

2022 North and West Zone Championships
Hillside Stadium, Kamloops,BC
Results

Event 1 Women 100 Meter Dash Gr 8

Name	Year	School	Finals	Wind	H#
Finals					
1 Melvin, Anna	9	Len Wood Mid	14.30	-3.0	1
2 Steeves, Berlyn	8	Valleyview S	14.69	-5.8	2
3 Chala, Raina	8	Sa-Hali Secondary	14.88	-3.0	1
4 Andrews, Kaitlyn	8	Charles Bloo	15.04	-3.0	1
5 Koebel, Gabi	8	Vernon Christian	15.50	-5.8	2
6 Beaumont, Andrea	8	Vernon Christian	15.70	-3.0	1
7 Bzowy, Kennedy	8	Charles Bloo	15.78	-5.8	2
8 Williams, Katayra	8	Len Wood Mid	16.15	-5.8	2
9 Cochrane, Reece	8	Revelstoke S	16.17	-5.8	2
10 Corbett, Ruby	8	Revelstoke S	16.60	-5.8	2
11 Dejonge, Madelijn	8	Logan Lake S	16.71	-3.0	1
12 Mohamed, Salma	8	Sa-Hali Secondary	16.90	-5.8	2
13 Barna, Faryal	8	Revelstoke S	17.18	-3.0	1

Event 2 Men 100 Meter Dash Gr 8

Name	Year	School	Finals	Wind
1 McDonald, Ayden	8	Vernon Secon	12.94	-2.0
2 Biggar, Zane	8	Valleyview S	13.42	-2.0
3 Krecsey-Johnson, Ty	8	Kamloops Sch	14.49	-2.0
4 Le May, Connor	8	Charles Bloo	14.91	-2.0
5 Hill, Jude	8	Kamloops Sch	15.85	-2.0

Event 3 Women 100 Meter Dash Junior

Name	Year	School	Finals	Wind	H#
1 Widmer, Ilaria	9	Revelstoke S	14.36	-2.2	2
2 Evans, Bethany	9	Westsyde Secondary	14.62	-2.2	2
3 Zirnhilt, Ava	10	Westsyde Secondary	14.72	-2.2	2
4 Schmor, Ella	10	King's Chris	14.79	-3.5	1
5 Grabinsky, Rachel	9	Revelstoke S	14.81	-3.5	1
6 Giesbrecht, Ellie	9	Salmon Arm S	14.81	-2.2	2
7 Cochrane, Avery	9	Revelstoke S	14.90	-2.2	2
8 Kaltiainen, Ruby	10	WL Seaton	15.19	-3.5	1
9 Menzies, Isabelle	9	Salmon Arm S	16.13	-2.2	2
10 Peters, Emily	10	Westsyde Secondary	16.23	-2.2	2
11 Wurtz, Charli	9	Kamloops Sch	17.14	-2.2	2
12 Bakewell, Vanessa	10	King's Chris	17.67	-3.5	1

Event 4 Men 100 Meter Dash Junior

Name	Year	School	Finals	Wind	H#
1 Tishenko, Ben	10	Vernon Christian	12.85	-4.9	2
2 Scholtens, Timothy	10	Merritt Secondary	12.93	-2.5	1
3 Robertson, Austin	9	Sa-Hali Secondary	12.93	-4.9	2
4 Bicknell, Anderson	9	Vernon Secon	13.09	-4.9	2
5 Lee, Jonah	9	Vernon Secon	13.11	-2.5	1
6 McNamara, Maddox	9	Pleasant Valley	13.19	-4.9	2
7 Khan, Rhys	9	Kamloops Sch	13.75	-2.5	1

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....Event 4 Men 100 Meter Dash Junior

8 Hove, Cisko	10 Vernon Secon	13.83	-4.9	2
9 Archer, Evan	10 Salmon Arm S	13.90	-4.9	2
10 Acton, Alexander	9 Revelstoke S	13.99	-2.5	1
11 Sweder, Aydin	9 Logan Lake S	14.21	-2.5	1
12 Paterson, Alex	10 Logan Lake S	14.65	-4.9	2
13 Hammond, Oliver	9 Revelstoke S	15.26	-4.9	2
14 Norlin, Jute	10 Salmon Arm S	15.60	-2.5	1

Event 5 Women 100 Meter Dash Senior

Name	Year School	Finals	Wind	H#
1 Stevenson, Emily	11 King's Chris	13.57	-1.6	2
2 Barry, Victoria	12 Vernon Christian	13.71	-2.5	1
3 Toering, Kt	11 Westsyde Secondary	13.89	-1.6	2
4 Slager, Olive	11 Revelstoke S	14.72	-2.5	1
5 Chersoni, Anna	12 Pleasant Valley	14.99	-1.6	2
6 Lloyd, Emma	12 Salmon Arm S	15.72	-1.6	2
7 Hermiston, Kayla	12 Saint Ann's Academy	16.00	-1.6	2
8 Evans, Jillian	11 Westsyde Secondary	16.13	-1.6	2
9 Jensen, Trinity	12 Westsyde Secondary	16.14	-1.6	2
10 Thurston, Faith	11 Salmon Arm S	17.25	-2.5	1

Event 6 Men 100 Meter Dash Senior

Name	Year School	Finals	Wind
1 Maryniuk, Jack	11 Salmon Arm S	11.91	-3.0
2 Siddons, Jed	12 Pleasant Valley	12.53	-3.0
3 Redelinguys, Hendri	11 Vernon Christian	12.70	-3.0
4 Murphy, Joe	11 Vernon Secon	12.82	-3.0
5 Letkeman, Nick	12 Valleyview S	13.51	-3.0
6 Palmer, Dylan	12 Valleyview S	13.99	-3.0
7 Grundstrom, Charlie	11 North Kamloo	15.43	-3.0

Event 11 Women 200 Meter Dash Gr 8

Name	Year School	Finals	Wind	H#
1 Melvin, Anna	9 Len Wood Mid	29.00	-2.9	2
2 Armstrong, Gabrielle	8 South Kamloo	29.35	-2.9	2
3 Koebel, Gabi	8 Vernon Christian	31.25	-2.9	2
4 Beaumont, Andrea	8 Vernon Christian	32.22	-3.2	1
5 Chemago, Isabel	8 Merritt Secondary	32.81	-2.9	2
6 Cochrane, Reece	8 Revelstoke S	32.89	-2.9	2
7 Williams, Katayra	8 Len Wood Mid	33.90	-3.2	1
8 Corbett, Ruby	8 Revelstoke S	34.01	-3.2	1
9 Larochele, Cadence	8 Kamloops Sch	36.17	-2.9	2

Event 12 Men 200 Meter Dash Gr 8

Name	Year School	Finals	Wind
1 McDonald, Ayden	8 Vernon Secon	26.06	-4.2
2 Biggar, Zane	8 Valleyview S	26.64	-4.2

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....Event 12 Men 200 Meter Dash Gr 8

