

2019 Okanagan Championship
Hillside Stadium
Results

Event 121 Women 100 Meter Dash Gr 8

OK Champs: R 12.40 1980 S.Stenhouse, Fulton							
Name	Age	Team	Seed	Finals	Wind	H#	
Finals							
1 Wilson, Teja	13	Klo Middle	13.70	13.31	1.6	2	
2 Toering, Karlotta	13	Westsyde Sec,Kamloo	13.63	13.55	1.6	2	
3 Blake, Gabrielle	13	Klo Middle	13.74	13.79	1.6	2	
4 Buchanan, Aislin	13	Revelstoke,Revelsto	14.10	13.81	1.6	2	
5 Painchaud, Ella	13	Okanagan Mission,Ke	13.90	13.85	1.6	2	
6 Fox, Trystan	13	Carlin Middle	14.58	14.08	1.6	2	
7 Davey, Riley	13	Merritt,Merritt	15.05	15.06	1.6	2	
-- Petrasek, Alex	13	Skaha Lake Middl	14.14	SCR	1.6	2	
-- Shular, Tieler	13	Brock Middle,Kamloo	15.42	SCR	NWI	1	
-- Slager, Olive	13	Revelstoke,Revelsto	14.18	SCR	NWI	1	
-- Lindsay, Gabby	13	Skaha Lake Middl	13.42	SCR			
-- Becker, Bella	13	Skaha Lake Middl	14.07	SCR			

Event 122 Men 100 Meter Dash Gr 8

OK Champs: R 11.60 1993 S.Sangha, Nicola Valley							
Name	Age	Team	Seed	Finals	Wind	H#	
1 Maryniuk, Jack	13	Carlin Middle	12.84	12.59	0.1	2	
2 Abora, Inaki	13	Vernon	13.13	12.82	0.1	2	
3 Redelinghuys, Hendri	13	Ver Christian,Verno	13.05	12.94	0.1	2	
4 Gokiert, Isaac	13	Dr Knox Midd	12.54	13.38	0.1	2	
5 Johnson, Ben	13	Westsyde Sec,Kamloo	13.69	13.82	0.1	2	
6 Walker, Giovanni	13	Dr Knox Midd	14.01	14.10	0.1	2	
7 Bains, Amrit	13	Brock Middle,Kamloo	14.41	14.34	0.1	2	
-- Tamminga, Mitchell	13	Skaha Lake Middl	13.56	SCR	0.1	2	
-- Hamilton, Aj	13	Skaha Lake Middl	13.52	SCR			
-- Demale, Jaxon	13	Brock Middle,Kamloo	13.55	SCR			
-- White, Mason	13	Skaha Lake Middl	13.04	SCR			

Event 123 Women 200 Meter Dash Gr 8

OK Champs: R 25.80 1980 S.Stenhouse, Fulton							
Name	Age	Team	Seed	Finals	Wind	H#	
1 Wilson, Teja	13	Klo Middle	28.05	27.74	1.2	2	
2 Luxmoore, Alexandra	14	Revelstoke,Revelsto	28.22	28.50	1.2	2	
3 Vicars, Callie	13	Shuswap Midd,Salmon	28.46	29.00	1.2	2	
4 Blake, Gabrielle	13	Klo Middle	28.77	29.06	1.2	2	
5 Fischer, Kylie	13	Clearwater S,Clearw	29.68	29.85	1.2	2	
6 Buchanan, Aislin	13	Revelstoke,Revelsto	30.58	30.10	0.9	1	
7 Murphy, Ivy	12	Spring Valle	29.60	30.41	1.2	2	
8 Davey, Riley	13	Merritt,Merritt	31.69	31.32	0.9	1	
9 Killough, Courtney	13	Sa-Hali,Kamloops	33.53	34.48	0.9	1	
-- Lindsay, Gabby	13	Skaha Lake Middl	27.46	SCR	1.2	2	

2019 Okanagan Championship
Hillside Stadium
Results

Event 124 Men 200 Meter Dash Gr 8

OK Champs: R 23.90 1989 John Constantinescu, Springvalley						
Name	Age	Team	Seed	Finals	Wind	H#
1 Corbo, Santino	13	Klo Middle	25.82	25.62	-0.2	2
2 Gokiart, Isaac	13	Dr Knox Midd	25.67	25.92	-0.2	2
3 Maryniuk, Jack	13	Carlin Middle	26.42	25.93	-0.2	2
4 Murphy, Joe	13	Revelstoke,Revelsto	26.23	26.50	-0.2	2
5 Redelinghuys, Hendri	13	Ver Christian,Verno	26.12	26.58	-0.2	2
6 Cheese - Clacken, Kory	13	Klo Middle	26.62	26.90	-0.2	2
7 Johnson, Ben	13	Westsyde Sec,Kamloo	27.89	27.46	-0.2	2
-- Tamminga, Mitchell	13	Skaha Lake Middl	27.09	SCR	NWI	1
-- Taylor, Cam	13	Skaha Lake Middl	27.62	SCR	NWI	1
-- White, Mason	13	Skaha Lake Middl	26.70	SCR		

