

**20120 Van Ryswyk Indoor Invitational  
2020 BC Masters Indoor Championship  
Tournament Capital Centre, Kamloops, BC - 2020-02-28 to 2020-03-01  
Results**

**Women 40-44 60 Meter Dash Master**

Name	Age	Team	Seed	Finals	H#
40-44 BC Mas: # 8.61	2009-02-21	Georgina Titus			
Finals					
1 Martin, Heather	41	Unattached B		10.60	3

**Women 45-49 60 Meter Dash Master**

Name	Age	Team	Seed	Finals	H#
45-49 BC Mas: # 8.55	2007-03-03	Kim Ross			
1 Pentecost, Galina	48	Okanagan Ath		10.28	3

**Women 50-54 60 Meter Dash Master**

Name	Age	Team	Seed	Finals	H#
50-54 BC Mas: # 9.38	2010-03-02	Margaret Rhebergen			
1 Ziebart, Michelle	53	Kamloops Tra		11.25	3
2 Valente, Julie	53	Greyhounds M		11.43	3

**Women 55-59 60 Meter Dash Master**

Name	Age	Team	Seed	Finals	H#
55-59 BC Mas: # 9.16	2016-02-13	Cindy O'Brien Hugh			
1 Hann, Sharon	59	Greyhounds M		9.64	2
2 Ritchie, Laurie	58	Greyhounds M	10.23	10.19	2
3 Sieben, Karen	56	Greyhounds M	9.25	10.23	2
4 Stark, Anne	56	Kamloops Tra		11.70	2

**Women 60-64 60 Meter Dash Master**

Name	Age	Team	Seed	Finals	H#
60-64 BC Mas: # 9.06	2019-03-09	Patty Szybunka			
60-64 PENDIN: ? 9.06					
1 O'Brien Hugh, Cindy	61	Greyhounds M	9.51	9.23	2
2 Pomietlarz, Monica	61	Okanagan Ath		9.83	2
3 Bonin, Denise	64	Nanaimo & Di	10.32	10.45	2

**Women 65-69 60 Meter Dash Master**

Name	Age	Team	Seed	Finals	H#
65-69 BC Mas: # 10.28	2017-04-01	Urith Hayley			
1 Hayley, Urith	68	Greyhounds M	10.58	10.76	
2 Shook, Karen	69	Greyhounds M		11.12	
3 Lee, Deborah	69	Greyhounds M	10.85	11.18	

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**Women 70-74 60 Meter Dash Master**

Name	Age	Team	Seed	Finals
70-74 BC Mas: # 10.41	2011-03-20	Christa Bortignon		
-- Douglas, Avril	73	Kajaks Track		SCR

**Women 80-84 60 Meter Dash Master**

Name	Age	Team	Seed	Finals
80-84 BC Mas: # 10.54	2017-03-12	Christa Bortignon		
1 Bortignon, Christa	83	Unattached B	10.80	11.01
2 Cheetham, Renate	82	Greyhounds M	15.77	15.97

**Women 40-44 200 Meter Dash Masters**

Name	Age	Team	Seed	Finals	H#
40-44 BC Mas: # 28.28	1994-03-27	Marne McMillan			
1 Martin, Heather	41	Unattached B		36.75	3

**Women 45-49 200 Meter Dash Masters**

Name	Age	Team	Seed	Finals	H#
45-49 BC Mas: # 28.84	2007-03-03	Kim Ross			
1 Pentecost, Galina	48	Okanagan Ath		40.33	3

**Women 50-54 200 Meter Dash Masters**

Name	Age	Team	Seed	Finals	H#
50-54 BC Mas: # 32.30	2010-03-03	Margaret Rhebergen			
1 Ziebart, Michelle	53	Kamloops Tra		40.83	3

**Women 55-59 200 Meter Dash Masters**

Name	Age	Team	Seed	Finals	H#
55-59 BC Mas: # 30.84	2016-02-14	Cindy O'Brien Hugh			
1 Hann, Sharon	59	Greyhounds M		34.22	3
2 Stark, Anne	56	Kamloops Tra	47.91	40.56	3

**Women 60-64 200 Meter Dash Masters**

Name	Age	Team	Seed	Finals	H#
60-64 BC Mas: # 30.69	2019-03-10	Patty Szybunka			
60-64 PENDIN: ? 30.69					
1 O'Brien Hugh, Cindy	61	Greyhounds M	31.85	32.60	2
2 Bonin, Denise	64	Nanaimo & Di	35.70	37.24	2

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**Women 65-69 200 Meter Dash Masters**

65-69 BC Mas: # 36.54 2019-03-10 Marie Johnson					
Name	Age	Team	Seed	Finals	H#
1 Whidden, Elaine	65	Greyhounds M	32.00	33.03#	2
2 Shook, Karen	69	Greyhounds M		39.81	2

**Women 70-74 200 Meter Dash Masters**

70-74 BC Mas: # 35.74 2011-03-06 Christa Bortignon					
Name	Age	Team	Seed	Finals	
1 Douglas, Avril	73	Kajaks Track	42.00	39.56	
2 Baldock, Lynette	73	Greyhounds M	49.22	53.29	

**Women 80-84 200 Meter Dash Masters**

80-84 BC Mas: # 38.16 2017-03-11 Christa Bortignon					
Name	Age	Team	Seed	Finals	
1 Cheetham, Renate	82	Greyhounds M	58.50	60.86	
-- Bortignon, Christa	83	Unattached B	39.80	SCR	

**Women 40-44 400 Meter Dash Masters**

40-44 BC Mas: # 62.04 1993-03-20 Marne McMillan					
Name	Age	Team	Seed	Finals	H#
1 Martin, Heather	41	Unattached B		1:27.98	2

