

**2022 North and West Zone Championships**  
**Hillside Stadium, Kamloops,BC**  
**Results**

**Event 1 Women 100 Meter Dash Gr 8**

Name	Year	School	Finals	Wind	H#
Finals					
1 Melvin, Anna	9	Len Wood Mid	14.30	-3.0	1
2 Steeves, Berlyn	8	Valleyview S	14.69	-5.8	2
3 Chala, Raina	8	Sa-Hali Secondary	14.88	-3.0	1
4 Andrews, Kaitlyn	8	Charles Bloo	15.04	-3.0	1
5 Koebel, Gabi	8	Vernon Christian	15.50	-5.8	2
6 Beaumont, Andrea	8	Vernon Christian	15.70	-3.0	1
7 Bzowy, Kennedy	8	Charles Bloo	15.78	-5.8	2
8 Williams, Katayra	8	Len Wood Mid	16.15	-5.8	2
9 Cochrane, Reece	8	Revelstoke S	16.17	-5.8	2
10 Corbett, Ruby	8	Revelstoke S	16.60	-5.8	2
11 Dejonge, Madelijn	8	Logan Lake S	16.71	-3.0	1
12 Mohamed, Salma	8	Sa-Hali Secondary	16.90	-5.8	2
13 Barna, Faryal	8	Revelstoke S	17.18	-3.0	1

**Event 3 Women 100 Meter Dash Junior**

Name	Year	School	Finals	Wind	H#
1 Widmer, Iliaria	9	Revelstoke S	14.36	-2.2	2
2 Evans, Bethany	9	Westsyde Secondary	14.62	-2.2	2
3 Zirnhilt, Ava	10	Westsyde Secondary	14.72	-2.2	2
4 Schmor, Ella	10	King's Chris	14.79	-3.5	1
5 Grabinsky, Rachel	9	Revelstoke S	14.81	-3.5	1
6 Giesbrecht, Ellie	9	Salmon Arm S	14.81	-2.2	2
7 Cochrane, Avery	9	Revelstoke S	14.90	-2.2	2
8 Kaltiainen, Ruby	10	WL Seaton	15.19	-3.5	1
9 Menzies, Isabelle	9	Salmon Arm S	16.13	-2.2	2
10 Peters, Emily	10	Westsyde Secondary	16.23	-2.2	2
11 Wurtz, Charli	9	Kamloops Sch	17.14	-2.2	2
12 Bakewell, Vanessa	10	King's Chris	17.67	-3.5	1

**Event 5 Women 100 Meter Dash Senior**

Name	Year	School	Finals	Wind	H#
1 Stevenson, Emily	11	King's Chris	13.57	-1.6	2
2 Barry, Victoria	12	Vernon Christian	13.71	-2.5	1
3 Toering, Kt	11	Westsyde Secondary	13.89	-1.6	2
4 Slager, Olive	11	Revelstoke S	14.72	-2.5	1
5 Chersoni, Anna	12	Pleasant Valley	14.99	-1.6	2
6 Lloyd, Emma	12	Salmon Arm S	15.72	-1.6	2
7 Hermiston, Kayla	12	Saint Ann's Academy	16.00	-1.6	2
8 Evans, Jillian	11	Westsyde Secondary	16.13	-1.6	2
9 Jensen, Trinity	12	Westsyde Secondary	16.14	-1.6	2
10 Thurston, Faith	11	Salmon Arm S	17.25	-2.5	1

**Event 11 Women 200 Meter Dash Gr 8**

Name	Year	School	Finals	Wind	H#
1 Melvin, Anna	9	Len Wood Mid	29.00	-2.9	2
2 Armstrong, Gabrielle	8	South Kamloo	29.35	-2.9	2

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**...Event 11 Women 200 Meter Dash Gr 8**

3 Koebel, Gabi	8 Vernon Christian	31.25	-2.9	2
4 Beaumont, Andrea	8 Vernon Christian	32.22	-3.2	1
5 Chemago, Isabel	8 Merritt Secondary	32.81	-2.9	2
6 Cochrane, Reece	8 Revelstoke S	32.89	-2.9	2
7 Williams, Katayra	8 Len Wood Mid	33.90	-3.2	1
8 Corbett, Ruby	8 Revelstoke S	34.01	-3.2	1
9 Larochele, Cadence	8 Kamloops Sch	36.17	-2.9	2