Event 125 Women 400 Meter Dash Gr 8

OK Champs: R 60.10 1983 H. Quamme, Princess Margaret					
Name	Age	Team	Seed	Finals	H#
1 Vicars, Callie	13	Shuswap Midd,Salmon	64.95	64.01	2
2 Butler, Beth	13	Vernon	69.60	65.70	2
3 Cameron, Fia		Revelstoke,Revelsto		65.85	1
4 Germana, Laura	13	Constable Neil B	71.93	69.75	2
5 Sangster, Matty	13	North Shuswa	72.64	75.43	2
6 Proctor, Janelle	13	Valleyview S,Kamloo	78.68	75.77	1
7 Walker, Andee	13	Merritt,Merritt	1:21.74	76.55	1
8 Christie, Shaelyn	13	Valleyview S,Kamloo	79.24	76.87	1
-- Becker, Bella	13	Skaha Lake Middl	71.16	SCR	2
-- Lindsay, Gabby	13	Skaha Lake Middl	69.73	SCR	2
-- Blake, Gabrielle	13	Klo Middle	74.57	SCR	2

Event 126 Men 400 Meter Dash Gr 8

OK Champs: R 54.10 1983 B.Spaural, McNicoll Park					
Name	Age	Team	Seed	Finals	H#
1 Carr, Tyson	13	Klo Middle	58.17	58.05	2
2 Murphy, Joe	13	Revelstoke,Revelsto	62.52	59.80	2
3 Cheese - Clacken, Kory	13	Klo Middle	59.90	60.56	2
4 Corbo, Santino	13	Klo Middle	61.48	x64.14	2
5 Willson, Logan	13	Brock Middle,Kamloo	70.66	67.85	1
6 MacDonald, Thomas	13	Revelstoke,Revelsto	69.28	69.23	2
7 Ayotte, Frankie	13	Shuswap Midd,Salmon	67.97	69.47	2
8 Franks, Iain	13	Brock Middle,Kamloo	75.32	71.62	1
9 Dunsmore, Aidan	13	Merritt,Merritt	1:21.28	79.44	1
-- Hamilton, Aj	13	Skaha Lake Middl	65.28	DNS	2
-- Taylor, Cam	13	Skaha Lake Middl	67.42	DNS	2

Event 127 Women 800 Meter Run Gr 8

OK Champs: R 2:18.10 1984 Malindi Elmore, Kelowna Sec				
Name	Age	Team	Seed	Finals
1 Butler, Beth	13	Vernon	2:42.83	2:38.69
2 Luxmoore, Alexandra	14	Revelstoke,Revelsto	2:38.70	2:39.21

2019 Okanagan Championship
Hillside Stadium
Results

...Event 127 Women 800 Meter Run Gr 8

3	Bridge, Breah	13	Klo Middle	2:46.92	2:39.23
4	Wiman, Kodi	13	Aberdeen Hal	2:57.51	2:47.34
5	Irvine, Hailey	13	Clearwater S, Clearw	2:52.03	2:59.95
6	Proctor, Janelle	13	Valleyview S, Kamloo	2:59.43	3:02.88
7	Caruth, Emerson	13	Okanagan Mission, Ke	2:56.30	3:06.31
--	Dobie, Allysa	13	Skaha Lake Middl	3:07.01	SCR
--	Petrasek, Alex	13	Skaha Lake Middl	2:58.16	SCR
--	Cameron, Fia		Revelstoke, Revelsto	2:36.82	SCR
--	D'Amore, Sophia	13	Sa-Hali, Kamloops	2:52.28	SCR

Event 128 Men 800 Meter Run Gr 8

OK Champs: R 2:06.10 1983 T. Devolder, George Elliot

Name	Age	Team	Seed	Finals
1 Carr, Tyson	13	Klo Middle	2:16.56	2:16.61
2 Murphy, Hayden	13	Vernon	2:26.45	2:21.29
3 Cheale, Dylan	13	Dr Knox Midd	2:29.46	2:22.77
4 Dutta, Aj	12	Spring Valle	2:34.78	2:29.25
5 MacDonald, Thomas	13	Revelstoke, Revelsto	2:34.93	2:30.51
6 Ayotte, Frankie	13	Shuswap Midd, Salmon	2:27.01	2:36.79
7 Sproule, Dylan	13	Valleyview S, Kamloo	2:43.44	2:39.02
8 Franks, Iain	13	Brock Middle, Kamloo	2:54.14	2:51.41
9 Dunsmore, Aidan	13	Merritt, Merritt	2:59.83	3:04.76

Event 129 Women 1500 Meter Run Gr 8

OK Champs: R 4:55.70 1994 Malindi Elmore, Kelowna Sec.