**Women 50-54 400 Meter Dash Masters**

50-54 BC Mas: # 1:29.50 2019-03-09 Julie Valente					
50-54 PENDIN: ? 1:29.50					
Name	Age	Team	Seed	Finals	H#
1 Valente, Julie	53	Greyhounds M		1:30.33	2

**Women 55-59 400 Meter Dash Masters**

55-59 BC Mas: # 79.04 2018-03-10 Cindy O'Brien Hugh					
Name	Age	Team	Seed	Finals	H#
1 Hann, Sharon	59	Greyhounds M		1:26.50	2
-- Sieben, Karen	56	Greyhounds M	71.00	SCR	2

**Women 60-64 400 Meter Dash Masters**

60-64 BC Mas: # 1:21.03 2019-03-09 Cindy O'Brian Hugh					
Name	Age	Team	Seed	Finals	
1 O'Brien Hugh, Cindy	61	Greyhounds M	1:22.00	77.77#	

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**Women 65-69 400 Meter Dash Masters**

65-69 BC Mas: # 1:26.97 2019-03-09 Marie Johnson  
 65-69 PENDIN: ? 1:26.97

Name	Age	Team	Seed	Finals
1 Whidden, Elaine	65	Greyhounds M	1:23.00	1:22.79#

**Women 70-74 400 Meter Dash Masters**

70-74 BC Mas: # 1:22.07 2009-02-21 Diane Palmason

Name	Age	Team	Seed	Finals
1 Douglas, Avril	73	Kajaks Track	1:20.00	1:31.35
2 Baldock, Lynette	73	Greyhounds M	1:57.47	1:56.61

**Women 40-44 800 Meter Run Masters**

40-44 BC Mas: # 2:13.69 1986-02-23 Erna Kozak

Name	Age	Team	Seed	Finals
1 Martin, Heather	41	Unattached B		3:28.60

**Women 50-54 800 Meter Run Masters**

50-54 Van Ry: R 3:27.10 2018-03-11 Julie Valente, Greyhounds T  
 50-54 BC Mas: # 2:37.19 2017-03-23 Nicola Everton

Name	Age	Team	Seed	Finals
1 Valente, Julie	53	Greyhounds M		3:30.11

**Women 65-69 800 Meter Run Masters**

65-69 BC Mas: # 3:44.83 2015-02-15 Lynette Baldock, Greyhounds T

Name	Age	Team	Seed	Finals
1 Sharp, Suzanne	66	Greyhounds M	4:20.25	4:30.73

**Women 70-74 800 Meter Run Masters**

70-74 BC Mas: # 3:19.81 2009-02-22 Diane Palmason

Name	Age	Team	Seed	Finals
1 Baldock, Lynette	73	Greyhounds M	4:18.47	4:39.00

**Women 50-54 60 Meter Hurdles**

W60+ - 5x.686m 12m 7m 20m (Black)  
 M70-79 - 5x.762m, 12m 7m, 20m (Black)  
 M60-69 - 5x.840m, 12m, 8m, 16m  
 50-54 BC Mas: # 12.03 2010-03-05 Margaret Rhebergen

Name	Age	Team	Seed	Finals
1 Lessing, Sunette	52	Kamloops Tra		11.24#

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**Women 60-64 60 Meter Hurdles**

=====				
W60+	-	5x.686m	12m	7m 20m (Black)
M70-79	-	5x.762m,	12m	7m, 20m (Black)
M60-69	-	5x.840m,	12m,	8m, 16m
60-64 BC Mas:	#	11.51	2018-03-11	Margaret Rhebergen
Name		Age	Team	Seed Finals
=====				
1	O'Brien Hugh, Cindy	61	Greyhounds M	12.12

**Women 65-69 60 Meter Hurdles**

=====				
W60+	-	5x.686m	12m	7m 20m (Black)
M70-79	-	5x.762m,	12m	7m, 20m (Black)
M60-69	-	5x.840m,	12m,	8m, 16m
65-69 BC Mas:	#	12.89	2017-04-02	Urith Hayley
Name		Age	Team	Seed Finals
=====				
1	Lee, Deborah	69	Greyhounds M	13.17 13.62

**Women 55-59 4x200 Meter Relay Mstr(35+)**

=====				
55-59 BC Mas:	#	2:36.93	2009-02-21	
			Noort (76), Hayley (57), Hankey (60), Bortignon (7)	
Team		Seed	Finals	
=====				
1	Greyhounds Masters Track & Fie 'A'		2:19.31#	

**Women 50-54 High Jump Mstr(35+)**

=====				
50-54 BC Mas:	#	1.50m	2019-03-31	Sunette Lessing
Name		Age	Team	Seed Finals
=====				
1	Lessing, Sunette	52	Kamloops Tra	1.50m#
	1.40	1.44	1.45	1.50 1.53
	O	-	O	O XXX

**Women 55-59 High Jump Mstr(35+)**

=====				
55-59 BC Mas:	#	1.46m	2018-03-10	Monica Pomietlarz
Name		Age	Team	Seed Finals
=====				
1	Cavani, Miriam	59	Kamloops Tra	1.40m 1.35m
	1.25	1.30	1.35	1.40
	O	O	O	XXX

**Women 60-64 High Jump Mstr(35+)**

=====				
60-64 BC Mas:	#	1.37m	2019-03-30	Monica Pomietlarz
60-64 PENDIN:	?	1.40m	2020-02-20	Monica Pomietlarz
Name		Age	Team	Seed Finals
=====				
1	Pomietlarz, Monica	61	Okanagan Ath	1.40m 1.40m?
	1.25	1.30	1.35	1.40 1.44
	O	O	O	XO XXX

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**Women 50-54 Long Jump Mstr(35+)**