**Event 13 Women 200 Meter Dash Junior**

Name	Year	School	Finals	Wind
1 Nicholls, Michaela	10	Merritt Secondary	29.41	-5.2
2 Evans, Bethany	9	Westsyde Secondary	30.46	-5.2
3 Zirnhilt, Ava	10	Westsyde Secondary	30.55	-5.2
4 Cochrane, Avery	9	Revelstoke S	31.63	-5.2
5 Kaltiainen, Ruby	10	WL Seaton	31.65	-5.2
6 Evans, Alicia	9	Westsyde Secondary	32.28	-5.2

**Event 15 Women 200 Meter Dash Senior**

Name	Year	School	Finals	Wind
1 Stevenson, Emily	11	King's Chris	28.51	-4.3
2 Barry, Victoria	12	Vernon Christian	29.32	-4.3
3 Toering, Kt	11	Westsyde Secondary	29.51	-4.3
4 Vicars, Caillie	11	Salmon Arm S	30.12	-4.3
5 Chersoni, Anna	12	Pleasant Valley	33.14	-4.3
6 Hermiston, Kayla	12	Saint Ann's Academy	33.51	-4.3
7 Evans, Jillian	11	Westsyde Secondary	34.45	-4.3
8 Thurston, Faith	11	Salmon Arm S	37.42	-4.3

**Event 21 Women 400 Meter Dash Gr 8**

Name	Year	School	Finals
1 Koebel, Gabi	8	Vernon Christian	72.81
2 Andrews, Kaitlyn	8	Charles Bloo	73.37
3 Bzowy, Kennedi	8	Charles Bloo	77.14
4 Boyle, Isla	8	WL Seaton	1:20.68
5 Barna, Faryal	8	Revelstoke S	1:25.63
6 Woodman, Fiona	8	Revelstoke S	1:29.24
7 Larochele, Cadence	8	Kamloops Sch	1:30.01

**Event 23 Women 400 Meter Dash Junior**

Name	Year	School	Finals
1 Nicholls, Michaela	10	Merritt Secondary	65.04
2 Evans, Alicia	9	Westsyde Secondary	71.87
3 Cross, Grace	10	Salmon Arm S	72.18
4 Parilak, Mishka	10	Vlearn.Ca	72.19
5 Peterson, Sam	10	Salmon Arm S	1:23.64

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**Event 25 Women 400 Meter Dash Senior**

Name	Year	School	Finals
1 Vicars, Caillie	11	Salmon Arm S	64.33
2 Cameron, Fia	11	Revelstoke S	67.83
3 Findlay, Katie	12	Salmon Arm S	74.34
4 Lehmann, Ruth	11	Salmon Arm S	74.69
5 Hermiston, Kayla	12	Saint Ann's Academy	76.36

**Event 31 Women 800 Meter Run Gr 8**

Name	Year	School	Finals
1 Royle, Maya	8	Revelstoke S	2:40.62
2 Beaumont, Andrea	8	Vernon Christian	2:54.38
3 Woodman, Fiona	8	Revelstoke S	3:09.16
4 Brown, Claire	8	Revelstoke S	3:09.41
5 Wiebe, Mikayla	8	Len Wood Mid	3:12.39
6 Chemago, Isabel	8	Merritt Secondary	3:16.80

**Event 33 Women 800 Meter Run Junior**

Name	Year	School	Finals
1 Matonovich, Raiya	9	Sa-Hali Secondary	2:19.87
2 Wallace, Feron	9	South Kamloo	2:35.07
3 Zuidhof, Tianna		King's Chris	2:36.70
4 Suergit, Louisa	9	Vernon Secon	2:37.33
5 Parilak, Mishka	10	Vlearn.Ca	2:41.17
6 Berkenbosch, Lutza		Revelstoke S	2:47.13
7 Zirnhilt, Ava	10	Westsyde Secondary	2:47.18
8 Isaac, Ila	9	Pleasant Valley	2:48.92
9 Heckrodt, Eden	9	Salmon Arm S	2:52.02
10 Cross, Grace	10	Salmon Arm S	2:56.52
11 Peterson, Sam	10	Salmon Arm S	3:00.49
12 Peters, Emily	10	Westsyde Secondary	3:01.05
13 Kaltiainen, Ruby	10	WL Seaton	3:16.78
14 Brunsgaard, Chloe	9	Westsyde Secondary	3:34.37