Name	Age	Team	Seed	Finals
1 Luxmoore, Alexandra	14	Revelstoke, Revelsto	5:33.05	5:29.88
2 Bridge, Breah	13	Klo Middle	5:38.62	5:30.65
3 MacLeod, Maeve	13	Revelstoke, Revelsto	5:38.34	5:35.11
4 Muddiman, Noelle	13	Clearwater S, Clearw	5:40.29	5:42.32
5 Wiman, Kodi	13	Aberdeen Hal	5:41.02	5:51.01
6 Thompson, April	13	Ver Christian, Verno	5:52.82	6:06.83
7 Walker, Andee	13	Merritt, Merritt	6:09.92	6:31.29
-- Dobie, Allysa	13	Skaha Lake Middl	6:01.77	SCR
-- Coon, Kanani	13	Okanagan Mission, Ke	5:58.34	SCR
-- Serrouya, Ruby	13	Revelstoke		X5:32.85

Event 130 Men 1500 Meter Run Gr 8

OK Champs: R 4:22.60 1988 N. Vanbeers, Fulton

Name	Age	Team	Seed	Finals
1 Acob, Matthew	13	Kalamalka Sec	5:06.60	5:21.00
2 Achtem, Nathan	13	Klo Middle	5:13.06	5:21.85
3 Ayotte, Frankie	13	Shuswap Midd, Salmon	5:04.93	5:22.76
4 Dutta, Aj	12	Spring Valle	5:17.70	5:24.45
5 Wilson, Simon	13	Dr Knox Midd	5:17.71	5:25.78
6 Franks, Iain	13	Brock Middle, Kamloo	5:24.24	5:52.47
7 Dunsmore, Aidan	13	Merritt, Merritt	6:03.40	6:20.61

2019 Okanagan Championship
Hillside Stadium
Results

Event 131 Women 3000 Meter Run Gr 8

OK Champs: R 11:34.00 2018 Ava. Graf, Dr. Knox				
Name	Age	Team	Seed	Finals
1 Gulyas, Lola	13	Okanagan Mission	13:11.18	13:23.38
-- Bridge, Breah	13	Klo Middle	12:22.07	DNS

Event 132 Men 3000 Meter Run Gr 8

OK Champs: R 9:51.60 2016 Keegan Ingram, Summerland Middle				
Name	Age	Team	Seed	Finals
1 Acob, Matthew	13	Kalamalka Sec	10:44.92	10:54.02
2 Bond, Mitchell	13	Vernon	10:54.48	10:54.42 10:54.411
3 Achtem, Nathan	13	Klo Middle	11:19.01	J10:54.42 10:54.415
4 Wilson, Simon	13	Dr Knox Midd	11:27.32	11:09.13
5 Moeskops, Liam	13	Dr Knox Midd	14:14.89	13:30.74

Event 133 Women 80 Meter Hurdles Gr 8

8 x 30" (0.762m) (12m-8m-12m - Black)					
OK Champs: R 12.20 1999 N. Brisotto, KLO					
Name	Age	Team	Seed	Finals	Wind
1 Stevenson, Emily	13	King's Chris, Salmon	15.38	14.77	1.4
2 Jacquet, Kayla	13	École de L'A	15.68	15.26	1.4
3 Kramer, Mimi	13	Revelstoke, Revelsto	16.04	16.02	1.4
4 Buchanan, Aislin	13	Revelstoke, Revelsto	16.27	16.22	1.4
5 Shular, Tieler	13	Brock Middle, Kamloo	16.73	16.45	1.4
6 Ostrander, Ava	13	Rutland Middle S	16.39	16.57	1.4
7 Germana, Laura	13	Constable Neil B	16.19	16.58	1.4
-- Becker, Bella	13	Skaha Lake Middl	15.66	DNS	1.4

Event 134 Men 100 Meter Hurdles Gr 8

10 x 33" (0.840m) (13m-8.5m-10.5m - Yellow)					
OK Champs: R 14.90 1982 G. McIntosh, McNicoll Park					
Name	Age	Team	Seed	Finals	Wind
1 Gainey, Max	13	Okanagan Mission	18.13	16.88	0.7
2 Schraeder, Luke	13	Klo Middle	19.21	18.59	0.7
3 Baker, Tyson	13	Carlin Middle	20.29	18.84	0.7
4 Hatch, Jamie	13	Klo Middle	19.34	19.97	0.7
5 Chancellor, David	13	King's Chris, Salmon	23.48	22.81	0.7

Event 135 Women 200 Meter Hurdles Gr 8

5 x 30" (0.762m) (20m-35m-40m)					
OK Champs: R 32.30 2017 M. Kujat, Shuswap Middle					
Name	Age	Team	Seed	Finals	Wind
1 Cameron, Fia		Revelstoke, Revelsto	31.79	31.17R	1.2
2 Danielle, Mackay	13	Klo Middle	34.65	33.40	1.2
3 Stevenson, Emily	13	King's Chris, Salmon	34.36	34.00	1.2
4 Breau, Brianna	13	Kelowna Christian	35.02	34.41	1.2
5 Vukadinovic, Hilary	13	Shuswap Midd, Salmon	36.62	34.43	1.2

2019 Okanagan Championship
Hillside Stadium
Results

Event 136 Men 200 Meter Hurdles Gr 8

5 x 30" (0.762m) (20m-35m-40m)