3 Westley, Eric	8 WL Seaton	28.65	-4.2
4 Duhaime, Hudson	8 Westsyde Secondary	29.22	-4.2
5 Krecsey-Johnson, Ty	8 Kamloops Sch	29.37	-4.2
6 Tremblay, Jensen	8 South Kamloo	29.60	-4.2
7 Stevenson, Jesse	8 King's Chris	30.16	-4.2

Event 13 Women 200 Meter Dash Junior

Name	Year School	Finals	Wind
1 Nicholls, Michaela	10 Merritt Secondary	29.41	-5.2
2 Evans, Bethany	9 Westsyde Secondary	30.46	-5.2
3 Zirnhilt, Ava	10 Westsyde Secondary	30.55	-5.2
4 Cochrane, Avery	9 Revelstoke S	31.63	-5.2
5 Kaltiainen, Ruby	10 WL Seaton	31.65	-5.2
6 Evans, Alicia	9 Westsyde Secondary	32.28	-5.2

Event 14 Men 200 Meter Dash Junior

Name	Year School	Finals	Wind	H#
1 Robertson, Austin	9 Sa-Hali Secondary	25.71	-2.9	2
2 Bicknell, Anderson	9 Vernon Secon	25.85	-2.9	2
3 Norlin, Jute	10 Salmon Arm S	26.33	-2.9	2
4 McNamara, Maddox	9 Pleasant Valley	26.57	-2.9	2
5 Awad, Diego	9 Revelstoke S	26.96	-3.9	1
6 Scholtens, Timothy	10 Merritt Secondary	27.26	-3.9	1
7 Hove, Cisko	10 Vernon Secon	27.82	-2.9	2
8 Archer, Evan	10 Salmon Arm S	28.15	-3.9	1
9 Liman, Ben	9 Vernon Christian	29.27	-2.9	2
10 Whitty, Nicholas	9 Revelstoke S	30.62	-2.9	2

Event 15 Women 200 Meter Dash Senior

Name	Year School	Finals	Wind
1 Stevenson, Emily	11 King's Chris	28.51	-4.3
2 Barry, Victoria	12 Vernon Christian	29.32	-4.3
3 Toering, Kt	11 Westsyde Secondary	29.51	-4.3
4 Vicars, Caillie	11 Salmon Arm S	30.12	-4.3
5 Chersoni, Anna	12 Pleasant Valley	33.14	-4.3
6 Hermiston, Kayla	12 Saint Ann's Academy	33.51	-4.3
7 Evans, Jillian	11 Westsyde Secondary	34.45	-4.3
8 Thurston, Faith	11 Salmon Arm S	37.42	-4.3

Event 16 Men 200 Meter Dash Senior

Name	Year School	Finals	Wind	H#
1 Maryniuk, Jack	11 Salmon Arm S	24.27	-4.5	2
2 Hrychiw, Eli	12 Heritage Chr	25.35	-4.5	2
3 Siddons, Jed	12 Pleasant Valley	25.58	-4.5	2
4 Murphy, Joe	11 Vernon Secon	26.22	-4.5	2
5 Wood, Nicholas	12 Valleyview S	26.78	-4.5	2
6 North, William	12 King's Chris	27.26	-4.5	2

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....Event 16 Men 200 Meter Dash Senior

7 Letkeman, Nick	12 Valleyview S	27.85	NWI	1
8 Grundstrom, Charlie	11 North Kamloo	32.29	NWI	1

Event 21 Women 400 Meter Dash Gr 8

Name	Year School	Finals
1 Koebel, Gabi	8 Vernon Christian	72.81
2 Andrews, Kaitlyn	8 Charles Bloo	73.37
3 Bzowy, Kennedy	8 Charles Bloo	77.14
4 Boyle, Isla	8 WL Seaton	1:20.68
5 Barna, Faryal	8 Revelstoke S	1:25.63
6 Woodman, Fiona	8 Revelstoke S	1:29.24
7 Larochelle, Cadence	8 Kamloops Sch	1:30.01

Event 22 Men 400 Meter Dash Gr 8

Name	Year School	Finals
1 Duhaime, Hudson	8 Westsyde Secondary	63.82
2 Westley, Eric	8 WL Seaton	65.83
3 Peters, Ethan	8 Westsyde Secondary	71.18
4 Krecsey-Johnson, Ty	8 Kamloops Sch	73.71
5 Matthies, Alexander	8 WL Seaton	75.53

Event 23 Women 400 Meter Dash Junior

Name	Year School	Finals
1 Nicholls, Michaela	10 Merritt Secondary	65.04
2 Evans, Alicia	9 Westsyde Secondary	71.87
3 Cross, Grace	10 Salmon Arm S	72.18
4 Parilak, Mishka	10 Vlearn.Ca	72.19
5 Peterson, Sam	10 Salmon Arm S	1:23.64

Event 24 Men 400 Meter Dash Junior

Name	Year School	Finals
1 Awad, Diego	9 Revelstoke S	59.82
2 Unger, Aaron	10 King's Chris	60.04
3 Oliver, Ryder	10 Salmon Arm S	63.46
4 Khan, Rhys	9 Kamloops Sch	67.73

Event 25 Women 400 Meter Dash Senior

Name	Year School	Finals
1 Vicars, Caillie	11 Salmon Arm S	64.33
2 Cameron, Fia	11 Revelstoke S	67.83
3 Findlay, Katie	12 Salmon Arm S	74.34
4 Lehmann, Ruth	11 Salmon Arm S	74.69
5 Hermiston, Kayla	12 Saint Ann's Academy	76.36

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Event 26 Men 400 Meter Dash Senior

Name	Year	School	Finals
1 Moore, Eric	11	Salmon Arm S	56.22
2 Hrychiw, Eli	12	Heritage Chr	57.46
3 Wood, Nicholas	12	Valleyview S	57.73
4 Scheerer, Jank	11	Salmon Arm S	61.46
5 Luth, Darin	11	King's Chris	62.44

Event 31 Women 800 Meter Run Gr 8

Name	Year	School	Finals
1 Royle, Maya	8	Revelstoke S	2:40.62
2 Beaumont, Andrea	8	Vernon Christian	2:54.38
3 Woodman, Fiona	8	Revelstoke S	3:09.16
4 Brown, Claire	8	Revelstoke S	3:09.41
5 Wiebe, Mikayla	8	Len Wood Mid	3:12.39
6 Chemago, Isabel	8	Merritt Secondary	3:16.80

Event 32 Men 800 Meter Run Gr 8

Name	Year	School	Finals
1 Westley, Eric	8	WL Seaton	2:30.15
2 Peters, Ethan	8	Westsyde Secondary	2:38.47
3 Matthies, Alexander	8	WL Seaton	2:54.95
4 Hill, Jude	8	Kamloops Sch	3:23.30

