

2022 North and West Zone Championships
Hillside Stadium, Kamloops,BC
Results

Event 1 Women 100 Meter Dash Gr 8

Name	Yr	School	Finals	Wind	H#
Finals					
1 Melvin, Anna	9	Len Wood Middle School,Armstrong	14.30	-3.0	1
2 Andrews, Kaitlyn	8	Charles Bloom Secondary,Lumby	15.04	-3.0	1
3 Koebel, Gabi	8	Vernon Christian,Vernon	15.50	-5.8	2
4 Beaumont, Andrea	8	Vernon Christian,Vernon	15.70	-3.0	1
5 Bzowy, Kennedy	8	Charles Bloom Secondary,Lumby	15.78	-5.8	2
6 Williams, Katayra	8	Len Wood Middle School,Armstrong	16.15	-5.8	2
7 Cochrane, Reece	8	Revelstoke S,Revelstoke	16.17	-5.8	2
8 Corbett, Ruby	8	Revelstoke S,Revelstoke	16.60	-5.8	2
9 Barna, Faryal	8	Revelstoke S,Revelstoke	17.18	-3.0	1
--- Taylor, Sierra	8	WL Seaton,Vernon	SCR	-3.0	1
--- Jaakkola, Kiira	8	Revelstoke S,Revelstoke	SCR	-5.8	2

Event 2 Men 100 Meter Dash Gr 8

Name	Yr	School	Finals	Wind
Finals				
1 McDonald, Ayden	8	Vernon Secondary School,Vernon	12.94	-2.0
2 Le May, Connor	8	Charles Bloom Secondary,Lumby	14.91	-2.0
--- Schuch, Stefan	8	Vernon Christian,Vernon	SCR	-2.0
--- Smith, Gibson	8	Len Wood Middle School,Armstrong	SCR	

Event 3 Women 100 Meter Dash Junior

Name	Yr	School	Finals	Wind	H#
Finals					
1 Widmer, Ilaria	9	Revelstoke S,Revelstoke	14.36	-2.2	2
2 Schmor, Ella	10	King's Christian School,Enderby	14.79	-3.5	1
3 Grabinsky, Rachel	9	Revelstoke S,Revelstoke	14.81	-3.5	1
4 Giesbrecht, Ellie	9	Salmon Arm Secondary - Jackson	14.81	-2.2	2
5 Cochrane, Avery	9	Revelstoke S,Revelstoke	14.90	-2.2	2
6 Kaltiainen, Ruby	10	WL Seaton,Vernon	15.19	-3.5	1
7 Menzies, Isabelle	9	Salmon Arm Secondary - Jackson	16.13	-2.2	2
8 Bakewell, Vanessa	10	King's Christian School,Salmon Arm	17.67	-3.5	1

Event 4 Men 100 Meter Dash Junior

Name	Yr	School	Finals	Wind	H#
Finals					
1 Tishenko, Ben	10	Vernon Christian,Vernon	12.85	-4.9	2
2 Bicknell, Anderson	9	Vernon Secondary School,Vernon	13.09	-4.9	2
3 Lee, Jonah	9	Vernon Secondary School,Vernon	13.11	-2.5	1
4 McNamara, Maddox	9	Pleasant Valley	13.19	-4.9	2
5 Hove, Cisko	10	Vernon Secondary School,Vernon	13.83	-4.9	2
6 Archer, Evan	10	Salmon Arm Secondary - Jackson	13.90	-4.9	2
7 Acton, Alexander	9	Revelstoke S,Revelstoke	13.99	-2.5	1
8 Hammond, Oliver	9	Revelstoke S,Revelstoke	15.26	-4.9	2
9 Norlin, Jute	10	Salmon Arm Secondary - Jackson	15.60	-2.5	1

Event 5 Women 100 Meter Dash Senior

Name	Yr	School	Finals	Wind	H#
Finals					
1 Stevenson, Emily	11	King's Christian School,Salmon Arm	13.57	-1.6	2

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	Name	Yr	School	Finals	Wind	H#
2	Barry, Victoria	12	Vernon Christian,Vernon	13.71	-2.5	1
3	Slager, Olive	11	Revelstoke S,Revelstoke	14.72	-2.5	1
4	Chersoni, Anna	12	Pleasant Valley	14.99	-1.6	2
5	Lloyd, Emma	12	Salmon Arm Secondary - Sulliva	15.72	-1.6	2
6	Thurston, Faith	11	Salmon Arm Secondary - Sulliva	17.25	-2.5	1

Event 6 Men 100 Meter Dash Senior

	Name	Yr	School	Finals	Wind	
Finals						
1	Maryniuk, Jack	11	Salmon Arm Secondary - Sulliva	11.91	-3.0	
2	Siddons, Jed	12	Pleasant Valley	12.53	-3.0	
3	Redelinghuys, Hendri	11	Vernon Christian,Vernon	12.70	-3.0	
4	Murphy, Joe	11	Vernon Secondary School,Vernon	12.82	-3.0	

Event 11 Women 200 Meter Dash Gr 8

	Name	Yr	School	Finals	Wind	H#
Finals						
1	Melvin, Anna	9	Len Wood Middle School,Armstrong	29.00	-2.9	2
2	Koebel, Gabi	8	Vernon Christian,Vernon	31.25	-2.9	2
3	Beaumont, Andrea	8	Vernon Christian,Vernon	32.22	-3.2	1
4	Cochrane, Reece	8	Revelstoke S,Revelstoke	32.89	-2.9	2
5	Williams, Katayra	8	Len Wood Middle School,Armstrong	33.90	-3.2	1
6	Corbett, Ruby	8	Revelstoke S,Revelstoke	34.01	-3.2	1
---	Barna, Faryal	8	Revelstoke S,Revelstoke	SCR	-2.9	2