OK Champs: R 29.40 2018 James Harris, Rutland Middle

Name	Age	Team	Seed	Finals	Wind
1 Carr, Tyson	13	Klo Middle	27.22	27.24R	NWI
2 Gokiert, Isaac	13	Dr Knox Midd	28.02	28.28R	NWI
3 Murphy, Joe	13	Revelstoke,Revelsto	29.78	29.36R	NWI
4 Frebeg-Hickie, Aedan	14	Revelstoke,Revelsto	33.46	34.39	NWI
5 Willson, Logan	13	Brock Middle,Kamloo	35.27	35.12	NWI
6 Gay, Kaden	13	Klo Middle	34.24	36.06	NWI
7 Chancellor, David	13	King's Chris,Salmon	37.11	37.33	NWI

Event 137 Women High Jump Gr 8

OK Champs: R 1.61m 1983 K. Novak, Brocklehurst

Name	Age	Team	Seed	Finals
1 Salyn, Victoria	13	Heritage Christian	1.53m	1.53m
1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.43 1.45 1.47 1.53 1.54				
O O O O O O O O O O O O XXX				
2 D'Amore, Sophia	13	Sa-Hali,Kamloops	1.41m	1.45m
1.25 1.30 1.40 1.43 1.45 1.47				
O O O O XO XXX				
3 Danielle, Mackay	13	Klo Middle	1.30m	1.35m
1.10 1.15 1.20 1.25 1.30 1.35 1.40				
O O O XO O XO XXX				
4 Bailey, Senna	13	Revelstoke,Revelsto	1.30m	1.35m
1.10 1.15 1.20 1.25 1.30 1.35 1.40				
O O O O XO XXO XXX				
5 Stefura, Morgan	13	Revelstoke,Revelsto	1.30m	1.30m
1.10 1.15 1.20 1.25 1.30 1.35				
O O O O XO XXX				
6 Wiens, Kadence	13	Carlin Middle	1.30m	1.25m
1.10 1.15 1.20 1.25 1.30				
O O O O XXX				
6 Toering, Karlotta	13	Westsyde Sec,Kamloo	1.35m	1.25m
1.25 1.30				
O XXX				
8 Swaren, Kristen	13	Constable Neil B	1.20m	1.20m
1.10 1.15 1.20 1.25				
XO O XO XXX				
-- Fischer, Kylie	13	Clearwater S,Clearw	1.30m	DNS

Event 138 Men High Jump Gr 8

OK Champs: R 1.85m 1984 K.Russell, McArthur Park

Name	Age	Team	Seed	Finals
1 Osborne, Spencer	13	Constable Neil B	1.55m	1.54m
1.30 1.50 1.52 1.54 1.56				
O XO O XO XXX				
2 Hutchinson, Michael	13	Rutland Middle S	1.58m	1.52m
1.30 1.35 1.40 1.45 1.50 1.52 1.54				
O XXO O O O O XXX				

2019 Okanagan Championship
Hillside Stadium
Results

....Event 138 Men High Jump Gr 8

3 Newcomen, Finn	13 South Kam	1.45m	1.45m
1.20 1.25 1.30 1.35 1.40 1.45 1.50			
o o o o o o XXX			
3 Allen, Jaden	13 Westsyde Sec, Kamloo	1.40m	1.45m
1.30 1.35 1.40 1.45 1.50			
o o o o XXX			
5 Gaaney, Max	13 Okanagan Mission	1.55m	1.45m
1.30 1.35 1.40 1.45 1.50			
XO o o XO XXX			
6 Mullins, Wyatt	13 Carlin Middle	1.35m	1.40m
1.25 1.30 1.35 1.40 1.45			
XO XO o XXO XXX			
7 Chala, Brady	13 Sa-Hali, Kamloops	1.35m	1.30m
1.30 1.35			
o XXX			

Event 139 Women Long Jump Gr 8

=====						
OK Champs: R 5.06m 1983		C.Stenhouse, Fulton				
Name	Age	Team	Seed	Finals	Wind	
=====						
1 Toering, Karlotta	13	Westsyde Sec, Kamloo	4.58m	4.46m	1.0	
4.02m(1.6) 4.31m(3.3) 4.36m(3.2) 4.25m(1.9) 4.46m(1.0) 4.37m(0.1)						
2 Vicars, Callie	13	Shuswap Midd, Salmon	4.24m	4.16m	0.3	
4.05m(3.2) 3.87m(4.0) 3.09m(1.6) 4.13m(+0.0) 4.16m(0.3)						
3 West, Chelsea	13	Shuswap Midd, Salmon	4.05m	4.12m	2.2	
3.72m(2.2) X(2.9) 4.12m(2.2) 3.72m(0.9) 3.76m(0.7) 3.91m(0.4)						
4 Coon, Kanani	13	Okanagan Mission, Ke	4.07m	3.96m	1.3	
3.96m(1.3) 3.86m(1.9) 3.84m(0.2) 3.84m(1.2) 3.87m(0.1) 3.93m(0.7)						
5 Rowell, Ava	12	Klo Middle	4.04m	3.91m	1.7	
3.66m(-0.0) 3.56m(1.6) 3.68m(2.3) 3.48m(1.6) 3.91m(1.7) 3.46m(1.3)						
6 Paetsch, Abbigail	13	Shuswap Midd, Salmon	3.90m	x3.87m	0.9	
3.81m(-0.0) 3.86m(2.6) 3.52m(4.0) 3.27m(2.3) 3.67m(-0.0) 3.87m(0.9)						
7 Murphy, Ivy	12	Spring Valle	3.84m	3.77m	3.3	
3.66m(-0.2) 3.77m(3.3) 3.53m(2.1) 3.44m(3.4) 3.67m(0.8) 3.58m(0.9)						
8 Fischer, Kylie	13	Clearwater S, Clearw	3.94m	3.64m	0.6	
3.64m(0.6) 3.36m(2.7) 3.39m(1.7) 3.63m(0.6) 2.79m(2.2) 3.62m(1.0)						
9 Davey, Riley	13	Merritt, Merritt	3.76m	3.32m	3.2	
X 3.02m(1.6) 3.32m(3.2)						