Name	Age	Team	Seed	Finals
50-54 BC Mas: # 4.70m	2019-02-09	Sunette Lessing		
1 Lessing, Sunette	52	Kamloops Tra		3.99m
3.85m 3.75m 3.92m 3.99m 3.90m 3.92m				

**Women 55-59 Long Jump Mstr(35+)**

Name	Age	Team	Seed	Finals
55-59 BC Mas: # 4.24m	2019-03-10	Miriam Cavani, Kamloops		
55-59 PENDIN: ? 4.24m				
1 Cavani, Miriam	59	Kamloops Tra	4.24m	3.98m
X X X 3.85m 3.98m X				

**Women 60-64 Long Jump Mstr(35+)**

Name	Age	Team	Seed	Finals
60-64 BC Mas: # 4.14m	2019-03-10	Cindy O'Brien Hugh, Greyhounds T		
60-64 PENDIN: ? 4.14m				
1 O'Brien Hugh, Cindy	61	Greyhounds M	4.14m	3.52m
3.45m 3.25m 3.50m 3.52m 3.08m 3.44m				

**Women 65-69 Long Jump Mstr(35+)**

Name	Age	Team	Seed	Finals
65-69 BC Mas: # 3.47m	2019-03-10	Deborah Lee		
65-69 PENDIN: ? 3.47m				
1 Lee, Deborah	69	Greyhounds M	3.45m	3.01m
2.96m 3.01m 2.87m 2.62m 2.95m 2.91m				

**Women 70-74 Long Jump Mstr(35+)**

Name	Age	Team	Seed	Finals
70-74 Van Ry: R 2.48m	2018-03-11	Lynette Baldock, Greyhounds T		
70-74 BC Mas: # 3.36m	2011-03-05	Christa Bortignon		
1 Baldock, Lynette	73	Greyhounds M	2.37m	1.88m
1.15m 1.36m 1.64m 1.88m 1.78m 1.75m				

**Women 80-84 Long Jump Mstr(35+)**

Name	Age	Team	Seed	Finals
80-84 BC Mas: # 3.28m	2019-03-26	Christa Bortignon		
1 Bortignon, Christa	83	Unattached B	2.80m	2.75m
2.29m 2.28m 2.62m 2.04m 2.52m 2.75m				

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**Women 65-69 Triple Jump Mstr(35+)**

65-69 BC Mas: # 7.59m 2019-03-30 Deborah Lee						
Name	Age	Team	Seed	Finals		
1 Lee, Deborah	69	Greyhounds M	7.55m	6.96m		
	6.64m	6.54m	6.44m	6.53m	6.96m	6.94m

**Women 70-74 Triple Jump Mstr(35+)**

70-74 Van Ry: R 5.91m 2018-03-10 Lynette Baldock, Greyhounds T						
70-74 BC Mas: # 7.41m 2011-03-06 Christa Bortignon						
Name	Age	Team	Seed	Finals		
1 Baldock, Lynette	73	Greyhounds M	5.41m	5.09m		
	5.09m	X	5.04m	X	5.06m	-

**Women 80-84 Triple Jump Mstr(35+)**

80-84 BC Mas: # 3.31m 2010-03-05 Hildegard Buschhaus						
Name	Age	Team	Seed	Finals		
1 Bortignon, Christa	83	Unattached B	6.50m	6.36m#		
	6.11m	6.20m	6.30m	6.36m	-	-

**Men 35-39 60 Meter Dash Master**

35-39 BC Mas: # 7.20 2016-02-06 Brian Carnate						
Name	Age	Team	Seed	Finals	H#	
1 Liburd, Dwight	37	Kamloops Tra	7.28	7.34	5	

**Men 40-44 60 Meter Dash Master**

40-44 BC Mas: # 7.18 2019-02-02 Brian Carnate						
40-44 PENDIN: ? 7.18						
Name	Age	Team	Seed	Finals	H#	
1 Manuel, Bernard	41	Unattached B	9.47	9.72	5	

**Men 45-49 60 Meter Dash Master**

45-49 BC Mas: # 7.54 2016-02-13 Karl Jones						
Name	Age	Team	Seed	Finals	H#	
1 Wang, Luke Xinxiao	47	Greyhounds M	7.58	7.68	5	
2 Walker, Samuel	48	Greyhounds M	8.14	8.20	5	

**Men 50-54 60 Meter Dash Master**

50-54 BC Mas: # 7.37 1993-03-20 Harold Morioka						
Name	Age	Team	Seed	Finals	H#	
1 Smith, Robert	51	Greyhounds M	8.60	8.80	4	

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**Men 55-59 60 Meter Dash Master**

55-59 BC Mas: # 7.62 2010-01-18 Tom Dickson						
Name	Age	Team	Seed	Finals	H#	
1 Aujla, Jess	55	Greyhounds M	8.50	8.39	4	
2 Phillips, Mark	55	Greyhounds M	9.08	9.03	4	
3 Law, Steve	58	Greyhounds M	8.74	9.16	4	
4 Van Ryswyk, Len	56	Ocean Athlet	8.87	9.30	4	
5 Taylor, Campbell Scott	58	Unattached B	9.39	9.41	4	

**Men 60-64 60 Meter Dash Master**

60-64 BC Mas: # 7.80 2003-03-28 Harold Morioka						
Name	Age	Team	Seed	Finals	H#	
1 Warren, Cal	60	Unattached B	8.50	8.69	3	
2 Liu, Edwin	63	Greyhounds M	8.62	8.75	3	
3 Hill, Joseph	61	Greyhounds M	8.70	8.94	3	

**Men 65-69 60 Meter Dash Master**

65-69 BC Mas: # 8.12 2019-01-26 Tom Dickson						
65-69 PENDIN: ? 8.12						
Name	Age	Team	Seed	Finals	H#	
1 Dickson, Thomas	66	Greyhounds M	8.22	8.27	3	
2 Turkington, Roy	68	Greyhounds M	9.40	9.34	3	
3 Kocourek, Vince	67	Elite Track	9.74	9.70	3	