Event 12 Men 200 Meter Dash Gr 8

	Name	Yr	School	Finals	Wind
Finals					
1	McDonald, Ayden	8	Vernon Secondary School,Vernon	26.06	-4.2
2	Westley, Eric	8	WL Seaton,Vernon	28.65	-4.2
3	Stevenson, Jesse	8	King's Christian School,Salmon Arm	30.16	-4.2

Event 13 Women 200 Meter Dash Junior

	Name	Yr	School	Finals	Wind
Finals					
1	Cochrane, Avery	9	Revelstoke S,Revelstoke	31.63	-5.2
2	Kaltainen, Ruby	10	WL Seaton,Vernon	31.65	-5.2

Event 14 Men 200 Meter Dash Junior

	Name	Yr	School	Finals	Wind	H#
Finals						
1	Bicknell, Anderson	9	Vernon Secondary School,Vernon	25.85	-2.9	2
2	Norlin, Jute	10	Salmon Arm Secondary - Jackson	26.33	-2.9	2
3	McNamara, Maddox	9	Pleasant Valley	26.57	-2.9	2
4	Awad, Diego	9	Revelstoke S,Revelstoke	26.96	-3.9	1
5	Hove, Cisko	10	Vernon Secondary School,Vernon	27.82	-2.9	2
6	Archer, Evan	10	Salmon Arm Secondary - Jackson	28.15	-3.9	1
7	Liman, Ben	9	Vernon Christian,Vernon	29.27	-2.9	2
8	Whitty, Nicholas	9	Revelstoke S,Revelstoke	30.62	-2.9	2
---	Gauthier, Isaac	10	Vernon Christian,Vernon	SCR	-3.9	1

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Event 15 Women 200 Meter Dash Senior

Name	Yr	School	Finals	Wind
Finals				
1 Stevenson, Emily	11	King's Christian School,Salmon Arm	28.51	-4.3
2 Barry, Victoria	12	Vernon Christian,Vernon	29.32	-4.3
3 Vicars, Caillie	11	Salmon Arm Secondary - Sulliva	30.12	-4.3
4 Chersoni, Anna	12	Pleasant Valley	33.14	-4.3
5 Thurston, Faith	11	Salmon Arm Secondary - Sulliva	37.42	-4.3

Event 16 Men 200 Meter Dash Senior

Name	Yr	School	Finals	Wind	H#
Finals					
1 Maryniuk, Jack	11	Salmon Arm Secondary - Sulliva	24.27	-4.5	2
2 Siddons, Jed	12	Pleasant Valley	25.58	-4.5	2
3 Murphy, Joe	11	Vernon Secondary School,Vernon	26.22	-4.5	2
4 North, William	12	King's Christian School,Enderby	27.26	-4.5	2
--- Redelinghuys, Hendri	11	Vernon Christian,Vernon	SCR	NWI	1

Event 21 Women 400 Meter Dash Gr 8

Name	Yr	School	Finals
Finals			
1 Koebel, Gabi	8	Vernon Christian,Vernon	72.81
2 Andrews, Kaitlyn	8	Charles Bloom Secondary,Lumby	73.37
3 Bzowy, Kennedy	8	Charles Bloom Secondary,Lumby	77.14
4 Boyle, Isla	8	WL Seaton,Vernon	1:20.68
5 Barna, Faryal	8	Revelstoke S,Revelstoke	1:25.63
6 Woodman, Fiona	8	Revelstoke S,Revelstoke	1:29.24
--- Jaakkola, Kiira	8	Revelstoke S,Revelstoke	SCR
--- Brown, Claire	8	Revelstoke S,Revelstoke	SCR

Event 22 Men 400 Meter Dash Gr 8

Name	Yr	School	Finals
Finals			
1 Westley, Eric	8	WL Seaton,Vernon	65.83
2 Matthies, Alexander	8	WL Seaton,Vernon	75.53

Event 23 Women 400 Meter Dash Junior

Name	Yr	School	Finals
Finals			
1 Cross, Grace	10	Salmon Arm Secondary - Jackson	72.18
2 Parilak, Mishka	10	Vlearn.Ca,Vernon	72.19
3 Peterson, Sam	10	Salmon Arm Secondary - Jackson	1:23.64

Event 24 Men 400 Meter Dash Junior

Name	Yr	School	Finals
Finals			
1 Awad, Diego	9	Revelstoke S,Revelstoke	59.82
2 Unger, Aaron	10	King's Christian School,Salmon Arm	60.04
3 Oliver, Ryder	10	Salmon Arm Secondary - Jackson	63.46

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Event 25 Women 400 Meter Dash Senior

Name	Yr	School	Finals
Finals			
1 Vicars, Caillie	11	Salmon Arm Secondary - Sulliva	64.33
2 Cameron, Fia	11	Revelstoke S,Revelstoke	67.83
3 Findlay, Katie	12	Salmon Arm Secondary - Sulliva	74.34
4 Lehmann, Ruth	11	Salmon Arm Secondary - Sulliva	74.69

Event 26 Men 400 Meter Dash Senior

Name	Yr	School	Finals
Finals			
1 Moore, Eric	11	Salmon Arm Secondary - Sulliva	56.22
2 Scheerer, Jank	11	Salmon Arm Secondary - Sulliva	61.46
3 Luth, Darin	11	King's Christian School,Enderby	62.44
--- Takhar, Ashton Singh	12	Clarence Fulton Secondary,Vernon	SCR