Event 140 Men Long Jump Gr 8

=====						
OK Champs: R 6.08m 1965		Ivars Dravinskis, Rutland Sec				
Name	Age	Team	Seed	Finals	Wind	
=====						
1 Redelinghuys, Hendri	13	Ver Christian, Verno	4.42m	5.27m	0.6	
5.27m(0.6) 4.86m(1.4) 4.90m(+0.0) 4.70m(0.1) 4.58m(+0.0) 5.05m(+0.0)						
2 Demale, Jaxon	13	Brock Middle, Kamloo	4.53m	4.78m	1.2	
4.78m(1.2) 4.30m(0.8) 4.45m(0.9) 4.55m(+0.0) 4.18m(+0.0) 4.51m(+0.0)						
3 Chala, Brady	13	Sa-Hali, Kamloops	4.46m	4.65m	1.0	
4.55m(1.8) 4.60m(1.3) 4.57m(0.1) 4.05m(0.8) 4.65m(1.0) 3.09m(+0.0)						
4 Ngyugen, Regan	13	Dr Knox Midd	4.30m	4.51m	0.9	
4.48m(1.1) 4.20m(0.1) 4.37m(0.7) 3.95m(+0.0) 4.51m(0.9) 4.31m(+0.0)						
5 Brennan, Jaden	13	Shuswap Midd, Salmon	4.37m	4.43m	0.8	
4.30m(1.4) 4.09m(-0.1) 4.37m(+0.0) 4.43m(0.2) 4.43m(0.8) 4.26m(+0.0)						

**2019 Okanagan Championship
Hillside Stadium
Results**

...Event 140 Men Long Jump Gr 8

6	Gainey, Max	13 Okanagan Mission	4.71m	4.25m	1.7
	4.25m(1.7)				
7	O'Donnell, Raif	13 Dr Knox Midd	4.48m	4.11m	1.0
	4.11m(1.0) 4.09m(1.5) 4.08m(0.6) X(+0.0) X(+0.0) 3.06m(+0.0)				
8	Beckner, Max	13 Shuswap Midd,Salmon	4.12m	4.06m	0.1
	3.99m(1.1) 3.98m(1.5) 3.78m(+0.0) 3.86m(+0.0) 4.06m(0.1) 3.95m(+0.0)				
--	Paul, Sebastian	13 Skaha Lake Middl	3.93m	DNS	NWI
--	Bains, Amrit	13 Brock Middle,Kamloo	3.76m	DNS	NWI

Event 141 Women Javelin Throw 500g Gr 8

OK Champs: R 38.64m 1977 L.Dunbar, Fulton					
Name	Age	Team	Seed	Finals	
1 Breau, Brianna	13	Kelowna Christian	25.76m	30.68m	
X	28.58m	26.79m	29.65m	30.68m	X
2 Wickenheiser, Lily	13	Dr Knox Midd	20.81m	25.82m	
	21.80m	25.82m	22.32m	X X	19.18m
3 Duff, Haylie	13	George Elliot	19.80m	24.27m	
	24.27m	19.83m	23.35m	19.83m	20.44m 19.20m
4 Paetsch, Abbigail	13	Shuswap Midd,Salmon	20.62m	22.76m	
	22.76m	18.61m	X	18.97m	17.09m 21.40m
5 Moore, Katie	13	North Shuswa	24.14m	20.72m	
	19.88m	20.72m	X	20.07m	19.97m 19.40m
6 Kramer, Mimi	13	Revelstoke,Revelsto	20.63m	19.38m	
X	X	17.13m	X	X	19.38m
7 Ashley, Cassidy	13	Westsyde Sec,Kamloo	19.20m	18.91m	
	17.31m	16.83m	0.91m	16.40m	15.68m 18.91m
8 Slade, Mikayla	13	Westsyde Sec,Kamloo	18.32m	14.63m	
X	14.63m	12.46m	11.47m	13.33m	X