**Men 70-74 60 Meter Dash Master**

70-74 BC Mas: # 8.71 2013-02-02 Harold Morioka						
Name	Age	Team	Seed	Finals	H#	
1 Sandhu, Hardev Singh	71	Greyhounds M	9.40	10.01	2	
2 Strong, Derm	72	Kamloops Tra		10.18	2	

**Men 75-79 60 Meter Dash Master**

75-79 BC Mas: # 9.18 2005-03-12 Norm Lesage						
Name	Age	Team	Seed	Finals	H#	
1 Ukonmaanaho, Tuomas	75	Prince Georg	9.25	9.17#	2	
2 McGraw, Dave	77	Unattached B	9.56	10.32	2	
3 Gee, Arthur	76	Greyhounds M	10.25	10.36	2	
4 Shah, Surinder	76	Greyhounds M	10.57	10.71	2	
-- Shook, Vern	78	Greyhounds M		SCR	2	

**Men 80-84 60 Meter Dash Master**

80-84 BC Mas: # 9.90 2012-03-18 Norm Lesage						
Name	Age	Team	Seed	Finals	H#	
1 Thompson, Lynn	80	Unattached B	10.80	10.83		
2 Van Ryswyk, Roy	82	Unattached B		13.43		





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**Men 65-69 200 Meter Dash Masters**

65-69 BC Mas: # 28.49 2014-02-16 Tom Ukonmaanaho					
Name	Age	Team	Seed	Finals	H#
1 Dickson, Thomas	66	Greyhounds M	27.78	29.01	2
2 Kocourek, Vince	67	Elite Track		33.96	2

**Men 70-74 200 Meter Dash Masters**

70-74 BC Mas: # 29.50 2017-02-04 Tuomas Ukonmaanaho, Prince George					
Name	Age	Team	Seed	Finals	H#
1 Sandhu, Hardev Singh	71	Greyhounds M	31.00	33.15	2
2 Strong, Derm	72	Kamloops Tra	37.18	35.20	2

**Men 75-79 200 Meter Dash Masters**

75-79 BC Mas: # 32.03 2018-03-11 Harold Morioka					
Name	Age	Team	Seed	Finals	
1 Ukonmaanaho, Tuomas	75	Prince Georg	30.00	30.72#	
2 Gee, Arthur	76	Greyhounds M	34.22	34.55	
3 McGraw, Dave	77	Unattached B	34.08	35.92	
4 Shah, Surinder	76	Greyhounds M	35.69	36.70	

**Men 80-84 200 Meter Dash Masters**

80-84 BC Mas: # 33.82 2011-03-19 Norm Lesage					
Name	Age	Team	Seed	Finals	
1 Thompson, Lynn	80	Unattached B	38.20	39.37	

**Men 85-89 200 Meter Dash Masters**

85-89 BC Mas: # 39.76 2015-02-15 Norman Lesage, Greyhounds T					
Name	Age	Team	Seed	Finals	
1 Currie, Donald	86	Unattached B	41.01	44.05	

**Men 35-39 400 Meter Dash Masters**

35-39 BC Mas: # 53.18 1999-03-27 Jimson Lee					
Name	Age	Team	Seed	Finals	H#
-- Sawatzky, Jonathan	39	Vernon Amate		SCR	4

**Men 50-54 400 Meter Dash Masters**

50-54 BC Mas: # 52.72 1999-02-27 Harold Morioka					
Name	Age	Team	Seed	Finals	H#
1 Birade, Laurent	52	Ready-Set-Go	58.00	65.35	4

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**Men 55-59 400 Meter Dash Masters**

55-59 BC Mas: # 54.36 1999-03-27 Harold Morioka					
Name	Age	Team	Seed	Finals	H#
1 Phillips, Mark	55	Greyhounds M	66.18	68.47	4
2 Flett, Gordon	59	Roadkill Run	78.45	1:20.60	4
3 Taylor, Campbell Scott	58	Unattached B	1:25.00	1:23.85	4
-- Nemethy, Brian	58	Prince Georg	79.00	SCR	4

**Men 65-69 400 Meter Dash Masters**

65-69 BC Mas: # 64.04 2008-02-16 Tony Badowski					
Name	Age	Team	Seed	Finals	H#
1 Singh, Gurmit	66	Greyhounds M		1:23.06	3
-- Sharp, Kelly	65	Greyhounds M	76.34	DQ	3 Rule #214.3.c
-- Kocourek, Vince	67	Elite Track		DQ	3 Rule # 163.3.a

**Men 70-74 400 Meter Dash Masters**

70-74 BC Mas: # 69.29 2010-03-06 Andy Aadmi					
Name	Age	Team	Seed	Finals	H#
1 Lewis, Norman	70	Pullman Comets	72.00	74.89	2
2 Strong, Derm	72	Kamloops Tra		1:31.86	2
-- Pawluk, Fred	72	Kajaks Track	1:22.22	SCR	2
-- Sandhu, Hardev Singh	71	Greyhounds M	75.00	SCR	2

**Men 75-79 400 Meter Dash Masters**

75-79 BC Mas: # 72.52 2005-03-12 Norm Lesage					
Name	Age	Team	Seed	Finals	H#
1 Ukonmaanaho, Tuomas	75	Prince Georg	75.00	76.44	2
2 Stewart, Mark	75	Greyhounds M	76.00	76.65	2
3 Gee, Arthur	76	Greyhounds M	1:26.82	1:34.77	1
-- Shah, Surinder	76	Greyhounds M	1:20.00	SCR	1