Event 31 Women 800 Meter Run Gr 8

Name	Yr	School	Finals
Finals			
1 Royle, Maya	8	Revelstoke S,Revelstoke	2:40.62
2 Beaumont, Andrea	8	Vernon Christian,Vernon	2:54.38
3 Woodman, Fiona	8	Revelstoke S,Revelstoke	3:09.16
4 Brown, Claire	8	Revelstoke S,Revelstoke	3:09.41
5 Wiebe, Mikayla	8	Len Wood Middle School,Armstrong	3:12.39
--- Koebel, Gabi	8	Vernon Christian,Vernon	SCR

Event 32 Men 800 Meter Run Gr 8

Name	Yr	School	Finals
Finals			
1 Westley, Eric	8	WL Seaton,Vernon	2:30.15
2 Matthies, Alexander	8	WL Seaton,Vernon	2:54.95
--- Tomm, Rory	8	Revelstoke S,Revelstoke	SCR

Event 33 Women 800 Meter Run Junior

Name	Yr	School	Finals
Finals			
1 Zuidhof, Tianna		King's Christian School,Salmon Arm	2:36.70
2 Suergit, Louisa	9	Vernon Secondary School,Vernon	2:37.33
3 Parilak, Mishka	10	Vlearn.Ca,Vernon	2:41.17
4 Berkenbosch, Lutza		Revelstoke S,Revelstoke	2:47.13
5 Isaac, Ila	9	Pleasant Valley	2:48.92
6 Heckrodt, Eden	9	Salmon Arm Secondary - Jackson	2:52.02
7 Cross, Grace	10	Salmon Arm Secondary - Jackson	2:56.52
8 Peterson, Sam	10	Salmon Arm Secondary - Jackson	3:00.49
9 Kaltiainen, Ruby	10	WL Seaton,Vernon	3:16.78

Event 34 Men 800 Meter Run Junior

Name	Yr	School	Finals
Finals			
1 Adams, Hunter	9	Kalamalka Secondary School,Vernon	2:27.86
2 Oliver, Ryder	10	Salmon Arm Secondary - Jackson	2:35.24
3 Reid, Liam	9	Kalamalka Secondary School,Vernon	2:38.77

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Name	Yr	School	Finals
--- Breugem, Jonathan	10	Salmon Arm Secondary - Jackson	SCR
--- Subias, Tomas	10	Pleasant Valley	SCR

Event 35 Women 800 Meter Run Senior

Name	Yr	School	Finals
Finals			
1 Vukadinovic, Hilary	11	Salmon Arm Secondary - Sulliva	2:48.74
--- Cameron, Fia	11	Revelstoke S,Revelstoke	SCR
--- Gambaro, Alessia	11	Salmon Arm Secondary - Sulliva	SCR

Event 36 Men 800 Meter Run Senior

Name	Yr	School	Finals
Finals			
1 Takhar, Ashton Singh	12	Clarence Fulton Secondary,Vernon	2:06.83
2 Spark, Hayden	10	Anchor Academy,McLure	2:27.50
3 Moore, Eric	11	Salmon Arm Secondary - Sulliva	3:43.01

Event 41 Women 1500 Meter Run Gr 8

Name	Yr	School	Finals
Finals			
1 Royle, Maya	8	Revelstoke S,Revelstoke	5:28.95
2 Brown, Claire	8	Revelstoke S,Revelstoke	6:31.26
3 Boyle, Isla	8	WL Seaton,Vernon	6:38.06

Event 42 Men 1500 Meter Run Gr 8

Name	Yr	School	Finals
Finals			
1 Roodzant, Benjamin	8	King's Christian School,Enderby	5:49.08
2 Matthies, Alexander	8	WL Seaton,Vernon	6:02.77
--- Tomm, Rory	8	Revelstoke S,Revelstoke	SCR

Event 43 Women 1500 Meter Run Junior

Name	Yr	School	Finals
Finals			
1 Parilak, Mishka	10	Vlearn.Ca,Vernon	5:31.47
2 Berkenbosch, Lutza		Revelstoke S,Revelstoke	5:33.76
3 Pighin, Kiara	9	Clarence Fulton Secondary,Vernon	5:38.86
4 Isaac, Ila	9	Pleasant Valley	6:08.29
--- Brooks, Hazel	10	Salmon Arm Secondary - Jackson	SCR
--- Heckrodt, Eden	9	Salmon Arm Secondary - Jackson	SCR
--- Sanders, Leila	9	Charles Bloom Secondary,Lumby	SCR
--- Muddiman, Emma	10	Salmon Arm Secondary - Jackson	SCR

Event 44 Men 1500 Meter Run Junior

Name	Yr	School	Finals
Finals			
1 Subias, Tomas	10	Pleasant Valley	5:03.58
2 Overend, Jaden	10	Vernon Christian,Vernon	5:04.69
3 Orchard, Callum	10	Salmon Arm Secondary - Jackson	5:20.15
4 Adams, Hunter	9	Kalamalka Secondary School,Vernon	5:24.24
5 Reid, Liam	9	Kalamalka Secondary School,Vernon	5:24.33

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Name	Yr	School	Finals
--- Breugem, Jonathan	10	Salmon Arm Secondary - Jackson	SCR