**Event 35 Women 800 Meter Run Senior**

Name	Year	School	Finals
1 D'Amore, Sophia	11	Sa-Hali Secondary	2:46.37
2 Vukadinovic, Hilary	11	Salmon Arm S	2:48.74
3 Dabner, Ava	12	Westsyde Secondary	2:48.90

**Event 41 Women 1500 Meter Run Gr 8**

Name	Year	School	Finals
1 Royle, Maya	8	Revelstoke S	5:28.95
2 Brown, Claire	8	Revelstoke S	6:31.26
3 Boyle, Isla	8	WL Seaton	6:38.06

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**Event 43 Women 1500 Meter Run Junior**

Name	Year	School	Finals
1 Matonovich, Raiya	9	Sa-Hali Secondary	5:09.14
2 Renwick, Danica	10	Sa-Hali Secondary	5:18.77
3 Wallace, Feron	9	South Kamloo	5:20.94
4 Parilak, Mishka	10	Vlearn.Ca	5:31.47
5 Berkenbosch, Lutza		Revelstoke S	5:33.76
6 Pighin, Kiara	9	Clarence Ful	5:38.86
7 Isaac, Ila	9	Pleasant Valley	6:08.29
8 Cleaveley, Kelsey	9	Merritt Secondary	7:04.43

**Event 45 Women 1500 Meter Run Senior**

Name	Year	School	Finals
1 MacLeod, Maeve	11	Revelstoke S	5:24.41
2 Vukadinovic, Sam	12	Salmon Arm S	5:25.88
3 Dabner, Ava	12	Westsyde Secondary	5:39.22

**Event 50 Women 3000 Meter Run Junior**

Name	Year	School	Finals
1 Renwick, Danica	10	Sa-Hali Secondary	11:13.64
2 Pighin, Kiara	9	Clarence Ful	11:47.05
3 Muddiman, Emma	10	Salmon Arm S	12:51.60
4 Brooks, Hazel	10	Salmon Arm S	12:55.62
5 Archer, Cara	9	Salmon Arm S	13:26.96

**Event 52 Women 3000 Meter Run Senior**

Name	Year	School	Finals
1 Vukadinovic, Sam	12	Salmon Arm S	11:23.11
2 MacLeod, Maeve	11	Revelstoke S	11:33.63
3 Parker, Taylor	11	Salmon Arm S	13:02.50

**Event 57 Women 1500 Meter Race Walk Junior**

Name	Year	School	Finals
1 Sutherland, Sarah	10	King's Chris	10:55.53
2 Bakewell, Vanessa	10	King's Chris	11:28.27

**Event 63 Women 80 Meter Hurdles 30" Gr 8**

30" x 8 (12-8-12)				
Name	Year	School	Finals	Wind
1 Woods, Emily	8	Westsyde Secondary	14.22	NWI
2 Armstrong, Gabrielle	8	South Kamloo	20.15	NWI

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**Event 64 Women 80 Meter Hurdles 30" Junior**

30" x 8 (12-8-12)

Name	Year School	Finals	Wind
1 Grabinsky, Rachel	9 Revelstoke S	14.68	-3.1
2 Vermeer, Nyla	10 King's Chris	15.39	-3.1

**Event 70 Women 100 Meter Hurdles 33" Senior**

33" x 10 (13-8.5-10.5)

Name	Year School	Finals	Wind
1 Stevenson, Emily	11 King's Chris	18.46	-4.9
2 Lloyd, Emma	12 Salmon Arm S	22.76	-4.9
3 Martinelli, Arianna	12 Salmon Arm S	50.61	-4.9

**Event 75 Women 200 Meter Hurdles 30" x 5 Gr 8**

30" x 5 (20-35-40)

Name	Year School	Finals	Wind
1 Corbett, Ruby	8 Revelstoke S	38.92	-3.1
2 Woodman, Fiona	8 Revelstoke S	40.26	-3.1

**Event 77 Women 300 Meter Hurdles 30" x 7 Junior**

30" x 7 (50-35-40)

Name	Year School	Finals
1 Zuidhof, Tianna	King's Chris	51.41
2 Roodzant, Rebecca	10 King's Chris	52.09
3 Bakewell, Vanessa	10 King's Chris	68.74

**Event 82 Women 400 Meter Hurdles 30" x 10 Senior**

30" x 10 (45-35-40)