**Men 80-84 400 Meter Dash Masters**

80-84 BC Mas: # 1:24.83 2012-02-18 Norm Lesage					
Name	Age	Team	Seed	Finals	H#
-- Mey, Karl	83	Greyhounds M	1:28.00	SCR	

**Men 85-89 400 Meter Dash Masters**

85-89 BC Mas: # 1:38.16 2015-02-14 Norman Lesage, Greyhounds T					
Name	Age	Team	Seed	Finals	H#
1 Currie, Donald	86	Unattached B	1:47.54	1:46.29	

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**Men 55-59 800 Meter Run Masters**

55-59 BC Mas: # 2:11.71 1999-03-28 Harold Morioka				
Name	Age	Team	Seed	Finals
1 Flett, Gordon	59	Roadkill Run	2:57.46	3:00.09
-- Nemethy, Brian	58	Prince Georg	2:55.00	SCR

**Men 65-69 800 Meter Run Masters**

65-69 BC Mas: # 2:47.10 2014-02-15 Fred Pawluk, Kajaks Track				
Name	Age	Team	Seed	Finals
1 Sharp, Kelly	65	Greyhounds M	2:56.27	3:04.67
2 Singh, Gurmit	66	Greyhounds M	3:08.00	3:24.59

**Men 70-74 800 Meter Run Masters**

70-74 BC Mas: # 2:48.97 2016-03-16 Mark Stewart, Unattached B				
Name	Age	Team	Seed	Finals
-- Pawluk, Fred	72	Kajaks Track	2:58.83	SCR

**Men 75-79 800 Meter Run Masters**

Name	Age	Team	Seed	Finals
1 Stewart, Mark	75	Greyhounds M	3:00.00	2:56.97
2 Gee, Arthur	76	Greyhounds M	3:43.72	3:48.10

**Men 85-89 800 Meter Run Masters**

85-89 BC Mas: # 4:10.23 2010-03-03 Harry Thompson				
Name	Age	Team	Seed	Finals
1 Currie, Donald	86	Unattached B	4:20.78	4:17.27

**Men 40-44 1500 Meter Run Masters**

40-44 BC Mas: # 4:27.01 2010-03-06 Stanley Jang				
Name	Age	Team	Seed	Finals
1 Kirechuk, Kevin	40	Greyhounds M	6:00.00	5:33.06
2 Hondzel, John	40	Unattached B		5:54.65

**Men 55-59 1500 Meter Run Masters**

55-59 BC Mas: # 4:39.78 2010-03-06 Paul Reimer				
Name	Age	Team	Seed	Finals
1 Flett, Gordon	59	Roadkill Run	5:49.54	5:56.68
-- Pinckard, Mark	59	Ocean Athlet	4:50.00	SCR
-- Nemethy, Brian	58	Prince Georg	5:38.00	SCR

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**Men 60-64 1500 Meter Run Masters**

Name	Age	Team	Seed	Finals
60-64 BC Mas: # 5:19.59	2010-03-06	Fred Pawliuk		
1 Smillie, Malcolm	60	Unattached B	5:29.00	5:48.59

**Men 65-69 1500 Meter Run Masters**

Name	Age	Team	Seed	Finals
65-69 BC Mas: # 5:51.17	2014-02-14	Fred Pawluk, Kajaks Track		
1 Sharp, Kelly	65	Greyhounds M	6:07.31	6:10.80
2 Singh, Gurmit	66	Greyhounds M	7:08.00	7:18.21

**Men 70-74 1500 Meter Run Masters**

Name	Age	Team	Seed	Finals
70-74 Van Ry: R 6:14.26	2015-02-14	Mark Stewart, Unattached B		
70-74 BC Mas: # 5:56.34	2016-02-13	Mark Stewart, Unattached B		
-- Pawluk, Fred	72	Kajaks Track	6:09.28	SCR

**Men 75-79 1500 Meter Run Masters**

Name	Age	Team	Seed	Finals
1 Stewart, Mark	75	Greyhounds M	6:15.00	6:26.11
2 Gee, Arthur	76	Greyhounds M	7:47.94	8:00.45

**Men 85-89 1500 Meter Run Masters**

Name	Age	Team	Seed	Finals
85-89 BC Mas: # 8:47.14	2019-03-09	Donald Currie		
85-89 PENDIN: ? 8:47.14				
1 Currie, Donald	86	Unattached B	8:47.14	8:35.48#

**Men 70-74 60 Meter Hurdles**

M35-49 - 5x.991m 13.72m 9.14m 9.72m (Red)				
M50-59 - 5x.914 13m 8.5m 13m (Yellow)				
M60-69 - 5x.840m 12m 8m 16m (Pink)				
(Black) M70 -79 - 5x.762,12,7,20 M80+ - 5x.686m 12m ,7m,20m				
70-74 Van Ry: R 13.41	2018-03-11	Derm Strong, Kamloops Tra		
70-74 BC Mas: # 11.94	2018-02-03	Jess Brewer		
Name	Age	Team	Seed	Finals
1 Sandhu, Hardev Singh	71	Greyhounds M	13.00	12.74R

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**Men 75-79 60 Meter Hurdles**

M35-49 - 5x.991m 13.72m 9.14m 9.72m (Red)  
M50-59 - 5x.914 13m 8.5m 13m (Yellow)  
M60-69 - 5x.840m 12m 8m 16m (Pink)  
(Black) M70 -79 - 5x.762,12,7,20 M80+ - 5x.686m 12m ,7m,20m  
75-79 BC Mas: # 13.80 2017-04-02 Lynn Thompson