Event 142 Men Javelin Throw 600g Gr 8

OK Champs: R 46.75m 1975 J.Rogers, Shuswap					
Name	Age	Team	Seed	Finals	
1 Osborne, Spencer	13	Constable Neil B	32.25m	33.81m	
	33.81m	32.75m	X	28.50m	30.10m 29.73m
2 Kolton, Karsen	13	Dr Knox Midd	28.18m	30.09m	
	21.12m	21.52m	28.24m	23.96m	16.86m 30.09m
3 Starling, Micah	14	Revelstoke,Revelsto	27.89m	28.82m	
X	22.59m	28.68m	24.84m	25.75m	28.82m
4 Gremaud, Caleb	13	Westsyde Sec,Kamloo	28.84m	28.35m	
	25.19m	27.69m	26.47m	27.59m	28.35m 26.18m
5 Johnson, Jacob	13	Constable Neil B	29.42m	27.55m	
	25.90m	24.59m	27.55m	26.41m	X X
6 Thiessen, Trent	13	Shuswap Midd,Salmon	26.42m	27.03m	
	25.98m	26.69m	22.07m	27.03m	26.72m 24.81m
7 Beckner, Max	13	Shuswap Midd,Salmon	27.33m	25.06m	
	22.56m	25.06m	24.08m	23.93m	22.66m 24.63m
8 Proznick, Carter	13	Brock Middle,Kamloo	13.09m	13.25m	
X	13.25m				
9 Sawati-Taylor, Anthony	13	Brock Middle,Kamloo	11.62m	12.16m	
	12.16m	12.09m	X		

**2019 Okanagan Championship
Hillside Stadium
Results**

Event 143 Women Shot Put 3 Kg Gr 8

OK Champs: R 11.16m 1996 Joni Frei, Mt. Boucherie						
Name	Age	Team	Seed	Finals		
1 Salyn, Victoria	13	Heritage Christian	7.95m	9.06m		
				8.34m 8.21m 9.03m 9.06m 8.52m		
2 Shular, Tieler	13	Brock Middle, Kamloo	6.93m	8.59m		
				8.59m 8.06m 8.21m 8.45m 8.47m 8.05m		
3 Slade, Mikayla	13	Westsyde Sec, Kamloo	6.50m	8.10m		
				6.77m 7.38m 8.10m 7.61m 7.46m 6.58m		
4 Coon, Kanani	13	Okanagan Mission, Ke	7.38m	7.76m		
				7.76m 7.23m 7.64m		
5 Ashley, Cassidy	13	Westsyde Sec, Kamloo	7.55m	7.51m		
				6.02m 6.75m 6.95m 7.17m 7.05m 7.51m		
6 Hodgins, Nisa	13	Klo Middle	7.71m	7.46m		
				7.46m 6.41m 7.19m 7.05m 6.21m 6.55m		
7 Bentley, Jamie	13	North Shuswa	6.94m	6.61m		
				X 6.61m 6.07m 5.15m 5.68m 6.31m		
8 Gale, Kayln		Revelstoke, Revelsto	7.09m	6.60m		
				6.38m 6.48m 6.60m 6.32m 6.36m 6.50m		
9 Davis, Jayda	13	Ver Christian, Verno	6.35m	5.74m		
				4.67m 5.74m 4.97m		

Event 144 Men Shot Put 4 Kg Gr 8

OK Champs: R 13.92m 1976 R. Pasquotti, Brocklehurst						
Name	Age	Team	Seed	Finals		
1 Padar, Frank	13	Westsyde Sec, Kamloo	12.94m	13.40m		
				12.90m 11.97m 13.40m 12.67m 12.40m 12.89m		
2 Pickering, Ben	13	Rutland Middle S	11.34m	12.52m		
				11.01m 11.88m 11.47m 12.45m 12.52m 11.53m		
3 Fender, Tyson	13	Rutland Middle S	10.54m	10.84m		
				X 10.84m X 10.34m 10.53m 10.09m		
4 Starling, Micah	14	Revelstoke, Revelsto	8.95m	8.55m		
				7.21m 7.97m 8.54m 8.55m 7.95m 7.65m		
5 Pollock, Austin	13	North Shuswa	7.32m	8.15m		
				8.14m 8.15m 7.42m 7.20m 8.06m 7.68m		
6 Fox, Ostyn	13	Merritt, Merritt	7.28m	7.09m		
				6.55m 6.59m 6.76m 6.64m 6.59m 7.09m		
7 Whitty, Tyson	13	Revelstoke, Revelsto	5.92m	6.81m		
				5.77m 6.13m 6.51m 6.21m 6.73m 6.81m		
-- Robertson-Gill, Owen	12	Dr Knox Midd	9.67m	DNS		

Event 145 Women Discus Throw 1 Kg Gr 8

OK Champs: R 31.72m 1983 L. Klohn, Summerland						
Name	Age	Team	Seed	Finals		
1 Breau, Brianna	13	Kelowna Christian	22.10m	26.30m		
				24.49m 26.30m 22.42m 22.87m 23.32m 25.37m		
2 Rowell, Ava	12	Klo Middle	18.94m	18.66m		
				17.20m 17.78m 16.25m 16.76m 18.66m 18.02m		
3 Peter, Hannah	13	George Elliot	17.20m	18.24m		
				18.24m 16.76m 13.55m 14.13m 15.19m X		