Event 33 Women 800 Meter Run Junior

Name	Year	School	Finals
1 Matonovich, Raiya	9	Sa-Hali Secondary	2:19.87
2 Wallace, Feron	9	South Kamloo	2:35.07
3 Zuidhof, Tianna		King's Chris	2:36.70
4 Suergit, Louisa	9	Vernon Secon	2:37.33
5 Parilak, Mishka	10	Vlearn.Ca	2:41.17
6 Berkenbosch, Lutza		Revelstoke S	2:47.13
7 Zirnhilt, Ava	10	Westsyde Secondary	2:47.18
8 Isaac, Ila	9	Pleasant Valley	2:48.92
9 Heckrodt, Eden	9	Salmon Arm S	2:52.02
10 Cross, Grace	10	Salmon Arm S	2:56.52
11 Peterson, Sam	10	Salmon Arm S	3:00.49
12 Peters, Emily	10	Westsyde Secondary	3:01.05
13 Kaltiainen, Ruby	10	WL Seaton	3:16.78
14 Brunsgaard, Chloe	9	Westsyde Secondary	3:34.37

Event 34 Men 800 Meter Run Junior

Name	Year	School	Finals
1 Humphrey, Andrew	10	Sa-Hali Secondary	2:12.85
2 Adams, Hunter	9	Kalamalka Se	2:27.86
3 Oliver, Ryder	10	Salmon Arm S	2:35.24
4 Reid, Liam	9	Kalamalka Se	2:38.77

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....Event 34 Men 800 Meter Run Junior

5 Rossouw, Werner	10 Westsyde Secondary	2:47.56
6 Twemlow, James	9 Brock Middle School	2:47.59

Event 35 Women 800 Meter Run Senior

Name	Year School	Finals
1 D'Amore, Sophia	11 Sa-Hali Secondary	2:46.37
2 Vukadinovic, Hilary	11 Salmon Arm S	2:48.74
3 Dabner, Ava	12 Westsyde Secondary	2:48.90

Event 36 Men 800 Meter Run Senior

Name	Year School	Finals
1 Takhar, Ashton Singh	12 Clarence Ful	2:06.83
2 Spark, Hayden	10 Anchor Academy	2:27.50
3 Moore, Eric	11 Salmon Arm S	3:43.01

Event 41 Women 1500 Meter Run Gr 8

Name	Year School	Finals
1 Royle, Maya	8 Revelstoke S	5:28.95
2 Brown, Claire	8 Revelstoke S	6:31.26
3 Boyle, Isla	8 WL Seaton	6:38.06

Event 42 Men 1500 Meter Run Gr 8

Name	Year School	Finals
1 Roodzant, Benjamin	8 King's Chris	5:49.08
2 Matthies, Alexander	8 WL Seaton	6:02.77
3 Hill, Jude	8 Kamloops Sch	6:35.40

Event 43 Women 1500 Meter Run Junior

Name	Year School	Finals
1 Matonovich, Raiya	9 Sa-Hali Secondary	5:09.14
2 Renwick, Danica	10 Sa-Hali Secondary	5:18.77
3 Wallace, Feron	9 South Kamloo	5:20.94
4 Parilak, Mishka	10 Vlearn.Ca	5:31.47
5 Berkenbosch, Lutza	Revelstoke S	5:33.76
6 Pighin, Kiara	9 Clarence Ful	5:38.86
7 Isaac, Ila	9 Pleasant Valley	6:08.29
8 Cleaveley, Kelsey	9 Merritt Secondary	7:04.43

Event 44 Men 1500 Meter Run Junior

Name	Year School	Finals
1 Humphrey, Andrew	10 Sa-Hali Secondary	4:36.44
2 Wallace, Xavier	10 South Kamloo	4:56.09
3 Subias, Tomas	10 Pleasant Valley	5:03.58

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....Event 44 Men 1500 Meter Run Junior

4 Overend, Jaden	10 Vernon Christian	5:04.69
5 Orchard, Callum	10 Salmon Arm S	5:20.15
6 Adams, Hunter	9 Kalamalka Se	5:24.24
7 Reid, Liam	9 Kalamalka Se	5:24.33
8 Twemlow, James	9 Brock Middle School	5:25.36
9 Rossouw, Werner	10 Westsyde Secondary	5:55.71

Event 45 Women 1500 Meter Run Senior

Name	Year School	Finals
1 MacLeod, Maeve	11 Revelstoke S	5:24.41
2 Vukadinovic, Sam	12 Salmon Arm S	5:25.88
3 Dabner, Ava	12 Westsyde Secondary	5:39.22

Event 46 Men 1500 Meter Run Senior

Name	Year School	Finals
1 Takhar, Ashton Singh	12 Clarence Ful	4:24.24
2 Lehmann, Bryce	11 Sa-Hali Secondary	4:44.75
3 Spark, Hayden	10 Anchor Academy	5:18.46
4 Hwang, Reid	12 Westsyde Secondary	5:22.68
5 Tsang, Derek	12 Sa-Hali Secondary	5:35.16
6 Hartt, Daniel	12 Kamloops Sch	5:41.08

Event 49 Men 3000 Meter Run Gr 8

Name	Year School	Finals
1 Peregrym, Ethan	8 Sa-Hali Secondary	10:07.22

Event 50 Women 3000 Meter Run Junior

Name	Year School	Finals
1 Renwick, Danica	10 Sa-Hali Secondary	11:13.64
2 Pighin, Kiara	9 Clarence Ful	11:47.05
3 Muddiman, Emma	10 Salmon Arm S	12:51.60
4 Brooks, Hazel	10 Salmon Arm S	12:55.62
5 Archer, Cara	9 Salmon Arm S	13:26.96

Event 51 Men 3000 Meter Run Junior

Name	Year School	Finals
1 Humphrey, Andrew	10 Sa-Hali Secondary	9:50.72
2 Kitamura, Joe	10 South Kamloo	10:23.38
3 Wallace, Xavier	10 South Kamloo	10:24.44
4 Orchard, Callum	10 Salmon Arm S	11:24.74

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Event 52 Women 3000 Meter Run Senior

Name	Year	School	Finals
1 Vukadinovic, Sam	12	Salmon Arm S	11:23.11
2 MacLeod, Maeve	11	Revelstoke S	11:33.63
3 Parker, Taylor	11	Salmon Arm S	13:02.50

Event 53 Men 3000 Meter Run Senior

Name	Year	School	Finals
1 Calkins, Sam	11	Salmon Arm S	9:46.78
2 Lehmann, Bryce	11	Sa-Hali Secondary	9:56.31
3 Ayotte, Frankie	11	Salmon Arm S	10:00.20

Event 57 Women 1500 Meter Race Walk Junior

Name	Year	School	Finals
1 Sutherland, Sarah	10	King's Chris	10:55.53
2 Bakewell, Vanessa	10	King's Chris	11:28.27

Event 60 Men 1500 Meter Race Walk Senior

Name	Year	School	Finals
1 Chancellor, David	11	King's Chris	11:18.60

Event 63 Women 80 Meter Hurdles 30" Gr 8

30" x 8 (12-8-12)			
Name	Year	School	Finals Wind
1 Woods, Emily	8	Westsyde Secondary	14.22 NWI
2 Armstrong, Gabrielle	8	South Kamloo	20.15 NWI

