

2022 North and West Zone Championships
Hillside Stadium, Kamloops,BC
Results - North Okanagan

Event 1 Women 100 Meter Dash Gr 8

Name	Year	School	Finals	Wind	H#
Finals					
1 Melvin, Anna	9	Len Wood Mid	14.30	-3.0	1
4 Andrews, Kaitlyn	8	Charles Bloo	15.04	-3.0	1
5 Koebel, Gabi	8	Vernon Christian	15.50	-5.8	2
6 Beaumont, Andrea	8	Vernon Christian	15.70	-3.0	1
7 Bzowy, Kennedy	8	Charles Bloo	15.78	-5.8	2
8 Williams, Katayra	8	Len Wood Mid	16.15	-5.8	2
9 Cochrane, Reece	8	Revelstoke S	16.17	-5.8	2
10 Corbett, Ruby	8	Revelstoke S	16.60	-5.8	2
13 Barna, Faryal	8	Revelstoke S	17.18	-3.0	1

Event 2 Men 100 Meter Dash Gr 8

Name	Year	School	Finals	Wind
1 McDonald, Ayden	8	Vernon Secon	12.94	-2.0
4 Le May, Connor	8	Charles Bloo	14.91	-2.0

Event 3 Women 100 Meter Dash Junior

Name	Year	School	Finals	Wind	H#
1 Widmer, Ilaria	9	Revelstoke S	14.36	-2.2	2
4 Schmor, Ella	10	King's Chris	14.79	-3.5	1
5 Grabinsky, Rachel	9	Revelstoke S	14.81	-3.5	1
6 Giesbrecht, Ellie	9	Salmon Arm S	14.81	-2.2	2
7 Cochrane, Avery	9	Revelstoke S	14.90	-2.2	2
8 Kaltiainen, Ruby	10	WL Seaton	15.19	-3.5	1
9 Menzies, Isabelle	9	Salmon Arm S	16.13	-2.2	2
12 Bakewell, Vanessa	10	King's Chris	17.67	-3.5	1

Event 4 Men 100 Meter Dash Junior

Name	Year	School	Finals	Wind	H#
1 Tishenko, Ben	10	Vernon Christian	12.85	-4.9	2
4 Bicknell, Anderson	9	Vernon Secon	13.09	-4.9	2
5 Lee, Jonah	9	Vernon Secon	13.11	-2.5	1
6 McNamara, Maddox	9	Pleasant Valley	13.19	-4.9	2
8 Hove, Cisko	10	Vernon Secon	13.83	-4.9	2
9 Archer, Evan	10	Salmon Arm S	13.90	-4.9	2
10 Acton, Alexander	9	Revelstoke S	13.99	-2.5	1
13 Hammond, Oliver	9	Revelstoke S	15.26	-4.9	2
14 Norlin, Jute	10	Salmon Arm S	15.60	-2.5	1

Event 5 Women 100 Meter Dash Senior

Name	Year	School	Finals	Wind	H#
1 Stevenson, Emily	11	King's Chris	13.57	-1.6	2
2 Barry, Victoria	12	Vernon Christian	13.71	-2.5	1
4 Slager, Olive	11	Revelstoke S	14.72	-2.5	1
5 Chersoni, Anna	12	Pleasant Valley	14.99	-1.6	2

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6 Lloyd, Emma	12 Salmon Arm S	15.72	-1.6	2
10 Thurston, Faith	11 Salmon Arm S	17.25	-2.5	1

Event 6 Men 100 Meter Dash Senior

Name	Year School	Finals	Wind
1 Maryniuk, Jack	11 Salmon Arm S	11.91	-3.0
2 Siddons, Jed	12 Pleasant Valley	12.53	-3.0
3 Redelinguys, Hendri	11 Vernon Christian	12.70	-3.0
4 Murphy, Joe	11 Vernon Secon	12.82	-3.0

Event 11 Women 200 Meter Dash Gr 8

Name	Year School	Finals	Wind	H#
1 Melvin, Anna	9 Len Wood Mid	29.00	-2.9	2
3 Koebel, Gabi	8 Vernon Christian	31.25	-2.9	2
4 Beaumont, Andrea	8 Vernon Christian	32.22	-3.2	1
6 Cochrane, Reece	8 Revelstoke S	32.89	-2.9	2
7 Williams, Katayra	8 Len Wood Mid	33.90	-3.2	1
8 Corbett, Ruby	8 Revelstoke S	34.01	-3.2	1

Event 12 Men 200 Meter Dash Gr 8

Name	Year School	Finals	Wind
1 McDonald, Ayden	8 Vernon Secon	26.06	-4.2
3 Westley, Eric	8 WL Seaton	28.65	-4.2
7 Stevenson, Jesse	8 King's Chris	30.16	-4.2

Event 13 Women 200 Meter Dash Junior

Name	Year School	Finals	Wind
4 Cochrane, Avery	9 Revelstoke S	31.63	-5.2
5 Kalttinen, Ruby	10 WL Seaton	31.65	-5.2