Name	Year School	Finals
1 Cameron, Fia	11 Revelstoke S	70.68
2 Vukadinovic, Hilary	11 Salmon Arm S	1:23.27
3 Findlay, Katie	12 Salmon Arm S	1:26.52

**Event 93 Women 1500 Meter Steeplechase 30" Junior**

Name	Year School	Finals
1 Wallace, Feron	9 South Kamloo	5:46.80
2 Muddiman, Emma	10 Salmon Arm S	6:36.36
3 Brooks, Hazel	10 Salmon Arm S	6:58.86
4 Giesbrecht, Ellie	9 Salmon Arm S	7:19.16

**Event 94 Women 1500 Meter Steeplechase 30" Senior**

Name	Year School	Finals
1 Parker, Taylor	11 Salmon Arm S	6:52.71

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**Event 103 Women 4x100 Meter Relay Gr 8**

School	Finals
1 Revelstoke Secondary School 'A'	64.51
1) Corbett, Ruby 8	2) Brown, Claire 8
3) Barna, Faryal 8	4) Cochrane, Reece 8

**Event 105 Women 4x100 Meter Relay Junior**

School	Finals
1 King's Christian School 'A'	55.15
2 Revelstoke Secondary School 'A'	56.74
1) Grabinsky, Rachel 9	2) Berkenbosch, Lutza
3) Widmer, Ilaria 9	4) Cochrane, Avery 9
3 Westsyde Secondary 'A'	58.03
1) Evans, Bethany 9	2) Evans, Alicia 9
3) Peters, Emily 10	4) Zirnhilt, Ava 10
4 Salmon Arm Secondary - Jackson 'A'	64.04
1) Giesbrecht, Ellie 9	2) Miege, Heidi 9
3) Smith, Brynne 10	4) Heckrodt, Eden 9

**Event 107 Women 4x100 Meter Relay Senior**

School	Finals
1 Westsyde Secondary 'A'	57.42
1) Toering, Kt 11	2) Evans, Jillian 11
3) Jensen, Trinity 12	4) Toering, Kk 11
2 Salmon Arm Secondary - Sulliva 'A'	59.41
1) Vicars, Caillie 11	2)
3) Vukadinovic, Hilary 11	4) Lloyd, Emma 12

**Event 112 Women 4x400 Meter Relay Gr 8**

School	Finals
1 Revelstoke Secondary School 'A'	5:11.83
1) Royle, Maya 8	2) Woodman, Fiona 8
3) Brown, Claire 8	4) Corbett, Ruby 8

**Event 114 Women 4x400 Meter Relay Junior**

School	Finals
1 King's Christian School 'A'	4:40.08
2 Salmon Arm Secondary - Jackson 'A'	5:21.90
1) Miege, Heidi 9	2) Heckrodt, Eden 9
3) Brooks, Hazel 10	4) Cross, Grace 10

**Event 116 Women 4x400 Meter Relay Senior**

School	Finals
1 Salmon Arm Secondary - Sulliva 'A'	5:01.23
1) Vicars, Caillie 11	2) Vukadinovic, Hilary 11

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**....Event 116 Women 4x400 Meter Relay Senior**

3) Vukadinovic, Sam 12

4) Lehmann, Ruth 11

**Event 133 Women High Jump Gr 8**

Name	Year	School	Finals
1 Heer, Payton	8	South Kamloo	1.56m
1.30 1.35 1.40 1.45 1.50 1.53 1.56 1.59			
O O O O O O O XXX			
2 Smith, Rebecca	8	Clarence Ful	1.30m
1.10 1.15 1.20 1.25 1.30 1.35			
O O O XO O XXX			
3 Taylor, Sierra	8	WL Seaton	1.20m
1.10 1.15 1.20 1.25			
O O O XXX			
4 Wiebe, Mikayla	8	Len Wood Mid	1.15m
1.10 1.15 1.20			
O O XXX			
5 Bzowy, Kennedy	8	Charles Bloo	1.10m
1.10 1.15			
O XXX			
-- Andrews, Kaitlyn	8	Charles Bloo	NH
1.10			
XXX			