Name	Age	Team	Seed	Finals
1 Shah, Surinder	76	Greyhounds M	14.94	15.12

**Men 80-84 60 Meter Hurdles**

M35-49 - 5x.991m 13.72m 9.14m 9.72m (Red)  
M50-59 - 5x.914 13m 8.5m 13m (Yellow)  
M60-69 - 5x.840m 12m 8m 16m (Pink)  
(Black) M70 -79 - 5x.762,12,7,20 M80+ - 5x.686m 12m ,7m,20m  
80-84 BC Mas: # 14.52 2010-03-02 Danny Daniels

Name	Age	Team	Seed	Finals
1 Thompson, Lynn	80	Unattached B	14.00	13.94#

**Men 45-49 4x200 Meter Relay Mstr(35+)**

45-49 Van Ry: R 1:47.68 2018-03-11 Greyhounds Track & Field Club, Greyh  
W Harrower, R Sheldon, S Nouraei, S Walker

45-49 BC Mas: # 1:51.81 2017-02-04  
Colbert (51), Smith (48), Galo (50), Walker (45)

Team	Seed	Finals
1 Greyhounds Masters Track & Fie 'C'		1:57.59

**Men 65-69 4x200 Meter Relay Mstr(35+)**

65-69 BC Mas: # 1:58.03 2013-04-03  
Ukonmaanaho, Winfield, Morioka, Birring

Team	Seed	Finals
1 Greyhounds Masters Track & Fie 'B'		2:13.25

**Men 75-79 4x200 Meter Relay Mstr(35+)**

75-79 Van Ry: R 2:26.49 2018-03-11 Greyhounds Track & Field Club, Greyh  
V Shook, L Thompson, H Morioka, D McGraw

Team	Seed	Finals
1 Greyhounds Masters Track & Fie 'A'		2:19.66R

**Men 75-79 4x400 Meter Relay**

Team	Seed	Finals
1 Greyhounds Masters Track & Fie 'A'		5:56.45

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**Men 35-39 High Jump Mstr(35+)**

Name	Age	Team	Seed	Finals
1 Sawatzky, Jonathan	39	Vernon Amate		1.60m
1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60				
O O O O O O O XXO				

**Men 40-44 High Jump Mstr(35+)**

Name	Age	Team	Seed	Finals
40-44 BC Mas: # 1.85m	1990-03-12	John Hawkins		
1 Kirechuk, Kevin	40	Greyhounds M	1.45m	1.40m
1.20 1.25 1.30 1.35 1.40 1.45				
O O O O O XXX				

**Men 55-59 High Jump Mstr(35+)**

Name	Age	Team	Seed	Finals
55-59 BC Mas: # 1.71m	2005-03-05	John Hawkins		
1 Aujla, Jess	55	Greyhounds M	1.20m	1.25m
1.10 1.15 1.20 1.25 1.30				
O XO O O XXX				

**Men 60-64 High Jump Mstr(35+)**

Name	Age	Team	Seed	Finals
60-64 BC Mas: # 1.65m	2010-03-06	John Hawkins		
1 Jer, Larry	61	Greyhounds M	1.35m	1.35m
1.10 1.15 1.20 1.25 1.30 1.35 1.40				
O O O O O XXO XXX				

**Men 70-74 High Jump Mstr(35+)**

Name	Age	Team	Seed	Finals
70-74 BC Mas: # 1.38m	2019-03-10	Heinz Peter		
70-74 PENDIN: ? 1.38m				
1 Donaldson, Sven	70	Nanaimo & Di		1.30m
1.15 1.20 1.25 1.30 1.35				
O O O XXO XXX				
2 Toor, Harnek	73	Ultra Throw		1.10m
1.05 1.10 1.15				
O O XXX				

**Men 75-79 High Jump Mstr(35+)**

Name	Age	Team	Seed	Finals
75-79 BC Mas: # 1.17m	2006-03-16	Danny Daniels		
1 Ukonmaanaho, Tuomas	75	Prince Georg	1.20m	1.15m
1.00 1.05 1.10 1.15 1.18				
O O O O XXX				

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**....Men 75-79 High Jump Mstr(35+)**

2 Gee, Arthur 76 Greyhounds M 1.00m 1.00m  
 0.95 1.00 1.05  
 O O XXX

**Men 35-39 Long Jump Mstr(35+)**

35-39 BC Mas: # 6.27m 2019-03-08 Dwight Liburd  
 35-39 PENDIN: ? 6.27m

Name	Age	Team	Seed	Finals
1 Liburd, Dwight	37	Kamloops Tra	6.27m	5.77m
		X 5.61m 5.38m X 5.75m 5.77m		

**Men 55-59 Long Jump Mstr(35+)**

55-59 BC Mas: # 5.48m 2007-03-03 John Hawkins

Name	Age	Team	Seed	Finals
1 Aujla, Jess	55	Greyhounds M	3.70m	3.73m
		3.73m 3.59m 3.31m 3.37m - -		
2 Flett, Gordon	59	Roadkill Run	3.32m	3.34m
		2.82m 2.97m 2.98m 3.02m 3.21m 3.34m		

**Men 60-64 Long Jump Mstr(35+)**

60-64 BC Mas: # 5.11m 2012-02-19 Roy Turkington

Name	Age	Team	Seed	Finals
1 Jer, Larry	61	Greyhounds M	3.80m	3.59m
		3.27m 3.34m 3.59m X 3.37m -		

**Men 65-69 Long Jump Mstr(35+)**

65-69 BC Mas: # 4.34m 2018-03-31 Roy Turkington

Name	Age	Team	Seed	Finals
1 Turkington, Roy	68	Greyhounds M	4.20m	3.80m
		3.79m X 3.80m 3.79m 3.48m -		

**Men 75-79 Long Jump Mstr(35+)**

75-79 BC Mas: # 3.41m 2019-03-31 Arthur Gee

Name	Age	Team	Seed	Finals
1 Gee, Arthur	76	Greyhounds M	3.50m	3.25m
		3.15m 3.16m 3.25m 3.08m 2.87m X		