Event 14 Men 200 Meter Dash Junior

Name	Year School	Finals	Wind	H#
2 Bicknell, Anderson	9 Vernon Secon	25.85	-2.9	2
3 Norlin, Jute	10 Salmon Arm S	26.33	-2.9	2
4 McNamara, Maddox	9 Pleasant Valley	26.57	-2.9	2
5 Awad, Diego	9 Revelstoke S	26.96	-3.9	1
7 Hove, Cisko	10 Vernon Secon	27.82	-2.9	2
8 Archer, Evan	10 Salmon Arm S	28.15	-3.9	1
9 Liman, Ben	9 Vernon Christian	29.27	-2.9	2
10 Whitty, Nicholas	9 Revelstoke S	30.62	-2.9	2

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Event 15 Women 200 Meter Dash Senior

Name	Year School	Finals	Wind
1 Stevenson, Emily	11 King's Chris	28.51	-4.3
2 Barry, Victoria	12 Vernon Christian	29.32	-4.3
4 Vicars, Caillie	11 Salmon Arm S	30.12	-4.3
5 Chersoni, Anna	12 Pleasant Valley	33.14	-4.3
8 Thurston, Faith	11 Salmon Arm S	37.42	-4.3

Event 16 Men 200 Meter Dash Senior

Name	Year School	Finals	Wind	H#
1 Maryniuk, Jack	11 Salmon Arm S	24.27	-4.5	2
3 Siddons, Jed	12 Pleasant Valley	25.58	-4.5	2
4 Murphy, Joe	11 Vernon Secon	26.22	-4.5	2
6 North, William	12 King's Chris	27.26	-4.5	2

Event 21 Women 400 Meter Dash Gr 8

Name	Year School	Finals
1 Koebel, Gabi	8 Vernon Christian	72.81
2 Andrews, Kaitlyn	8 Charles Bloo	73.37
3 Bzowy, Kennedi	8 Charles Bloo	77.14
4 Boyle, Isla	8 WL Seaton	1:20.68
5 Barna, Faryal	8 Revelstoke S	1:25.63
6 Woodman, Fiona	8 Revelstoke S	1:29.24

Event 22 Men 400 Meter Dash Gr 8

Name	Year School	Finals
2 Westley, Eric	8 WL Seaton	65.83
5 Matthies, Alexander	8 WL Seaton	75.53

Event 23 Women 400 Meter Dash Junior

Name	Year School	Finals
3 Cross, Grace	10 Salmon Arm S	72.18
4 Parilak, Mishka	10 Vlearn.Ca	72.19
5 Peterson, Sam	10 Salmon Arm S	1:23.64

Event 24 Men 400 Meter Dash Junior

Name	Year School	Finals
1 Awad, Diego	9 Revelstoke S	59.82
2 Unger, Aaron	10 King's Chris	60.04
3 Oliver, Ryder	10 Salmon Arm S	63.46

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Event 25 Women 400 Meter Dash Senior

Name	Year School	Finals
1 Vicars, Caillie	11 Salmon Arm S	64.33
2 Cameron, Fia	11 Revelstoke S	67.83
3 Findlay, Katie	12 Salmon Arm S	74.34
4 Lehmann, Ruth	11 Salmon Arm S	74.69

Event 26 Men 400 Meter Dash Senior

Name	Year School	Finals
1 Moore, Eric	11 Salmon Arm S	56.22
4 Scheerer, Jank	11 Salmon Arm S	61.46
5 Luth, Darin	11 King's Chris	62.44

Event 31 Women 800 Meter Run Gr 8

Name	Year School	Finals
1 Royle, Maya	8 Revelstoke S	2:40.62
2 Beaumont, Andrea	8 Vernon Christian	2:54.38
3 Woodman, Fiona	8 Revelstoke S	3:09.16
4 Brown, Claire	8 Revelstoke S	3:09.41
5 Wiebe, Mikayla	8 Len Wood Mid	3:12.39

Event 32 Men 800 Meter Run Gr 8

Name	Year School	Finals
1 Westley, Eric	8 WL Seaton	2:30.15
3 Matthies, Alexander	8 WL Seaton	2:54.95

Event 33 Women 800 Meter Run Junior

Name	Year School	Finals
3 Zuidhof, Tianna	King's Chris	2:36.70
4 Suergit, Louisa	9 Vernon Secon	2:37.33
5 Parilak, Mishka	10 Vlearn.Ca	2:41.17
6 Berkenbosch, Lutza	Revelstoke S	2:47.13
8 Isaac, Ila	9 Pleasant Valley	2:48.92
9 Heckrodt, Eden	9 Salmon Arm S	2:52.02
10 Cross, Grace	10 Salmon Arm S	2:56.52
11 Peterson, Sam	10 Salmon Arm S	3:00.49
13 Kaltiainen, Ruby	10 WL Seaton	3:16.78

Event 34 Men 800 Meter Run Junior

Name	Year School	Finals
2 Adams, Hunter	9 Kalamalka Se	2:27.86
3 Oliver, Ryder	10 Salmon Arm S	2:35.24
4 Reid, Liam	9 Kalamalka Se	2:38.77