Event 64 Women 80 Meter Hurdles 30" Junior

30" x 8 (12-8-12)			
Name	Year	School	Finals Wind
1 Grabinsky, Rachel	9	Revelstoke S	14.68 -3.1
2 Vermeer, Nyla	10	King's Chris	15.39 -3.1

Event 68 Men 100 Meter Hurdles 33" Gr 8

33" x 10 (13-8.5-10.5)			
Name	Year	School	Finals Wind
1 Stevenson, Jesse	8	King's Chris	22.12 NWI

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Event 69 Men 100 Meter Hurdles 36" Junior

36" x 10 (13-8.5-10.5)

Name	Year School	Finals	Wind
1 Unger, Aaron	10 King's Chris	18.66	-3.1
2 Scholtens, Timothy	10 Merritt Secondary	19.25	-3.1

Event 70 Women 100 Meter Hurdles 33" Senior

33" x 10 (13-8.5-10.5)

Name	Year School	Finals	Wind
1 Stevenson, Emily	11 King's Chris	18.46	-4.9
2 Lloyd, Emma	12 Salmon Arm S	22.76	-4.9
3 Martinelli, Arianna	12 Salmon Arm S	50.61	-4.9

Event 71 Men 110 Meter Hurdles 36" Senior

36" x 10 (13.72-9.14-14.02)

Name	Year School	Finals	Wind
1 De Hoog, Joel	12 King's Chris	18.25	-1.5
2 North, William	12 King's Chris	18.89	-1.5
3 Chancellor, David	11 King's Chris	22.75	-1.5
4 Grundstrom, Charlie	11 North Kamloo	27.75	-1.5

Event 75 Women 200 Meter Hurdles 30" x 5 Gr 8

30" x 5 (20-35-40)

Name	Year School	Finals	Wind
1 Corbett, Ruby	8 Revelstoke S	38.92	-3.1
2 Woodman, Fiona	8 Revelstoke S	40.26	-3.1

Event 76 Men 200 Meter Hurdles 30" x 5 Gr 8

30" x 5 (20-35-40)

Name	Year School	Finals	Wind
1 Stevenson, Jesse	8 King's Chris	33.86	NWI
2 Hodson, Daniel	8 King's Chris	42.95	NWI

Event 77 Women 300 Meter Hurdles 30" x 7 Junior

30" x 7 (50-35-40)

Name	Year School	Finals	Wind
1 Zuidhof, Tianna	King's Chris	51.41	
2 Roodzant, Rebecca	10 King's Chris	52.09	
3 Bakewell, Vanessa	10 King's Chris	68.74	

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Event 78 Men 300 Meter Hurdles 33" x 7 Junior

33" x 7 (50-35-40)

Name	Year School	Finals
1 Unger, Aaron	10 King's Chris	49.12

Event 82 Women 400 Meter Hurdles 30" x 10 Senior

30" x 10 (45-35-40)

Name	Year School	Finals
1 Cameron, Fia	11 Revelstoke S	70.68
2 Vukadinovic, Hilary	11 Salmon Arm S	1:23.27
3 Findlay, Katie	12 Salmon Arm S	1:26.52

Event 83 Men 400 Meter Hurdles 36" x 10 Senior

36" x 10 (45-35-40)

Name	Year School	Finals
1 Zuidhof, Jabin	12 King's Chris	68.90
2 De Hoog, Joel	12 King's Chris	76.78

Event 93 Women 1500 Meter Steeplechase 30" Junior

Name	Year School	Finals
1 Wallace, Feron	9 South Kamloo	5:46.80
2 Muddiman, Emma	10 Salmon Arm S	6:36.36
3 Brooks, Hazel	10 Salmon Arm S	6:58.86
4 Giesbrecht, Ellie	9 Salmon Arm S	7:19.16

Event 94 Women 1500 Meter Steeplechase 30" Senior

Name	Year School	Finals
1 Parker, Taylor	11 Salmon Arm S	6:52.71

Event 98 Boys 1500 Meter Steeplechase 30" Junior

Name	Year School	Finals
1 Wallace, Xavier	10 South Kamloo	5:33.53
2 Beck, Kaiden	10 Salmon Arm S	6:01.62
3 Heer, Tomas	8 South Kamloo	6:25.26

Event 99 Men 2000 Meter Steeplechase 33" Senior

Name	Year School	Finals
1 Calkins, Sam	11 Salmon Arm S	7:28.36
2 Ayotte, Frankie	11 Salmon Arm S	7:28.37
3 Zuidhof, Jabin	12 King's Chris	7:47.88
4 Hwang, Reid	12 Westsyde Secondary	8:13.14
5 Chancellor, David	11 King's Chris	8:14.15

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Event 103 Women 4x100 Meter Relay Gr 8

School	Finals
1 Revelstoke Secondary School 'A'	64.51
1) Corbett, Ruby 8	2) Brown, Claire 8
3) Barna, Faryal 8	4) Cochrane, Reece 8

Event 104 Men 4x100 Meter Relay Gr 8

School	Finals
1 King's Christian School 'A'	61.08

Event 105 Women 4x100 Meter Relay Junior

School	Finals
1 King's Christian School 'A'	55.15
2 Revelstoke Secondary School 'A'	56.74
1) Grabinsky, Rachel 9	2) Berkenbosch, Lutza
3) Widmer, Ilaria 9	4) Cochrane, Avery 9
3 Westsyde Secondary 'A'	58.03
1) Evans, Bethany 9	2) Evans, Alicia 9
3) Peters, Emily 10	4) Zirnhilt, Ava 10
4 Salmon Arm Secondary - Jackson 'A'	64.04
1) Giesbrecht, Ellie 9	2) Miege, Heidi 9
3) Smith, Brynne 10	4) Heckrodt, Eden 9

Event 106 Men 4x100 Meter Relay Junior

School	Finals
1 Vernon Christian 'A'	48.39
1) Overend, Jaden 10	2)
3) Barry, Zack 10	4) Tishenko, Ben 10
2 Vernon Secondary School 'A'	49.54
1) Bicknell, Anderson 9	2) Hove, Cisko 10
3) McDonald, Ayden 8	4) Lee, Jonah 9
3 King's Christian School 'A'	52.21
4 Revelstoke Secondary School 'A'	54.70
1) Acton, Alexander 9	2) Whitty, Nicholas 9
3) Delesalle, Nicolas 9	4) Awad, Diego 9

Event 107 Women 4x100 Meter Relay Senior

School	Finals
1 Westsyde Secondary 'A'	57.42
1) Toering, Kt 11	2) Evans, Jillian 11
3) Jensen, Trinity 12	4) Toering, Kk 11
2 Salmon Arm Secondary - Sulliva 'A'	59.41
1) Vicars, Caillie 11	2)
3) Vukadinovic, Hilary 11	4) Lloyd, Emma 12

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Event 108 Men 4x100 Meter Relay Senior

