	5.70m	5.91m	+0.0
X 5.50m(0.5) 5.91m(+0.0) 5.46m(+0.0) 5.61m(+0.0)				
3 Bergmann, Finn	SR George Elliot	5.48m	5.55m	+0.0
5.18m(+0.0) 5.55m(+0.0) 5.50m(+0.0) 5.49m(+0.0) 5.18m(+0.0)				

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....Men Long Jump Senior

4 Moore, Eric	SR Salmon Arm S	5.40m	5.42m	+0.0
5.10m(+0.0) 5.37m(0.2) 5.13m(+0.0) 5.42m(+0.0) 5.18m(+0.0)				
5 Luth, Darin	SR King's Chris	5.25m	5.15m	+0.0
5.15m(+0.0) 4.88m(+0.0) 4.98m(0.1) 5.13m(+0.0) 4.96m(0.2)				
6 Hove, Cisko	SR Vernon Secon	5.02m	4.85m	+0.0
4.82m(0.4) 4.78m(0.5) 4.81m(+0.0) 4.85m(+0.0) 4.75m(+0.0)				

Men Triple Jump Senior

Name	Year School	Seed	Finals	Wind
1 Chala, Brady	SR Sa-Hali Secondary	12.21m	11.55m	0.4
11.39m(-0.9) 10.21m(+0.0) 11.34m(+0.0) 11.48m(1.2) 11.55m(0.4)				
2 Moore, Eric	SR Salmon Arm S	11.42m	11.38m	0.1
10.45m(-0.0) 10.79m(+0.0) 10.91m(-0.6) 11.04m(+0.0) 11.38m(0.1)				
3 Bergmann, Finn	SR George Elliot	11.13m	11.28m	-0.5
10.64m(-0.0) X 11.28m(-0.5) 11.00m(-0.2) 10.84m(+0.0)				
4 Kritzinger, Marnu	SR George Elliot	11.47m	11.23m	+0.0
9.09m(-1.2) 10.96m(-0.3) X(+0.0) 11.23m(+0.0) 11.03m(+0.0)				
5 Ostrom, Tyler	SR Okanagan Mission	11.19m	10.67m	-0.1
10.30m(-0.0) 10.67m(-0.1) 10.58m(-0.1) 10.52m(+0.0) X(0.1)				
6 Beck, Kaiden	SR Salmon Arm S	9.92m	10.27m	+0.0
X(-0.3) 10.09m(-0.9) 10.27m(+0.0) 10.25m(+0.0) 9.98m(0.8)				

Men Shot Put 6 kg Senior

Name	Year School	Seed	Finals
1 Pickering, Ben	SR Rutland Senior	11.39m	11.03m
11.03m 10.57m 10.86m 10.48m 10.89m			
2 Newman, Nicholas	SR Clarence Ful	9.99m	10.77m
10.62m 10.48m 10.77m 10.39m 10.05m			
3 Starling, Micah	SR Revelstoke S	10.28m	9.54m
9.21m X 8.67m 9.20m 9.54m			
4 Hove, Cisko	SR Vernon Secon	9.05m	9.05m
8.74m 9.05m 8.11m 8.75m 9.00m			

Men Discus Throw 1.75 kg Senior

Name	Year School	Seed	Finals
1 Newman, Nicholas	SR Clarence Ful	34.81m	34.55m
28.11m 34.41m 31.65m 34.55m X			
2 Starling, Micah	SR Revelstoke S	27.29m	31.89m
X 27.63m X 31.89m X			
3 Schroeder, Silas	SR King's Chris	24.66m	26.52m
25.26m 26.52m 19.68m X 21.95m			
4 Pickering, Ben	SR Rutland Senior	26.82m	25.13m
- - 22.53m 25.13m			

Men Hammer Throw 6 kg Senior

Name	Year School	Seed	Finals
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...Men Hammer Throw 6 kg Senior

1	Zabihi, Kian	SR Sa-Hali Secondary	62.85m	54.55m
	54.55m - - - -			
2	Thibeault, Matthew	SR Revelstoke S	15.37m	18.76m
	18.76m 17.32m - - -			
3	Neustaeter, Easton	SR George Elliot	16.89m	18.33m
	X 17.20m 16.76m 15.59m 18.33m			

Men Javelin Throw 800 gram Senior

Name	Year	School	Seed	Finals
1 Starling, Micah	SR	Revelstoke S	43.18m	46.15m
	39.18m	46.15m	43.42m	43.37m 43.84m
2 Richmond, Mikah	SR	King's Chris	39.19m	42.52m
	34.18m	42.52m	X X	39.08m
3 North, Matthew	SR	King's Chris	43.40m	40.75m
	40.26m	38.30m	37.19m	40.75m X
4 Neustaeter, Easton	SR	George Elliot	20.61m	22.21m
	X	22.21m	X	19.00m 20.75m

Men 1500 Meter Race Walk Senior

Name	Year	School	Seed	Finals
1 Chancellor, David	SR	King's Chris	11:48.20	11:48.20