**Men 80-84 Long Jump Mstr(35+)**

80-84 BC Mas: # 3.27m 2010-03-04 Gordon Chalmers

Name	Age	Team	Seed	Finals
1 Thompson, Lynn	80	Unattached B	3.20m	3.21m
		2.94m 3.19m 3.21m X X 3.09m		



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**Men 35-39 Triple Jump Mstr(35+)**

Name	Age Team	Seed	Finals
1 Liburd, Dwight	37 Kamloops Tra		11.20m
X 11.20m 10.89m 10.93m 10.99m 11.04m			

**Men 55-59 Triple Jump Mstr(35+)**

Name	Age Team	Seed	Finals
55-59 BC Mas: # 10.75m 2001-03-25 Warren Hamill			
1 Aujla, Jess	55 Greyhounds M	7.50m	7.77m
7.76m 7.75m 7.77m			

**Men 60-64 Triple Jump Mstr(35+)**

Name	Age Team	Seed	Finals
60-64 BC Mas: # 9.75m 2010-03-06 John Hawkins			
1 Jer, Larry	61 Greyhounds M	7.90m	8.18m
8.18m X X X 7.04m -			

**Men 70-74 Triple Jump Mstr(35+)**

Name	Age Team	Seed	Finals
70-74 BC Mas: # 8.10m 2018-03-10 Harnek Toor			
1 Donaldson, Sven	70 Nanaimo & Di		7.95m
6.82m 7.05m 7.26m 6.99m 7.95m X			
2 Toor, Harnek	73 Ultra Throw	7.32m	7.27m
X 6.64m 7.08m 7.24m X 7.27m			

**Men 75-79 Triple Jump Mstr(35+)**

Name	Age Team	Seed	Finals
75-79 BC Mas: # 7.30m 2016-03-13 Lynn Thompson			
1 Gee, Arthur	76 Greyhounds M	6.83m	6.34m
- 6.05m X X X 6.34m			

**Men 80-84 Triple Jump Mstr(35+)**

Name	Age Team	Seed	Finals
80-84 BC Mas: # 6.73m 2010-03-06 Gordon Chalmers			
1 Thompson, Lynn	80 Unattached B	7.10m	7.07m#
6.64m 6.86m 7.07m 5.31m X 6.91m			

**Men 55-59 3000 Meter Run**

Name	Age Team	Seed	Finals
55-59 Van Ry: R 12:35.17 2018-03-09 Gordon Flett, Roadkill Run			
55-59 BC Mas: # 10:08.06 2011-03-19 Paujl Reimer			
1 Flett, Gordon	59 Roadkill Run	12:30.06	12:42.13

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**....Men 55-59 3000 Meter Run**

-- Pinckard, Mark	59 Ocean Athlet	11:00.00	SCR
-- Nemethy, Brian	58 Prince Georg	11:15.00	SCR

**Men 60-64 3000 Meter Run**

=====				
60-64 BC Mas: #	11:26.96	2009-02-22	Jack Miller	
Name	Age	Team	Seed	Finals
=====				
1 Smillie, Malcolm	60	Unattached B	12:37.00	13:14.75

**Men 65-69 3000 Meter Run**

=====				
65-69 BC Mas: #	13:46.54	2010-03-04	Alan Vyse	
Name	Age	Team	Seed	Finals
=====				
1 Sharp, Kelly	65	Greyhounds M	13:56.78	13:34.72#

**Women 70-74 3000 Meter Run**

=====				
Name	Age	Team	Seed	Finals
=====				
1 Baldock, Lynette	73	Greyhounds M	18:05.00	17:54.07

**Men 75-79 3000 Meter Run**

=====				
Name	Age	Team	Seed	Finals
=====				
1 Stewart, Mark	75	Greyhounds M	13:30.00	13:32.90
2 Gee, Arthur	76	Greyhounds M	17:07.52	18:42.30

**Women 50-54 Shot Put Master**

=====				
W35-49 - 4kg		W50-59 - 3kg		
W60-74 - 3kg		W75+ - 2kg		
50-54 BC Mas: #	10.76m	2014-02-15	Carolyn Boomer, Kamloops Tra	
Name	Age	Team	Seed	Finals
=====				
1 Lessing, Sunette	52	Kamloops Tra		10.60m
X	10.35m	10.60m	9.80m	10.43m
		9.61m		

**Men 55-59 Shot Put Master**

=====				
W35-49 - 4kg		W50-59 - 3kg		
W60-74 - 3kg		W75+ - 2kg		
Name	Age	Team	Seed	Finals
=====				
1 Durgo, Zoltan	59	Kajaks Track		9.93m
	9.93m	9.41m	X	9.76m
		9.34m		9.91m
2 Flett, Gordon	59	Roadkill Run	7.26m	6.63m
	6.46m	6.20m	6.35m	6.63m
		X	6.59m	

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**Women 60-64 Shot Put Master**

W35-49 - 4kg		W50-59 - 3kg	
W60-74 - 3kg		W75+ - 2kg	
Name	Age Team	Seed	Finals
60-64 BC Mas: # 9.27m 2010-03-03 Gabriella Moro			
1 Pomietlarz, Monica	61 Okanagan Ath	10.00m	10.20m#
10.03m 9.95m 9.40m 10.20m 9.54m X			

**Women 65-69 Shot Put Master**

W35-49 - 4kg		W50-59 - 3kg	
W60-74 - 3kg		W75+ - 2kg	
Name	Age Team	Seed	Finals
65-69 BC Mas: # 8.45m 2015-02-15 Gabriella Moro, Greyhounds T			
1 Lee, Deborah	69 Greyhounds M		6.57m
5.50m X X 5.83m X 6.57m			