Event 45 Women 1500 Meter Run Senior

Name	Yr	School	Finals
Finals			
1 MacLeod, Maeve	11	Revelstoke S,Revelstoke	5:24.41
2 Vukadinovic, Sam	12	Salmon Arm Secondary - Sulliva	5:25.88
--- Parker, Taylor	11	Salmon Arm Secondary - Sulliva	SCR

Event 46 Men 1500 Meter Run Senior

Name	Yr	School	Finals
Finals			
1 Takhar, Ashton Singh	12	Clarence Fulton Secondary,Vernon	4:24.24
2 Spark, Hayden	10	Anchor Academy,McLure	5:18.46
--- Calkins, Sam	11	Salmon Arm Secondary - Sulliva	SCR
--- Ayotte, Frankie	11	Salmon Arm Secondary - Sulliva	SCR

Event 50 Women 3000 Meter Run Junior

Name	Yr	School	Finals
Finals			
1 Pighin, Kiara	9	Clarence Fulton Secondary,Vernon	11:47.05
2 Muddiman, Emma	10	Salmon Arm Secondary - Jackson	12:51.60
3 Brooks, Hazel	10	Salmon Arm Secondary - Jackson	12:55.62
4 Archer, Cara	9	Salmon Arm Secondary - Jackson	13:26.96
--- Berkenbosch, Lutza		Revelstoke S,Revelstoke	SCR
--- Sanders, Leila	9	Charles Bloom Secondary,Lumby	SCR

Event 51 Men 3000 Meter Run Junior

Name	Yr	School	Finals
Finals			
1 Orchard, Callum	10	Salmon Arm Secondary - Jackson	11:24.74
--- Subias, Tomas	10	Pleasant Valley	SCR

Event 52 Women 3000 Meter Run Senior

Name	Yr	School	Finals
Finals			
1 Vukadinovic, Sam	12	Salmon Arm Secondary - Sulliva	11:23.11
2 MacLeod, Maeve	11	Revelstoke S,Revelstoke	11:33.63
3 Parker, Taylor	11	Salmon Arm Secondary - Sulliva	13:02.50

Event 53 Men 3000 Meter Run Senior

Name	Yr	School	Finals
Finals			
1 Calkins, Sam	11	Salmon Arm Secondary - Sulliva	9:46.78
2 Ayotte, Frankie	11	Salmon Arm Secondary - Sulliva	10:00.20

Event 57 Women 1500 Meter Race Walk Junior

Name	Yr	School	Finals
Finals			
1 Sutherland, Sarah	10	King's Christian School,Salmon Arm	10:55.53
2 Bakewell, Vanessa	10	King's Christian School,Salmon Arm	11:28.27

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Event 59 Women 1500 Meter Race Walk Senior

Name	Yr	School	Finals
Finals			
--- Nickel, Hailee	11	Vernon Christian, Vernon	SCR

Event 60 Men 1500 Meter Race Walk Senior

Name	Yr	School	Finals
Finals			
1 Chancellor, David	11	King's Christian School, Salmon Arm	11:18.60

**Event 64 Women 80 Meter Hurdles 30" Junior
30" x 8 (12-8-12)**

Name	Yr	School	Finals	Wind
Finals				
1 Grabinsky, Rachel	9	Revelstoke S, Revelstoke	14.68	-3.1
2 Vermeer, Nyla	10	King's Christian School, Salmon Arm	15.39	-3.1
--- Widmer, Ilaria	9	Revelstoke S, Revelstoke	SCR	-3.1
--- Miller, Ally	10	Vernon Christian, Vernon	DNS	-3.1

**Event 68 Men 100 Meter Hurdles 33" Gr 8
33" x 10 (13-8.5-10.5)**

Name	Yr	School	Finals	Wind
Finals				
1 Stevenson, Jesse	8	King's Christian School, Salmon Arm	22.12	NWI

**Event 69 Men 100 Meter Hurdles 36" Junior
36" x 10 (13-8.5-10.5)**

Name	Yr	School	Finals	Wind
Finals				
1 Unger, Aaron	10	King's Christian School, Salmon Arm	18.66	-3.1

**Event 70 Women 100 Meter Hurdles 33" Senior
33" x 10 (13-8.5-10.5)**

Name	Yr	School	Finals	Wind
Finals				
1 Stevenson, Emily	11	King's Christian School, Salmon Arm	18.46	-4.9
2 Lloyd, Emma	12	Salmon Arm Secondary - Sulliva	22.76	-4.9
3 Martinelli, Arianna	12	Salmon Arm Secondary - Sulliva	50.61	-4.9
--- Thielman, Katie	12	Salmon Arm Secondary - Sulliva	SCR	-4.9

**Event 71 Men 110 Meter Hurdles 36" Senior
36" x 10 (13.72-9.14-14.02)**

Name	Yr	School	Finals	Wind
Finals				
1 De Hoog, Joel	12	King's Christian School, Salmon Arm	18.25	-1.5
2 North, William	12	King's Christian School, Enderby	18.89	-1.5
3 Chancellor, David	11	King's Christian School, Salmon Arm	22.75	-1.5

**Event 75 Women 200 Meter Hurdles 30" x 5 Gr 8
30" x 5 (20-35-40)**

Name	Yr	School	Finals	Wind
Finals				
1 Corbett, Ruby	8	Revelstoke S, Revelstoke	38.92	-3.1

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Finals ... (Event 75 Women 200 Meter Hurdles 30" x 5 Gr 8)

Name	Yr	School	Finals	Wind
2 Woodman, Fiona	8	Revelstoke S,Revelstoke	40.26	-3.1

Event 76 Men 200 Meter Hurdles 30" x 5 Gr 8
30" x 5 (20-35-40)