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Event 35 Women 800 Meter Run Senior

Name	Year School	Finals
2 Vukadinovic, Hilary	11 Salmon Arm S	2:48.74

Event 36 Men 800 Meter Run Senior

Name	Year School	Finals
1 Takhar, Ashton Singh	12 Clarence Ful	2:06.83
2 Spark, Hayden	10 Anchor Academy	2:27.50
3 Moore, Eric	11 Salmon Arm S	3:43.01

Event 41 Women 1500 Meter Run Gr 8

Name	Year School	Finals
1 Royle, Maya	8 Revelstoke S	5:28.95
2 Brown, Claire	8 Revelstoke S	6:31.26
3 Boyle, Isla	8 WL Seaton	6:38.06

Event 42 Men 1500 Meter Run Gr 8

Name	Year School	Finals
1 Roodzant, Benjamin	8 King's Chris	5:49.08
2 Matthies, Alexander	8 WL Seaton	6:02.77

Event 43 Women 1500 Meter Run Junior

Name	Year School	Finals
4 Parilak, Mishka	10 Vlearn.Ca	5:31.47
5 Berkenbosch, Lutza	Revelstoke S	5:33.76
6 Pighin, Kiara	9 Clarence Ful	5:38.86
7 Isaac, Ila	9 Pleasant Valley	6:08.29

Event 44 Men 1500 Meter Run Junior

Name	Year School	Finals
3 Subias, Tomas	10 Pleasant Valley	5:03.58
4 Overend, Jaden	10 Vernon Christian	5:04.69
5 Orchard, Callum	10 Salmon Arm S	5:20.15
6 Adams, Hunter	9 Kalamalka Se	5:24.24
7 Reid, Liam	9 Kalamalka Se	5:24.33

Event 45 Women 1500 Meter Run Senior

Name	Year School	Finals
1 MacLeod, Maeve	11 Revelstoke S	5:24.41
2 Vukadinovic, Sam	12 Salmon Arm S	5:25.88

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Event 46 Men 1500 Meter Run Senior

Name	Year School	Finals
1 Takhar, Ashton Singh	12 Clarence Ful	4:24.24
3 Spark, Hayden	10 Anchor Academy	5:18.46

Event 50 Women 3000 Meter Run Junior

Name	Year School	Finals
2 Pighin, Kiara	9 Clarence Ful	11:47.05
3 Muddiman, Emma	10 Salmon Arm S	12:51.60
4 Brooks, Hazel	10 Salmon Arm S	12:55.62
5 Archer, Cara	9 Salmon Arm S	13:26.96

Event 51 Men 3000 Meter Run Junior

Name	Year School	Finals
4 Orchard, Callum	10 Salmon Arm S	11:24.74

Event 52 Women 3000 Meter Run Senior

Name	Year School	Finals
1 Vukadinovic, Sam	12 Salmon Arm S	11:23.11
2 MacLeod, Maeve	11 Revelstoke S	11:33.63
3 Parker, Taylor	11 Salmon Arm S	13:02.50

Event 53 Men 3000 Meter Run Senior

Name	Year School	Finals
1 Calkins, Sam	11 Salmon Arm S	9:46.78
3 Ayotte, Frankie	11 Salmon Arm S	10:00.20

Event 57 Women 1500 Meter Race Walk Junior

Name	Year School	Finals
1 Sutherland, Sarah	10 King's Chris	10:55.53
2 Bakewell, Vanessa	10 King's Chris	11:28.27

Event 60 Men 1500 Meter Race Walk Senior

Name	Year School	Finals
1 Chancellor, David	11 King's Chris	11:18.60

Event 64 Women 80 Meter Hurdles 30" Junior

30" x 8 (12-8-12)				
Name	Year School	Finals	Wind	
1 Grabinsky, Rachel	9 Revelstoke S	14.68	-3.1	
2 Vermeer, Nyla	10 King's Chris	15.39	-3.1	

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Event 68 Men 100 Meter Hurdles 33" Gr 8

33" x 10 (13-8.5-10.5)

Name	Year School	Finals	Wind
1 Stevenson, Jesse	8 King's Chris	22.12	NWI

Event 69 Men 100 Meter Hurdles 36" Junior

36" x 10 (13-8.5-10.5)

Name	Year School	Finals	Wind
1 Unger, Aaron	10 King's Chris	18.66	-3.1

Event 70 Women 100 Meter Hurdles 33" Senior

33" x 10 (13-8.5-10.5)

Name	Year School	Finals	Wind
1 Stevenson, Emily	11 King's Chris	18.46	-4.9
2 Lloyd, Emma	12 Salmon Arm S	22.76	-4.9
3 Martinelli, Arianna	12 Salmon Arm S	50.61	-4.9

Event 71 Men 110 Meter Hurdles 36" Senior

36" x 10 (13.72-9.14-14.02)

Name	Year School	Finals	Wind
1 De Hoog, Joel	12 King's Chris	18.25	-1.5
2 North, William	12 King's Chris	18.89	-1.5
3 Chancellor, David	11 King's Chris	22.75	-1.5