**2019 Okanagan Championship
Hillside Stadium
Results**

....Event 145 Women Discus Throw 1 Kg Gr 8

4 Slade, Mikayla	13 Westsyde Sec, Kamloo	16.08m	17.95m
16.17m 17.14m X 15.96m 17.95m 17.32m			
5 Ashley, Cassidy	13 Westsyde Sec, Kamloo	11.21m	16.55m
14.52m 11.95m 10.92m 14.00m 16.55m 14.60m			
6 Davis, Jayda	13 Ver Christian, Verno	16.12m	16.40m
16.40m X X 15.74m 15.84m 15.34m			
7 Thompson, April	13 Ver Christian, Verno	13.87m	15.90m
X X 14.95m 15.90m 14.69m X			
8 Gale, Kayln	Revelstoke, Revelsto	14.30m	14.14m
14.14m 13.35m 12.95m 12.87m 12.46m 12.27m			

Event 146 Men Discus Throw 1 Kg Gr 8

=====				
OK Champs: R 45.15m 1980	D. Derban, Sa-Hali			
Name	Age Team	Seed	Finals	
=====				
1 Starling, Micah	14 Revelstoke, Revelsto	19.70m	26.95m	
25.67m 26.95m 22.36m X X 24.34m				
2 Gremaud, Caleb	13 Westsyde Sec, Kamloo	20.23m	25.88m	
18.15m 25.88m 20.98m 19.38m 21.88m 21.11m				
3 Schewa, James	13 Heritage Christian	26.29m	25.67m	
16.75m 17.74m X 17.78m X 25.67m				
4 Johnson, Jacob	13 Constable Neil B	23.62m	22.85m	
21.80m 20.67m 22.04m 22.85m 21.32m X				
5 Thibeault, Matthew	13 Revelstoke, Revelsto	17.43m	22.37m	
20.28m X 19.94m 19.81m X 22.37m				
6 Osborne, Spencer	13 Constable Neil B	24.40m	22.22m	
X 19.06m 18.19m 22.22m 21.61m 19.42m				
7 Spooner, Caden	14 North Shuswa	13.29m	20.00m	
X X 18.03m X 18.70m 20.00m				
8 Fox, Ostyn	13 Merritt, Merritt	16.09m	18.15m	
X X 18.15m 18.10m - X				
9 Sawati-Taylor, Anthony	13 Brock Middle, Kamloo	10.56m	13.75m	
13.75m X X				

Event 147 Women 4x100 Meter Relay Gr 8

=====				
OK Champs: R 51.70 1979	Princess Margaret			
Team		Seed	Finals	
=====				
1 École Klo Middle School 'B'		57.71	56.47	
2 Revelstoke Secondary School 'A'		58.11	58.29	
3 Spring Valley Middle School 'A'		58.44	58.78	
4 Shuswap Middle 'A'		59.24	59.56	
1) Paetsch, Abbigail 13	2)			
3) West, Chelsea 13	4) Vicars, Callie 13			
5 Kelowna Christian 'A'		60.32	59.72	
1) Johnson, Kenna 13	2) Breau, Brianna 13			
3) Christophe, Melissa 13	4) Arambasich, Abigail 13			
6 Carlin Middle 'A'		60.58	60.12	
1) Wiens, Kadence 13	2)			
3)	4) Fox, Trystan 13			
-- Skaha Lake Middle School 'A'		57.43	SCR	

2019 Okanagan Championship
Hillside Stadium
Results

Event 148 Men 4x100 Meter Relay Gr 8

OK Champs: R 48.20 1983		Clearwater	Seed	Finals
Team				
1	École Klo Middle School 'A'		51.56	48.09R
2	Dr Knox Middle School 'A'		55.36	54.40
3	Spring Valley Middle School 'A'		57.18	55.52
4	Revelstoke Secondary School 'A'		55.57	56.99
5	Brock Middle School 'A'		58.38	58.82
--	Shuswap Middle 'A'		58.50	DNS
--	Skaha Lake Middle School 'A'		53.65	DNS
	1) Tamminga, Mitchell 13	2) Hamilton, Aj 13		
	3) Taylor, Cam 13	4) White, Mason 13		

Event 149 Women 4x400 Meter Relay Gr 8

OK Champs: R 4:20.50 1975		Kelowna	Seed	Finals
Team				
1	Revelstoke Secondary School 'A'		5:20.49	4:51.57
2	Shuswap Middle 'A'		5:23.70	5:06.09
	3) Elliott, Tessa 13	4) Vukadinovic, Hilary 13		
	5) Vicars, Callie 13	6)		
3	École Klo Middle School 'B'		5:04.55	5:06.19
4	Dr Knox Middle School 'A'		5:29.20	5:14.44
--	École Klo Middle School 'A'		5:00.42	DQ Rule # 170.15b

Event 150 Men 4x400 Meter Relay Gr 8

OK Champs: R 3:53.40 1983		KLO	Seed	Finals
Team				
1	École Klo Middle School 'A'		4:04.60	3:57.63
2	Dr Knox Middle School 'A'		4:45.17	4:33.67
3	Shuswap Middle 'A'		4:50.82	4:37.08
	1) Brennan, Jaden 13	2) Ayotte, Frankie 13		
	3) Beckner, Max 13	4) Thiessen, Trent 13		
--	Revelstoke Secondary School 'A'		5:09.12	SCR