Name	Yr	School	Finals	Wind
Finals				
1 Stevenson, Jesse	8	King's Christian School,Salmon Arm	33.86	NWI
2 Hodson, Daniel	8	King's Christian School,Salmon Arm	42.95	NWI

Event 77 Women 300 Meter Hurdles 30" x 7 Junior
30" x 7 (50-35-40)

Name	Yr	School	Finals
Finals			
1 Zuidhof, Tianna		King's Christian School,Salmon Arm	51.41
2 Roodzant, Rebecca	10	King's Christian School,Enderby	52.09
3 Bakewell, Vanessa	10	King's Christian School,Salmon Arm	68.74

Event 78 Men 300 Meter Hurdles 33" x 7 Junior
33" x 7 (50-35-40)

Name	Yr	School	Finals
Finals			
1 Unger, Aaron	10	King's Christian School,Salmon Arm	49.12
--- Hansma, Nathan	10	King's Christian School,Salmon Arm	SCR

Event 82 Women 400 Meter Hurdles 30" x 10 Senior
30" x 10 (45-35-40)

Name	Yr	School	Finals
Finals			
1 Cameron, Fia	11	Revelstoke S,Revelstoke	70.68
2 Vukadinovic, Hilary	11	Salmon Arm Secondary - Sulliva	1:23.27
3 Findlay, Katie	12	Salmon Arm Secondary - Sulliva	1:26.52
--- Thielman, Katie	12	Salmon Arm Secondary - Sulliva	SCR

Event 83 Men 400 Meter Hurdles 36" x 10 Senior
36" x 10 (45-35-40)

Name	Yr	School	Finals
Finals			
1 Zuidhof, Jabin	12	King's Christian School,Salmon Arm	68.90
2 De Hoog, Joel	12	King's Christian School,Salmon Arm	76.78

Event 93 Women 1500 Meter Steeplechase 30" Junior

Name	Yr	School	Finals
Finals			
1 Muddiman, Emma	10	Salmon Arm Secondary - Jackson	6:36.36
2 Brooks, Hazel	10	Salmon Arm Secondary - Jackson	6:58.86
3 Giesbrecht, Ellie	9	Salmon Arm Secondary - Jackson	7:19.16

Event 94 Women 1500 Meter Steeplechase 30" Senior

Name	Yr	School	Finals
Finals			
1 Parker, Taylor	11	Salmon Arm Secondary - Sulliva	6:52.71
--- Vukadinovic, Hilary	11	Salmon Arm Secondary - Sulliva	SCR

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Event 98 Boys 1500 Meter Steeplechase 30" Junior

Name	Yr	School	Finals
Finals			
1 Beck, Kaiden	10	Salmon Arm Secondary - Jackson	6:01.62
--- Overend, Jaden	10	Vernon Christian, Vernon	SCR

Event 99 Men 2000 Meter Steeplechase 33" Senior

Name	Yr	School	Finals
Finals			
1 Calkins, Sam	11	Salmon Arm Secondary - Sulliva	7:28.36
2 Ayotte, Frankie	11	Salmon Arm Secondary - Sulliva	7:28.37
3 Zuidhof, Jabin	12	King's Christian School, Salmon Arm	7:47.88
4 Chancellor, David	11	King's Christian School, Salmon Arm	8:14.15

Event 103 Women 4x100 Meter Relay Gr 8

Team	Relay	Finals
Finals		
1 Revelstoke Secondary School	A	64.51
1) Corbett, Ruby 8	2) Brown, Claire 8	3) Barna, Faryal 8
		4) Cochrane, Reece 8

Event 104 Men 4x100 Meter Relay Gr 8

Team	Relay	Finals
Finals		
1 King's Christian School	A	61.08

Event 105 Women 4x100 Meter Relay Junior

Team	Relay	Finals
Finals		
1 King's Christian School	A	55.15
2 Revelstoke Secondary School	A	56.74
1) Grabinsky, Rachel 9	2) Berkenbosch, Lutza	3) Widmer, Ilaria 9
		4) Cochrane, Avery 9
3 Salmon Arm Secondary - Jackson	A	64.04
1) Giesbrecht, Ellie 9	2) Miege, Heidi 9	3) Smith, Brynne 10
		4) Heckrodt, Eden 9

Event 106 Men 4x100 Meter Relay Junior

Team	Relay	Finals
Finals		
1 Vernon Christian	A	48.39
1) Overend, Jaden 10	2) Gauthier, Isaac 10	3) Barry, Zack 10
		4) Tishenko, Ben 10
2 Vernon Secondary School	A	49.54
1) Bicknell, Anderson 9	2) Hove, Cisko 10	3) McDonald, Ayden 8
		4) Lee, Jonah 9
3 King's Christian School	A	52.21
4 Revelstoke Secondary School	A	54.70
1) Acton, Alexander 9	2) Whitty, Nicholas 9	3) Delesalle, Nicolas 9
		4) Awad, Diego 9
--- Salmon Arm Secondary - Jackson	A	SCR
1) Archer, Evan 10	2) Beck, Kaiden 10	3) Norlin, Jute 10
		4) Breugem, Jonathan 10

Event 107 Women 4x100 Meter Relay Senior

Team	Relay	Finals
Finals		
1 Salmon Arm Secondary - Sulliva	A	59.41
1) Vicars, Cailie 11	2) Thielman, Katie 12	3) Vukadinovic, Hilary 11
		4) Lloyd, Emma 12

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Event 108 Men 4x100 Meter Relay Senior