Event 75 Women 200 Meter Hurdles 30" x 5 Gr 8

30" x 5 (20-35-40)

Name	Year School	Finals	Wind
1 Corbett, Ruby	8 Revelstoke S	38.92	-3.1
2 Woodman, Fiona	8 Revelstoke S	40.26	-3.1

Event 76 Men 200 Meter Hurdles 30" x 5 Gr 8

30" x 5 (20-35-40)

Name	Year School	Finals	Wind
1 Stevenson, Jesse	8 King's Chris	33.86	NWI
2 Hodson, Daniel	8 King's Chris	42.95	NWI

Event 77 Women 300 Meter Hurdles 30" x 7 Junior

30" x 7 (50-35-40)

Name	Year School	Finals
1 Zuidhof, Tianna	King's Chris	51.41
2 Roodzant, Rebecca	10 King's Chris	52.09
3 Bakewell, Vanessa	10 King's Chris	68.74

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Event 78 Men 300 Meter Hurdles 33" x 7 Junior

33" x 7 (50-35-40)

Name	Year School	Finals
1 Unger, Aaron	10 King's Chris	49.12

Event 82 Women 400 Meter Hurdles 30" x 10 Senior

30" x 10 (45-35-40)

Name	Year School	Finals
1 Cameron, Fia	11 Revelstoke S	70.68
2 Vukadinovic, Hilary	11 Salmon Arm S	1:23.27
3 Findlay, Katie	12 Salmon Arm S	1:26.52

Event 83 Men 400 Meter Hurdles 36" x 10 Senior

36" x 10 (45-35-40)

Name	Year School	Finals
1 Zuidhof, Jabin	12 King's Chris	68.90
2 De Hoog, Joel	12 King's Chris	76.78

Event 93 Women 1500 Meter Steeplechase 30" Junior

Name	Year School	Finals
2 Muddiman, Emma	10 Salmon Arm S	6:36.36
3 Brooks, Hazel	10 Salmon Arm S	6:58.86
4 Giesbrecht, Ellie	9 Salmon Arm S	7:19.16

Event 94 Women 1500 Meter Steeplechase 30" Senior

Name	Year School	Finals
1 Parker, Taylor	11 Salmon Arm S	6:52.71

Event 98 Boys 1500 Meter Steeplechase 30" Junior

Name	Year School	Finals
2 Beck, Kaiden	10 Salmon Arm S	6:01.62

Event 99 Men 2000 Meter Steeplechase 33" Senior

Name	Year School	Finals
1 Calkins, Sam	11 Salmon Arm S	7:28.36
2 Ayotte, Frankie	11 Salmon Arm S	7:28.37
3 Zuidhof, Jabin	12 King's Chris	7:47.88
5 Chancellor, David	11 King's Chris	8:14.15

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Event 103 Women 4x100 Meter Relay Gr 8

School	Finals
1 Revelstoke Secondary School 'A'	64.51
1) Corbett, Ruby 8	2) Brown, Claire 8
3) Barna, Faryal 8	4) Cochrane, Reece 8

Event 104 Men 4x100 Meter Relay Gr 8

School	Finals
1 King's Christian School 'A'	61.08

Event 105 Women 4x100 Meter Relay Junior

School	Finals
1 King's Christian School 'A'	55.15
2 Revelstoke Secondary School 'A'	56.74
1) Grabinsky, Rachel 9	2) Berkenbosch, Lutza
3) Widmer, Ilaria 9	4) Cochrane, Avery 9
4 Salmon Arm Secondary - Jackson 'A'	64.04
1) Giesbrecht, Ellie 9	2) Miede, Heidi 9
3) Smith, Brynne 10	4) Heckrodt, Eden 9

Event 106 Men 4x100 Meter Relay Junior

School	Finals
1 Vernon Christian 'A'	48.39
1) Overend, Jaden 10	2)
3) Barry, Zack 10	4) Tishenko, Ben 10
2 Vernon Secondary School 'A'	49.54
1) Bicknell, Anderson 9	2) Hove, Cisco 10
3) McDonald, Ayden 8	4) Lee, Jonah 9
3 King's Christian School 'A'	52.21
4 Revelstoke Secondary School 'A'	54.70
1) Acton, Alexander 9	2) Whitty, Nicholas 9
3) Delesalle, Nicolas 9	4) Awad, Diego 9

Event 107 Women 4x100 Meter Relay Senior

School	Finals
2 Salmon Arm Secondary - Sulliva 'A'	59.41
1) Vicars, Caillie 11	2)
3) Vukadinovic, Hilary 11	4) Lloyd, Emma 12

Event 108 Men 4x100 Meter Relay Senior

School	Finals
1 King's Christian School 'A'	51.44

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Event 112 Women 4x400 Meter Relay Gr 8

School	Finals
1 Revelstoke Secondary School 'A'	5:11.83
1) Royle, Maya 8	2) Woodman, Fiona 8
3) Brown, Claire 8	4) Corbett, Ruby 8

