

North and West Zones Championships Meet
 May 9, 2023
 Hillside Stadium, Kamloops, BC

List of Events Offered

Boys			Events	Girls		
Senior	Junior	Gr. 8		Gr. 8	Junior	Senior
X	X	X	100m	X	X	X
X	X	X	200m	X	X	X
X	X	X	800m	X	X	X
X	X	X	1500m	X	X	X
			80mH	X	X	
	X	X	100mH			X
X			110mH			
		X	200mH	X		
	X		300mH		X	
X			400mH			X
	X		1500m SC (water)		X	X
X			2000m SC (water)			
X	X	X	4x100m	X	X	X
X	X	X	4x400m	X	X	X
X	X	X	HJ	X	X	X
X	X	X	LJ	X	X	X
X	X	X	TJ	X	X	X
X	X	X	SP	X	X	X
X	X	X	DT	X	X	X
X	X	X	HT	X	X	X
X	X	X	JT	X	X	X
X	X	X	PV	X	X	X