Team	Relay	Finals
Finals		
1 King's Christian School	A	51.44
--- Vernon Secondary School	A	SCR

Event 112 Women 4x400 Meter Relay Gr 8

Team	Relay	Finals
Finals		
1 Revelstoke Secondary School	A	5:11.83
1) Royle, Maya 8	2) Woodman, Fiona 8	3) Brown, Claire 8
		4) Corbett, Ruby 8

Event 113 Men 4x400 Meter Relay Gr 8

Team	Relay	Finals
Finals		
1 King's Christian School	A	5:20.56

Event 114 Women 4x400 Meter Relay Junior

Team	Relay	Finals
Finals		
1 King's Christian School	A	4:40.08
2 Salmon Arm Secondary - Jackson	A	5:21.90
1) Miede, Heidi 9	2) Heckrodt, Eden 9	3) Brooks, Hazel 10
		4) Cross, Grace 10
--- Revelstoke Secondary School	A	SCR

Event 115 Men 4x400 Meter Relay Junior

Team	Relay	Finals
Finals		
1 King's Christian School	A	4:16.39
2 Salmon Arm Secondary - Jackson	A	4:32.33
1) Orchard, Callum 10	2) Beck, Kaiden 10	3) Oliver, Ryder 10
		4) Breugem, Jonathan 10

Event 116 Women 4x400 Meter Relay Senior

Team	Relay	Finals
Finals		
1 Salmon Arm Secondary - Sulliva	A	5:01.23
1) Vicars, Caillie 11	2) Vukadinovic, Hilary 11	3) Vukadinovic, Sam 12
		4) Lehmann, Ruth 11

Event 117 Men 4x400 Meter Relay Senior

Team	Relay	Finals
Finals		
1 Salmon Arm Secondary - Sulliva	A	4:07.17
1) Moore, Eric 11	2) Ayotte, Frankie 11	3) Calkins, Sam 11
		4) Scheerer, Janik 11
2 King's Christian School	A	4:11.45

Event 133 Women High Jump Gr 8

Name	Yr	School	Finals
Finals			
1 Smith, Rebecca	8	Clarence Fulton Secondary, Vernon	1.30m
2 Taylor, Sierra	8	WL Seaton, Vernon	1.20m
3 Wiebe, Mikayla	8	Len Wood Middle School, Armstrong	1.15m
4 Bzowy, Kennedy	8	Charles Bloom Secondary, Lumby	1.10m
--- Andrews, Kaitlyn	8	Charles Bloom Secondary, Lumby	NH

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Event 134 Men High Jump Gr 8

Name	Yr	School	Finals
Finals			
1 Chapman, Jack	8	King's Christian School,Salmon Arm	1.25m
--- Smith, Gibson	8	Len Wood Middle School,Armstrong	DNS
--- Le May, Connor	8	Charles Bloom Secondary,Lumby	DNS

Event 135 Women High Jump Junior

Name	Yr	School	Finals
Finals			
1 Isaac, Ila	9	Pleasant Valley	1.35m
2 Vigue, Joselynn	9	Pleasant Valley	1.30m
3 Menzies, Isabelle	9	Salmon Arm Secondary - Jackson	1.25m
4 Archer, Cara	9	Salmon Arm Secondary - Jackson	1.20m
5 Heckrodt, Eden	9	Salmon Arm Secondary - Jackson	1.15m
--- Miller, Ally	10	Vernon Christian,Vernon	NH

Event 136 Men High Jump Junior

Name	Yr	School	Finals
Finals			
1 Tishenko, Ben	10	Vernon Christian,Vernon	1.55m
2 Beck, Kaiden	10	Salmon Arm Secondary - Jackson	1.50m
3 Krabbendam, Jacob	10	King's Christian School,Enderby	1.45m

Event 137 Women High Jump Senior

Name	Yr	School	Finals
Finals			
1 Rinsma-Jagt, Emilyn	11	Revelstoke S,Revelstoke	1.35m
2 Martinelli, Arianna	12	Salmon Arm Secondary - Sulliva	1.25m

Event 138 Men High Jump Senior

Name	Yr	School	Finals
Finals			
1 Moore, Eric	11	Salmon Arm Secondary - Sulliva	1.65m
2 Luth, Darin	11	King's Christian School,Enderby	1.60m
3 Scheerer, Jank	11	Salmon Arm Secondary - Sulliva	1.35m

Event 144 Men Triple Jump Gr 8

Name	Yr	School	Finals	Wind
Finals				
--- Chapman, Jack	8	King's Christian School,Salmon Arm	FOUL	

Event 145 Women Triple Jump Junior

Name	Yr	School	Finals	Wind
Finals				
1 Koleba, Mya	10	WL Seaton,Vernon	9.14m	NWI

Event 146 Men Triple Jump Junior

Name	Yr	School	Finals	Wind
Finals				
1 Schroeder, Silas	10	King's Christian School,Enderby	9.90m	NWI
2 Richmond, Mikah	10	King's Christian School,Enderby	9.52m	NWI
--- Hansma, Nathan	10	King's Christian School,Salmon Arm	FOUL	

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Event 153 Women Long Jump Gr 8

Name	Yr	School	Finals	Wind
Finals				
1 Taylor, Sierra	8	WL Seaton, Vernon	3.18m	NWI
2 Smith, Rebecca	8	Clarence Fulton Secondary, Vernon	3.09m	NWI
3 Wiebe, Mikayla	8	Len Wood Middle School, Armstrong	2.79m	NWI
--- Royle, Maya	8	Revelstoke S, Revelstoke	DNS	NWI
--- Boyle, Isla	8	WL Seaton, Vernon	DNS	NWI