School	Finals
1 King's Christian School 'A'	51.44

Event 112 Women 4x400 Meter Relay Gr 8

School	Finals
1 Revelstoke Secondary School 'A'	5:11.83
1) Royle, Maya 8	2) Woodman, Fiona 8
3) Brown, Claire 8	4) Corbett, Ruby 8

Event 113 Men 4x400 Meter Relay Gr 8

School	Finals
1 King's Christian School 'A'	5:20.56

Event 114 Women 4x400 Meter Relay Junior

School	Finals
1 King's Christian School 'A'	4:40.08
2 Salmon Arm Secondary - Jackson 'A'	5:21.90
1) Miede, Heidi 9	2) Heckrodt, Eden 9
3) Brooks, Hazel 10	4) Cross, Grace 10

Event 115 Men 4x400 Meter Relay Junior

School	Finals
1 King's Christian School 'A'	4:16.39
2 Salmon Arm Secondary - Jackson 'A'	4:32.33
1) Orchard, Callum 10	2) Beck, Kaiden 10
3) Oliver, Ryder 10	4)

Event 116 Women 4x400 Meter Relay Senior

School	Finals
1 Salmon Arm Secondary - Sulliva 'A'	5:01.23
1) Vicars, Caillie 11	2) Vukadinovic, Hilary 11
3) Vukadinovic, Sam 12	4) Lehmann, Ruth 11

Event 117 Men 4x400 Meter Relay Senior

School	Finals
1 Salmon Arm Secondary - Sulliva 'A'	4:07.17
1) Moore, Eric 11	2) Ayotte, Frankie 11
3) Calkins, Sam 11	4)
2 King's Christian School 'A'	4:11.45

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Event 133 Women High Jump Gr 8

Name	Year	School	Finals
1 Heer, Payton	8	South Kamloo	1.56m
	1.30	1.35 1.40 1.45 1.50 1.53 1.56 1.59	
	O O O O O O O XXX		
2 Smith, Rebecca	8	Clarence Ful	1.30m
	1.10 1.15 1.20 1.25 1.30 1.35		
	O O O XO O XXX		
3 Taylor, Sierra	8	WL Seaton	1.20m
	1.10 1.15 1.20 1.25		
	O O O XXX		
4 Wiebe, Mikayla	8	Len Wood Mid	1.15m
	1.10 1.15 1.20		
	O O XXX		
5 Bzowy, Kennedi	8	Charles Bloo	1.10m
	1.10 1.15		
	O XXX		
-- Andrews, Kaitlyn	8	Charles Bloo	NH
	1.10		
	XXX		

Event 134 Men High Jump Gr 8

Name	Year	School	Finals
1 Biggar, Zane	8	Valleyview S	1.50m
	1.30 1.35 1.40 1.45 1.50 1.55		
	O O O O XXO XXX		
2 Chapman, Jack	8	King's Chris	1.25m
	1.15 1.20 1.25 1.30		
	O O XXO XXX		

Event 135 Women High Jump Junior

Name	Year	School	Finals
1 Isaac, Ila	9	Pleasant Valley	1.35m
	1.25 1.30 1.35 1.40		
	O O XO XXX		
2 Vigue, Joselynn	9	Pleasant Valley	1.30m
	1.20 1.25 1.30 1.35		
	O O XXO XXX		
3 Menzies, Isabelle	9	Salmon Arm S	1.25m
	1.15 1.20 1.25 1.30		
	O O O XXX		
4 Archer, Cara	9	Salmon Arm S	1.20m
	1.15 1.20 1.25		
	XO O XXX		
5 Heckrodt, Eden	9	Salmon Arm S	1.15m
	1.15 1.20		
	XO XXX		

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Event 136 Men High Jump Junior

Name	Year	School	Finals
1 Tishenko, Ben	10	Vernon Christian	1.55m
		1.45 1.50 1.55 1.60 1.65	
		O O O - XXX	
2 Beck, Kaiden	10	Salmon Arm S	1.50m
		1.25 1.30 1.35 1.40 1.45 1.50 1.55	
		O O O O O O XXX	
3 Krabbendam, Jacob	10	King's Chris	1.45m
		1.30 1.35 1.40 1.45 1.50	
		O O O XXO XXX	

Event 137 Women High Jump Senior

Name	Year	School	Finals
1 D'Amore, Sophia	11	Sa-Hali Secondary	1.40m
		1.35 1.40 1.45	
		XO XXO XXX	
2 Rinsma-Jagt, Emilyn	11	Revelstoke S	1.35m
		1.25 1.30 1.35 1.40	
		O XO O XXX	
3 Martinelli, Arianna	12	Salmon Arm S	1.25m
		1.15 1.20 1.25 1.30	
		O O O XXX	

Event 138 Men High Jump Senior

Name	Year	School	Finals
1 Moore, Eric	11	Salmon Arm S	1.65m
		1.40 1.45 1.50 1.55 1.60 1.65 1.70	
		O O O O O O XXX	
2 Luth, Darin	11	King's Chris	1.60m
		1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65	
		O O O O O XO O XXX	
3 Scheerer, Jank	11	Salmon Arm S	1.35m
		1.30 1.35 1.40	
		O O XXX	

Event 144 Men Triple Jump Gr 8

Name	Year	School	Finals	Wind
1 Peters, Ethan	8	Westsyde Secondary	8.62m	NWI
		8.62m(NWI) 8.42m(NWI) 8.43m(NWI)		
2 Duhaime, Hudson	8	Westsyde Secondary	7.98m	NWI
		7.75m(NWI) 7.65m(NWI) 7.98m(NWI)		
-- Chapman, Jack	8	King's Chris	FOUL	
		X X X		

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Event 145 Women Triple Jump Junior

Name	Year	School	Finals	Wind
1 Koleba, Mya	10	WL Seaton	9.14m	NWI
X		8.77m(NWI) 9.14m(NWI)		
2 Bassett, Rae	10	Merritt Secondary	7.18m	NWI
		6.89m(NWI) 7.05m(NWI) 7.18m(NWI)		
3 Wurtz, Charli	9	Kamloops Sch	6.29m	NWI
X		6.02m(NWI) 6.29m(NWI)		

Event 146 Men Triple Jump Junior

Name	Year	School	Finals	Wind
1 Carne, Seth	9	Westsyde Secondary	10.39m	NWI
		10.30m(NWI) 10.39m(NWI) 10.07m(NWI)		
2 Schroeder, Silas	10	King's Chris	9.90m	NWI
X		9.90m(NWI) 9.69m(NWI)		
3 Richmond, Mikah	10	King's Chris	9.52m	NWI
		9.19m(NWI) 9.52m(NWI) -		
-- Hansma, Nathan	10	King's Chris	FOUL	
X		X X		

Event 147 Women Triple Jump Senior

Name	Year	School	Finals	Wind
1 Toering, Kt	11	Westsyde Secondary	8.95m	NWI
		8.95m(NWI) X 8.90m(NWI)		
2 D'Amore, Sophia	11	Sa-Hali Secondary	8.61m	NWI
		8.61m(NWI) 7.47m(NWI) X		