Event 113 Men 4x400 Meter Relay Gr 8

School	Finals
1 King's Christian School 'A'	5:20.56

Event 114 Women 4x400 Meter Relay Junior

School	Finals
1 King's Christian School 'A'	4:40.08
2 Salmon Arm Secondary - Jackson 'A'	5:21.90
1) Miede, Heidi 9	2) Heckrodt, Eden 9
3) Brooks, Hazel 10	4) Cross, Grace 10

Event 115 Men 4x400 Meter Relay Junior

School	Finals
1 King's Christian School 'A'	4:16.39
2 Salmon Arm Secondary - Jackson 'A'	4:32.33
1) Orchard, Callum 10	2) Beck, Kaiden 10
3) Oliver, Ryder 10	4)

Event 116 Women 4x400 Meter Relay Senior

School	Finals
1 Salmon Arm Secondary - Sulliva 'A'	5:01.23
1) Vicars, Caillie 11	2) Vukadinovic, Hilary 11
3) Vukadinovic, Sam 12	4) Lehmann, Ruth 11

Event 117 Men 4x400 Meter Relay Senior

School	Finals
1 Salmon Arm Secondary - Sulliva 'A'	4:07.17
1) Moore, Eric 11	2) Ayotte, Frankie 11
3) Calkins, Sam 11	4)
2 King's Christian School 'A'	4:11.45

Event 133 Women High Jump Gr 8

Name	Year School	Finals
2 Smith, Rebecca	8 Clarence Ful	1.30m
1.10 1.15 1.20 1.25 1.30 1.35		
O O O XO O XXX		

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....Event 133 Women High Jump Gr 8

3 Taylor, Sierra	8 WL Seaton	1.20m
1.10 1.15 1.20 1.25		
0 0 0 XXX		
4 Wiebe, Mikayla	8 Len Wood Mid	1.15m
1.10 1.15 1.20		
0 0 XXX		
5 Bzowy, Kennedi	8 Charles Bloo	1.10m
1.10 1.15		
0 XXX		
-- Andrews, Kaitlyn	8 Charles Bloo	NH
1.10		
XXX		

Event 134 Men High Jump Gr 8

Name	Year School	Finals
2 Chapman, Jack	8 King's Chris	1.25m
1.15 1.20 1.25 1.30		
0 0 XXO XXX		

Event 135 Women High Jump Junior

Name	Year School	Finals
1 Isaac, Ila	9 Pleasant Valley	1.35m
1.25 1.30 1.35 1.40		
0 0 XO XXX		
2 Vigue, Joselynn	9 Pleasant Valley	1.30m
1.20 1.25 1.30 1.35		
0 0 XXO XXX		
3 Menzies, Isabelle	9 Salmon Arm S	1.25m
1.15 1.20 1.25 1.30		
0 0 0 XXX		
4 Archer, Cara	9 Salmon Arm S	1.20m
1.15 1.20 1.25		
XO 0 XXX		
5 Heckrodt, Eden	9 Salmon Arm S	1.15m
1.15 1.20		
XO XXX		

Event 136 Men High Jump Junior

Name	Year School	Finals
1 Tishenko, Ben	10 Vernon Christian	1.55m
1.45 1.50 1.55 1.60 1.65		
0 0 0 - XXX		
2 Beck, Kaiden	10 Salmon Arm S	1.50m
1.25 1.30 1.35 1.40 1.45 1.50 1.55		
0 0 0 0 0 0 XXX		
3 Krabbendam, Jacob	10 King's Chris	1.45m
1.30 1.35 1.40 1.45 1.50		
0 0 0 XXO XXX		

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Event 137 Women High Jump Senior

Name	Year	School	Finals
2 Rinsma-Jagt, Emilyn	11	Revelstoke S	1.35m
1.25 1.30 1.35 1.40			
O XO O XXX			
3 Martinelli, Arianna	12	Salmon Arm S	1.25m
1.15 1.20 1.25 1.30			
O O O XXX			

Event 138 Men High Jump Senior

Name	Year	School	Finals
1 Moore, Eric	11	Salmon Arm S	1.65m
1.40 1.45 1.50 1.55 1.60 1.65 1.70			
O O O O O O XXX			
2 Luth, Darin	11	King's Chris	1.60m
1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65			
O O O O XO O XXX			
3 Scheerer, Jank	11	Salmon Arm S	1.35m
1.30 1.35 1.40			
O O XXX			

Event 144 Men Triple Jump Gr 8

Name	Year	School	Finals	Wind
-- Chapman, Jack	8	King's Chris	FOUL	
X X X				

Event 145 Women Triple Jump Junior

Name	Year	School	Finals	Wind
1 Koleba, Mya	10	WL Seaton	9.14m	NWI
X 8.77m(NWI) 9.14m(NWI)				

Event 146 Men Triple Jump Junior

Name	Year	School	Finals	Wind
2 Schroeder, Silas	10	King's Chris	9.90m	NWI
X 9.90m(NWI) 9.69m(NWI)				
3 Richmond, Mikah	10	King's Chris	9.52m	NWI
9.19m(NWI) 9.52m(NWI) -				
-- Hansma, Nathan	10	King's Chris	FOUL	
X X X				