Event 154 Men Long Jump Gr 8

Name	Yr	School	Finals	Wind
Finals				
1 Schuch, Stefan	8	Vernon Christian, Vernon	4.41m	NWI
2 Le May, Connor	8	Charles Bloom Secondary, Lumby	4.22m	NWI
3 Chapman, Jack	8	King's Christian School, Salmon Arm	3.54m	NWI
4 Hodson, Daniel	8	King's Christian School, Salmon Arm	2.96m	NWI

Event 155 Women Long Jump Junior

Name	Yr	School	Finals	Wind
Finals				
1 Zuidhof, Tianna		King's Christian School, Salmon Arm	4.41m	NWI
2 Koleba, Mya	10	WL Seaton, Vernon	4.12m	NWI
3 Grabinsky, Rachel	9	Revelstoke S, Revelstoke	4.03m	NWI
4 Giesbrecht, Ellie	9	Salmon Arm Secondary - Jackson	3.96m	NWI
4 Schmor, Ella	10	King's Christian School, Enderby	3.96m	NWI
6 Vigue, Joselynn	9	Pleasant Valley	3.92m	NWI
7 Cochrane, Avery	9	Revelstoke S, Revelstoke	3.80m	NWI
--- Archer, Cara	9	Salmon Arm Secondary - Jackson	DNS	NWI

Event 156 Men Long Jump Junior

Name	Yr	School	Finals	Wind
Finals				
1 Tishenko, Ben	10	Vernon Christian, Vernon	5.21m	NWI
2 Barry, Zack	10	Vernon Christian, Vernon	4.98m	NWI
3 Oliver, Ryder	10	Salmon Arm Secondary - Jackson	4.77m	NWI
4 Richmond, Mikah	10	King's Christian School, Enderby	4.68m	NWI
5 McNamara, Maddox	9	Pleasant Valley	4.65m	NWI
6 Acton, Alexander	9	Revelstoke S, Revelstoke	4.55m	NWI
7 Liman, Ben	9	Vernon Christian, Vernon	4.35m	NWI
8 Barth, Ryder	10	Pleasant Valley	4.25m	NWI
9 Awad, Diego	9	Revelstoke S, Revelstoke	4.24m	NWI
10 Hammond, Oliver	9	Revelstoke S, Revelstoke	3.72m	NWI
--- Breugem, Jonathan	10	Salmon Arm Secondary - Jackson	DNS	NWI
--- Whitty, Nicholas	9	Revelstoke S, Revelstoke	DNS	NWI

Event 157 Women Long Jump Senior

Name	Yr	School	Finals	Wind
Finals				
1 Vicars, Caillie	11	Salmon Arm Secondary - Sulliva	3.81m	NWI
2 Lehmann, Ruth	11	Salmon Arm Secondary - Sulliva	3.77m	NWI
3 Rinsma-Jagt, Emilyn	11	Revelstoke S, Revelstoke	3.72m	NWI
4 Slager, Olive	11	Revelstoke S, Revelstoke	3.59m	NWI

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Finals ... (Event 157 Women Long Jump Senior)

Name	Yr	School	Finals	Wind
--- Martinelli, Arianna	12	Salmon Arm Secondary - Sulliva	DNS	NWI

Event 158 Men Long Jump Senior

Name	Yr	School	Finals	Wind
Finals				
1 Siddons, Jed	12	Pleasant Valley	5.52m	NWI
2 Luth, Darin	11	King's Christian School,Enderby	5.03m	NWI
3 Redelinghuys, Hendri	11	Vernon Christian,Vernon	4.69m	NWI

Event 165 Women Shot Put 3 kg Junior

Name	Yr	School	Finals
Finals			
1 Howe, Kasey	9	Revelstoke S,Revelstoke	8.52m
2 Hamilton, Alena	10	Salmon Arm Secondary - Jackson	7.82m
3 Vermeer, Nyla	10	King's Christian School,Salmon Arm	7.34m

Event 166 Boys Shot Put 5 kg Junior

Name	Yr	School	Finals
Finals			
1 Newman, Nicholas	10	Clarence Fulton Secondary,Vernon	10.84m
2 Krabbendam, Jacob	10	King's Christian School,Enderby	8.59m
3 Goldsmith, Dylan	10	King's Christian School,Salmon Arm	7.07m

Event 167 Women Shot Put 4 kg Senior

Name	Yr	School	Finals
Finals			
1 Jansen, Shiloh	11	King's Christian School,Salmon Arm	8.96m

Event 174 Men Discus Throw 1 kg Gr 8

Name	Yr	School	Finals
Finals			
1 Roodzant, Benjamin	8	King's Christian School,Enderby	17.64m
--- Smith, Gibson	8	Len Wood Middle School,Armstrong	DNS

Event 175 Women Discus Throw 1 kg Junior

Name	Yr	School	Finals
Finals			
1 Hamilton, Alena	10	Salmon Arm Secondary - Jackson	22.80m
2 Roodzant, Rebecca	10	King's Christian School,Enderby	19.50m
3 Smith, Brynne	10	Salmon Arm Secondary - Jackson	19.01m
4 Morrow, Lia	9	Revelstoke S,Revelstoke	16.07m
5 Vermeer, Nyla	10	King's Christian School,Salmon Arm	15.97m
6 Sutherland, Sarah	10	King's Christian School,Salmon Arm	15.48m
7 Lansdowne, Devan	9	Salmon Arm Secondary - Jackson	12.11m
--- Koleba, Mya	10	WL Seaton,Vernon	FOUL