Event 148 Men Triple Jump Senior

Name	Year	School	Finals	Wind
1 Chala, Brady	11	Sa-Hali Secondary	10.49m	NWI
		10.49m(NWI) - -		
2 Pelland, Deklan	11	Westsyde Secondary	9.25m	NWI
		9.11m(NWI) 9.25m(NWI) -		

Event 153 Women Long Jump Gr 8

Name	Year	School	Finals	Wind
1 Woods, Emily	8	Westsyde Secondary	4.33m	NWI
		4.33m(NWI) 4.17m(NWI) 4.01m(NWI)		
2 Chala, Raina	8	Sa-Hali Secondary	4.24m	NWI
		4.24m(NWI) 4.15m(NWI) 4.17m(NWI)		
3 Steeves, Berlyn	8	Valleyview S	3.85m	NWI
		3.78m(NWI) 3.66m(NWI) 3.85m(NWI)		
4 Taylor, Sierra	8	WL Seaton	3.18m	NWI
		3.18m(NWI) 2.70m(NWI) 3.03m(NWI)		
5 Smith, Rebecca	8	Clarence Ful	3.09m	NWI
		3.09m(NWI) 2.84m(NWI) 3.01m(NWI)		

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....Event 153 Women Long Jump Gr 8

6	Dejonge, Madelijn	8 Logan Lake S	3.05m	NWI
	2.79m(NWI) 2.96m(NWI) 3.05m(NWI)			
7	Larochelle, Cadence	8 Kamloops Sch	2.89m	NWI
	2.89m(NWI) 2.61m(NWI) 2.76m(NWI)			
8	Wiebe, Mikayla	8 Len Wood Mid	2.79m	NWI
	2.45m(NWI) 2.79m(NWI) 2.73m(NWI)			

Event 154 Men Long Jump Gr 8

Name	Year	School	Finals	Wind
1 Schuch, Stefan	8	Vernon Christian	4.41m	NWI
	4.16m(NWI) 4.40m(NWI) 4.41m(NWI)			
2 Le May, Connor	8	Charles Bloo	4.22m	NWI
	4.22m(NWI) X X			
3 Chapman, Jack	8	King's Chris	3.54m	NWI
	X X 3.54m(NWI)			
4 Hodson, Daniel	8	King's Chris	2.96m	NWI
	2.96m(NWI) 2.61m(NWI) X			
5 Dwyer, Hunter	8	Logan Lake S	2.79m	NWI
	2.75m(NWI) X 2.79m(NWI)			

Event 155 Women Long Jump Junior

Name	Year	School	Finals	Wind
1 Zuidhof, Tianna		King's Chris	4.41m	NWI
	4.41m(NWI) 4.16m(NWI) 4.33m(NWI)			
2 Koleba, Mya	10	WL Seaton	4.12m	NWI
	3.98m(NWI) 4.01m(NWI) 4.12m(NWI)			
3 Grabinsky, Rachel	9	Revelstoke S	4.03m	NWI
	3.81m(NWI) 4.03m(NWI) 3.69m(NWI)			
4 Giesbrecht, Ellie	9	Salmon Arm S	3.96m	NWI
	3.96m(NWI) 3.72m(NWI) 3.75m(NWI)			
4 Schmor, Ella	10	King's Chris	3.96m	NWI
	3.96m(NWI) X X			
6 Vigue, Joselynn	9	Pleasant Valley	3.92m	NWI
	3.37m(NWI) 3.92m(NWI) 3.90m(NWI)			
7 Cochrane, Avery	9	Revelstoke S	3.80m	NWI
	3.78m(NWI) 3.80m(NWI) X			
8 Peters, Emily	10	Westsyde Secondary	3.39m	NWI
	3.39m(NWI) 3.34m(NWI) 2.96m(NWI)			
9 Wurtz, Charli	9	Kamloops Sch	3.21m	NWI
	3.10m(NWI) 3.21m(NWI) 3.12m(NWI)			
10 Bassett, Rae	10	Merritt Secondary	3.11m	NWI
	2.97m(NWI) 3.06m(NWI) 3.11m(NWI)			
11 Cleaveley, Kelsey	9	Merritt Secondary	2.90m	NWI
	X 2.90m(NWI) 2.82m(NWI)			

Event 156 Men Long Jump Junior

Name	Year	School	Finals	Wind
1 Tishenko, Ben	10	Vernon Christian	5.21m	NWI
	4.97m(NWI) 2.86m(NWI) 5.21m(NWI)			

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....Event 156 Men Long Jump Junior

2	Carne, Seth	9	Westsyde Secondary	5.11m	NWI
	5.06m(NWI) X			5.11m(NWI)	
3	Barry, Zack	10	Vernon Christian	4.98m	NWI
	X X			4.98m(NWI)	
4	Oliver, Ryder	10	Salmon Arm S	4.77m	NWI
	4.77m(NWI) 4.58m(NWI)			4.59m(NWI)	
5	Richmond, Mikah	10	King's Chris	4.68m	NWI
	4.61m(NWI) 4.68m(NWI) X				
6	McNamara, Maddox	9	Pleasant Valley	4.65m	NWI
	4.65m(NWI) X X				
7	Acton, Alexander	9	Revelstoke S	4.55m	NWI
	4.15m(NWI) 4.08m(NWI) 4.55m(NWI)				
8	Liman, Ben	9	Vernon Christian	4.35m	NWI
	4.13m(NWI) 4.35m(NWI) 4.29m(NWI)				
9	Barth, Ryder	10	Pleasant Valley	4.25m	NWI
	4.25m(NWI) 4.18m(NWI) 4.11m(NWI)				
10	Awad, Diego	9	Revelstoke S	4.24m	NWI
	4.24m(NWI) 4.01m(NWI) X				
11	Paterson, Alex	10	Logan Lake S	4.14m	NWI
	4.06m(NWI) X			4.14m(NWI)	
12	Sweder, Aydin	9	Logan Lake S	3.93m	NWI
	3.93m(NWI) X			3.80m(NWI)	
13	Hammond, Oliver	9	Revelstoke S	3.72m	NWI
	3.72m(NWI) 3.38m(NWI) X				

Event 157 Women Long Jump Senior

=====					
	Name	Year	School	Finals	Wind
=====					
1	Toering, Kk	11	Westsyde Secondary	4.53m	NWI
	4.53m(NWI) 4.24m(NWI) 4.19m(NWI)				
2	Vicars, Caillie	11	Salmon Arm S	3.81m	NWI
	3.81m(NWI) 3.64m(NWI) 3.56m(NWI)				
3	Lehmann, Ruth	11	Salmon Arm S	3.77m	NWI
	X X			3.77m(NWI)	
4	Rinsma-Jagt, Emilyn	11	Revelstoke S	3.72m	NWI
	3.66m(NWI) 3.72m(NWI) 3.55m(NWI)				
5	Jensen, Trinity	12	Westsyde Secondary	3.68m	NWI
	3.27m(NWI) 3.40m(NWI) 3.68m(NWI)				
6	Slager, Olive	11	Revelstoke S	3.59m	NWI
	3.47m(NWI) 3.51m(NWI) 3.59m(NWI)				