Event 153 Women Long Jump Gr 8

Name	Year	School	Finals	Wind
4 Taylor, Sierra	8	WL Seaton	3.18m	NWI
3.18m(NWI) 2.70m(NWI) 3.03m(NWI)				

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....Event 153 Women Long Jump Gr 8

5	Smith, Rebecca	8 Clarence Ful	3.09m	NWI
	3.09m(NWI) 2.84m(NWI) 3.01m(NWI)			
8	Wiebe, Mikayla	8 Len Wood Mid	2.79m	NWI
	2.45m(NWI) 2.79m(NWI) 2.73m(NWI)			

Event 154 Men Long Jump Gr 8

Name	Year	School	Finals	Wind
1 Schuch, Stefan	8	Vernon Christian	4.41m	NWI
	4.16m(NWI) 4.40m(NWI) 4.41m(NWI)			
2 Le May, Connor	8	Charles Bloo	4.22m	NWI
	4.22m(NWI) X X			
3 Chapman, Jack	8	King's Chris	3.54m	NWI
	X X 3.54m(NWI)			
4 Hodson, Daniel	8	King's Chris	2.96m	NWI
	2.96m(NWI) 2.61m(NWI) X			

Event 155 Women Long Jump Junior

Name	Year	School	Finals	Wind
1 Zuidhof, Tianna		King's Chris	4.41m	NWI
	4.41m(NWI) 4.16m(NWI) 4.33m(NWI)			
2 Koleba, Mya	10	WL Seaton	4.12m	NWI
	3.98m(NWI) 4.01m(NWI) 4.12m(NWI)			
3 Grabinsky, Rachel	9	Revelstoke S	4.03m	NWI
	3.81m(NWI) 4.03m(NWI) 3.69m(NWI)			
4 Giesbrecht, Ellie	9	Salmon Arm S	3.96m	NWI
	3.96m(NWI) 3.72m(NWI) 3.75m(NWI)			
4 Schmor, Ella	10	King's Chris	3.96m	NWI
	3.96m(NWI) X X			
6 Vigue, Joselynn	9	Pleasant Valley	3.92m	NWI
	3.37m(NWI) 3.92m(NWI) 3.90m(NWI)			
7 Cochrane, Avery	9	Revelstoke S	3.80m	NWI
	3.78m(NWI) 3.80m(NWI) X			

Event 156 Men Long Jump Junior

Name	Year	School	Finals	Wind
1 Tishenko, Ben	10	Vernon Christian	5.21m	NWI
	4.97m(NWI) 2.86m(NWI) 5.21m(NWI)			
3 Barry, Zack	10	Vernon Christian	4.98m	NWI
	X X 4.98m(NWI)			
4 Oliver, Ryder	10	Salmon Arm S	4.77m	NWI
	4.77m(NWI) 4.58m(NWI) 4.59m(NWI)			
5 Richmond, Mikah	10	King's Chris	4.68m	NWI
	4.61m(NWI) 4.68m(NWI) X			
6 McNamara, Maddox	9	Pleasant Valley	4.65m	NWI
	4.65m(NWI) X X			
7 Acton, Alexander	9	Revelstoke S	4.55m	NWI
	4.15m(NWI) 4.08m(NWI) 4.55m(NWI)			
8 Liman, Ben	9	Vernon Christian	4.35m	NWI
	4.13m(NWI) 4.35m(NWI) 4.29m(NWI)			

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....Event 156 Men Long Jump Junior

9	Barth, Ryder	10 Pleasant Valley	4.25m	NWI
	4.25m(NWI) 4.18m(NWI) 4.11m(NWI)			
10	Awad, Diego	9 Revelstoke S	4.24m	NWI
	4.24m(NWI) 4.01m(NWI) X			
13	Hammond, Oliver	9 Revelstoke S	3.72m	NWI
	3.72m(NWI) 3.38m(NWI) X			

Event 157 Women Long Jump Senior

Name	Year School	Finals	Wind
2 Vicars, Caillie	11 Salmon Arm S	3.81m	NWI
	3.81m(NWI) 3.64m(NWI) 3.56m(NWI)		
3 Lehmann, Ruth	11 Salmon Arm S	3.77m	NWI
	X X 3.77m(NWI)		
4 Rinsma-Jagt, Emilyn	11 Revelstoke S	3.72m	NWI
	3.66m(NWI) 3.72m(NWI) 3.55m(NWI)		
6 Slager, Olive	11 Revelstoke S	3.59m	NWI
	3.47m(NWI) 3.51m(NWI) 3.59m(NWI)		

Event 158 Men Long Jump Senior

Name	Year School	Finals	Wind
1 Siddons, Jed	12 Pleasant Valley	5.52m	NWI
	- 5.52m(NWI) 5.34m(NWI)		
3 Luth, Darin	11 King's Chris	5.03m	NWI
	4.85m(NWI) 5.03m(NWI) 4.90m(NWI)		
5 Redelinghuys, Hendri	11 Vernon Christian	4.69m	NWI
	- X 4.69m(NWI)		