Event 176 Men Discus Throw 1.5 kg Junior

Name	Yr	School	Finals
Finals			
1 Newman, Nicholas	10	Clarence Fulton Secondary,Vernon	34.06m
2 North, Matthew	10	King's Christian School,Enderby	31.60m
3 Barth, Ryder	10	Pleasant Valley	21.37m

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Finals ... (Event 176 Men Discus Throw 1.5 kg Junior)

Name	Yr	School	Finals
4 Goldsmith, Dylan	10	King's Christian School,Salmon Arm	20.60m
5 Huang, Eric		Revelstoke Secondary School	13.83m
--- Schroeder, Silas	10	King's Christian School,Enderby	FOUL

Event 177 Women Discus Throw 1 kg Senior

Name	Yr	School	Finals
Finals			
1 Jansen, Shiloh	11	King's Christian School,Salmon Arm	18.71m
2 Kineshanko, Brooklyn	12	Charles Bloom Secondary,Lumby	18.24m

Event 178 Men Discus Throw 1.75 kg Senior

Name	Yr	School	Finals
Finals			
1 Starling, Micah		Revelstoke Secondary School	26.12m
2 Thibeault, Matthew	11	Revelstoke S,Revelstoke	17.37m

Event 183 Women Javelin Throw 500 gram Gr 8

Name	Yr	School	Finals
Finals			
1 Melvin, Anna	9	Len Wood Middle School,Armstrong	14.83m
2 Cochrane, Reece	8	Revelstoke S,Revelstoke	11.00m

Event 184 Men Javelin Throw 600 gram Gr 8

Name	Yr	School	Finals
Finals			
1 Kenyon, Noah	8	Revelstoke S,Revelstoke	25.79m
2 Hodson, Daniel	8	King's Christian School,Salmon Arm	18.29m
3 Roodzant, Benjamin	8	King's Christian School,Enderby	18.26m

Event 185 Women Javelin Throw 500 gram Junior

Name	Yr	School	Finals
Finals			
1 Smith, Brynne	10	Salmon Arm Secondary - Jackson	27.03m
2 Lansdowne, Devan	9	Salmon Arm Secondary - Jackson	22.96m
3 Howe, Kasey	9	Revelstoke S,Revelstoke	21.26m
4 Miedege, Heidi	9	Salmon Arm Secondary - Jackson	16.73m
5 Morrow, Lia	9	Revelstoke S,Revelstoke	13.71m

Event 186 Men Javelin Throw 700 gram Junior

Name	Yr	School	Finals
Finals			
1 North, Matthew	10	King's Christian School,Enderby	39.25m
2 Richmond, Mikah	10	King's Christian School,Enderby	37.95m
3 Hansma, Nathan	10	King's Christian School,Salmon Arm	29.82m
4 Huang, Eric		Revelstoke Secondary School	25.62m
5 Delesalle, Nicolas	9	Revelstoke S,Revelstoke	24.89m
6 Beck, Kaiden	10	Salmon Arm Secondary - Jackson	24.65m
--- Orchard, Callum	10	Salmon Arm Secondary - Jackson	DNS

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Event 187 Women Javelin Throw 600 gram Senior

Name	Yr	School	Finals
Finals			
1 Slager, Olive	11	Revelstoke S,Revelstoke	26.06m
2 Kineshanko, Brooklyn	12	Charles Bloom Secondary,Lumby	22.52m
3 Lloyd, Emma	12	Salmon Arm Secondary - Sulliva	13.99m

Event 188 Men Javelin Throw 800 gram Senior

Name	Yr	School	Finals
Finals			
1 Starling, Micah		Revelstoke Secondary School	41.61m
2 Thibeault, Matthew	11	Revelstoke S,Revelstoke	21.34m
3 Scheerer, Jank	11	Salmon Arm Secondary - Sulliva	20.49m

Event 195 Women Hammer Throw 3 kg Junior

Name	Yr	School	Finals
Finals			
1 Roodzant, Rebecca	10	King's Christian School,Enderby	26.60m
2 Sutherland, Sarah	10	King's Christian School,Salmon Arm	22.06m
3 Schmor, Ella	10	King's Christian School,Enderby	18.09m

Event 196 Boys Hammer Throw 5 kg Junior

Name	Yr	School	Finals
Finals			
1 Krabbendam, Jacob	10	King's Christian School,Enderby	29.66m
2 Goldsmith, Dylan	10	King's Christian School,Salmon Arm	23.19m

Event 197 Women Hammer Throw 4 kg Senior

Name	Yr	School	Finals
Finals			
1 Jansen, Shiloh	11	King's Christian School,Salmon Arm	20.41m

Event 198 Men Hammer Throw 6 kg Senior

Name	Yr	School	Finals
Finals			
1 Thibeault, Matthew	11	Revelstoke S,Revelstoke	15.59m

Event 205 Men Pole Vault Junior

Name	Yr	School	Finals
Finals			
1 Schroeder, Silas	10	King's Christian School,Enderby	2.30m
2 North, Matthew	10	King's Christian School,Enderby	2.10m
3 Hansma, Nathan	10	King's Christian School,Salmon Arm	J2.10m

Event 208 Men Pole Vault Senior

Name	Yr	School	Finals
Finals			
1 De Hoog, Joel	12	King's Christian School,Salmon Arm	2.30m
2 North, William	12	King's Christian School,Enderby	2.20m
3 Zuidhof, Jabin	12	King's Christian School,Salmon Arm	1.70m