**Event 135 Women High Jump Junior**

Name	Year	School	Finals
1 Isaac, Ila	9	Pleasant Valley	1.35m
1.25 1.30 1.35 1.40			
O O XO XXX			
2 Vigue, Joselynn	9	Pleasant Valley	1.30m
1.20 1.25 1.30 1.35			
O O XXO XXX			
3 Menzies, Isabelle	9	Salmon Arm S	1.25m
1.15 1.20 1.25 1.30			
O O O XXX			
4 Archer, Cara	9	Salmon Arm S	1.20m
1.15 1.20 1.25			
XO O XXX			
5 Heckrodt, Eden	9	Salmon Arm S	1.15m
1.15 1.20			
XO XXX			

**Event 137 Women High Jump Senior**

Name	Year	School	Finals
1 D'Amore, Sophia	11	Sa-Hali Secondary	1.40m
1.35 1.40 1.45			
XO XXO XXX			
2 Rinsma-Jagt, Emilyn	11	Revelstoke S	1.35m
1.25 1.30 1.35 1.40			
O XO O XXX			

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**....Event 137 Women High Jump Senior**

3 Martinelli, Arianna 12 Salmon Arm S 1.25m  
 1.15 1.20 1.25 1.30  
 O O O XXX

**Event 145 Women Triple Jump Junior**

Name	Year	School	Finals	Wind
1 Koleba, Mya	10	WL Seaton	9.14m	NWI
X		8.77m(NWI)	9.14m(NWI)	
2 Bassett, Rae	10	Merritt Secondary	7.18m	NWI
		6.89m(NWI)	7.05m(NWI)	7.18m(NWI)
3 Wurtz, Charli	9	Kamloops Sch	6.29m	NWI
X		6.02m(NWI)	6.29m(NWI)	

**Event 147 Women Triple Jump Senior**

Name	Year	School	Finals	Wind
1 Toering, Kt	11	Westsyde Secondary	8.95m	NWI
		8.95m(NWI)	X	8.90m(NWI)
2 D'Amore, Sophia	11	Sa-Hali Secondary	8.61m	NWI
		8.61m(NWI)	7.47m(NWI)	X

**Event 153 Women Long Jump Gr 8**

Name	Year	School	Finals	Wind
1 Woods, Emily	8	Westsyde Secondary	4.33m	NWI
		4.33m(NWI)	4.17m(NWI)	4.01m(NWI)
2 Chala, Raina	8	Sa-Hali Secondary	4.24m	NWI
		4.24m(NWI)	4.15m(NWI)	4.17m(NWI)
3 Steeves, Berlyn	8	Valleyview S	3.85m	NWI
		3.78m(NWI)	3.66m(NWI)	3.85m(NWI)
4 Taylor, Sierra	8	WL Seaton	3.18m	NWI
		3.18m(NWI)	2.70m(NWI)	3.03m(NWI)
5 Smith, Rebecca	8	Clarence Ful	3.09m	NWI
		3.09m(NWI)	2.84m(NWI)	3.01m(NWI)
6 Dejonge, Madelijn	8	Logan Lake S	3.05m	NWI
		2.79m(NWI)	2.96m(NWI)	3.05m(NWI)
7 Laroche, Cadence	8	Kamloops Sch	2.89m	NWI
		2.89m(NWI)	2.61m(NWI)	2.76m(NWI)
8 Wiebe, Mikayla	8	Len Wood Mid	2.79m	NWI
		2.45m(NWI)	2.79m(NWI)	2.73m(NWI)

**Event 155 Women Long Jump Junior**

Name	Year	School	Finals	Wind
1 Zuidhof, Tianna		King's Chris	4.41m	NWI
		4.41m(NWI)	4.16m(NWI)	4.33m(NWI)
2 Koleba, Mya	10	WL Seaton	4.12m	NWI
		3.98m(NWI)	4.01m(NWI)	4.12m(NWI)
3 Grabinsky, Rachel	9	Revelstoke S	4.03m	NWI
		3.81m(NWI)	4.03m(NWI)	3.69m(NWI)



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**....Event 155 Women Long Jump Junior**