Event 165 Women Shot Put 3 kg Junior

Name	Year School	Finals
1 Howe, Kasey	9 Revelstoke S	8.52m
	8.52m 8.10m 7.74m	
2 Hamilton, Alena	10 Salmon Arm S	7.82m
	7.65m 7.82m 7.37m	
3 Vermeer, Nyla	10 King's Chris	7.34m
	7.34m X X	

Event 166 Boys Shot Put 5 kg Junior

Name	Year School	Finals
1 Newman, Nicholas	10 Clarence Ful	10.84m
	10.06m 10.84m 10.52m	
2 Krabbendam, Jacob	10 King's Chris	8.59m
	7.68m 8.15m 8.59m	
3 Goldsmith, Dylan	10 King's Chris	7.07m
	6.66m 6.62m 7.07m	

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Event 167 Women Shot Put 4 kg Senior

Name	Year	School	Finals
1 Jansen, Shiloh	11	King's Chris	8.96m
			8.96m 8.15m 8.39m

Event 174 Men Discus Throw 1 kg Gr 8

Name	Year	School	Finals
1 Roodzant, Benjamin	8	King's Chris	17.64m
			17.62m 17.64m X

Event 175 Women Discus Throw 1 kg Junior

Name	Year	School	Finals
1 Hamilton, Alena	10	Salmon Arm S	22.80m
			22.80m X 21.03m
2 Roodzant, Rebecca	10	King's Chris	19.50m
			19.50m 19.11m 18.95m
3 Smith, Brynne	10	Salmon Arm S	19.01m
			18.89m 19.01m 17.77m
4 Morrow, Lia	9	Revelstoke S	16.07m
			16.07m X 14.53m
5 Vermeer, Nyla	10	King's Chris	15.97m
			15.97m X X
6 Sutherland, Sarah	10	King's Chris	15.48m
			X X 15.48m
7 Lansdowne, Devan	9	Salmon Arm S	12.11m
			X 11.00m 12.11m
-- Koleba, Mya	10	WL Seaton	FOUL
			X X X

Event 176 Men Discus Throw 1.5 kg Junior

Name	Year	School	Finals
1 Newman, Nicholas	10	Clarence Ful	34.06m
			33.38m 34.06m 32.97m
2 North, Matthew	10	King's Chris	31.60m
			29.17m 31.60m 25.89m
3 Barth, Ryder	10	Pleasant Valley	21.37m
			17.40m 21.37m 21.05m
4 Goldsmith, Dylan	10	King's Chris	20.60m
			X 18.06m 20.60m
5 Huang, Eric		Revelstoke S	13.83m
			X 13.83m X
-- Schroeder, Silas	10	King's Chris	FOUL
			X X X

Event 177 Women Discus Throw 1 kg Senior

Name	Year	School	Finals
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....Event 177 Women Discus Throw 1 kg Senior

2 Jansen, Shiloh	11 King's Chris	18.71m
13.17m 16.38m 18.71m		
3 Kineshanko, Brooklyn	12 Charles Bloo	18.24m
18.24m 16.12m 16.61m		

Event 178 Men Discus Throw 1.75 kg Senior

Name	Year School	Finals
1 Starling, Micah	Revelstoke S	26.12m
15.48m 26.12m 19.21m		
3 Thibeault, Matthew	11 Revelstoke S	17.37m
17.15m 17.27m 17.37m		

Event 183 Women Javelin Throw 500 gram Gr 8

Name	Year School	Finals
1 Melvin, Anna	9 Len Wood Mid	14.83m
14.21m 14.33m 14.83m		
2 Cochrane, Reece	8 Revelstoke S	11.00m
X X 11.00m		

Event 184 Men Javelin Throw 600 gram Gr 8

Name	Year School	Finals
1 Kenyon, Noah	8 Revelstoke S	25.79m
24.56m 24.69m 25.79m		
2 Hodson, Daniel	8 King's Chris	18.29m
16.96m 18.29m 16.77m		
3 Roodzant, Benjamin	8 King's Chris	18.26m
16.35m 16.77m 18.26m		

Event 185 Women Javelin Throw 500 gram Junior

Name	Year School	Finals
1 Smith, Brynne	10 Salmon Arm S	27.03m
25.78m 23.52m 27.03m		
2 Lansdowne, Devan	9 Salmon Arm S	22.96m
18.88m 22.96m 15.73m		
3 Howe, Kasey	9 Revelstoke S	21.26m
14.14m 12.65m 21.26m		
4 Miege, Heidi	9 Salmon Arm S	16.73m
15.88m 14.03m 16.73m		
5 Morrow, Lia	9 Revelstoke S	13.71m
13.71m 11.69m X		

Event 186 Men Javelin Throw 700 gram Junior

Name	Year School	Finals
1 North, Matthew	10 King's Chris	39.25m
38.34m X 39.25m		

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....Event 186 Men Javelin Throw 700 gram Junior

2 Richmond, Mikah	10 King's Chris	37.95m
30.05m 37.95m 30.53m		
3 Hansma, Nathan	10 King's Chris	29.82m
25.66m X 29.82m		
4 Huang, Eric	Revelstoke S	25.62m
14.91m 24.36m 25.62m		
5 Delesalle, Nicolas	9 Revelstoke S	24.89m
24.89m X 23.25m		
6 Beck, Kaiden	10 Salmon Arm S	24.65m
X X 24.65m		

