

# Track and Field Youth Camp

**Youth 9-12**



To register go to [www.kamtrack.ca](http://www.kamtrack.ca)

**Cost :**  
**100.00**  
**per week**

**HILLSIDE  
STADIUM**

**8:00-12:00 pm**  
(a coach will be at the track to receive your child from 7:45-8:00)

**Camp 1: August 4-7**  
(Tues-Friday)

**Camp 2: August 10-13**  
(Monday -Thursday)

**EACH CAMP**  
**4 DAYS PER WEEK**

**Come out and learn the fundamentals of track and field learning how to run , jump and throw with better technique with qualified coaches while at the same time having fun**