**Men 70-74 Shot Put Master**

W35-49 - 4kg		W50-59 - 3kg	
W60-74 - 3kg		W75+ - 2kg	
Name	Age Team	Seed	Finals
1 Toor, Harnek	73 Ultra Throw	10.48m	10.29m
9.91m 9.93m 10.29m X 10.12m X			
2 Donaldson, Sven	70 Nanaimo & Di		8.52m
8.20m 8.52m 8.06m 8.34m 7.97m X			
3 Sandhu, Hardev Singh	71 Greyhounds M		8.28m
8.28m X 8.01m			

**Women 70-74 Shot Put Master**

W35-49 - 4kg		W50-59 - 3kg	
W60-74 - 3kg		W75+ - 2kg	
Name	Age Team	Seed	Finals
70-74 BC Mas: # 7.25m 2020-02-08 Marilyn Benz			
70-74 PENDIN: ? 7.25m 2020-02-08 Marilyn Benz			
1 Benz, Marilyn	70 Okanagan Ath		7.33m#
7.15m 7.10m 7.33m X X 7.12m			
2 Allison, Sheila	74 Greyhounds M		4.60m
4.60m 4.54m 4.01m 4.40m 4.35m 4.13m			

**Women 75-79 Shot Put Master**

W35-49 - 4kg		W50-59 - 3kg	
W60-74 - 3kg		W75+ - 2kg	
Name	Age Team	Seed	Finals
75-79 BC Mas: # 7.92m 2012-03-19 Myrtle Acton (2kg)			
1 Brand, Kathy	77 Kamloops Tra		6.81m
6.34m 6.25m 6.39m 6.81m 6.64m 6.22m			

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**Men 75-79 Shot Put Master**

W35-49 - 4kg		W50-59 - 3kg		W60-74 - 3kg		W75+ - 2kg		Seed	Finals
Name	Age	Team							
1 Ukonmaanaho, Tuomas	75	Prince Georg						9.17m	
			8.99m	8.93m	8.78m	8.97m	9.08m	9.17m	
2 Dyer, James	77	Unattached B						8.01m	
			7.63m	8.01m	7.98m				
3 Gee, Arthur	76	Greyhounds M					7.08m	6.58m	
			6.29m	X	5.76m	6.29m	6.58m	6.21m	
4 Shah, Surinder	76	Greyhounds M						6.51m	
			5.64m	5.24m	6.33m	6.51m	6.38m	-	

**Women 80-84 Shot Put Master**

W35-49 - 4kg		W50-59 - 3kg		W60-74 - 3kg		W75+ - 2kg		Seed	Finals
Name	Age	Team							
80-84 BC Mas: # 5.75m	2003-03-28	Olga Kotelko (3 kg)							
1 Crosthwaite, Gerda	80	Okanagan Ath					7.35m	7.29m#	
			6.95m	7.14m	7.29m	7.26m			
2 Bortignon, Christa	83	Unattached B					6.15m	6.35m#	
			6.35m	6.18m	6.16m				
3 Cheetham, Renate	82	Greyhounds M						4.21m	
			3.68m	4.21m	4.05m	4.19m	3.90m	3.96m	

**Men 85-89 Shot Put Master**

W35-49 - 4kg		W50-59 - 3kg		W60-74 - 3kg		W75+ - 2kg		Seed	Finals
Name	Age	Team							
1 Butcher, Bruce	85	Kamloops Tra					8.06m	9.42m	
			7.89m	8.01m	X	7.99m	9.42m	7.70m	

**Women 95-99 Shot Put Master**

W35-49 - 4kg		W50-59 - 3kg		W60-74 - 3kg		W75+ - 2kg		Seed	Finals	H#
Name	Age	Team								
95-99 BC Mas: # 4.73m	2014-03-27	Olga Kotelko (2 kg)								
-- Drake, Elise	14	Okanagan Ath							SCR	

**Men 45-49 1500 Meter Race Walk**

45-49 BC Mas: # 6:25.58		2018-03-10		Dmitry Babenko		Seed	Finals
Name	Age	Team					
1 Babenko, Dmitry	47	Unattached B				6:30.00	6:43.31

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**Women 65-69 1500 Meter Race Walk**

65-69 BC Mas: # 9:51.88 2019-03-30 Suzamme Sharp  
65-69 PENDIN: ? 9:54.37

Name	Age	Team	Seed	Finals
1 Sharp, Suzanne	66	Greyhounds M	9:51.88	10:07.23

**Men 70-74 1500 Meter Race Walk**

70-74 BC Mas: # 10:17.25 2016-02-13 Jim Dyer

Name	Age	Team	Seed	Finals
1 Toor, Harnek	73	Ultra Throw	11:15.00	11:24.77

**Women 80-84 1500 Meter Race Walk**

80-84 BC Mas: # 12:00.19 2011-03-19 Ruth Carrier

Name	Age	Team	Seed	Finals
1 Cheetham, Renate	82	Greyhounds M	12:27.00	12:17.22

**Men 45-49 3000 Meter Race Walk**

Name	Age	Team	Seed	Finals
1 Babenko, Dmitry	47	Unattached B	13:55.00	14:12.73

**Women 65-69 3000 Meter Race Walk**

65-69 BC Mas: # 20:14.77 2019-03-09 Suzanne Sharp

Name	Age	Team	Seed	Finals
1 Sharp, Suzanne	66	Greyhounds M	20:45.97	19:59.72#

**Women 80-84 3000 Meter Race Walk**

80-84 BC Mas: # 25:27.78 2019-03-29 Renate Cheetham

Name	Age	Team	Seed	Finals
1 Cheetham, Renate	82	Greyhounds M	25:27.00	25:35.48