4	Giesbrecht, Ellie	9 Salmon Arm S	3.96m	NWI
	3.96m(NWI) 3.72m(NWI) 3.75m(NWI)			
4	Schmor, Ella	10 King's Chris	3.96m	NWI
	3.96m(NWI) X X			
6	Vigue, Joselynn	9 Pleasant Valley	3.92m	NWI
	3.37m(NWI) 3.92m(NWI) 3.90m(NWI)			
7	Cochrane, Avery	9 Revelstoke S	3.80m	NWI
	3.78m(NWI) 3.80m(NWI) X			
8	Peters, Emily	10 Westsyde Secondary	3.39m	NWI
	3.39m(NWI) 3.34m(NWI) 2.96m(NWI)			
9	Wurtz, Charli	9 Kamloops Sch	3.21m	NWI
	3.10m(NWI) 3.21m(NWI) 3.12m(NWI)			
10	Bassett, Rae	10 Merritt Secondary	3.11m	NWI
	2.97m(NWI) 3.06m(NWI) 3.11m(NWI)			
11	Cleaveley, Kelsey	9 Merritt Secondary	2.90m	NWI
	X 2.90m(NWI) 2.82m(NWI)			

**Event 157 Women Long Jump Senior**

=====				
	Name	Year School	Finals	Wind
=====				
1	Toering, Kk	11 Westsyde Secondary	4.53m	NWI
	4.53m(NWI) 4.24m(NWI) 4.19m(NWI)			
2	Vicars, Caillie	11 Salmon Arm S	3.81m	NWI
	3.81m(NWI) 3.64m(NWI) 3.56m(NWI)			
3	Lehmann, Ruth	11 Salmon Arm S	3.77m	NWI
	X X 3.77m(NWI)			
4	Rinsma-Jagt, Emilyn	11 Revelstoke S	3.72m	NWI
	3.66m(NWI) 3.72m(NWI) 3.55m(NWI)			
5	Jensen, Trinity	12 Westsyde Secondary	3.68m	NWI
	3.27m(NWI) 3.40m(NWI) 3.68m(NWI)			
6	Slager, Olive	11 Revelstoke S	3.59m	NWI
	3.47m(NWI) 3.51m(NWI) 3.59m(NWI)			

**Event 165 Women Shot Put 3 kg Junior**

=====				
	Name	Year School	Finals	
=====				
1	Howe, Kasey	9 Revelstoke S	8.52m	
	8.52m 8.10m 7.74m			
2	Hamilton, Alena	10 Salmon Arm S	7.82m	
	7.65m 7.82m 7.37m			
3	Vermeer, Nyla	10 King's Chris	7.34m	
	7.34m X X			
4	Cleaveley, Kelsey	9 Merritt Secondary	6.41m	
	6.41m 6.24m 6.16m			

**Event 167 Women Shot Put 4 kg Senior**

=====				
	Name	Year School	Finals	
=====				
1	Jansen, Shiloh	11 King's Chris	8.96m	
	8.96m 8.15m 8.39m			
2	Ashley, Cassidy	11 Westsyde Secondary	7.01m	
	6.50m 6.96m 7.01m			

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**Event 173 Women Discus Throw 1 kg Gr 8**

Name	Year	School	Finals
1 Thomson, Sophia	8	Merritt Secondary	14.34m
14.34m	10.85m	11.10m	

**Event 175 Women Discus Throw 1 kg Junior**

Name	Year	School	Finals
1 Hamilton, Alena	10	Salmon Arm S	22.80m
22.80m	X	21.03m	
2 Roodzant, Rebecca	10	King's Chris	19.50m
19.50m	19.11m	18.95m	
3 Smith, Brynne	10	Salmon Arm S	19.01m
18.89m	19.01m	17.77m	
4 Morrow, Lia	9	Revelstoke S	16.07m
16.07m	X	14.53m	
5 Vermeer, Nyla	10	King's Chris	15.97m
15.97m	X	X	
6 Sutherland, Sarah	10	King's Chris	15.48m
X	X	15.48m	
7 Lansdowne, Devan	9	Salmon Arm S	12.11m
X	11.00m	12.11m	
-- Koleba, Mya	10	WL Seaton	FOUL
X	X	X	

**Event 177 Women Discus Throw 1 kg Senior**

Name	Year	School	Finals
1 Ashley, Cassidy	11	Westsyde Secondary	19.95m
17.99m	19.95m	X	
2 Jansen, Shiloh	11	King's Chris	18.71m
13.17m	16.38m	18.71m	
3 Kineshanko, Brooklyn	12	Charles Bloo	18.24m
18.24m	16.12m	16.61m	

**Event 183 Women Javelin Throw 500 gram Gr 8**

Name	Year	School	Finals
1 Melvin, Anna	9	Len Wood Mid	14.83m
14.21m	14.33m	14.83m	
2 Cochrane, Reece	8	Revelstoke S	11.00m
X	X	11.00m	
3 Thomson, Sophia	8	Merritt Secondary	9.06m
9.06m	X	X	