Event 158 Men Long Jump Senior

=====					
	Name	Year	School	Finals	Wind
=====					
1	Siddons, Jed	12	Pleasant Valley	5.52m	NWI
	-			5.52m(NWI) 5.34m(NWI)	
2	Chala, Brady	11	Sa-Hali Secondary	5.13m	NWI
	5.04m(NWI) 5.13m(NWI) 4.32m(NWI)				
3	Luth, Darin	11	King's Chris	5.03m	NWI
	4.85m(NWI) 5.03m(NWI) 4.90m(NWI)				
4	Hartt, Daniel	12	Kamloops Sch	4.71m	NWI
	4.71m(NWI) 4.52m(NWI) X				

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....Event 158 Men Long Jump Senior

5	Redelinghuys, Hendri	11	Vernon Christian	4.69m	NWI
	- X			4.69m(NWI)	
6	Pelland, Deklan	11	Westsyde Secondary	4.56m	NWI
				4.54m(NWI) 4.56m(NWI) 4.27m(NWI)	

Event 164 Men Shot Put 4 kg Gr 8

Name	Year	School	Finals
1 Dwyer, Hunter	8	Logan Lake S	4.74m
			3.82m 4.70m 4.74m

Event 165 Women Shot Put 3 kg Junior

Name	Year	School	Finals
1 Howe, Kasey	9	Revelstoke S	8.52m
			8.52m 8.10m 7.74m
2 Hamilton, Alena	10	Salmon Arm S	7.82m
			7.65m 7.82m 7.37m
3 Vermeer, Nyla	10	King's Chris	7.34m
			7.34m X X
4 Cleaveley, Kelsey	9	Merritt Secondary	6.41m
			6.41m 6.24m 6.16m

Event 166 Boys Shot Put 5 kg Junior

Name	Year	School	Finals
1 Newman, Nicholas	10	Clarence Ful	10.84m
			10.06m 10.84m 10.52m
2 Krabbendam, Jacob	10	King's Chris	8.59m
			7.68m 8.15m 8.59m
3 Goldsmith, Dylan	10	King's Chris	7.07m
			6.66m 6.62m 7.07m

Event 167 Women Shot Put 4 kg Senior

Name	Year	School	Finals
1 Jansen, Shiloh	11	King's Chris	8.96m
			8.96m 8.15m 8.39m
2 Ashley, Cassidy	11	Westsyde Secondary	7.01m
			6.50m 6.96m 7.01m

Event 168 Men Shot Put 6 kg Senior

Name	Year	School	Finals
1 Cunha, Viktor	12	Westsyde Secondary	8.47m
			7.82m 8.47m 8.07m
2 Hartt, Daniel	12	Kamloops Sch	7.75m
			X 7.44m 7.75m

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Event 173 Women Discus Throw 1 kg Gr 8

Name	Year	School	Finals
1 Thomson, Sophia	8	Merritt Secondary	14.34m
14.34m 10.85m 11.10m			

Event 174 Men Discus Throw 1 kg Gr 8

Name	Year	School	Finals
1 Roodzant, Benjamin	8	King's Chris	17.64m
17.62m 17.64m X			

Event 175 Women Discus Throw 1 kg Junior

Name	Year	School	Finals
1 Hamilton, Alena	10	Salmon Arm S	22.80m
22.80m X 21.03m			
2 Roodzant, Rebecca	10	King's Chris	19.50m
19.50m 19.11m 18.95m			
3 Smith, Brynne	10	Salmon Arm S	19.01m
18.89m 19.01m 17.77m			
4 Morrow, Lia	9	Revelstoke S	16.07m
16.07m X 14.53m			
5 Vermeer, Nyla	10	King's Chris	15.97m
15.97m X X			
6 Sutherland, Sarah	10	King's Chris	15.48m
X X 15.48m			
7 Lansdowne, Devan	9	Salmon Arm S	12.11m
X 11.00m 12.11m			
-- Koleba, Mya	10	WL Seaton	FOUL
X X X			

Event 176 Men Discus Throw 1.5 kg Junior

Name	Year	School	Finals
1 Newman, Nicholas	10	Clarence Ful	34.06m
33.38m 34.06m 32.97m			
2 North, Matthew	10	King's Chris	31.60m
29.17m 31.60m 25.89m			
3 Barth, Ryder	10	Pleasant Valley	21.37m
17.40m 21.37m 21.05m			
4 Goldsmith, Dylan	10	King's Chris	20.60m
X 18.06m 20.60m			
5 Huang, Eric		Revelstoke S	13.83m
X 13.83m X			
-- Schroeder, Silas	10	King's Chris	FOUL
X X X			

Event 177 Women Discus Throw 1 kg Senior

Name	Year	School	Finals
------	------	--------	--------

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....Event 177 Women Discus Throw 1 kg Senior

1 Ashley, Cassidy	11 Westsyde Secondary	19.95m
17.99m 19.95m X		
2 Jansen, Shiloh	11 King's Chris	18.71m
13.17m 16.38m 18.71m		
3 Kineshanko, Brooklyn	12 Charles Bloo	18.24m
18.24m 16.12m 16.61m		

Event 178 Men Discus Throw 1.75 kg Senior

Name	Year School	Finals
1 Starling, Micah	Revelstoke S	26.12m
15.48m 26.12m 19.21m		
2 Cunha, Viktor	12 Westsyde Secondary	18.55m
X X 18.55m		
3 Thibeault, Matthew	11 Revelstoke S	17.37m
17.15m 17.27m 17.37m		

Event 183 Women Javelin Throw 500 gram Gr 8

Name	Year School	Finals
1 Melvin, Anna	9 Len Wood Mid	14.83m
14.21m 14.33m 14.83m		
2 Cochrane, Reece	8 Revelstoke S	11.00m
X X 11.00m		
3 Thomson, Sophia	8 Merritt Secondary	9.06m
9.06m X X		

Event 184 Men Javelin Throw 600 gram Gr 8

Name	Year School	Finals
1 Kenyon, Noah	8 Revelstoke S	25.79m
24.56m 24.69m 25.79m		
2 Hodson, Daniel	8 King's Chris	18.29m
16.96m 18.29m 16.77m		
3 Roodzant, Benjamin	8 King's Chris	18.26m
16.35m 16.77m 18.26m		

Event 185 Women Javelin Throw 500 gram Junior

Name	Year School	Finals
1 Smith, Brynne	10 Salmon Arm S	27.03m
25.78m 23.52m 27.03m		
2 Lansdowne, Devan	9 Salmon Arm S	22.96m
18.88m 22.96m 15.73m		
3 Howe, Kasey	9 Revelstoke S	21.26m
14.14m 12.65m 21.26m		
4 Miede, Heidi	9 Salmon Arm S	16.73m
15.88m 14.03m 16.73m		
5 Morrow, Lia	9 Revelstoke S	13.71m
13.71m 11.69m X		