Event 183 Women Triple Jump Gr 8

OK Champs: R 10.17m 1992		D.Slivinski, George Elliot		Seed	Finals	Wind
Name	Age	Team				
1	D'Amore, Sophia	13 Sa-Hali, Kamloops	8.99m	8.99m	-0.4	
			8.99m(-0.4)	7.91m(0.1)	7.51m(-0.2)	7.59m(0.1)
			8.14m(-0.2)	8.03m(-0.1)		
2	Hall, Summer	13 Constable Neil B	8.82m	8.63m	+0.0	
			8.40m(+0.0)	X	8.55m(0.5)	8.54m(0.6)
			8.63m(+0.0)	8.56m(-0.3)		
3	Hicks, Tammalee	13 Rutland Middle S	8.98m	8.60m	0.5	
			8.31m(-0.0)	0.84m(-0.0)	8.60m(0.5)	8.27m(-0.4)
			8.15m(+0.0)	X		
4	Irvine, Hailey	13 Clearwater S, Clearw	8.55m	8.51m	NWI	
			8.21m(+0.0)	8.51m(-0.0)	X	8.15m(0.7)
			8.02m(-0.7)	8.10m(-0.3)		
5	Clarke, Ashton	13 Constable Neil B	8.33m	7.90m	-0.2	
			7.75m(0.9)	7.84m(-0.2)	X(0.5)	7.84m(-0.0)
			7.74m(-0.7)	7.90m(-0.2)		
6	Williams, Lauren	13 Carlin Middle	7.78m	7.82m	1.4	
			7.80m(+0.0)	7.46m(-0.7)	7.65m(-0.5)	7.82m(1.4)
			7.75m(-0.6)	7.78m(0.1)		

2019 Okanagan Championship
Hillside Stadium
Results

....Event 183 Women Triple Jump Gr 8

7 Bailey, Senna	13 Revelstoke,Revelsto	7.53m	7.68m	1.0
7.68m(0.6) 7.59m(-0.5) 7.68m(1.0) 7.45m(0.9) 7.45m(1.0) 6.33m(-0.8)				
8 Vandermolen, Kayla	13 Ver Christian,Verno	7.55m	7.43m	-0.5
7.33m(-0.9) 7.34m(-0.1) 7.31m(-0.1) 7.43m(-0.5) 7.36m(+0.0) 7.27m(-0.0)				
9 Hurst, Chloe	13 Valleyview S	6.56m	6.51m	0.7
6.48m(0.1) 6.38m(-0.2) 6.51m(0.7)				

Event 184 Men Triple Jump Gr 8

OK Champs: R 12.57m 1993 S.Sangha, Nicola Valley					
Name	Age	Team	Seed	Finals	Wind
1 Chala, Brady	13	Sa-Hali,Kamloops	10.03m	10.62m	-0.7
9.85m(+0.0) 10.62m(-0.7) 9.83m(+0.0)					
2 Freh, Malachi	13	Constable Neil B	10.34m	10.37m	0.4
9.58m(0.1) 10.32m(-0.6) 10.14m(0.8) 9.64m(0.5) 9.78m(-0.5) 10.37m(0.4)					
3 Demale, Jaxon	13	Brock Middle,Kamloo	9.87m	10.11m	0.3
9.88m(0.5) 10.11m(0.3) - 10.04m(+0.0) 9.96m(-1.1) 9.73m(-0.0)					
4 Schraeder, Luke	13	Klo Middle	9.12m	9.68m	-1.0
- 8.78m(-0.0) 8.59m(+0.0) 9.68m(-1.0) 8.17m(-0.1) 8.45m(-0.4)					
5 Ngyugen, Regan	13	Dr Knox Midd	9.53m	9.60m	NWI
- 8.99m(0.1) 9.60m(-0.0) -(1.1) 9.51m(0.1) X(-0.0)					
6 Maddison, Devyn	13	Revelstoke,Revelsto	6.93m	7.59m	+0.0
7.36m(+0.0) 7.54m(+0.0) 7.49m(0.3) 7.59m(+0.0) - 7.20m(+0.0)					
7 Sawati-Taylor, Anthony	13	Brock Middle,Kamloo	7.30m	7.23m	+0.0
7.23m(+0.0) 7.17m(-0.0)					

Event 185 Women 1500 Meter Race Walk Gr 8

OK Champs: R 9:59.40 2011 M.Nazer, Const. Neil Bruce					
Name	Age	Team	Seed	Finals	
1 Elliott, Tessa	13	Shuswap Midd,Salmon	9:47.48	9:35.54R	
2 Sowinski, Sara	13	Klo Middle	10:42.42	9:45.86R	
3 Turton, Amy	13	Klo Middle	10:48.09	9:56.91R	
4 Jordo, Nova	13	Klo Middle	10:36.78	x11:21.11	
5 Stagg, Moriah	13	Shuswap Midd,Salmon	11:04.38	11:29.00	

Event 186 Men 1500 Meter Race Walk Gr 8

OK Champs: R 9:52.90 2011 T. Edwards					
Name	Age	Team	Seed	Finals	
1 Dewynter, Eric	12	Klo Middle	9:55.51	9:36.25R	
-- Hardy, Tomas	12	Klo Middle	9:21.93	SCR	