**Event 185 Women Javelin Throw 500 gram Junior**

Name	Year	School	Finals
1 Smith, Brynne	10	Salmon Arm S	27.03m
25.78m	23.52m	27.03m	

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Results**

**....Event 185 Women Javelin Throw 500 gram Junior**

2 Lansdowne, Devan	9 Salmon Arm S	22.96m
18.88m 22.96m 15.73m		
3 Howe, Kasey	9 Revelstoke S	21.26m
14.14m 12.65m 21.26m		
4 Miede, Heidi	9 Salmon Arm S	16.73m
15.88m 14.03m 16.73m		
5 Morrow, Lia	9 Revelstoke S	13.71m
13.71m 11.69m X		

**Event 187 Women Javelin Throw 600 gram Senior**

Name	Year School	Finals
1 Slager, Olive	11 Revelstoke S	26.06m
17.81m 26.06m 18.79m		
2 Kineshanko, Brooklyn	12 Charles Bloo	22.52m
21.17m 19.82m 22.52m		
3 Toering, Kk	11 Westsyde Secondary	22.31m
22.31m X 20.12m		
4 Ashley, Cassidy	11 Westsyde Secondary	18.12m
16.63m 11.42m 18.12m		
5 Lloyd, Emma	12 Salmon Arm S	13.99m
12.32m 13.99m 11.77m		

**Event 195 Women Hammer Throw 3 kg Junior**

Name	Year School	Finals
1 Roodzant, Rebecca	10 King's Chris	26.60m
20.62m 26.60m X 22.03m X 18.68m		
2 Sutherland, Sarah	10 King's Chris	22.06m
X 21.02m 19.83m X 21.43m 22.06m		
3 Schmor, Ella	10 King's Chris	18.09m
14.55m 14.54m 18.09m 16.50m 7.85m 17.21m		

**Event 197 Women Hammer Throw 4 kg Senior**

Name	Year School	Finals
1 Jansen, Shiloh	11 King's Chris	20.41m
X X X X X 20.41m		

**Event 200 Women Pole Vault Gr 8**

Name	Year School	Finals
1 Armstrong, Gabrielle	8 South Kamloo	2.70m
2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80		
O O --- O --- O --- XO XXX		

Combined Team Scores - Gr 8 - 32 Events Scored

1) Revelstoke Secondary Schoo	106	2) King's Christian School	103
3) Westsyde Secondary	67	4) WL Seaton	64
5) South Kamloops Secondary	49	6) Vernon Christian	46

**2022 North and West Zone Championships**  
**Hillside Stadium, Kamloops,BC**  
**Results**

**....Event 200 Women Pole Vault Gr 8**

7) Len Wood Middle School	43	8) Valleyview Secondary	40
9) Charles Bloom Secondary	38	10) Kamloops School of the Ar	34
11) Sa-Hali Secondary	24	12) Merritt Secondary	23
13) Vernon Secondary School	20	14) Logan Lake Secondary Scho	17
15) Clarence Fulton Secondary	12		

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Combined Team Scores - Junior - 38 Events Scored

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1) King's Christian School	301.50	2) Salmon Arm Secondary - Ja	188.50
3) Revelstoke Secondary Schoo	113	4) Sa-Hali Secondary	84
5) Westsyde Secondary	70	6) South Kamloops Secondary	62
7) Merritt Secondary	53	8) Vernon Christian	52
9) Pleasant Valley	47	10) Vernon Secondary School	33
11) Clarence Fulton Secondary	31	12) WL Seaton	23
13) Kalamalka Secondary School	18	14) vLearn.ca	14
15) Kamloops School of the Art	13	16) Brock Middle School	4

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Combined Team Scores - Senior - 39 Events Scored

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1) Salmon Arm Secondary - Sul	247	2) King's Christian School	183
3) Westsyde Secondary	143	4) Revelstoke Secondary Scho	106
5) Sa-Hali Secondary	76	6) Pleasant Valley	32
7) Vernon Christian	26	8) Clarence Fulton Secondary	20
9) Valleyview Secondary	19	10) Heritage Christian On-Lin	16
10) Kamloops School of the Art	16	12) Anchor Academy	14
12) Charles Bloom Secondary	14	14) Vernon Secondary School	10
15) Saint Ann's Academy	9	16) North Kamloops Secondary	8