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Event 186 Men Javelin Throw 700 gram Junior

Name	Year	School	Finals
1 North, Matthew	10	King's Chris	39.25m
38.34m X 39.25m			
2 Richmond, Mikah	10	King's Chris	37.95m
30.05m 37.95m 30.53m			
3 Hansma, Nathan	10	King's Chris	29.82m
25.66m X 29.82m			
4 Huang, Eric		Revelstoke S	25.62m
14.91m 24.36m 25.62m			
5 Delesalle, Nicolas	9	Revelstoke S	24.89m
24.89m X 23.25m			
6 Beck, Kaiden	10	Salmon Arm S	24.65m
X X 24.65m			

Event 187 Women Javelin Throw 600 gram Senior

Name	Year	School	Finals
1 Slager, Olive	11	Revelstoke S	26.06m
17.81m 26.06m 18.79m			
2 Kineshanko, Brooklyn	12	Charles Bloo	22.52m
21.17m 19.82m 22.52m			
3 Toering, Kk	11	Westsyde Secondary	22.31m
22.31m X 20.12m			
4 Ashley, Cassidy	11	Westsyde Secondary	18.12m
16.63m 11.42m 18.12m			
5 Lloyd, Emma	12	Salmon Arm S	13.99m
12.32m 13.99m 11.77m			

Event 188 Men Javelin Throw 800 gram Senior

Name	Year	School	Finals
1 Starling, Micah		Revelstoke S	41.61m
41.61m 28.81m 39.87m			
2 Pelland, Deklan	11	Westsyde Secondary	37.47m
X 31.90m 37.47m			
3 Cunha, Viktor	12	Westsyde Secondary	30.23m
29.74m 29.78m 30.23m			
4 Thibeault, Matthew	11	Revelstoke S	21.34m
21.34m X X			
5 Scheerer, Jank	11	Salmon Arm S	20.49m
20.49m X -			

Event 195 Women Hammer Throw 3 kg Junior

Name	Year	School	Finals
1 Roodzant, Rebecca	10	King's Chris	26.60m
20.62m 26.60m X 22.03m X 18.68m			
2 Sutherland, Sarah	10	King's Chris	22.06m
X 21.02m 19.83m X 21.43m 22.06m			
3 Schmor, Ella	10	King's Chris	18.09m
14.55m 14.54m 18.09m 16.50m 7.85m 17.21m			

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Event 196 Boys Hammer Throw 5 kg Junior

Name	Year	School	Finals
1 Krabbendam, Jacob	10	King's Chris	29.66m
X	29.66m	29.45m	28.06m
	27.25m	28.67m	
2 Goldsmith, Dylan	10	King's Chris	23.19m
	22.82m	23.19m	21.43m
	-	-	-

Event 197 Women Hammer Throw 4 kg Senior

Name	Year	School	Finals
1 Jansen, Shiloh	11	King's Chris	20.41m
X	X	X	X
			20.41m

Event 198 Men Hammer Throw 6 kg Senior

Name	Year	School	Finals
1 Zabihi, Kian	11	Sa-Hali Secondary	60.99m
X	59.04m	X	60.99m
	X	57.11m	
2 Thibeault, Matthew	11	Revelstoke S	15.59m
X	15.59m	X	14.23m
	X	14.02m	

Event 200 Women Pole Vault Gr 8

Name	Year	School	Finals
1 Armstrong, Gabrielle	8	South Kamloo	2.70m
	2.00	2.10	2.20
	2.30	2.40	2.50
	2.60	2.70	2.80
	O	O	---
	O	---	O
	---	O	---
			XO
			XXX

Event 201 Men Pole Vault Gr 8

Name	Year	School	Finals
1 Heer, Tomas	8	South Kamloo	1.70m
	1.30	1.40	1.50
	1.60	1.70	
	XXO	O	O
	O	XO	O

Event 205 Men Pole Vault Junior

Name	Year	School	Finals
1 Schroeder, Silas	10	King's Chris	2.30m
	1.70	1.80	1.90
	2.00	2.10	2.20
	2.30	2.40	
	XO	O	O
	O	O	XX
2 North, Matthew	10	King's Chris	2.10m
	1.70	1.80	1.90
	2.00	2.10	2.20
	O	O	O
	O	XXX	
3 Hansma, Nathan	10	King's Chris	J2.10m
	1.70	1.80	1.90
	2.00	2.10	2.20
	XXO	O	XO
	O	XXX	

2022 North and West Zone Championships
Hillside Stadium, Kamloops,BC
Results

Event 208 Men Pole Vault Senior

Name	Year	School	Finals
1 De Hoog, Joel	12	King's Chris	2.30m
1.70 1.80 1.90 2.00 2.10 2.20 2.30			
o o o o o o XO			
2 North, William	12	King's Chris	2.20m
1.70 1.80 1.90 2.00 2.10 2.20 2.30			
o o XXO XO o XXO XXX			
3 Zuidhof, Jabin	12	King's Chris	1.70m
1.70			
o			

Combined Team Scores - Gr 8 - 32 Events Scored

1) Revelstoke Secondary Schoo	106	2) King's Christian School	103
3) Westsyde Secondary	67	4) WL Seaton	64
5) South Kamloops Secondary	49	6) Vernon Christian	46
7) Len Wood Middle School	43	8) Valleyview Secondary	40
9) Charles Bloom Secondary	38	10) Kamloops School of the Ar	34
11) Sa-Hali Secondary	24	12) Merritt Secondary	23
13) Vernon Secondary School	20	14) Logan Lake Secondary Scho	17
15) Clarence Fulton Secondary	12		

Combined Team Scores - Junior - 38 Events Scored

1) King's Christian School	301.50	2) Salmon Arm Secondary - Ja	188.50
3) Revelstoke Secondary Schoo	113	4) Sa-Hali Secondary	84
5) Westsyde Secondary	70	6) South Kamloops Secondary	62
7) Merritt Secondary	53	8) Vernon Christian	52
9) Pleasant Valley	47	10) Vernon Secondary School	33
11) Clarence Fulton Secondary	31	12) WL Seaton	23
13) Kalamalka Secondary School	18	14) vLearn.ca	14
15) Kamloops School of the Art	13	16) Brock Middle School	4

Combined Team Scores - Senior - 39 Events Scored

1) Salmon Arm Secondary - Sul	247	2) King's Christian School	183
3) Westsyde Secondary	143	4) Revelstoke Secondary Scho	106
5) Sa-Hali Secondary	76	6) Pleasant Valley	32
7) Vernon Christian	26	8) Clarence Fulton Secondary	20
9) Valleyview Secondary	19	10) Heritage Christian On-Lin	16
10) Kamloops School of the Art	16	12) Anchor Academy	14
12) Charles Bloom Secondary	14	14) Vernon Secondary School	10
15) Saint Ann's Academy	9	16) North Kamloops Secondary	8