Event 187 Women Javelin Throw 600 gram Senior

Name	Year School	Finals
1 Slager, Olive	11 Revelstoke S	26.06m
17.81m 26.06m 18.79m		
2 Kineshanko, Brooklyn	12 Charles Bloo	22.52m
21.17m 19.82m 22.52m		
5 Lloyd, Emma	12 Salmon Arm S	13.99m
12.32m 13.99m 11.77m		

Event 188 Men Javelin Throw 800 gram Senior

Name	Year School	Finals
1 Starling, Micah	Revelstoke S	41.61m
41.61m 28.81m 39.87m		
4 Thibeault, Matthew	11 Revelstoke S	21.34m
21.34m X X		
5 Scheerer, Jank	11 Salmon Arm S	20.49m
20.49m X -		

Event 195 Women Hammer Throw 3 kg Junior

Name	Year School	Finals
1 Roodzant, Rebecca	10 King's Chris	26.60m
20.62m 26.60m X 22.03m X 18.68m		
2 Sutherland, Sarah	10 King's Chris	22.06m
X 21.02m 19.83m X 21.43m 22.06m		
3 Schmor, Ella	10 King's Chris	18.09m
14.55m 14.54m 18.09m 16.50m 7.85m 17.21m		

Event 196 Boys Hammer Throw 5 kg Junior

Name	Year School	Finals
1 Krabbendam, Jacob	10 King's Chris	29.66m
X 29.66m 29.45m 28.06m 27.25m 28.67m		
2 Goldsmith, Dylan	10 King's Chris	23.19m
22.82m 23.19m 21.43m - - -		

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Event 197 Women Hammer Throw 4 kg Senior

Name	Year School	Finals
1 Jansen, Shiloh X X X X X 20.41m	11 King's Chris	20.41m

Event 198 Men Hammer Throw 6 kg Senior

Name	Year School	Finals
2 Thibeault, Matthew X 15.59m X 14.23m X 14.02m	11 Revelstoke S	15.59m

Event 205 Men Pole Vault Junior

Name	Year School	Finals
1 Schroeder, Silas 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 XO O O O O O O XX	10 King's Chris	2.30m
2 North, Matthew 1.70 1.80 1.90 2.00 2.10 2.20 O O O O O XXX	10 King's Chris	2.10m
3 Hansma, Nathan 1.70 1.80 1.90 2.00 2.10 2.20 XXO O XO O XO XXX	10 King's Chris	J2.10m

Event 208 Men Pole Vault Senior

Name	Year School	Finals
1 De Hoog, Joel 1.70 1.80 1.90 2.00 2.10 2.20 2.30 O O O O O O XO	12 King's Chris	2.30m
2 North, William 1.70 1.80 1.90 2.00 2.10 2.20 2.30 O O XXO XO O XXO XXX	12 King's Chris	2.20m
3 Zuidhof, Jabin 1.70 O	12 King's Chris	1.70m

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 Combined Team Scores - Gr 8 - 32 Events Scored
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1) Revelstoke Secondary Schoo	106	2) King's Christian School	103
3) Westsyde Secondary	67	4) WL Seaton	64
5) South Kamloops Secondary	49	6) Vernon Christian	46
7) Len Wood Middle School	43	8) Valleyview Secondary	40
9) Charles Bloom Secondary	38	10) Kamloops School of the Ar	34
11) Sa-Hali Secondary	24	12) Merritt Secondary	23
13) Vernon Secondary School	20	14) Logan Lake Secondary Scho	17
15) Clarence Fulton Secondary	12		

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 Combined Team Scores - Junior - 38 Events Scored
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1) King's Christian School	301.50	2) Salmon Arm Secondary - Ja	188.50
3) Revelstoke Secondary Schoo	113	4) Sa-Hali Secondary	84

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5) Westsyde Secondary	70	6) South Kamloops Secondary	62
7) Merritt Secondary	53	8) Vernon Christian	52
9) Pleasant Valley	47	10) Vernon Secondary School	33
11) Clarence Fulton Secondary	31	12) WL Seaton	23
13) Kalamalka Secondary School	18	14) vLearn.ca	14
15) Kamloops School of the Art	13	16) Brock Middle School	4

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 Combined Team Scores - Senior - 39 Events Scored
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1) Salmon Arm Secondary - Sul	247	2) King's Christian School	183
3) Westsyde Secondary	143	4) Revelstoke Secondary Scho	106
5) Sa-Hali Secondary	76	6) Pleasant Valley	32
7) Vernon Christian	26	8) Clarence Fulton Secondary	20
9) Valleyview Secondary	19	10) Heritage Christian On-Lin	16
10) Kamloops School of the Art	16	12) Anchor Academy	14
12) Charles Bloom Secondary	14	14) Vernon Secondary School	10
15) Saint Ann's Academy	9	16) North Kamloops Secondary	8